

Chapter 1 : 9 Restful Goodnight & Evening Bedtime Prayers to End the Day!

Saying bedtime prayers with your children is a great way to develop a habit of prayer early in your kids' lives. As you pray together, you can explain to them what each prayer means and how they can talk to God and depend on him for everything in life.

That with the world, myself, and Thee I, ere I sleep, at peace may be. Jesus, Tender Shepherd Jesus, tender Shepherd, hear me: Bless Thy little child to-night; Through the darkness be Thou near me, Keep me safe till morning light. May my sins be all forgiven; Bless the friends I love so well; Take me, Lord, at last to heaven. Happy there with Thee to dwell. Our Father Who Art in Heaven Our Father, Who art in Heaven Hallowed be thy name Thy will be done on Earth as it is in Heaven Give us this day our daily bread And forgive us our trespasses, as we forgive those who trespass against us And lead us not into temptation But deliver us from evil. Forgive my faults in work or play And listen to my evening prayer. Thy favor gives me daily bread And friends, who all my wants supply: And safely now I rest my head, Preserved and guarded by Thine eye. Father, We Thank Thee Father, we thank thee for the night, And for the pleasant morning light; For rest and food and loving care, And all that makes the day so fair. Help us to do the things we should, To be to others kind and good; In all we do, in work or play, To grow more loving every day. The stars in the sky looked down where He lay, The little Lord Jesus, asleep on the hay. James Murry and John T. Lyte was dying with tuberculosis in These beautiful words can be taught as a prayer full of great Bible teaching. Abide with me; fast falls the eventide; The darkness deepens; Lord with me abide. When other helpers fail and comforts flee, Help of the helpless, O abide with me. Come not to sojourn, but abide with me. Come not in terrors, as the King of kings, But kind and good, with healing in Thy wings, Tears for all woes, a heart for every plea, Come, Friend of sinners, and thus bide with me. Thou on my head in early youth didst smile; And, though rebellious and perverse meanwhile, Thou hast not left me, oft as I left Thee, On to the close, O Lord, abide with me. I need Thy presence every passing hour. Who, like Thyself, my guide and stay can be? Through cloud and sunshine, Lord, abide with me. I fear no foe, with Thee at hand to bless; Ills have no weight, and tears no bitterness. Where, grave, thy victory? I triumph still, if Thou abide with me. Hold Thou Thy cross before my closing eyes; Shine through the gloom and point me to the skies. Lyte Do you have a favorite Bedtime prayer? Share it in the comments! If you enjoyed this article, you might also like this one:

Chapter 2 : Christian Childrens Prayers - Evening Bedtime Prayers for Children - Kids Evening Bedtime Prayers

Here are 10 popular bedtime prayers to teach your children. Don't use these prayers just to give your children something to say before going to bed. Help your children learn what these prayers mean and why we pray.

You can use a traditional blessing, or recite any of these Catholic bedtime prayers for children. This will help to give your thanks to the Lord and show your appreciation for the blessings in your life.

Prayers 1 Bless name and keep him/her in Your love. Grant him/her a good rest tonight, And send Your angels to protect him/her.

Prayers 2 Dear God, thank you for today. Forgive me for the things I did wrong and help me to be better tomorrow. Thank you for all the good things and thank you for being with me in it all. Thank you, God, for a lovely day, for sun and rain, for work and play. For all my family and friends, and for your love, which never ends. I am sorry for all the sins I have committed and promise with Thy help not to sin again. Bless my parents and friends. Have mercy on the Poor Souls in Purgatory, and grant them eternal rest.

Prayers 5 O my God, I am truly sorry for all my sins, because I have offended Thee, my God Who art all good and deserving of all my love. Forgive me, my God, and help me to never sin again. Have mercy on poor sinners, especially those who will die this night, and those who have no one else to pray for them.

Prayers 6 Now I lay me down to sleep. I pray the Lord my soul to keep. If I should die before I wake, I pray to God my soul to take. If I should live for other days, I pray the Lord to guide my ways. Father, unto thee I pray, Thou hast guarded me all day; Safe I am while in thy sight, Safely let me sleep tonight. Bless my friends, the whole world bless; Help me to learn helpfulness; Keep me every in thy sight; So to all I say good night.

Prayers 7 Now the light has gone away; Savior, listen while I pray. Asking Thee to watch and keep And to send me quiet sleep. Jesus, Savior, wash away All that has been wrong to-day; Help me every day to be Good and gentle, more like Thee. Let my near and dear ones be Always near and dear to Thee. O bring me and all I love To Thy happy home above.

Prayers 8 Jesus, tender Shepherd, hear me: Bless Thy little child to-night; Through the darkness be Thou near me, Keep me safe till morning light. May my sins be all forgiven; Bless the friends I love so well; Take me, Lord, at last to heaven. Happy there with Thee to dwell. Forgive my faults in work or play And listen to my evening prayer. Thy favor gives me daily bread And friends, who all my wants supply: And safely now I rest my head, Preserved and guarded by Thine eye.

Chapter 3 : 10 Popular Bedtime Prayers

Children's Bedtime Prayers. Featured on this page are several simple prayers that you can pray with your child before sleep at bedtime. If your son or daughter is old enough, they may be able to read these for themselves (alternatively, you could say a line and then they could repeat it after you).

Loving Father of my Soul, I quietly ponder your deep yearning to have fellowship with me. Your open invitation to meet with you makes me feel so wanted and so loved. I feel so valuable as I meditate on your never-ceasing desire to spend time with me. Knowing that you look forward to your time with me makes me know that I am special. My wounded emotions are healed as I realize your passion for my presence. As I perceive the fragrance of your faithfulness, my soul is calmed, and I become prepared for a time of rest. I desire to be close to you. I want to cast all my cares on you and enter into a deep fellowship with you. As my head sinks into my pillow, my cares sink and disappear into the sea of your love. You provide for all my needs according to your riches in glory. I welcome your peace this night. I have confidence that you are planning good things for me tomorrow. I imagine myself lying on my back on the beach, resting and relaxing. I close my eyes and breathe deeply. I hear the distant sea gulls calling. The heat of the sun is warming my skin. I feel a gentle wind blowing over my entire body. I smell the salty air. I sense the waves of water running up and then down the beach. As the foamy water soaks the sand underneath my feet, I feel my heels sink slightly, and then I feel the pull of the ocean drawing the water back into the vast depths of the sea. Lord, it gives me peace to know that you are in charge! If so, consider copying these prayers with copyright information and put them next to your bed. Just before you go to sleep, read one of them and ponder peacefulness with God. Another Tip for Creating Intimacy with God: Sometimes I like to think about the following scene right before my bedtime prayers. I picture happy children getting ready for bed. As they scurry to put on their pajamas and get ready for prayers, there is an open opportunity for building closeness with loving parents. So too, as I put on my pajamas and get ready to express my thoughts to God, there is an open opportunity for closeness with Father God. Scripture can help us let go of our busyness and allow ourselves permission to relax and enjoy sharing intimacy with God. In the next Scripture, our heavenly Father expresses his care for us and his understanding of our need for rest.

Chapter 4 : Bedtime Prayers for Children

Here are a few great prayers before sleep for children. A Child's Bedtime Prayer. Now I lay me down to sleep. I pray the Lord my soul to keep. If I should die before I wake, I pray to God my.

A Prayer Before Sleep for Children Getting your child in an active prayer routine is crucial to building up their foundation in Christ. Some of the best prayers before sleep for children are simple prayers with rhyme and rhythm. Other times, coming up with our own words, even as you go, can be just as impactful. Here are a few great prayers before sleep for children. I pray the Lord my soul to keep. If I should die before I wake, I pray to God my soul to take. If I should live for other days, I pray the Lord to guide my ways. Father, unto thee I pray, thou has guarded me all day; safe I am while in thy sight. Safely let me sleep tonight. Bless my friends, the whole world bless; Help me to learn helpfulness. Keep me ever in thy sight, so to all I say good night. Some people may find this one a little too heavy for little children; however, it is probably one of the best-known prayers for children to say at night, particularly the first few sentences. Now I lay me down to sleep, I pray the Lord my soul to keep; may God guard me through the night and wake me with the morning light. Thy Kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. Lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power and the glory, forever and ever. Good Night, Jesus Jesus, You are good and wise. I will praise You when I rise. Jesus, hear this prayer I send. Bless my family and my friends. Jesus, help my eyes to see all the good You send to me. Jesus, help my ears to hear calls for help from far and near. Jesus, help my feet to go in the way that You will show. Jesus, help my hands to do all things loving, kind and true. Jesus, guard me through tomorrow in all I do and all I say. This is a great prayer for your child to start their day with. There is nothing better than getting your child in a mode where they are acknowledging Jesus first when they begin their day. It emphasizes love and concern for others. Thank You for the Night Father, we thank thee for the night, And for the pleasant morning light; For rest and food and loving care, and all that makes the day so fair. Help us to do the things we should, to be to others kind and good; In all we do, in work or play, to grow more loving every day. Giving thanks to God is important. Feeling and expressing appreciation is good for us. Like any wise father, God wants us to learn to be thankful for all the gifts He has given us. It is in our best interest that we remind our children that everything we have is a gift from Him and we should acknowledge Him every day for these gifts. Just like mealtime prayers, bedtime prayers can be short and sweet and you can say them right before you tuck your child in at night. You can also take turns saying one thing each of you is thankful for and one person or thing each of you wants to pray for. Getting your child in an active routine of prayer is crucial to building up their foundation in Christ.

Chapter 5 : 5 Great Prayers to Say Before Going to Bed at Night

Bedtime Prayer for Kids Care & Protection Bless us with rest tonight, Jesus, and a good night's sleep. Forgive us for the things we did today that did not honor you.

That with the world, myself, and Thee I, ere I sleep, at peace may be. Jesus, tender Shepherd, hear me: Bless Thy little child to-night; Through the darkness be Thou near me, Keep me safe till morning light. May my sins be all forgiven; Bless the friends I love so well; Take me, Lord, at last to heaven. Happy there with Thee to dwell. Bless relatives and friends alway; Teach all the world to watch and pray. Fast falls the eventide, The darkness deepens; Lord, with me abide! When other helpers fail and comforts flee, Help of the helpless, O abide with me! At the close of every day, Lord, to Thee I kneel and pray. Look upon Thy little child, Look in love and mercy mild. Lord, I have passed another day And come to thank Thee for Thy care. Forgive my faults in work or play And listen to my evening prayer. Thy favor gives me daily bread And friends, who all my wants supply: And safely now I rest my head, Preserved and guarded by Thine eye. All praise to Thee, my God, this night For all the blessings of the light: Keep me, O keep me, King of kings, Beneath Thine own almighty wings. The toils of day are over; I lift my heart to Thee And ask that free from peril The hours of night may be. O Jesus, make their darkness light And guard me through the coming night. I thank Thee, my heavenly Father, through Jesus Christ, Thy dear Son, that Thou hast graciously kept me this day; and I pray Thee that Thou wouldst forgive me all my sins where I have done wrong, and graciously keep me this night. For into Thy hands I commend myself, my body and soul, and all things. Let Thy holy angel be with me, that the wicked Foe may have no power over me.

Childrens Bedtime Prayers. Soothe your babies off to sleep with these comforting bedtime prayers. Now I lay me down to sleep, I pray the Lord my soul to keep.

I found this site and read through the variations and they are quite similar. Thank you, your site helped me remember. We changed the prayer as follows: Now I lay me down to sleep, I pray the Lord, my soul to keep. Two angels standing near my bed, One at foot and one at head, To guide me safely through the night, and wake me with the morning light. Now I lay me down to sleep I pray the lord my soul to keep Let the angels watch over me through the night and keep me in their blessed sight. We like her version. I love you Jesus. Now I lay me down to sleep I pray the Lord my soul to keep Angels watch over me through the night and wake me on the morning light. Four posts around my bed, Four angels around my head, One to watch and one to pray And two to keep the Devil away. One to the foot and one to the head. One to sing and one to pray, and one to take my sins away. Contributed by Randall L. Before I lay me down to sleep, I give my soul to Christ to keep. My mother taught me this one when I was very young. Four corners around my bed Four angels around my head. He turned completely purple from one end to the other, was rigid arching his back and his eyes were rolling up. It was the most terrifying experience we have ever had. In August, 03 he suffered the only other severe episode like that one - the rest were pretty minor by comparison, but occurred daily in spite of the medicine. He had severe acid reflux and we battled it for a long time. He is now doing great and off of all medication. I grew up in the church and received Christ at 7. But what happened last year with Seth sparked a time of growth unlike none other in my entire life. Knowing God saved my son now realizing that He saves us all, every minute of every hour, one breath at a time really changed me. It also changed my nightly routine with our children. She and I pray for the other family members, our church friends and sometimes things like milk and cups, night-nights, etc. For both of them though, I always lay a hand on them and pray this: Dear Heavenly Father, I pray that you would bless Hannah incredibly and that at an early and appropriate age she would accept Jesus as her Lord and Savior; That she would spend her whole life pursuing You; That You would bless her with a long life full of wisdom, health and safety, and contentment; That even now you would prepare for her a husband that will love, honor, cherish and serve You and her; and that she would love, honor, cherish and serve You and her husband. Though there are obvious exceptions, I normally do this with her and Seth each night. I usually wait until he is asleep, however. I fight the urge to just reel it off without thinking about it, because sometimes I am tired and in a hurry. Now I lay me down to sleep I pray the Lord my soul to keep Guard me Jesus through the night And wake me with the morning light. Father in heaven hear my prayer Keep me in thy loving care Be my guide in all I do And bless all those who love me too. Matthew, Mark, Luke and John Bless this bed I sleep upon Four corners to my bed Four angels surround my head One to watch and one to pray And two to keep all harm away. Help us to do the things we should To be to others kind and good In all we do and all we say To grow more loving every day. Dear Father, hear and bless Thy beasts and singing birds And guard with tenderness Small things that have no words. We began this when our son was two and his new sister was born, explaining we were praying for her too, since she had no words. They are now 7 and 5 and we use this prayer, which is also a hymn. My parents raised me with this prayer. Father, we thank Thee for the night, And for the pleasant morning light, For rest and food and loving care, And all that makes the world so fair. Help us to do the things we should, To be to others kind and good, In all we do, in work and in play, To grow more loving everyday. May angels watch over my slumber and when, The morning is breaking, awake me. Bless with all thy tender care Little children everywhere. Every this night be at my side To light and guard to rule and guide. They have proven it over and over again in my life and the lives of my children. Lord, into thy hands I commend my spirit. From year Gentle Jesus hear my prayer. Keep in in your tender care. Be my guide in all I do, and Help me live my life to you Bless â€œ. From year 6 and on we learned one verse at time until they knew it all by heart. Be willing in each task I do. Help me to be good each day, and lead me in thy holy way. Be near me when I wake again, and Bless all of those I love. This is one of our favorites. May God support us all the day long till the shadows lengthen and the busy world is hushed and the

fever of life is over and our work is done - then in mercy - may God give us a safe lodging and a holy rest and peace at the last. Jesus tender shepherd lead me bless thy little lamb tonight. Through the darkness be thou near me, keep me safe till morning light. All this day thy hand has led me, and I thank thee for thy care. Thou hast warmed me, clothed me, fed me. Listen to my evening prayer. Jesus, Tender Shepherd hear me Bless your little lamb tonight Through the darkness please be near me Keep me safe til morning light All my days your hand has led me And I thank you for your care You have clothed me, warmed and fed me Listen to my evening prayer. May my sins be all forgiven Bless the friends I love so well Take us all at last to heaven Happy there with you to dwell. Let my near and dear ones be Always near and dear to Thee Please take me and all I love To Thy heavenly home above Thou my best my heavenly friend Thou wilt love me to the end All my blessings come from Thee Oh how good you are to me. Now my evening praise I give Thou didst die that I might live All my blessings come from thee Oh how good thou art to me! When we got a little older we added the Guardian Angel prayer at the end. Now that I have boys of my own, we say the same bedtime prayer modified for them. Dear Jesus, this is your little girl. I am sorry if I was bad today, I will try to be better tomorrow. Good night, dear Jesus. Father in heaven, hear my prayer. Keep me in thy loving care. Be my guide in all I do. Bless all those who love me too. Contributed by Steven, a 13 year-old parishioner from St. Here is one I heard from a boy in seventh grade whom I taught and whose grandmother was German. It is one version of a common bedtime prayer in Germany. He said there was one more verse.

Chapter 7 : A Child's Bedtime Prayer - Now I lay me down to sleep. I pray the Lord

Each prayer is short and easy to learn or read. Print whatever you need, whenever you need it, perfect for a new prayer with the kids or grandchildren! B1 - Children's Bedtime Prayers.

Chapter 8 : Simple Children's Bedtime Prayers for Kids to Pray Before Sleep

Childrens Bedtime Prayer Bedtime prayers for children Bedtime prayers for kids Prayer times Prayer verses Faith & prayer Kids Prayer Bible - Prayers Spiritual, prayers Forward Bed time prayer - good night Have a beautiful and blessed night y'all.

Chapter 9 : Bedtime Prayers

Bedtime Prayers for Children - from the book and app: Twinkle Twinkle Hear My Prayers, by Alexis Purcell, Twinkle Twinkle Books Follow along as a little girl prays before bedtime.