

Chapter 1 : Higher Ground Devotionals: Encouraging The Sick And Brokenhearted

The deeds of kindness and encouragement mean a great deal to those who are downhearted, troubled, and in need of a blessing. How can God use you and me this week to.

It is my deepest hope that you will find something that may encourage you through these devotions and that through them you are encouraged to walk on a higher spiritual ground. Tuesday, February 9, Encouraging The Sick And Brokenhearted The most important attitude that we can impart to someone who is sick or troubled in life is simply, our own hope. Hope then is the antidote for despair. Acts of kindness is a another way to encourage someone who may be sick or downhearted as in Acts 2: The early Christians are our role models. Bringing someone in need a prepared meal, praying with them, reading the Bible to them and sharing good conversation are all very encouraging. Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble. We are all terminal beings, no one lives forever and everyone has trials and tribulations. Encourage them to focus on today, doing the right things and making the best out of their current situation. God designed each of us with a kind of survival instinct and wants us to have a nature that is optimistic and hopeful. Those who have it enjoy a better quality of life, do more good for others and often live longer. The book of Job teaches many lessons, including what not to assume or say if we want to encourage someone. Later he was personally afflicted with a terrible disease that caused painful boils all over his body. But Job understandably complained that they were "miserable comforters" in They also assumed in their wrong theology, that God always rewards good and punishes evil in this life, with no exceptions. They saw no purpose for suffering other than retribution and punishment. The Bible has much to say about the power of words. After all, "The tongue of the wise promotes health" Prov May we all continue to grow in understanding about how to be effective helpers and encouragers in this new year!

Chapter 2 : 20 Bible Verses to Comfort the Hurting

"When your lost and can't seem to find your way, Consider God and seek Him for guidance, encouragement and hope!" Prayer: Heavenly Father, I ask You to replace sadness my with joy, defeat with victory, and weariness with praise.

Let this beautiful series of great inspiring quotations uplift your soul even further and higher. Read through all these inspirational quotations and let them speak to your heart. Instead, negativity prevails in the air. People complain and people moan constantly about their lives. And you desperately need to hear of some positive and inspirational messages. Be inspired by the wisdom of these great personalities and may you gain the needed motivation to pursue whatever you dream of achieving in your life. May all these great inspirational quotes bring a spark to your day! Inspirational Quotes and Inspiring Quotes A life without purpose is a languid, drifting thing; Every day we ought to review our purpose, saying to ourselves: This day let me make a sound beginning, for what we have hitherto done is naught! Many people limit themselves to what they think they can do. You can go as far as your mind lets you. What you believe, remember, you can achieve. No matter what our age or condition, there are still untapped possibilities within us and new beauty waiting to be born. Dale Turner Each player must accept the cards life deals him or her: Give yourself, if you wish to get others. I may not reach them, but I can look up and see the beauty, believe in them and try to follow where they lead. Runbeck Happy are those who dream dreams and are ready to pay the price to make them come true. Suenes I can honestly say that I was never affected by the question of the success of an undertaking. If I felt it was the right thing to do, I was for it regardless of the possible outcome. I have sometimes been wildly, despairingly, acutely miserable, racked with sorrow, but through it all I still know quite certainly that just to be alive is a grand thing. Take off all your envies, jealousies, unforgiveness, selfishness, and fears. Life is about creating yourself. An occasional glance towards the summit keeps the goal in mind, but many beautiful scenes are to be observed from each new vantage point. Melchart Many of our fears are tissue paper thin, and a single courageous step would carry us clear through them. The obstacles of your past can become the gateways that lead to new beginnings. In your soul are infinitely precious things that cannot be taken from you. If you only knock long enough and loud enough at the gate, you are sure to wake up somebody. It develops from within and is rooted in strong mental and moral fiber. The secret of getting started is breaking your complex overwhelming tasks into small manageable tasks, and then starting on the first one. The world is all gates, all opportunities. There are always difficulties arising which tempt you to believe that your critics are right. To map out a course of action and follow it to an end requires courage. The more things you love, the more you are interested in, the more you enjoy, the more you are indignant about, the more you have left when anything happens. For more inspirational quotes, please visit.

Chapter 3 : What Does the Bible Say About Downhearted?

Encouraging Quotes for the downhearted and disappointed By Nana Kwesi Coomson on May 26, "When life knocks you down, try to land on your back. Because if you can look up, you can get up."

The first words Jesus spoke in His majestic Sermon on the Mount were to the troubled, the discouraged and downhearted. I wish to speak particularly to you who feel your lives are broken, seemingly beyond repair. To all such I offer the surest and sweetest remedy that I know. It is found in the clarion call the Savior of the world Himself gave. He said it in the beginning of His ministry, and He said it in the end. He said it to believers, and He said it to those who were not so sure. He said to everyone, whatever their personal problems might be: It is the key to the peace and rest we seek. I will give you rest to your souls. The scriptures give scores of examples and avenues. You are well acquainted with the most basic ones. The easiest and the earliest comes simply with the desire of our heart, the most basic form of faith that we know. Second, we must change anything we can change that may be part of the problem. In short we must repent, perhaps the most hopeful and encouraging word in the Christian vocabulary. We thank our Father in Heaven we are allowed to change, we thank Jesus we can change, and ultimately we do so only with Their divine assistance. Certainly not everything we struggle with is a result of our actions. Often it is the result of the actions of others or just the mortal events of life. But anything we can change we should change, and we must forgive the rest. He will take it from there. Third, in as many ways as possible we try to take upon us His identity, and we begin by taking upon us His name. That name is formally bestowed by covenant in the saving ordinances of the gospel. These start with baptism and conclude with temple covenants, with many others, such as partaking of the sacrament, laced throughout our lives as additional blessings and reminders. Teaching the people of his day the message we give this morning, Nephi said: So we step, we strive, we seek, and we never yield. Sometimes we seek heaven too obliquely, focusing on programs or history or the experience of others. Those are important but not as important as personal experience, true discipleship, and the strength that comes from experiencing firsthand the majesty of His touch. Are you battling a demon of addiction—tobacco or drugs or gambling, or the pernicious contemporary plague of pornography? Is your marriage in trouble or your child in danger? Are you confused with gender identity or searching for self-esteem? Do you—or someone you love—face disease or depression or death? Whatever other steps you may need to take to resolve these concerns, come first to the gospel of Jesus Christ. There can and will be plenty of difficulties in life. He knows it because He has walked it. He knows the way because He is the way. I have always been touched that as his son was departing for his mission to England, Brother Bryant S. Hinckley gave young Gordon a farewell embrace and then slipped him a handwritten note with just five words taken from the fifth chapter of Mark: While his eyes were fixed upon the Lord, the wind could toss his hair and the spray could drench his robes, but all was well—he was coming to Christ. It was only when his faith wavered and fear took control, only when he removed his glance from the Master to look at the furious waves and the ominous black gulf beneath, only then did he begin to sink into the sea. If you are discouraged, please know you can find hope. If you are poor in spirit, please know you can be strengthened. If you feel you are broken, please know you can be mended. In Nazareth, the narrow road, That tires the feet and steals the breath, Passes the place where once abode The Carpenter of Nazareth. And up and down the dusty way The village folk would often wend; And on the bench, beside Him, lay Their broken things for Him to mend. So, up the hill the long years through, With heavy step and wistful eye, The burdened souls their way pursue, Uttering each the plaintive cry:

Chapter 4 : 20 Encouraging Bible Verses for the Brokenhearted

Our deeds of kindness and encouragement of others means a great deal to those who are downhearted, troubled, and in need of a blessing.

It is encouraging to read what King David wrote in the previously quoted psalm. We can be healed and delivered from a broken heart. A broken heart can happen when we lose a loved one such as a spouse or a child or even a beloved pet. Metaphorically, it is that emotional aching in your chest that happens when you are deeply disappointed or grieved over a life circumstance. The Bible has many other verses that can encourage the brokenhearted as well. Here are just twenty encouraging Bible verses for the brokenhearted that I found. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid. Trust the Lord for Deliverance and Healing Psalms In all your ways acknowledge him, and he will make straight your paths. By his wounds you have been healed. Look Forward and Believe Isaiah Through him we have also obtained access by faith into this grace in which we stand, and we rejoice in hope of the glory of God. We know that while we are at home in the body we are away from the Lord, for we walk by faith, not by sight. But one thing I do: He will dwell with them, and they will be his people, and God himself will be with them as their God. He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away. But we live in a world crushed and broken and torn, a world God Himself visited to redeem. We receive his poured-out life, and being allowed the high privilege of suffering with Him, may then pour ourselves out for others. If this article was helpful to you, please consider linking this article to your own blog or sharing this through the social buttons to the left.

Chapter 5 : 20+ Encouraging Bible Verses about Infertility - Powerful Scripture

Be Not Troubled I refuse to be discouraged, To be sad, or to cry; I refuse to be downhearted, and here's the reason why: I have a God who's mighty, Who's sovereign and supreme;.

In the middle of every difficulty lies opportunity. Calotype46 Feel like you need something to lift your spirits? All you have to do is keep moving forward, even when it feels like it would be easier to just lay down and give up. Many of these encouragement quotes come from individuals who have achieved incredible success in life, and just like you, they had low points where everything felt hopeless. How much you can love! What you can accomplish! And what your potential is. Talent will not; nothing is more common than unsuccessful men with talent. Genius will not; unrewarded genius is almost a proverb. Education will not; the world is full of educated derelicts. Perseverance and determination alone are omnipotent. I needed the push. Now, more than ever, young women need more seasoned women to provide that encouragement, to take a risk, to go for it. Once a glass ceiling is broken, it stays broken. Change your attitude and gain some altitude. Most of the time it just happened to me without my ever seeking it. Only through experience of trial and suffering can the soul be strengthened, ambition inspired, and success achieved. What separates the talented individual from the successful one is a lot of hard work. The ability to triumph begins with you. You know more than you think you do. Live the life you have imagined. Because if you can look up, you can get up. This special secret, it seems to me, can be summarized in four C s. They are curiosity, confidence, courage, and constancy, and the greatest of all is confidence. When you believe in a thing, believe in it all the way, implicitly and unquestionable. You may also enjoy:

Chapter 6 : About the Ministry Spiritual Words to Encourage and Inspire

The LORD is near to the brokenhearted and saves the crushed in spirit (Psalms). It is encouraging to read what King David wrote in the previously quoted psalm. We can be healed and delivered from a broken heart. A broken heart can happen when we lose a loved one such as a spouse or a child or.

Maybe agitated, stressed out, or uncertain about tomorrow? Maybe something has happened to you recently that has turned your world upside down. That is exactly how the disciples of Jesus felt. They were downhearted and discouraged. When they were all gathered in the Upper Room for the Passover feast, Jesus told them that one of them was going to betray Him. Then He identified Judas Iscariot as the betrayer. Not only that, but Jesus also said that Simon Peter would deny Him “not once, not twice, but three times. Could it really be? The whole world turned upside down for these men. And then, worst of all, Jesus began talking about leaving them, about being crucified. Maybe you feel that way. Maybe there is uncertainty in your future. As you survey your fears and concerns today, take a few minutes to consider what Jesus said to His disciples and to us in that tense Upper Room: Put your full trust and faith in Me! He has given us His powerful word full of encouragement and hope to strengthen us instead. Ultimately, His will for us is that we live our lives in victory. Heavenly Father, I ask You to replace sadness my with joy, defeat with victory, and weariness with praise. Help me when I feel defeated, weary or sad to focus on Your blessings in my life rather than on my circumstances. Remind me to praise You the Father at all times so I may obtain life and hope. I ask that You bring all things to my memory that concern You and Your plans in my life. Holy Spirit, please increase my hope as I focus on Your Word. Help me to not be conformed to this world, but transformed by the renewing of my mind. Strengthen and renew me in my innermost being. Destroy the fiery darts of the enemy that attempt to pierce my souls. May always always hear Your voice and obey Your will. Father, help me to overcome today fears. Thank You for the ones in my life that Love me. I praise You and Love You Lord in all circumstances. Here is a list of crisis numbers for 24 hour help line. [Click here to learn more.](#)

Chapter 7 : Encouraging Quotes for the downhearted and disappointed | calendrierdelascience.com

6 But God, who encourages the downhearted, encouraged us with the coming of Titus. 7 It was not only his coming that cheered us, but also his report of how you encouraged him. He told us how much you want to see me, how sorry you are, how ready you are to defend me; and so I am even happier now.

Discouragement is a thief. It steals your vitality, your zeal, your joy, your peace, and your contentment. If discouragement dwells long with you, its friends will soon join. Their names are fatigue, hopelessness, despair, self-pity, depression, doubt, and bitterness. Discouragement is dissatisfaction with the past, distaste for the present, and distrust of the future. It is the result of blindness. It is ingratitude for the blessings of yesterday, indifference to the opportunities of today, and insecurity regarding strength for tomorrow. It is unawareness of the presence of God, unconcern for the needs of our fellow man, and unbelief in the promises of His Word. If we have nothing to rely on, or we forget our blessing and look to our circumstances, then that is when discouragement begins to take hold. Instead, what we need is encouragement. We need hope and peace and the knowledge that the Lord knows our troubles has great concern and compassion for us and is not leaving us unloved or uncared for. Keeping your eyes on Jesus is the best way to be encouraged. In Him, you can have comfort and peace and encouragement. You need to find Him and His words, and by faith rest in Him. Be encouraged because God is a God of mercy and comfort. In the Greek the word "mercy" is oiktirmos. It means compassion, pity, mercy. And, it is something that is felt in the heart. He is the author of mercy. His mercy toward you brings salvation, the forgiveness of sins and deliverance from eternal damnation God is the God of mercy: It means, exhortation, comfort, and encouragement. In fact, a form of this word, parakletos is used for the Holy Spirit. All comfort comes from God who is the God of comfort, of mercy, and love. But you may ask, "How is the Comfort received from God? From others - God uses His people to comfort you. Through His word - reading and hearing - The words of God are beautiful and there for our instruction and encouragement. By the Holy Spirit. He is called the Comforter. Take encouragement because God is there in your afflictions. Verse 4 - "who comforts us in all our affliction. It can be translated as tribulation, trouble, anguish, persecution, burden, and, of course, affliction. Afflictions come in all different shapes and sizes. Sickness, financial difficulty, loss of a loved one, an unsure future, an auto accident. But also, and this is something very important, affliction occurs in the heart in that place where we get frustrated, confused, and hurt. Why do we have afflictions? Because we live in a fallen world. And it takes a world with trouble in it to train Christians for their high calling as children of God and to carve upon their souls the features of the face of Christ. Perseverance must finish its work so that you may be mature and complete, not lacking anything. And that is how they should be tackled: You need to praise God that you have even had afflictions so that you can be able to help others. How many of you, because of a trial, have been able to help another better because of that trial? You see, God does not comfort you to make you comfortable, but to make you comforters. Lighthouses are built by shipwrecked sailors. Roads are widened by mangled motorists. Hospitals are built by those who were sick. Where nobody suffers, nobody cares. When you suffer you learn to care. That is why God does not comfort us to make us comfortable, but to make us comforters. You should be encouraged because the comfort you receive from God comes through Jesus. Therefore, the comfort is pure, good, and right. It is received by faith. Where our sufferings are abundant, so is our comfort. This comfort is a spiritual comfort - received by faith, by active choice. Conclusion Encouragement is something that belongs to you as a Christian. You do not have to live in a world of hurt and doubt. You have the body of Christ to lift you up. You have the Word of God to teach you. You have the Holy Spirit indwelling in you who warms your soul. You have the God of encouragement waiting to show you His mercy and love. But you need to trust. You need to depend on Him. You need to keep your eyes on Jesus and Him alone. Jesus said, "Come to me, all you who are weary and burdened, and I will give you rest," Matthew

Chapter 8 : Encouraging Quotes

Bring peace to the troubled mind Likewise, the impressive pictures of nature inspire the hurting, stir up life and vitality, and make beautiful décor in institutions, community centres, offices/workplaces, and homes.

Chapter 9 : Broken Things to Mend - Jeffrey R. Holland

Elders, when you protect the cleanness of the congregation, when you offer upbuilding Scriptural counsel, when you make impartial decisions, and when you encourage downhearted ones, you are reflecting godly justice.