

Chapter 1 : Babysitting Quiz - ProProfs Quiz

Babysitting Basics - Online Course is rated out of 5 by Rated 2 out of 5 by Ellensue74 from Good class but terrible access to get class My daughter enjoyed and learned from This on line class about babysitting.

Babysitting requires skills in creativity, adventure, and play. How do you cope? You plan ahead for all kinds of possibilities! Have a Business Plan Planning starts before you get a babysitting job. To get clients, you need to know the best way to find them. Find out if a job is right for you by asking careful questions about what the family expects. Wait for the next opportunity to come along. Be Prepared Do you know how to change a diaper? How to bathe a child? Find out before you show up for your first day of work. Your first priority in babysitting is to keep kids safe. Being a good babysitter means knowing how to handle everything from a splinter to a real emergency. The best time to prepare for an event is before it happens. But knowing where to find the poison control number gives you enormous peace of mind. Even when it comes to something as simple as fixing lunch, a little advance planning saves you time and worry. Does the child have any food allergies? Which foods are choking hazards for toddlers? How will you ensure young kids or babies stay safe and out of trouble while you prepare a meal? Young children demand your time and attention every second. They also need structure, such as regular meal and nap times. The best way to prepare for all kinds of babysitting possibilities is to take a babysitting training or safety course. Your local community center or hospital might offer one. It also helps to talk to experienced babysitters to see how they do things. Parents love babysitters who help kids have fun and learn " while still reinforcing rules. Ask kids what they like to do and to show you their favorite toys. Find out from parents and other babysitters what games kids of different ages like to play. Get the kids outdoors if you can. Simple games like tag and hide and seek get kids active. Running around outside also tires kids out so they nap and sleep well, which parents will probably appreciate! Dancing with the kids is great exercise, too. Many parents have set time limits on electronics. Find out what the house rules are. Kids will challenge you. Pushing boundaries to see how much they can get away with is a normal way kids learn and figure out where they stand. But even though kids try to fight rules, they actually need and thrive best on structure and limits. The best babysitters think of the job as a responsibility first, with having fun or earning money second.

Chapter 2 : Babysitting Basics | The Bellevue Hospital

Babysitting requires skills in creativity, adventure, and play. But those skills are no help if you don't know what to do when a kid has a playground tumble or you're not prepared for a 2-year-old's temper. Planning starts before you get a babysitting job. To get clients, you need to know the best.

Babysitting is a big job with lots of responsibility, but it can be really fun, too, and a great way to earn some extra cash. Taking a CPR and babysitting course will help you learn some important babysitting skills. Here are a few other tips and tricks that may help you on your quest to become a great babysitter! Most babysitting jobs are a breeze and nothing goes wrong – except maybe for an occasional fight over the last orange Popsicle. But for the rare times when an emergency does happen, you want to be ready to handle it.

Emergency Numbers A lot of parents keep emergency numbers posted by the phone or on the fridge. They should include the following numbers. Find out what their preferences are. Is a child taking medicine? If so, what is it, when should the child take it and how much, and are there any side effects to look out for? Do any kids have asthma? If so, what do you need to do to control and monitor it? Do any kids have allergies? If so, to what? And what might you need to do to help control or manage them? If there is anything you are uncomfortable being responsible for, let the parent know before accepting the job. There may be other people who can step in to help or other things you can do.

Fire Safety Procedures Ask parents to write down the full home address. Every family should have a fire escape plan with more than one exit from the home, as well as a designated meeting place outside the house or apartment building. Be sure that both you and the kids know them. Make sure the kids know not to hide; to stay low to the ground; to feel doors and doorknobs for heat before opening them; to stop, drop, and roll if their clothes or hair catch fire; and to not go back into the house for any reason. Even preschoolers can learn and understand fire safety procedures. Make sure the smoke alarms in the home have been tested. Not only will these skills help you feel more confident, they could give you an edge over other babysitters because parents really like these qualifications. Check with your local hospital, YMCA, or Red Cross; they often offer babysitting courses that include training in these areas. Some high schools do, too.

Know What to Expect Every family you babysit for will be a little different. Having an idea of what to expect can make your babysitting experience safer and more enjoyable for everyone: Know the family and the neighborhood. It can feel strange to be in charge of an unfamiliar home, so help yourself feel more secure by locking windows and doors after the parents leave. Of course, babysitting a 2-month-old baby is pretty different from babysitting a year-old kid. Know the ages of the kids ahead of time. So ask ahead of time how many kids there will be – including friends and relatives. If you arrive and there are too many kids, say something to the parents. They may let you call a friend to help, or they may call and ask another babysitter to come and join you. And if you get loaded up with too many kids again, cross the family off your babysitting list. Make sure that you have a ride home from your babysitting job. Eating, bathing, homework, and other fun stuff. Plus, make sure you know if the kids have any special requirements. For example, parents should tell you about any food allergies or nutrition needs a child has before you start whipping up dinner. But otherwise, you should be with the kids every minute they are awake. It can be pretty tempting to leave them in one room while you watch TV in another room, but kids can get into trouble pretty quickly. Never leave a child unattended in the tub, even for a minute; small children can drown in as little as an inch of water. If the phone rings, let the answering machine pick it up or let the caller call back. You could also bring a book or magazine into the bathroom with you and "read" while the child takes a bath, covering your face if you have to. Just as you want to know what to expect, so do they. Even if a child is in bed, be aware that he or she may need you. Nightmares, a drink of water – anything that wakes a kid and gets him or her out of bed is something you need to be there for.

Chapter 3 : About Your Privacy on this Site

Babysitting is a big job with lots of responsibility, but it can be really fun, too, and a great way to earn some extra cash. Taking a CPR and babysitting course will help you learn some important.

Course Outline Purpose Babysitting Basics is a program for beginning babysitters ages 14-17. The program focuses on safety, child-tending skills and first aid. The workbook is designed for independent study or can be used in a classroom setting. This guideline sheet suggests ways the workbook can be used in a classroom setting or in conjunction with a babysitting course. Other uses include sitter-saturday, health fairs, PTA special events, safety week, child abuse prevention events, etc. Time Framework Four to six hours total instruction time with minimum allocations of two hours to child-tending skill and two hours to safety and first aid. In addition to in-class assignments and activities, five additional practice activities are requested for successful completion.

Instructors Instructors are required to have teaching and leadership experience with the specific age group they are teaching. Optional Materials Telephones - cell and touch tone. Baby Resuscitation Manikin available at the Red Cross or other community resources. Guidelines - Suggestions The first five chapters focus on safety, child-tending skills, and first-aid. Repetition, questions and learning activities reinforce the concepts taught. Answers are provided at the end of each chapter to ensure that the material is learned correctly. However, encourage children to try to answer the questions and complete the activities without first looking at the answers. They will learn more if they carefully study the material and find the answers for themselves. In the last chapter, the babysitter is instructed to practice many of the techniques taught in Chapters 1 through 5. Practical experience helps the sitter solidify his or her knowledge and develop useful skills. Be a Super Sitter, Chapter 1 Discuss when a sitter is and is not ready to be a babysitter Assign the students to ask a parent if they are ready to babysit Complete all activities of Chapter 1 Check all answers. Reinforce concepts taught II. Handle With Care, Chapter 3 Reserve and obtain a baby resuscitation manikin for use in demonstrating the procedure taught. If unavailable, a large baby doll can be used Demonstrate and practice baby-tending skills taught on the manikin or baby doll Have a mother bring her small baby to class and demonstrate baby-tending skills Discuss why babysitters should not bathe a baby if they are not experienced and are not comfortable with this procedure Read and discuss the information on page 24, second column, about crying babies. Emphasize that it is okay to get help if the baby will not stop crying. Complete all activities including the review activity. Assign students to do practice activities 1 and 3 in Chapter 6. Students may also bring their own large baby dolls to practice on. Role play the story of David and Jason Have students tell about experiences with younger brothers or sisters Teach songs and games that toddlers and young children would like Discuss and assign practice activity 4 in Chapter 6. Have students report back on what they experienced. Have students check their answers to all Chapter 4 activities V. Accidents Will Happen, Chapter 5 This unit should be divided into two teaching sessions due to the amount of material covered in Chapter 5. The first session should cover pages 32 through 37. Second session to cover pages 38 through 43. Have students read each story silently, then have them read the story aloud. Discuss stories and have students complete activities. Have students role play stories either in front of the class or with a partner in small groups. Emphasize the proper skills used in each story. Do not instill overconfidence in performing these skills. Baby resuscitation manikins may be available through the Red Cross or other health education providers. Check with the manikin owner for specific decontamination procedures. Give each student the opportunity to practice on the baby manikin. Have the student complete practice activities in Chapter 6. Complete it in class under proper direction. Show students the "quick look-up" at the end of the book. Have students practice looking up First Aid procedures.

Course Completion Upon completion of the workbook and all accompanying activities a parent, teacher or adviser is asked to sign the completion award at the end of the book. This award serves as a reward for sincere effort. Mounting or framing it will enhance its importance to the babysitter. You may want to have a Special Awards Presentation where parents may attend. Encourage students to review their workbook often and to have the workbook with them when they babysit.

Chapter 4 : Babysitting: The Basics

In The Course. Created by industry-leading experts, the American Red Cross' Babysitting Basics class covers a wide range of information that can help new babysitters gain the skills and confidence needed to care for infants and children.

Chapter 5 : Babysitting Basics

For ages interested in babysitting. Focus on child safety, first aid and age-specific activities. Lunch is calendrierdelascience.comration required.

Chapter 6 : American Red Cross - Babysitting Basics Online Course

All parents will agree: When it comes to their children, safety calendrierdelascience.comg basic safety rules-such as keeping small, swallowable objects away from young ones and handling toddlers in a busy parking lot-is a must.

Chapter 7 : Babysitting Basics - Instructor Guide

The Bellevue Hospital offers a "Babysitting Basics" Class for children who desire to become better babysitters. The course introduces the future babysitter to the roles and responsibilities of a babysitter.

Chapter 8 : Babysitting Basics | Divine Savior Healthcare

Babysitting Basics INHS offers babysitting classes for youth ages to prepare them with the skills they need to be a safe and successful babysitter. The class covers topics such as.

Chapter 9 : Babysitting Basics | CoxHealth

The Spokane Babysitting Basics and Child Care Training course provides a hands-on approach to child care and prepares each student how to be a professional and confident babysitter. This 6-hour course is designed for youths between the ages of and is taught in two 3-hour classes.