

**Chapter 1 : Chinstrap penguins - Antarctica file wildlife**

*Bruce Springsteen - Born To Run (STUDIO) In the day we sweat it out in the streets of a runaway american dream At night we ride through mansions of glory in suicide machines Sprung from cages.*

Roger Wade Article added 10 years ago Those of us who follow the entertainment industry can get used to seeing familiar actors and singers in their current surroundings, which helps to obscure the fact that many of them were actually born somewhere quite different than where we might assume. In many cases they can switch an accent on or off at will like a chameleon, and in other cases they were born in an unusual place by circumstances that brought them far away from their traditional homes. If you are the type who loves to collect trivia nuggets then you may know quite a few of these below, but chances are there will be at least a handful that you would never have suspected.

Her mother Shelley moved to Israel several years earlier to be with her father, Avner, whom she met at Ohio State University. She still goes back to Israel often, and she claims to feel most at home there.

Keanu Reeves Beirut, Lebanon In one of the more mysterious stories on this list, Keanu Charles Reeves his real name, by the way , was born to a British mother and a Chinese-Hawaiian father while the pair were together in Lebanon. The family including a new baby sister born in Australia finally settled in Toronto in the late sixties, which is where Keanu lived until he moved to Los Angeles in Her parents are both British-born lawyers though her mother has some French blood who lived for an extended period in Paris, and who divorced and moved back to Oxford when Emma was five. She performed in school plays and on the debating team, but a chance audition at the age of nine led to her first-ever professional job, on the first Harry Potter film. Strummer finally heard London calling when he was 9 years old, as he and his brother were sent to a boarding school just outside the capital. He stayed in the UK after that, and died of a heart problem in late Her parents are both full-blooded Australians, who just happened to be living in Honolulu at the time due to an extended assignment by her father at the National Institute of Mental Health. The family moved back to Sydney when Kidman was four years old, where she spent the rest of her youth. She still has dual American and Australian citizenship.

Mischa Barton London, England Being closely associated with a fictionalized version of Orange County, California, you might not guess that Barton actually spent the first five years of her life in her native England. She was born in London in to an Irish mother and a British father, who moved with Mischa and her two sisters to New York City in , where the family stayed. More interesting Mischa Barton trivia includes that she had small but memorable roles in Notting Hill and The Sixth Sense, several years before she became famous as the annoying Marissa Cooper on the hit Fox show.

Born in , Theron spent the first 16 years of her life in the area in and around Johannesburg, and her first language was actually Afrikaans, which comes from Dutch rather than English. She went to Milan, Italy on a modeling contract when she was 16, and then she settled in New York City after that, on her way to her current home in Los Angeles.

Tommy Lee Athens, Greece Yet another celebrity who moved away from their birth country at a very early age, Tommy Lee Bass was born in Athens in , and his family relocated to California the following year though some sources say it was when he was 4. Lee dropped his last name, and has lived in and around Los Angeles ever since. Her father Richard was stationed in Vicenza, near Venice, when Amy was born in The family that would grow to include 7 children moved from base to base for several years. The family finally settled in Castle Rock, Colorado in the early s, and Amy began getting involved in ballet and the choir, on the long road that finally led to her breakout role in starring Junebug, which was released in , shortly before her 31st birthday. His parents are both Americans, and his four siblings River, Rain, Liberty, and Summer were all born in the continental United States, but the family did spend several years in the Children of God religious cult traveling around Latin America. The family finally gave up on the sect, and moved to the Los Angeles area in It turns out that he and his twin sister Rachel were only born in London because his famous Canadian-born father, Donald Sutherland, happened to be working there in The family moved to the Los Angeles area not long after the twins were born, and Keifer moved to Toronto with his mother after she divorced his father in the early s. He stayed in Canada until he shot the film Stand By Me. His sister Rachel still lives in Canada as a TV producer. Mila has lived in and around Los Angeles ever since,

and has yet to make it back to Ukraine. His real story is not typical for a rock star, as he was born in the coastal town of Haifa in Israel in , and lived there for the first 8 years of his life. He was born with the name Chaim Witz, and sometime after arriving in New York City with his brother and mother in the late s, he changed it to Eugene Klein, and then later to Gene Simmons in his late teens. Kim Cattrall Widnes, England Kim Cattrall seems to live to break stereotypes, including the common belief that all British women are proper and demure. Her family moved less than a year later to Courtenay, British Columbia, which is on Vancouver Island and where Pamela Anderson was born. She left Canada for New York City right after high school in , and appeared in her first film only 3 years later. His parents are actually both British, and were living in Berlin to support the military installments based there. Dominic learned English first and foremost, though he also speaks German. The family moved to the Manchester area in the late s, where they settled, as the young man began pursuing his interest in theater and entertainment. Her father was running an Italian chapter of the controversial Children of God cult which is the same cult the Phoenix family was involved in , until Her parents got divorced when she was around 10 years old, and she alternated living with her father in Europe and Canada, and with her mother in Oregon. Freddie Mercury Zanzibar, Tanzania The Queen front-man never looked like a typical Brit, so it may not be surprising that he was born elsewhere. Her father teaches close combat techniques to armies, and that job kept the family moving, including stops in China and Malaysia, as well as Hawaii, Arizona, and California. Miller was born just outside of Oxford, England, in His father, who is a black mixed-bred American, was a Rhodes Scholar studying at the famous university, and his mother is Russian-Dutch-French-Syrian-Lebanese, according to the actor himself. The family moved to Brooklyn when he was one year old, where he lived until he moved himself to Los Angeles in to pursue acting.

Chapter 2 : Lyrics by John Barlow | Grateful Dead

*Clearly the Born to Run lyrics were written before the music. There is a sense of freedom in the way they flow that mirrors the pleadings for the freedom he longs for with Wendy. There is a sense of freedom in the way they flow that mirrors the pleadings for the freedom he longs for with Wendy.*

An operatic ode to the joys of running. A really gripping read. He tracks them down. The climactic race reads like a sprint. It simply makes you want to run. What are some of the secrets you learned from them? The key secret hit me like a thunderbolt. It was so simple, yet such a jolt. Way before we were scratching pictures on caves or beating rhythms on hollow trees, we were perfecting the art of combining our breath and mind and muscles into fluid self-propulsion over wild terrain. And when our ancestors finally did make their first cave paintings, what were the first designs? A downward slash, lightning bolts through the bottom and middle – behold, the Running Man. The Tarahumara have a saying: But all of that begins with your feet. Strange as it sounds, the Tarahumara taught me to change my relationship with the ground. The day I mastered it was the last day I was ever injured. What was your training like? It really started as kind of a dare. So naturally, Eric idolized the Tarahumara. Any tribe that has year-old men running across mountaintops obviously has a few training tips up its sleeve. But since Eric had never actually met the Tarahumara, he had to deduce their methods by pure reasoning. They never even know how long a race will be until they step up to the starting line – the distance is only determined in a last-minute bout of negotiating and could stretch anywhere from 50 miles to plus. Eric figured shock and awe was the best way for me to build durability and mimic Tarahumara-style running. I basically defied him to turn me into a runner. And by the end of nine months, I was cranking out four hour runs without a problem. Is there a body type for running, as many of us assume, or are all humans built to run? I bought into that bull for a loooong time. Is running really for everyone? The ultrarunners have got a hold of some powerful wisdom. You can see it at the starting line of any ultra race. Get a load of the hotties! And that, to a T, describes the daily life of an ultrarunner. You write that distance running is the great equalizer of age and gender. Starting at age nineteen, runners get faster every year until they hit their peak at twenty- seven. After twenty- seven, they start to decline. So if it takes you eight year to reach your peak, how many years does it take for you to regress back to the same speed you were running at nineteen? Go ahead, guess all you want. Ann Trason and Krissy Moehl often beat every man in the field in some ultraraces, while Emily Baer recently finished in the Top 10 at the Hardrock while stopping to breastfeed her baby at the water stations. If humans are born to run, why do so many of us hate it? Because our brains are crafty. One of the fascinating parts of BORN TO RUN is your report on how the ultrarunners eat – salad for breakfast, wraps with hummus mid-run, or pizza and beer the night before a run. As a runner with a lot of miles behind him, what are your thoughts on nutrition for running? And he was right, sort of. I instinctively began eating smaller, more digestible meals as my miles increased, but then I went behind his back and consulted with the great Dr. Ruth Heidrich, an Ironman triathlete who lives on a vegan diet. The truth is, many of the greatest endurance athletes of all time lived on fruits and vegetables. You can get away with garbage for a while, but you pay for it in the long haul. Dan Lieberman is a scientist at Harvard who is currently studying the effects of barefoot running. What exactly is barefoot running and the theories behind it?

### Chapter 3 : How Can a Baby Have 3 Parents?

*Born to Run With two ambitious but under-selling albums behind him, Springsteen needed a hit for his third, and he knocked it out of the park. A sheer epic fueled by tangible energy, the idealized notion of escape, and the romance of youth, Born to Run scorched earth upon release and remains a career-defining classic.*

Terra Australis In a map by Ortelius showed the imagined link between the proposed continent of Antarctica and South America. Note also the proposed landmasses surrounding the North Pole. Aristotle speculated, "Now since there must be a region bearing the same relation to the southern pole as the place we live in bears to our pole The doubling of the Cape of Good Hope in by Bartolomeu Dias first brought explorers within touch of the Antarctic cold, and proved that there was an ocean separating Africa from any Antarctic land that might exist. Ferdinand Magellan , who passed through the Straits of Magellan in , assumed that the islands of Tierra del Fuego to the south were an extension of this unknown southern land, and it appeared as such on a map by Ortelius: Terra australis recenter inventa sed nondum plene cognita "Southern land recently discovered but not yet fully known". European geographers connected the coast of Tierra del Fuego with the coast of New Guinea on their globes, and allowing their imaginations to run riot in the vast unknown spaces of the south Atlantic, south Indian and Pacific oceans they sketched the outlines of the Terra Australis Incognita "Unknown Southern Land" , a vast continent stretching in parts into the tropics. The search for this great south land or Third World was a leading motive of explorers in the 16th and the early part of the 17th centuries. If so, these were the South Shetland Islands , and possibly the first European sighting of Antarctica or offshore-lying islands belonging to it. Other accounts, however, do not note this observation, casting doubt on their accuracy. Francis Drake like Spanish explorers before him had speculated that there might be an open channel south of Tierra del Fuego. Indeed, when Schouten and Le Maire discovered the southern extremity of Tierra del Fuego and named it Cape Horn in , they proved that the Tierra del Fuego archipelago was of small extent and not connected to the southern land. Finally, in Tasman showed that even New Holland Australia was separated by sea from any continuous southern continent. Voyagers round the Horn frequently met with contrary winds and were driven southward into snowy skies and ice-encumbered seas; but so far as can be ascertained none of them before reached the Antarctic Circle, or knew it, if they did. In , Yves Joseph Kerguelen sailed from France with instructions to proceed south from Mauritius in search of "a very large continent. He was sent out again to complete the exploration of the new land, and found it to be only an inhospitable island which he renamed the Isle of Desolation, but which was ultimately named after him. The obsession of the undiscovered continent culminated in the brain of Alexander Dalrymple , the brilliant and erratic hydrographer who was nominated by the Royal Society to command the Transit of Venus expedition to Tahiti in The command of the expedition was given by the admiralty to Captain James Cook. On 16 March, the approaching winter drove him northward for rest to New Zealand and the tropical islands of the Pacific. This point, reached on 30 January , was the farthest south attained in the 18th century. With a great detour to the east, almost to the coast of South America, the expedition regained Tahiti for refreshment. He thereby laid open the way for future Antarctic exploration by exploding the myth of a habitable southern continent. Please help improve this article by adding citations to reliable sources. Unsourced material may be challenged and removed. April Learn how and when to remove this template message Admiral Fabian Gottlieb von Bellingshausen was one of the first to spot the continent of Antarctica. It has been claimed that in , the crew of Spanish 3rd rate frigate San Telmo with 74 cannons were the first men to set foot on Antarctica before dying of hypothermia. The San Telmo set sail from Cadiz in setting course for Callao, Peru to reinforce the Royalist Army with crewmen, along with an escort flotilla of 3 other ships, only of which two made it. A few months later Smith returned to explore the other islands of the South Shetlands archipelago, landed on King George Island , and claimed the new territories for Britain. The first confirmed sighting of mainland Antarctica on 27 January is attributed to Russian expedition led by Fabian Gottlieb von Bellingshausen and Mikhail Lazarev , discovering an ice shelf at Princess Martha Coast that later became known as the Fimbul Ice Shelf. Bellingshausen and Lazarev became the first explorers to see and officially discover the land of Antarctica

continent. List of Antarctic expeditions The first landing on the Antarctic mainland is thought to have been made by the American Captain John Davis , a sealer, who claimed to have set foot there on 7 February , [8] though this is not accepted by all historians. Until the twentieth century, most expeditions were for commercial purpose, to look for the prospects of seal and whale hunting. A piece of wood, from the South Shetland Islands , was the first fossil ever recorded from Antarctica, obtained during a private United States expedition during , commanded by Captain Benjamin Pendleton. After the North Magnetic Pole was located in , explorers and scientists began looking for the South Magnetic Pole. One of the explorers, James Clark Ross , a British naval officer, identified its approximate location, but was unable to reach it on his 4 year-expedition from to His expedition sailed eastward along the southern Antarctic coast discovering mountains which were since named after his ships: Mount Erebus , the most active volcano on Antarctica, and Mount Terror. John Murray was the driving force behind the renewal of interest in Antarctic exploration at the beginning of the 20th century. During his address, Borchgrevink outlined plans for a full-scale pioneering Antarctic expedition, to be based at Cape Adare. The Heroic Age was inaugurated by an expedition launched by the Belgian Geographical Society in ; Borchgrevink followed a year later with a privately sponsored British expedition. In , they became the first men to spend winter on Antarctica, when their ship Belgica became trapped in the ice. They became stuck on 28 February , and only managed to get out of the ice on 14 March During their forced stay, several men lost their sanity, not only because of the Antarctic winter night and the endured hardship, but also because of the language problems between the different nationalities. This was the first expedition to overwinter within the Antarctic Circle , [26] [27] and they visited the South Shetland Islands. The Southern Cross Expedition began in and lasted for two years. This was the first expedition to overwinter on the Antarctic mainland Cape Adare and was the first to make use of dogs and sledges. It also calculated the location of the South Magnetic Pole. It made the first ascent of the Western Mountains in Victoria Land , and discovered the polar plateau. Many other geographical features were discovered, mapped and named. This was the first of several expeditions based in McMurdo Sound. Based in McMurdo Sound , the expedition pioneered the Beardmore Glacier route to the South Pole , and the limited use of motorised transport. During the expedition, Shackleton was the first to reach the polar plateau. Parties led by T. It was rescued by the Argentinian naval vessel Uruguay. A section of the coast was explored, and named Loubet Land after the President of France. The prize of the Heroic age was to reach the South Pole. Amundsen succeeded in reaching the Pole on 14 December using a route from the Bay of Whales to the polar plateau via the Axel Heiberg Glacier. All five died on the return journey from the Pole, through a combination of starvation and cold. It concentrated on the stretch of Antarctic coastline between Cape Adare and Mount Gauss, carrying out mapping and survey work on coastal and inland territories. Major accomplishments were made in geology, glaciology and terrestrial biology. The Endurance trapped in pack ice. The Imperial Trans-Antarctic Expedition of was led by Ernest Shackleton and set out to cross the continent via the South pole. However, their ship, the Endurance , was trapped and crushed by pack ice in the Weddell Sea before they were able to land. The expedition members survived after a journey on sledges over pack ice, a prolonged drift on an ice-floe , and a voyage in three small boats to Elephant Island. Then Shackleton and five others crossed the Southern Ocean in an open boat called James Caird and made the first crossing of South Georgia to raise the alarm at the whaling station Grytviken. All the required depots were laid, but in the process three men, including the leader Mackintosh, lost their lives. Its vaguely defined objectives included coastal mapping, a possible continental circumnavigation, the investigation of sub-Antarctic islands, and oceanographic work. Pictured, his plane and encampment as part of the Detroit Arctic Expedition, Hubert Wilkins first visited Antarctica in as an ornithologist attached to the Shackleton-Rowett Expedition. He named the island of Hearst Land after his sponsor. Ronne disproved the notion that the continent was divided in two and established that East and West Antarctica was one single continent, i.

## Chapter 4 : ShieldSquare Block

*The map above shows the disputed areas between the countries. Now if you were born in any of these disputed areas, perhaps you might be given a chance to choose which country you want to belong to.*

Shutterstock It seems impossible, right? We have been taught from the time we were young that babies are made when a sperm and an egg come together, and the DNA from these two cells combine to make a unique individual with half the DNA from the mother and half from the father. So how can there be a third person involved in this process? To understand the idea of three-parent babies, we have to talk about DNA. Most people are familiar with the double helix-style DNA which make up the 23 pairs of chromosomes that are found in the nucleus of every cell in our body. It provides the instructions for building an entire organism and the proteins that drive our existence from conception until death. There is also DNA tucked away in little compartments called mitochondria, which are found inside all of the cells in your body. This is a cross section of an animal cell showing the location of the mitochondria, the brown bean-shaped structures. The 23 chromosomes are housed in the innermost compartment of the cell – the nucleus. Shutterstock Remember the mitochondria? Dig deep back to middle or high school biology class. It was that bean-shaped organelle often drawn with a squiggly line on it and called the powerhouse of the cell. Each cell in the body, including eggs and sperm, requires energy to carry out all of its functions. This is a cross section of a mitochondrion. These are referred to as the powerhouses of the cell. They contain their own DNA and produce energy for the cell. Instead, mitochondria are only inherited from your mother, meaning that ones that are in the fertilized egg are the ones that will be replicated in every cell of your body during your development and for the rest of your life. Just like nuclear DNA, mtDNA can have mutations that can lead to very serious, debilitating diseases, and in some cases, infertility for a woman carrying the defective mitochondria. Enter the third parent. The Third Parent In , a baby was born to a couple who had struggled with the consequences of mtDNA mutations that cause Leigh syndrome, a progressive neurometabolic disorder. This was the first baby born using this technique. Fertilization can occur before or after transfer of DNA to the donor egg. This technique, termed mitochondrial replacement, can be thought of like an organ transplant, or rather organelle transplant. However, there are some significant differences that have created concern among legislators, resulting in a ban on mitochondrial replacement in the U. Unlike an organ transplant, the effects of mitochondrial replacement will persist in future generations of offspring if the resulting baby is a female and she chooses to have children – males do not pass on their mitochondria. Also, the replacement will affect every tissue in the body, rather than just one body system, such as the cardiovascular system after a heart transplant. Even so, these donated mitochondria are naturally occurring and already persisting in our population. They are not genetically engineered or altered in any way. Thus, as long as they are functioning properly, there is no demonstrated risk to the offspring from a health standpoint beyond the naturally occurring risks of spontaneous mutations, though this is a point of debate. But with the recent birth of a baby in the Ukraine that involved three parents, many countries are now exploring if and how to use this technology. The ban in the U. Is the Mitochondrial Donor a Parent? So how much a parent is a woman who donates her mitochondria? The short answer is not much. More than 99 percent of the proteins in your body are encoded by the DNA in the nucleus of your cells. Traits such as hair color, eye color and height, for example, are all encoded by nuclear DNA, while genes written on mtDNA are primarily related to energy production and metabolism. Thus three-parent babies will still resemble the men and women whose sperm and egg combined to produce the 23 chromosomes in the nucleus of that first cell. Speculation of what it means could run rampant without understanding the underlying science. One thing is certain: For women who struggle with infertility caused by mutations in their mitochondrial DNA, or have the potential to pass on significant mitochondrial genetic defects, this new technique provides hope that they may one day be able to have a healthy child that is a genetic representation of them and their partner – with a little help from a third party.

## Chapter 5 : Born to Run Lyrics

## DOWNLOAD PDF BABY, WE WERE BORN TO RUN.BUT IN ANTARCTICA?

*But till then, baby we were born to run Baby we were born to run Tramps like us, baby we were born to run Whoa, ooh Born to run. More on Genius. About "Born To Run".*

### Chapter 6 : Born to Run by Christopher McDougall | calendrierdelascience.com

*In , Juan Pablo Camacho was born at the Presidente Eduardo Frei Montalva Base, becoming the first Chilean born in Antarctica. Soon after, a girl, Gisella, was born at the same station. Soon after, a girl, Gisella, was born at the same station.*

### Chapter 7 : born | Definition of born in English by Oxford Dictionaries

*'cause tramps like us, baby we were born to run Wendy let me in I wanna be your friend I want to guard your dreams and visions Just wrap your legs round these velvet rims.*

### Chapter 8 : Grateful Dead - We Can Run Lyrics | MetroLyrics

*Baby we were born to bid " again. A handwritten working manuscript of Bruce Springsteen's hit "Born to Run" that sold at Sotheby's for \$, in is on the auction block once.*

### Chapter 9 : Celebrities Born in Surprising Parts of the World " Boots n All Travel Articles

*Chords and Lyrics Moving Pictures - Born To Run Artist: Moving Pictures Song: Born To Run Intro: C F G C F G Verse 1: C In the day we sweat it out on the streets F G Of a runaway American dream C At night we ride through mansions of glory F G In suicide machines Verse 2: F Am Sprung from cages on Highway 9 Dm7 Am C Chrome wheeled, fuel injected and stepping out over the line Bb F Am Ohh.*