

## Chapter 1 : AIDS and Essential Oils

*AIDS and HIV Essentials Table of Contents Worldwide, an estimated 33 million persons are living with the human immunodeficiency virus (HIV) infection, which causes acquired immunodeficiency syndrome (AIDS).*

The AIDS virus is highly unstable and mutates rapidly, making it a difficult target to kill through medication. The incubation period of the virus is too long. It can take up to 10 years for the symptoms of the disease to show after the virus lodges into the body. This makes it difficult to diagnose and treatment may often be too late. During the first few weeks after infection, the virus goes into hiding in many different cells of the body. So although medication may destroy the virus in the blood stream, many more viruses will be hiding within normal body cells and these come out of dormancy and keep the infection going. During the initial stage of infection, the virus goes into hiding in different cells of the body. Some cells of the body have short life spans, while others such as stem cells in the bone marrow, gut and skin have very long life spans. When the short-life-span cells harboring the virus die, the virus also dies along with the cell. But the viruses hiding within long-life-span cells, may lie dormant in the body for many years, keeping the host body in an HIV positive state. Killing the HIV virus is actually easy since we have medications that can do that. Mathematicians have estimated that a person infected with HIV at age 30 can be completely cured of the disease by age 50, when all the cells harboring the virus die off. Today, many HIV patients are actually able to enjoy good health and normal life spans. With proper care, natural remedies and holistic treatment, many with HIV go on to live normal, functional lives.

**Anti-viral Properties** – Essential oils such as oregano have incredible antiviral properties that have proven to be more effective than some pharmaceutical drugs. Essential oils can be used to destroy the viruses as and when they appear in the blood stream safely, when used correctly.

**Immuno-boosting Properties** – In those suffering with HIV, the immune system is often compromised and in a weak state. This makes them susceptible to infection and disease. In fact, many people with AIDS actually die from complications through other diseases such as pneumonia or tuberculosis. Essential oils contain properties that help strengthen the immune system, and protect the body against foreign invaders such as disease-causing bacteria.

**Anti-inflammatory Properties** – Essential oils have highly anti-inflammatory properties that can help reduce inflammation, swelling and pain in those suffering from HIV. Natural medicine believes that inflammation is the root of all disease, therefore reducing inflammation is the key to optimum health.

**Anti-oxidant Rich** – Essential oils contain some of the best sources of anti-oxidant properties. These help reduce damage to cells and counteract oxidative stress. This can help remarkably lengthen the lifespan and improve the overall quality of life.

### Chapter 2 : And the films played on: 17 essential movies about HIV/AIDS / Queerty

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Optimal nutrition – eating the right type and amount of food in the right combinations – is a critical component of comprehensive prevention, care and treatment for individuals with HIV and AIDS. These infections can result in diarrhea, malabsorption, poor appetite and weight loss. Therefore, malnutrition can contribute to and be a result of HIV disease progression. Conversely, a person who is well-nourished is more likely to maintain a stronger immune system for coping with HIV and fighting infection. Optimal nutrition is also an important component of the response to chronic diseases that are becoming increasingly prevalent among individuals with HIV and AIDS. USAID has focused on three priority areas to achieve this goal. Improve the capacity of health care workers to provide quality nutrition care for individuals and families USAID is working with more than 16 countries to integrate quality nutrition assessment and counseling into health care services for all individuals. This includes provision of therapeutic and supplementary feeding when appropriate along with other types of support. Strong government leadership is essential to the success of these efforts. USAID has assisted countries to develop national nutrition strategies that guide the scale-up of nutrition services within national HIV and broader health programs. Promising outcomes from these efforts include improved nutrition status among patients as well as better adherence and retention in clinical care. Click on thumbnails above to enlarge diagrams. Proper implementation of a nutrition assessment, counseling and support framework will assist in establishing a continuum of care that prevents mother-to-child transmission PMTCT of HIV and improves other critical aspects of maternal health and child survival. These priorities are outlined in the four steps of mother infant care and include creating a continuum of postnatal care for mothers and infants to decrease HIV transmission and increase overall child survival and wellness. Enhance economic security, livelihoods and food security at the household level Addressing underlying economic and food security issues at the household level is a prominent focus of USAID nutrition programs. However, these facilities are not equipped to address the household economic and food security issues that are critical to the well-being and resilience of individuals and families. USAID is providing technical assistance to national governments to enhance the ability of health systems to link individuals who receive care at clinical facilities to a variety of support from community-based organizations CBOs. These organizations link individuals and families to resources that make it possible for them improve the economic and food security within their households [PDF, KB]. This resource provides guidance for countries as they make strategic plans and gather data in preparation for the Global Fund application process. USAID has been approached by numerous countries to address the issue of how to prepare a workforce to better provide high-quality nutrition care at all levels of the health system. The ultimate objective of this collaboration is to enhance the capacity of the workforce to implement nutrition assessment, counseling and support at all levels of the health system. Countries involved in this partnership are contributing monthly to a multi-country learning network. Best practices, data gathering tools, and collaborative approaches are being shared in real time by country teams. This network is making it possible for countries to learn from the experiences of their peers and improve outcomes for mothers and infants. July 26, Share This Page.

### Chapter 3 : 7 Powerful Essential Oils for HIV AIDS - The Miracle of Essential Oils

*How Do Essential Oils Help HIV & AIDS? Today, many HIV patients are actually able to enjoy good health and normal life spans. With proper care, natural remedies and holistic treatment, many with HIV go on to live normal, functional lives.*

I will start with one, but there are, of course many others that may be affecting you, a friend or someone close to you. The use of essential oils, in isolation or better still as part of a gentle massage or bathing routine can be invaluable. I will state, firmly, from the outset that the first treatments I am about to describe will not bring about a miracle cure or replace conventional medicine. It will, however, significantly complement conventional medicine and is used, in many instances in Hospitals and Hospices as part of the overall treatment or to enhance quality of life. To protect itself from infection the body uses different organs and systems. Bacteria, fungi and viruses, continuously enter the body, the majority causing no problem. Some, however, multiply in sufficient numbers to cause harm. If the micro-organism penetrates the bodies natural defences, sweat, sebum and mucous membranes then a chain of events known as the immune response begins. White blood cells from the lymph nodes, tissue fluids etc are transported by the bloodstream to where they are needed. Phagocytes are large white cells from the bone marrow, which seek out foreign bodies and bacteria and literally wrap themselves around them and in so doing kill them and itself. Their common name is scavenger cells. Lymphocytes also originate from the bone marrow, but additionally from the lymph nodes, spleen and thymus. Their function is to manufacture antibodies tailored to a particular micro-organism threat. Co-ordinating the activity of phagocytes and lymphocytes are the T-cells. Two types exist – the so called T-helper cells which stimulate the production and the T-suppressor cells which wind-down production, once the situation is under control. In a normal body the T-helper cells outnumber the T-suppressor by about 2 to 1 but if the system is damaged the number of T-helper cells declines. In the case of HIV the virus enters a host cell which regrettably is the T-helper cell. Now the body is unable to defend itself against invading micro-organisms and simple bacteria, viruses and fungi can attack at will. HIV drugs target the actual HIV virus and, as I have mentioned before, the virus, being an intelligent pathogen will mutate in days into a drug resistant form. The approach of holistic treatment is to look at the person as a whole and to improve their general health and boost their immune system. If the immune system can be strengthened then the likelihood of full AIDS can be reduced or delayed. Essential oils can play their part by improving the immune system with immunostimulant and tonic oils. This is, however, only a part as the very act helps to create relaxation, a safe feeling and an outlet for anger, fear etc. There is a wide range of immunostimulant oils including thyme, tea-tree and other melaleucas incl. Others that can be used to effect are manuka, ravensara and rosewood. In the tragic event that HIV develops into AIDS the body will require even greater assistance to combat infections as the natural immune system will have almost completely closed down. To improve the quality of life one should offer relaxing massage, baths, mood-enhancing oils and emotional support. In some cases the person will be weak or in pain and only the lightest massage strokes will be possible – but whatever can be achieved is valuable. Consider using bergamot, camomile, clary sage, frankincense, geranium, grapefruit, jasmine marjoram, neroli, rose, rosewood, sandalwood or violet leaf – all have been found valuable. The oils can stimulate a rapid release of cytotoxic drug residues, which could have serious consequences. It also improves the liver function. Schisandra also spelt Schizandra – This adaptogenic herb is the one to take if you are facing any form of surgery that could be traumatic. The supplement should be made from the seeds of the fruit which is the most potent type. It supports the adrenal gland and improves the detoxifying action of the liver. It will also help concentration, coordination and stamina. Importantly an extract from the plant stem has proved very useful in the treatment of HIV. Dosage mg to mg daily. HIV may result in a condition known as Madarosis where you can lose all or some of your eyelashes. When your HIV is under control these may grow back. AIDS is a condition that can cure itself by the pathogen mutating to a benign form as has happened in parts of Africa. Thrush or candida albicans can be very difficult to eradicate. A combination of essential oils, yoghurt and antibiotics can cure the problem along with herbs. In addition a colloidal cream or spray will kill

the fungus and prevent the return.

**Chapter 4 : HIV Essentials**

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Connection linkage to care, treatment and other services. Prevention Individuals can reduce the risk of HIV infection by limiting exposure to risk factors. Key approaches for HIV prevention, which are often used in combination, are listed below. Male and female condom use Correct and consistent use of male and female condoms during vaginal or anal penetration can protect against the spread of sexually transmitted infections, including HIV. This way people learn of their own infection status and access necessary prevention and treatment services without delay. WHO also recommends offering testing for partners or couples. Additionally, WHO is recommending assisted partner notification approaches so that people with HIV receive support to inform their partners either on their own, or with the help of health care providers. Testing and counselling, linkages to tuberculosis care Tuberculosis TB is the most common presenting illness and cause of death among people with HIV. It is fatal if undetected or untreated and is the leading cause of death among people with HIV, responsible for more than 1 of 3 HIV-associated deaths. VMMC is also regarded as a good approach to reach men and adolescent boys who do not often seek health care services. More than 10 randomized controlled studies have demonstrated the effectiveness of PrEP in reducing HIV transmission among a range of populations including serodiscordant heterosexual couples where one partner is infected and the other is not , men who have sex with men, transgender women, high-risk heterosexual couples, and people who inject drugs. WHO recommends PEP use for both occupational and non-occupational exposures and for adults and children. Harm reduction for people who inject and use drugs People who inject drugs can take precautions against becoming infected with HIV by using sterile injecting equipment, including needles and syringes, for each injection and not sharing drug using equipment and drug solutions. Treatment of dependence, and in particular opioid substitution therapy for people dependent on opioids, also helps reduce the risk of HIV transmission and supports adherence to HIV treatment. A comprehensive package of interventions for HIV prevention and treatment includes: MTCT can be nearly fully prevented if both the mother and the baby are provided with ARV drugs as early as possible in pregnancy and during the period of breastfeeding. Several countries with a high burden of HIV infection are also progressing along the path to elimination. In , WHO released the second edition of the Consolidated guidelines on the use of antiretroviral drugs for treating and preventing HIV infection. These guidelines recommend to provide lifelong ART to all people living with HIV, including children, adolescents and adults, pregnant and breastfeeding women, regardless of clinical status or CD4 cell count. Consolidated guidelines on the use of antiretroviral drugs for treating and preventing HIV infection The guidelines include new alternative ARV options with better tolerability, higher efficacy, and lower rates of treatment discontinuation when compared with medicines being used currently: Transition to dolutegravir has already started in 24 low- and middle-income countries and is expected to improve the durability of the treatment and the quality of care of people living with HIV. Despite improvements, limited options remain for infants and young children. For this reason, WHO and partners are coordinating efforts to enable a faster and more effective development and introduction of age-appropriate pediatric formulations of antiretrovirals. In addition, 1 in 3 people living with HIV present to care with advanced disease, at low CD4 counts and at high risk of serious illness and death. However, more efforts are needed to scale up treatment, particularly for children and adolescents. Expanding access to treatment is at the heart of a set of targets for which aim to bring the world on track to end the AIDS epidemic by The strategy includes 5 strategic directions that guide priority actions by countries and by WHO over the next six years. The strategic directions are: Information for focused action know your epidemic and response. Interventions for impact covering the range of services needed. Delivering for equity covering the populations in need of services. Financing for sustainability covering the costs of services. Innovation for acceleration looking towards the future.

### Chapter 5 : HIV/AIDS - Wikipedia

*HIV-2 carries a slightly lower risk of transmission, and HIV-2 infection tends to progress more slowly to acquired immune deficiency syndrome (AIDS). This may be due to a less-aggressive infection rather than a specific property of the virus itself.*

### Chapter 6 : AIDS United | Latest News - President Trump's FY Budget Cuts Essential HIV/AIDS, STD

*HIV is the virus that causes HIV infection. AIDS is the most advanced stage of HIV infection. HIV is spread through contact with the blood, semen, pre-seminal fluid, rectal fluids, vaginal fluids, or breast milk of a person with HIV.*

### Chapter 7 : HIV/AIDS - Not infectious - Live more comfortably using natural remedies. | HubPages

*AIDS is the most advanced stage of HIV (human immunodeficiency virus). People with HIV may have symptoms in the very beginning of their infection, like swollen glands, fever, headaches, and muscle soreness.*

### Chapter 8 : Aids and HIV - Health Studies

*AIDS and Essential Oils. HIV stands for human immunodeficiency virus. It harms your immune system by destroying the white blood cells that fight infection. This.*

### Chapter 9 : AIDS and Essential Oils - Page 3

*HIV stands for human immunodeficiency virus. It is the virus that can lead to acquired immunodeficiency syndrome, or AIDS, if not treated. Unlike some other viruses, the human body can't get rid of HIV completely, even with treatment.*