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## Chapter 1 : Bucket List Ideas: Things To Do Before You Die | Personal Excellence

*Things to Do in Tennessee Before You Up and Di. \$ Free shipping. Things to Do in Tennessee Before You up and Die by Ellen Patrick. \$ Free shipping.*

Get lost for words at the Grand Canyon After pondering the Grand Canyon for the first time most visitors are stunned into silence. The facts are similarly mind-boggling: Think of it like a mountain range upside down. The abruptness of the drop is bizarre and, for some, unnerving. But the Grand Canyon is like that: This rock-carved Nabataean city has entranced travellers for centuries with its ornate facades and classical architecture. Here, you emerge from the bizarrely eroded cliffs onto an extraordinary view: The reality is as far from fake tans, big hair and silly scally stereotypes as you can get – this scene is creative, convivial and bursting with joie de vivre. Countless great drinking holes pepper the city, and you could happily spend a lifetime sampling them all. Intimate, bare-brick gin and whiskey joints, craft beer and killer cocktails await. Come for a bottle and stay all night. Get blown away by the Great Wall of China Snaking across the dusty hills of northeast China , the Great Wall is an unforgettable sight. Take at least a day to walk between its battlements, shunning hawkers and tourists for less-visited sections where you clamber up unrestored stairs and through crumbling towers. Presently it comes to you: This tropical idyll of turquoise seas lapping ivory sands against a backdrop of dense green foliage is ingrained in our imagination. Life on board here becomes sybaritically simple. A shower is as easy as diving into the surrounding water, and your bed is the deck of the boat or the sand on the beach. But the love and sadness embodied by the Taj are never more palpable than during the full moon, when the complex is opened at night. See the floral wave of cherry blossoms, Japan In Japan , spring sees the country gradually coated in a light pink shade, soft petals slowly clustering on their branches as if puffed through by some benevolent underground spirit. The sakura- zensen, or cherry blossom front, flushes like a floral wave that laps the country from south to north and is followed ardently by the Japanese. A lesson about fragile beauty that must be treasured and contemplated. This is the largest salt lake in the world, capped by a thick, hard crust of salt, easily capable of supporting the weight of a car. Whisky has been made here for centuries, with the bare hills, green glens and silvery lochs of the Highlands providing the perfect conditions. Barley grows well thanks to rainy, misty days. Peat – dried and burnt to impart that smoky aroma – forms in the damp bogs. These domed shelters were built by Inuit elders, who carved snowblocks from windswept snowdrifts, using skills passed on from their ancestors. Today, they continue to safeguard hunters as well as welcome adventure seekers. Visitors can feast on caribou stew and frozen Arctic char before falling asleep to the sounds of kids throat-singing and the gentle flicker of the seal-blubber-fuelled qulliq lamp. Climb Mont St-Michel, France Wondrously unique yet as recognizable as the Eiffel Tower, Mont St-Michel , with its harmonious blend of natural and man-made beauty, has been drawing tourists and pilgrims alike to the Normandy coast for centuries. Soaring some 80m up from the bay that bears its name, this glowering granite islet has an entire commune clinging improbably to its steep boulders, its tiers of buildings topped by a magnificent Benedictine abbey. Looking out from Mont St-Michel, the tides rolling in around its base, is a panorama to be savoured. Rage wine war in La Rioja, Spain Each year several villages in La Rioja spend an entire day soaking each other in red wine. One of the truly great events of the Spanish summer, the Wine War La Batalla del Vino is a wine-fight of epic – and historic – proportions. In theory, the townsfolk of Haro are battling it out with those of neighbouring Miranda de Ebro, but in the good-humoured but frantic battle that rages, there are no obvious sides, and no winners or losers. Instead, the object is perfectly straightforward: Spot puffins in the Faroes On the unspoilt Faroe Islands, about km north of Scotland in the windswept, weather-tossed North Atlantic, heavy waves batter tall, chalky cliffs. Come spring, pairs of puffins, their feathers ruffled from the raging sea, wash up on the island, standing proud and rubbing their beaks together in displays of matrimony. The show has just begun. For the next four months, these curious seabirds will mate, nest and raise their offspring – all of which makes for great viewing. Solve the mysteries

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of Pompeii, Italy Pompeii was famously buried by Vesuvius in 79 AD, and the result is perhaps the best-preserved Roman town anywhere, with a street plan that is easy to discern – not to mention wander – and a number of palatial villas that are still largely intact. And while bourbon can be produced elsewhere, the spirit of the spirit resides in Kentucky, which is not only home to the finest distilleries, but also, according to local legend, its birthplace. The best place to find out more is along the Bourbon Trail, a meandering route through the rolling hills of central Kentucky that links several distilleries and historic towns. And locating the apes in their tangled and misty forest home is part of the thrill. A close-up encounter is practically guaranteed, but be warned – it can get tough. If you can do this and still make it down for breakfast on the Sunday morning, you need never prove yourself again. Seriously endangered, sun bears live throughout Asia, but Borneo is their last stronghold. See them at the Borneo Sun Bear Conservation Centre in Sepilok, the first of its kind, which aims to educate people about these wonderful animals. There can be no doubt that the efforts directed towards their survival are more crucial than ever. See the Blackpool illuminations, England When autumn knocks, the temperature drops and other resorts have shut up shop, one seaside town switches on. Comprising around a million lights, the glittering display stretches six miles – and amazingly, the whole experience is free. And never mind if it rains – the lights look even more gorgeous shimmering in the puddles. An unadulterated celebration of beer and Bavarian life, it attracts almost six million visitors and sees as many million litres of beer disappear in sixteen days. Explore the land of the fairy chimneys, Turkey An expanse of undulating, cave-pocked, tunnel-riddled rock at the centre of Turkey, Cappadocia is a landscape like no other. Marvel at the pyramids of Giza, Egypt The Pyramids at Giza were built at the very beginning of recorded human history, and for nearly five millennia they have stood on the edge of the desert plateau in magnificent communion with the sky. The overwhelming impression is due not only to the magnitude of their age and size but also to their elemental form, their simple but compelling triangular silhouettes. Seen at prime times – dawn, sunset and after dark – they form as much a part of the natural order as the sun, the moon and the stars. Hot air balloon over the savannah, Kenya.

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## Chapter 2 : Places to See Before You Die - How many have you seen?

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If you get the opportunity today, then do it today. Stare death in the face as you see the ground coming closer and closer to you, until you finally feel the relief of slowing down as the elastic cord stretches to its maximum and pulling you back up. Watch me do the highest bungee in the world here. Go Skydiving Just like bungee jumping, except this time you have no elastic cord, and you are jumping from MUCH higher up. So it sounds like a brilliant idea then to submerge yourself in the ocean in a cage, with these evil killer fish swimming all around you? Definitely an experience you need to have once in your lifetime. There are plenty of locations with beaches all around the world where there are nice high cliffs you can climb and from which you can dive off into the ocean. Make sure that there are no rocks in the water beneath you, and be careful not to slip while climbing the cliff. Scuba Diving For me one of the strangest experiences is to be able to take full breaths deep under water. It just feels so strange and unnatural, yet at the same time totally awesome. And how cool it was to swim with the giant clams out from Arlie Beach around the shallow reef then over the edge of the drop-off

â€” Like Superman flying â€” Awesome! Water Skiing One of my favorite water sports is water skiing and wakeboarding. Whitewater Rafting Not for the faint of heart, but definitely something that you should experience. I went on a 2 day camping expedition down a pretty rough river here in South Africa. You go in groups of 10 or more, have all your possessions in water-tight bags and head down the bends and turns of the racing water, while avoiding rocks and trees in the process. The best is to go with a friend or a group of friends, book a few days at a game lodge and take a safari out into the wild park. I almost experienced it but my trip got cancelled last minute due to weather conditions, and I never booked another trip. Windsurfing The surfboards with a big sail on them. The first time I tried, I could only go in one direction with the wind, away from the shore. I had to sit on my board for 3 hours before the lifeguard came to fetch me in his little speedboat, and it took me a few lessons to learn how to use the sail to go in both directions. The rush of acceleration on a powerful motorcycle is insane, and very easy to get addicted to. Find an empty wide street or empty parking lot, accelerate to 30 mph and just pull the handbrake while steering to the left or the right at the same time. Going sideways in your car is lots of fun. Drive a Lamborghini or Ferrari A Lamborghini and Ferrari are pretty much the most exclusive and expensive cars that money can buy, and only reserved for some very select individuals who earn enough to afford to own one. The refinement, the raw power, the acceleration. And remember to take plenty of videos and photos. Can you throw a punch? Can you block or avoid a punch thrown at you? Can you knock someone out? Get back to nature, and forget about technology. You have to experience sleeping in the open air, just looking up at the stars and universe above you, wondering if other life exists, and feeling so lucky to be alive. To be part of this big world and huge planet. Go On Holiday With Your Best Friend A week or two on a holiday with only your best friend is something you must experience multiple times if possible in your lifetime. No parents, no work, no responsibilities. Just you and your friend, taking an adventure or relaxation in a foreign country. Ideally you want to go for months, and backpack through multiple cities and countries, but even a week or two in a beach location is fantastic. Pack supplies, bring clothes and have lots of fun together. Europe is fantastic, because there are so many different countries, cultures and continents packed closely together. On a motorcycle, you have all the freedom you want. Start in Amsterdam, drive down through France, Portugal and end up in Spain. I think this type of trip would be even more fun with a good friend. If you live in a country without snow, you can always resort to scraping it off the inside of your freezer until you have enough to make a snowball with. I can do it all day, sunrise to sunset. Eskimos live in these things so I guess it could be kind of cozy and comfortable to chill out in one. We hang out with the same people, frequent the same places and even stay stuck in the same jobs for years on end. Step out of your comfort zone, pick a night and head out to the city on your own. I mean HUGE

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as in hundreds of people, tons of food and plenty of alcohol. The vibe is totally amazing. You can take the elevator or you can take the stairs good exercise , and there is a magnificent view of the city once you get to the top. There are also some sweet souvenir shops and places to buy snacks. The Pyramids of Egypt These mysterious structures built hundreds of years ago have a serious appeal for me. The Statue of Liberty Hardly a wonder of the world, but still interesting enough for me to make a trip halfway across the world. The Stone Henge The Stone Henge is one of the wonders of the world, and like the pyramids, holds a sense of mystery and awe. Were there aliens involved? The Grand Canyon Also considered one of the wonders of the world, the Grand Canyon situated in the USA is something that you have to see with your own eyes. If you can afford it, how about a helicopter flight? The Colosseum in Rome Back in the days when the Roman Empire was thriving, the Colosseum is where they had the famous Gladiator fights. The Great Wall of China Build hundreds of years ago to protect the Chinese empire from intruders, the Great Wall of China is the only man-made structure visible from outer space. Witness the Northern Lights in Alaska Apparently the Northern Lights is the most spectacular phenomenon you can ever see in our world. Way out from the popular holiday destinations, Alaska is where you need to be in order to see the Northern Lights. Great food, amazing clubs, interesting people and an out of this world experience. Home of the famous Grand Prix races, you have to do yourself a favor and have lunch in Monaco or stay for a few days if you can afford it. Become a beach bum, surf, snorkle and have lazy days on beautiful beaches with aqua-blue waters. Play a Game of Poker And Bluff a Hand The game of poker goes back further than your great grandfather could remember, and unlike what many people think, is a game of skill more than luck. If you lose, walk away and never bet again. Kiss A Total Stranger Some people do this every weekend and others have never done it in their life. How to do it? Go On a Blind Date Have your friend set you up or meet someone through an online dating site. It may go well and it may go as bad as it can go, but enjoy it and have fun. The less expectations you both have, the greater the chance of being pleasantly surprised. No clothes, fully naked and into the hopefully warm water. Some earn more in a day than most normal jobs pay in a month. Best done in your youthful days before you get married. Be happy for the good times you had together, and be big enough to let it go and move on. Just take the chance and say it. Their appreciation alone is worth your effort. Quit doing the things you hate, break bad habits. Find total peace and learn to calm your mind. Learn more about yourself and discover awareness of the world and energy around you. Watch The Sun Rise Watching the sun rise is a beautiful sight. Watch The Sun Set Have a cocktail with a friend or lover while watching the sun set at the end of the ocean. Every day people are cutting down thousands if not tens of thousands of trees around the world. Make a difference and plant a tree instead of cutting it down. There are lots of animals that you can have as a pet. Personally I love dogs, but they require a lot of attention for a good years of your life. Make sure you can handle the commitment, and enjoy the love that a little creature can give to you. Learn a Foreign Language There are so many interesting cultures, countries and languages in the world that it would be a shame to only be able to speak one. Learning to play an instrument is really not as hard as you think. My favorite instruments are drums, piano and the guitar, but there are of course many more instruments that might appeal to you. At some point in your life you just have to plan an elaborate practical joke and execute it to perfection. Get the whole thing on video if possible. Learn To Dance Hip-Hop,Salsa,Jazz I already mentioned that music is one of the most beautiful things about being alive, and with music comes dance. Feel that rhythm move through your body and let it guide your arms, feet and entire body across the dance floor. Not everyone is born to be good at dancing, but with some practice you can definitely get good. Sign up for some classes today! Fill that gap in the market. Follow your own idea, even if nobody believes in it and it sounds too crazy to be able to work. Build Your Own Website A few years ago it was really complicated to build your own website and you needed serious programming experience. Just a decade ago, it was almost impossible to reach hundreds of thousands of people without being famous, having serious connections or a huge wallet.

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## Chapter 3 : The US Bucket List: 30 things to do in America before you die - calendrierdelascience.com

*Things to Do in Tennessee Before You Up and Die by Ellen Patrick () [Ellen Patrick] on calendrierdelascience.com*  
*\*FREE\* shipping on qualifying offers.*

Hike into the Grand Canyon There are countless ways to see the Grand Canyon pictured above - you can fly into it on a helicopter, drive up to its edges or kayak deep within its core. But if you have nerves of steel and a couple of days to spare, then hiking down into its belly is a once in a lifetime experience – the original, and still the best. Check out the lesser-known Antelope Canyon in Arizona - its undulating colours are out of this world. Arizona Outback Adventures offers guided hikes. Strike up a debate about the best slice in the city. Hit Chinatown for a Dim Sum feast. Find package holidays to New York with americanholidays. Party at a Honky Tonk in Nashville Broadway Honkytonks bars Everyone needs to dance with a real life cowboy at some point in their life. Tip the band, take a shot of Fireball cinnamon whiskey and grab the nearest guy in a Stetson. Take in a show at the infamous Grand Ole Opry. Learn more at visitmusiccity. Nashville charts as a surefire Honky Tonk Hit 4. Whatever the reason, a road trip in the States is unlike a road trip anywhere else on earth. Find fly-drive options with trailfinders. Fly direct to San Francisco with Aer Lingus. Stay in the Shaker Village in Kentucky The Pleasant Hill Shakers were a mysterious folk - a religious community who worshipped through gregarious dance and singing said to have shaken the ground hence their name. Nowadays, you can stay at in their former dwelling, in bedrooms filled with the most incredible furniture, eat food grown on site and spend your days marvelling at the beauty and history within the grounds. Stay at the Post Ranch Inn postranchinn. Find fly-drive holidays at flydriveusa. So strap on your Mickey Mouse ears and head for Orlando, winning eternal parental cool points in the process. Find packages to Orlando at sunway. Start in Boston and make your way through trees and woodlands that glow like a sunset. Eat lobster rolls from a seaside shack in Maine. You can find Fall Foliage routes on discovernewengland. Falling for New England: Take an architecture tour of Chicago You could endlessly wander the streets of Chicago, your gaze passing between the amazing buildings that fill the city. But if you really want to get a handle on its architecture, then a guided tour with the Chicago Architecture Foundation is your only ticket. Their experts will lead you on a tour of the city that will leave no stone unturned – and keep your shoe leather intact. Take a food tour too, to see beyond deep-dish pizza. Try Chicago Food Planet chicagofoodplanet. Find tours at architecture. Stay at a dude ranch in Montana No Montana - Triple wild ranch. Imagine slowly plodding through the wilderness, past wildflower meadows and towering mountains. Montana is known as Big Sky Country for a reason - its wide-open spaces were just meant for a holiday of epic head-clearing proportions. Drive a herd of horses in Idaho. Or try Cowboy College on a cattle ranch in Scottsdale, Arizona cowboycollege. Cruise the fjords in Alaska Think of America, and soaring skylines and famous landmarks spring to mind. But what about vast glacial landscapes, mammoth icebergs and striking fjords? All can be found in Alaska. A cruise is the perfect way to take it all in, from the awe-inspiring Sawyer Glacier to old gold rush towns. And at any given point, more people seemed to be at the snack bar than in their seats. Such is the utter madness of sports in America. You can find advance tickets for most sports on ticketmaster. Go rafting in Colorado Epic rivers pass through towering forests and mountains, topped with pine and spruce trees. Still, alpine lakes are framed with purple streaked peaks and mossy rocks. Yep, the waters in Colorado are the kind that paddling dreams are made of. You can keep things sedate with an ambling canoe trip, or get a dose of adrenaline with some white water rafting. Find registered adventure companies at colorado. You can find Hawaii holidays on topflight. Try for late discounted tickets at tdf. Go to Burning Man in Nevada No If you spend all summer wistfully pining for the Electric Picnic, then Burning Man is likely on your bucket list. This is the big daddy of festivals, where a creative and temporary wonderland is built in the middle of the desert. For a more mainstream bash, try Coachella coachella. At home in the weirdest and most wonderful festival of all See the awesome Arches in Utah America is filled to the brim with amazing national parks, and this year marks the th anniversary of the

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National Park Service. You probably know more of them than you think - the 59 parks include the Grand Canyon, Yosemite and the Everglades. The Arches in Utah are particularly mesmerising, where sandstone ripples and curves, forming impressive arcs and peaks. Visit at sunset, when the naturally red stone glows in the fading light. Stay at the Amangiri aman. Find out more about this, and all the National Parks, at [nps](#). Go on a craft beer trail of the city - they take their brewing seriously. Fly direct to Philadelphia with American Airlines. And, unsurprisingly, the vintage shopping scene in the city is excellent. See more at [travelportland](#). Party in New Orleans No Create a package with [audleytravel](#). See more at [californiasciencecenter](#). See the cherry blossoms in Washington D. Every year, the trees around the Tidal Basin in Washington D. You can fly direct from Dublin to Washington with Aer Lingus [aerlingus](#). Seattle is the homeland of grunge, so a good place to start is the EMP museum, home to some rare Nirvana artefacts. Drink the perfect coffee it may be the homeland of Starbucks, but Seattle takes its java seriously. See more at [visitseattle](#). San Juan National Park. Fancy a taste of the old west? Release your inner cowboy with a stay at Dunton Hot Springs. Deep in the San Juan Mountains, this fully preserved ghost town is strewn with authentic log cabins with killer interiors , sizzling hot springs and trails that weave through the wilds. Go horseback riding in the high Rockies. Quirky museums and burgeoning alternative cuisine add to the sense of a counterpoint to the Strip. See the ghosts of icons past at the Neon Boneyard [neonmuseum](#). Find holidays at [gohop](#). Some buildings have a palpable sense of history within their walls. Cruise down the Blues Highway. A trip through one of the lesser known states like Georgia, South Carolina or Mississippi will get you off the beaten track and into the real spirit of America. Keep an eye out for County Fairs. See more at [deep-south-usa](#).

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## Chapter 4 : Things to Do in Georgia : Before You up and Die by Ellen Patrick ( , Hardcover) | eBay

*Things To Do Before You Die Here are items to consider for your bucket list. ðŸ™, Look through the list â€” any item that resonates with you? Note that the list below is a sample list of things you can put for your own list â€” not all of them will work for you, and you shouldn't do them for the sake of it.*

It inspired me to create my own list and write an article about it at the same time. Why Create a Bucket List? Ever felt that your days are passing you by without any tangible output to speak of? What did you accomplish in the past 3 months? What are your upcoming goals for the next 3 months? Even if you frequently live by goals or to-do lists, they are probably framed within a certain social context e. A bucket list opens up the context. It was an incredibly insightful exercise. The whole point of creating your list is to maximize every moment of our existence and live our life to the fullest. How much will it cost? How long will it take? Probably 30 minutes to an hour, or more if you get really caught up in the writing. Significant clarity and focus on what you want from your life. See if there are new items you want to add-on. If so, add them in. Check if all the items listed are still relevant. If not, remove them. Now, take out your pen and paper or open up a text document. Start writing down what comes to mind as you read these questions: What if you were to die tomorrow? What would you wish you could do before you die? What would you do if you had unlimited time, money and resources? What have you always wanted to do but have not done yet? Any countries, places or locations you want to visit? What are your biggest goals and dreams? What do you want to see in person? What achievements do you want to have? Are there any special moments you want to witness? What activities or skills do you want to learn or try out? What are the most important things you can ever do? Are there any specific people you want to meet in person? What do you want to achieve in the different areas: What do you need to do to lead a life of the greatest meaning? Come up with as many items as you can. The items should be things you have not done yet. Release those shackles â€” Your bucket list is meant to be a list of everything you want to achieve, do, see, feel and experience in your life. Check out the next section for added inspiration. Take the items that resonate with you and use them for your own list! In , I went on a 7-month non-stop trip around Europe and U. Advertisement How about you? What new countries would you like to visit? Here are some traveling resources:

## Chapter 5 : The List - Car Things To Do Before You Die

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## Chapter 6 : Things to Do Before You Die - How many have you done?

*Things to Do in Tennessee Before You Up and Die by Ellen Patrick. Cliff Road Books, Hardcover. Good.*

## Chapter 7 : Day Zero Project â€¢ The Home of the Things in Days Project

*This list is things to do before you die - just some ideas on what you can put on your bucket list. Added by Emily-walker Sign Up / Log In.*

## Chapter 8 : Get Off the Couch: Achievable Bucket List

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*Since , I've been interviewed many times on the topic of bucket list, including CNN, Channel News Asia, Kiss92, LIVE, and BFM*

## Chapter 9 : Download [PDF] Gins To Try Before You Die â€“ Fodreport eBook

*That's why I'm a big fan of doing things you want to do when you get the chance. Don't wait for "Tomorrow" or "Someday". If you get the opportunity today, then do it today. Here's a list of crazy things that I want to do before I die, and maybe we can even do some of these things together (who knows).*