

Chapter 1 : Andy Russell | Laurel Mountain Partners | Pittsburgh, PA

As a follow-up to his popular book "A Steeler Odyssey", former Pittsburgh Steelers star Andy Russell delves deeper into the world of professional football with "An Odd Steeler's Journey."

A two time Super Bowl Champion who is an awe-inspiring leader and philanthropist He embodies a profound generous spirit, an ironclad work ethic and a boundless sense of adventure Andy Russell was only 15 years old when his parents challenged him to spend the summer biking from Scotland to Italy on his own. He received scholarship offers from 25 colleges his senior year but decided to stay in Missouri to attend the state university. His junior year, he led the team in rushing and pass receptions; by senior year, he was leading the nation in interceptions. Having gone through college in the ROTC program, Andy was obligated to fulfill his military service before he could seriously consider a career with the NFL. That rookie season with the Steelers turned out to be a banner year for Andy. An injury to the starting linebacker during the first quarter of the season opener meant that Andy started for the rest of the season and made the All Pro Rookie Team. The team came close to a championship, losing in the final game to the New York Giants. When Andy returned from Germany, the Steelers were waiting and so was his dream of going to graduate school. Soon Andy had earned his MBA and was not only a linebacker who would go on to help the Steelers win two Super Bowls over the course of a year career, but was also an entrepreneur starting up an investing company called Russell Investments. But I loved every minute of it. It was fun and challenging and interesting. A former Steeler who has also entered the world of high finance moved to Beirut and urged Andy to visit him there, with the prospect of future business deals in mind. But as it happened, that year they won the Super Bowl, and his friend was on the phone the next day, asking him to make good on his word. It was the beginning of a fruitful and fascinating new vocation for Andy. For the next eight years, he would make regular trips to destinations around the world, where he would pitch to investors during the day and then offer football talks and clinics to locals and schoolchildren. He also became an author, with three books already published: In his books, he writes of football, outdoor adventure, his core values, and the fundamental strength of character that he learned from his parents and has now passed on to his children and grandchildren. All proceeds from the books go to the Andy Russell Charitable Foundation www.andyrussell.com. Andy has devised a clever acronym to represent his Guiding Principles: Work at it as long as it takes. If I have to motivate you, I will fire you. Find and nourish your own sense of motivation from within. Take responsibility for your shortcomings. I was selected by the coach, not the players. Show others that you have the strength, patience and vision to lead the way. Be sure that every action you take is a proud reflection of your character. Chrissy has been deeply inspired by her father, the late Coach Walter Carew, Sr. Her father is in several Halls of Fame as a high school football coach and baseball coach as well as high school and college athlete. He used sports to help kids build strong character and teach them valuable life skills. To contact Chrissy Carew visit <http://www.chrissy-carew.com>

Chapter 2 : FACT CHECK: What Football Coach Said 'Act Like You've Been There Before'?

Andy Russell's journey has been a personal expedition which has led to a huge life outside of football, but I think readers should also appreciate Andy Russell's journey as a Steeler, and how his environment as a player changed throughout his career.

For those who have nightmares of money loss there is a good news. This incredible journey of betting is marked with the magic of data and analytics. Apart from the luck, the historical data plays an important role. Once crunched and analyzed, it gives insights to understand the latest trends. Once you are with trend, your ability of decision making gets accurate. And, result would be amazing. Place little and earn more. This is what a betting wants and this is what it gives. Here is the list of matches for Week 10 with betting odds and picks at for this league. Take a long breath and start counting for these matches. You will never know, what is the plan for tomorrow. Panthers and Pittsburgh Steelers: ET The Thursday night will be full of amazements where two respective contenders from the same division Pittsburgh leads AFC North will show their magic on the ground. There are the clear chances for anyone of them going for Super Bowl. Bears After facing two defensive touchdowns in last match, Chicago is here again to draw its flag. Its top players Allen Robinson and Khali Mack missed the last opportunities due to a serious injury. Talking about the Detroit, this beast has not awakened since yet, it can be seen from its disappointing performance of in Minnesota. Who knows what will happen now. New Orleans Saints at Cincinnati Bengals: Bengals Bengals are off to a goodbye while at the same Saints marked their largest victory in the NFC for this league. Atlanta Falcons at Cleveland Browns: This match was sorrowful for Browns as the score table says to Kansas City. New England Patriots at Tennessee Titans: While, Titans had an awful week. Both these star teams faced each other in divisional round in Foxboro and New England where everyone says goodbye to coach Mike Mularkey. Jacksonville Jaguars at Indianapolis Colts: Jaguars have not earned more than 18 points out of any game this season. Also they faced serious issues in their quarterback. While Colts have not faced any defeat since yet. They have collected 79 on scoreboard with their continuous winning. Arizona Cardinals at Kansas City Chiefs: And, Kansas City Chiefs are also lucky after an incredible victory last Sunday with score of in Cleveland. And, for Arizona lovers, its time to say goodbye. Buffalo Bills at New York Jets: Bills The first round victory of year is marked with these two winners. This Sunday, Bills are not sure whether their good player Allen will be there or not after October's elbow injury. Jets will also miss key player Sam Darnold in upcoming match. Bucks are also disappointed after facing loss from Carolina where they score The season of betting is on for those who were waiting so long.

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Jack Ham, for instance, a Pittsburgh Steelers player who spent his college years playing for Paterno at Penn State, wrote in the forward to the book "An Odd Steelers Journey" that Paterno had.

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