

DOWNLOAD PDF ANALYZE YOUR PERSONALITY THROUGH COLOR (TEST YOURSELF)

Chapter 1 : Personality test based on C. Jung and I. Briggs Myers type theory

Don't think about it, be spontaneous with your answer; accept the first color that comes into your mind and don't analyze your choice. It is this instinctual choice of a color that tells you a lot about yourself, how you function and how others see you.

But that was just a beginning, there was no mention yet of the connection and reaction between the color of clothes and skin tone. Johannes Itten Between and , Johannes Itten Swiss painter and professor at the Bauhaus University in Germany took things a step further when he concluded that portraits look better when certain colors were used in conjunction with specific hair and skin tones. He then created four different color palettes corresponding to the four seasons, each of which included four different complexions. These made it much easier for students to paint more attractive portraits. Her own theory asserted that humans carry information about their personality and style in their natural coloration, and that through personal traits such as skin, hair, and eyes we can relate personal colors to those found in nature. This theory proved to be extremely popular and became the foundation for many color professionals. This made it vastly more straightforward for everyday women to shop for appropriate clothes, accessories, and makeup. Basically, it involves looking beyond your skin color to discover the undertone that gives definition to your looks. Skin undertone is determined by three elements: While skin overtone can change based upon factors such as sun exposure, illness, or blood pressure, your undertone is defined by genetics and will never change. Determine your undertone using one of the following three tests: Foundation Test The easiest and most accurate method involves putting dab of pink based cream foundation on one cheek, and a dab of yellow on the other. Then spread the foundation evenly on each cheek until they form a very thin layer. Finally, look at which one blends in vs. The one that blends is your match. Place one hand on the silver-colored piece and the other hand on the gold-colored piece. Also try the inner side of your wrists or another part of your body that gets rare sun exposure. You will notice that with the right color your skin color will blend in well with the color of the paper or fabric, and your skin will look even. With the wrong color your skin will look uneven and speckled. Once again, pretty easy. There are a couple of things you can do to make the test more accurate. And you will need pieces of paper or fabric that are large enough to cover a good amount of skin. If you use drapes, make sure they cover the shoulders. Vein Test This one is pretty straightforward. Simply look at the veins on your inner wrist and determine whether they look more blue ish or green ish. Once again, make sure you conduct the test in natural light. It may be a bit tricky when you have a mix of light and dark features. In that case the most dominant characteristic will determine your type. The best part of the 4 season color analysis is discovering your personal matching color palette! Scroll down and find out what garment colors should be in your closet from now on. Once you know your color palette, shopping for apparel, accessories and make-up will be a breeze! It includes all your winter type color samples in one convenient wallet. Extra tips for your outfit: Use a maximum of 3 colors for your outfit Dare to wear high contrasting colors like black and white or green and red, â€¦ Accessories: Use bold and clear colors close to your face Pearls: It includes all your summer type color samples in one convenient wallet. For a relaxed and friendly look, choose pastels. Stay away from very dark colors close to your face Keep your colors light, cool and soft Go for monochromatic color combinations Accessories: Matching pieces for a monochromatic look Pearls:

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Chapter 2 : Dr. Phil's Personality Test

Enter your mobile number or email address below and we'll send you a link to download the free Kindle App. Then you can start reading Kindle books on your smartphone, tablet, or computer - no Kindle device required.

To discover your personality color, ask yourself: Answer this question now before reading any further. It is this instinctual choice of a color that tells you a lot about yourself, how you function and how others see you. It is the means to understanding your behavior and your character traits as well as your physical, mental, emotional and spiritual states. It reflects the way you operate in the world, your strengths and weaknesses, your vulnerabilities, your deepest needs and your challenges at that time in your life. Your personality color does not have to be one you wear all the time; it is usually your favorite, the color that excites you the most and makes you feel alive when you see it. That being said, you are often drawn to your personality color for clothing and home decorating. It is often a predominant color in your aura. If you have two or more equally favorite colors, read the information on each one to fully understand yourself and what motivates you. You will find that you relate to parts of each color profile. Dislike of a Color The colors you dislike can tell you a lot about yourself as well, often reflecting your weaknesses and vulnerabilities. Your most disliked color will relate to areas in your life that need to be given attention or past hurts that need to be healed. Think back to your childhood or any earlier time in your life where you may have developed a dislike of the color. There is always a connection! Rejecting whole colors can create imbalances in your life so it is a good idea to try to incorporate a small amount of your disliked colors into your life by using them in clothing or underwear or in your home or work environment, to help balance your energies. Does Everyone Have a Favorite Color? Most of us do and many of us have had the same one since childhood. Some will change this color once or more times during their lifetime while others will have one color for their whole lifetime. Some will prefer another color for a while, depending on their needs at that time, but will come back to their original favorite when those specific needs are met. Are there one or more colors you consistently choose? Then these will be the colors that reflect your personality and your deepest needs. Whether you like or dislike a color can be dependent on your own life experiences and your positive and negative associations to the color as well as your need for the qualities of that color. Surround yourself with the colors you love, either by wearing them or using them decoratively in your environment. They will empower you to be true to yourself, to show your true colors. Always use a small amount of other colors with your favorites to keep your energies and behavior balanced. If you have changed your personality color, or favorite color, try to identify the circumstances surrounding your life at that time as your new favorite will reflect qualities you need to attract into your life to help you deal with those circumstances. For more about the red personality You also have a need for challenges in your life, whether it is physical or social challenges. For more about the orange personality. For more about the yellow personality For more about the green personality For more about the blue personality For more about the indigo personality You also have a deep need to initiate and participate in humanitarian projects, helping others in need. For more about the purple personality For more about the pink personality For more about the turquoise personality For more about the magenta personality For more about the brown personality For more about the black personality For more about the white personality You tend to conform just to keep the peace. For more about the gray personality For more about the silver personality With a personality color gold , you radiate charisma, personality and individuality, making others feel relaxed and valued in your company. The Colour of Sex The best selling ebook explaining the connection between colour psychology, personal relationships and behaviour. This is a new and well researched look at sensuality and confidence, colour psychology and communication. Discover the psychology behind bedroom colour and decorating choices and be entertained by your underwear choices and their colour and sensuality ratings!

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Chapter 3 : 3 Ways to Understand Your Personality - wikiHow

If searched for a book by Alfred W. Munzert Analyze Your Personality Through Color (Test Yourself) in pdf form, then you have come on to the faithful website.

The Artisan generally prefers fact over fiction and security and stability over ambiguity and disorder. Sticking with convention and familiar routines is generally best. With a healthy skepticism of the motives of others, and a belief in justice and being self made, sometimes the Artisan can come across as guarded or intimidating. However the Artisan has a refreshing impulsiveness about them, they tend to dislike too many rules and regulations and can be casual and whimsical. Those who score high on Neuroticism may experience primarily one specific negative feeling such as anxiety, anger, or depression, but are likely to experience several of these emotions. People high in neuroticism are emotionally reactive. They respond emotionally to events that would not affect most people, and their reactions tend to be more intense than normal. They are more likely to interpret ordinary situations as threatening, and minor frustrations as hopelessly difficult. Their negative emotional reactions tend to persist for unusually long periods of time, which means they are often in a bad mood.

X Extraversion Extraversion is marked by pronounced engagement with the external world. Extraverts enjoy being with people, are full of energy, and often experience positive emotions. They tend to be enthusiastic, action-oriented, individuals who are likely to say "Yes! In groups they like to talk, assert themselves, and draw attention to themselves. Introverts lack the exuberance, energy, and activity levels of extraverts. They tend to be quiet, low-key, deliberate, and disengaged from the social world. Their lack of social involvement should not be interpreted as shyness or depression; the introvert simply needs less stimulation than an extravert and prefers to be alone. The independence and reserve of the introvert is sometimes mistaken as unfriendliness or arrogance. In reality, an introvert who scores high on the agreeableness dimension will not seek others out but will be quite pleasant when approached.

X Openness to Experience Openness to Experience describes the difference between imaginative, creative people and down-to-earth, conventional people. Open people are intellectually curious, appreciative of art, and sensitive to beauty. They tend to be, compared to closed people, more aware of their feelings. They tend to think and act in individualistic and nonconforming ways. Intellectuals typically score high on Openness to Experience; consequently, this factor has also been called Culture or Intellect. Nonetheless, Intellect is probably best regarded as one aspect of openness to experience. Scores on Openness to Experience are only modestly related to years of education and scores on standard intelligent tests. Another characteristic of the open cognitive style is a facility for thinking in symbols and abstractions far removed from concrete experience.

X Agreeableness Agreeableness reflects individual differences in concern with cooperation and social harmony. Agreeable individuals value getting along with others. Agreeable people also have an optimistic view of human nature. They believe people are basically honest, decent, and trustworthy. Disagreeable individuals place self-interest above getting along with others.

X Conscientiousness Conscientiousness concerns the way in which we control, regulate, and direct our impulses. Impulses are not inherently bad; occasionally time constraints require a snap decision, and acting on our first impulse can be an effective response. Also, in times of play rather than work, acting spontaneously and impulsively can be fun. Impulsive individuals can be seen by others as colorful, fun-to-be-with, and zany. Nonetheless, acting on impulse can lead to trouble in a number of ways. Some impulses are antisocial. Uncontrolled antisocial acts not only harm other members of society, but also can result in retribution toward the perpetrator of such impulsive acts. Another problem with impulsive acts is that they often produce immediate rewards but undesirable, long-term consequences.

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Chapter 4 : Free Personality Tests! Discover Yourself. Instant results

Once you learn your color and that of your co-workers, you will have a better understanding of why they behave the way they do! Each color is associated with certain personality traits or behaviors.

What color is your true personality? If you want to move up in the working world, you need to know your strengths and weaknesses. That will make it easier to ace an interview or a job assessment. Small businesses and Fortune companies alike use this test to assess their employees, and now you can take it from the comfort of your own home. Taking the Color Personality Type Test As you move through the quiz, you will answer a series of questions that will provide insight into your personality. Move through the personality quiz, answering each question honestly. The colors are red, blue, white, and yellow. Each color is associated with a set of your true personality traits. Red is a power color. If you score a red, you are logical and determined. You are able to look at tasks without emotion. This makes you a great leader. Blue is the color associated with perfectionists. People who score a blue are loyal, committed, and creative employees who can get the job done, even in stressful situations. White is the color of peace. People associated with this color avoid confrontation and are incredibly patient. These employees work great in groups. They get along with everyone, even people who are known to be difficult. Yellow is associated with enthusiasm and fun. These people are also very persuasive. They are natural-born salespeople and are excellent at getting people on board with projects. Use Your Skills to Your Advantage Once you know what color is your true personality, use that knowledge to your advantage. Highlight your skills in your next interview or job assessment. Your hiring manager or boss will be impressed that you have taken the assessment and will be excited to see how you use your skills to help the company thrive.

Chapter 5 : Free Color Analysis

analyze your personality through color, your personality your health connecting personality with the human energy system charkas and welln, personality psychometric personality test questions and answers, the criminal personality the criminal personality, how to analyze poetry, how to.

Chapter 6 : Free Personality Test | 16Personalities

A Comprehensive Analysis containing a 14+ page report with customized content that describes your individual personality style in depth, including a list of your strengths and limitations, your secondary colors--how they affect your personality, and a list, complete with tips, of your traits.

Chapter 7 : analyze your personality through color Manual

As you move through the quiz, you will answer a series of questions that will provide insight into your personality. The questions won't have anything to do with colors. Instead, you'll answer questions related to the type of car you would choose and what you do when you're given a briefing paper.

Chapter 8 : Your Personality Color

Through the HTP personality test, you can analyze certain personality features, inner conflicts, and your perception of yourself, or in other words, characteristics that you believe belong to you. This personality test can seem like a children's game, but it's also useful for adults.

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Chapter 9 : House, Tree, Person (HTP): A Personality Test - Exploring your mind

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