

Chapter 1 : Contact Us - Functional Assessment Rehab

Functional assessments have been performed over the years but it has not been until recently that they have become and integral part of the comprehensive rehabilitation medicine evaluation.

Functional outcomes in spinal cord injury. Clinical Outcomes from the Model Systems. A validation of the Functional Independence Measurement and its performance among rehabilitation inpatients. Arch Phys Med Rehabil ;74 5: The emerging science of functional assessment: Arch Phys Med Rehabil ;79 3: A study of persons with multiple sclerosis. Arch Phys Rehabil ; Performance profiles of the Functional Independence Measure. Advances in functional assessment for medical rehabilitation. Top Geriatr Rehabil ;1: Grey N, Kennedy P. The Functional Independence Measure: State University of New York at Buffalo; Characteristics and comparisons of functional assessment indices: J Head Trauma Rehabil ;8 2: Functional measures after traumatic brain injury: J Head Trauma Rehabil ;11 5: A uniform national data system for medical rehabilitation. Arch Phys Med Rehabil ; Prediction of rehabilitation outcomes with disability measures. Relationships between impairment and physical disability as measured by the Functional Independence Measure. Arch Phys Rehabil ; Relationships between disability measures and nursing effort during medical rehabilitation for patients with traumatic brain injury and spinal cord injury. Arch Phys Rehabil ;78 2: The Functional Independence Measure in spinal cord injured patients: Spinal Cord ;35 1: The structure and stability of the Functional Independence Measure. Determining normative standards for Functional Independence Measure transitions in rehabilitation.

Chapter 2 : Geriatric Assessment Tool Kit

The Rehabilitation and Functional Assessment (RFA) test battery is a risk assessment tool providing scientific, objective outcomes on functional work capacity. A selection of job specific test elements, based on the inherent job requirements of each occupation are used in order to predict an employee's capacity to sustain a certain level of work over an 8-hour shift.

To effectively treat the pain, one must look outside of the neck to assess the function of the entire movement system. This model attributes degeneration, pain, and limited function to stereotypical patterns of movement dysfunction. Given the fact that we as humans develop our movement system from a genetically predetermined neurodevelopmental process, dysfunctions in the motor system occur in predictable patterns. Functional movement impairments that result in neck pain are affected by the sensory system, mastication, respiration, cervical spine, upper extremities, and trunk. Any functional evaluation should be performed in deference to this principle of functional interdependency. Without acknowledging these patterns of dysfunction, there is no clinical roadmap for rehabilitation. One should ultimately address the faulty pattern. Similarly, cervical and craniofacial pain syndromes often involves the masticatory system. Assessing this system does not take very long and can be easily included in the standard examination of any new case of neck, face, or head pain. Since the majority of craniofacial and cervical spine pain is functional, we should all be vigilant in having a rehabilitation roadmap in order to provide what research has shown to be the best care. Manual medicine and rehabilitation is clinically effective, cost effective, and encouraging to those in pain. Clinicians are familiar with norms when it comes to laboratory testing, physical evaluation, etc. Unfortunately, researchers have had a difficult time isolating functional norms or musculoskeletal pain. Pain fails to correlate with deficits in strength or range of motion. The concept of dynamic neuromuscular stabilization DNS is that normative neurodevelopment reveals functional norms for all individuals. The figures below illustrate ideal patterns of sagittal stabilization in the supine and prone positions. Additionally, all human locomotion follows a contralateral or ipsilateral pattern. In the developing infant, sagittal stabilization occurs prior to intentional movement of the arms, legs and head. By studying pediatric neurodevelopment, we can then have functional norms of stabilization to guide treatment of both infants and adults. Joint centration allows for optimal distribution of forces across the joint. This is why altered neurological development also results in altered musculoskeletal development. To maintain joint centration, prior to any movement, there is an automatic postural stabilization occurring via low-grade activity of the intra-abdominal pressure system and deep spinal stabilizers. When there is poor synergy between the abdominal muscles, postural and movement dysfunction results in a predictable pattern. This results in failure of the intra-abdominal pressure system and over activity of the upper respiratory muscles. One of the many symptoms that results from this cascade of dysfunction is pain and degeneration of the cervical spine. Muscular morphology and function encoded by central motor programs develop with the maturing central nervous system. Therefore, altered function of the movement system may result from CNS lesion, pain, trauma, habitual pattern, and repetitive movement. Because central motor programs are stereotypical, disturbance of the program results in stereotypical patterns of dysfunction. We can see with the figures to the left that impaired sagittal stabilization in the prone and turning infant may result in altered morphology of chest wall, function of abdominal muscles, and quality of movement in the supine adult lifting his head. Since ideal, automatic postural stabilization must precede quality movement, any rehabilitative treatment for abnormal development, physical degeneration, and musculoskeletal pain must be performed in deference to the deep stabilization system. Quality movement is efficient. The athlete in blue is demonstrating optimal joint centration, similar to that of a normal developing baby. On the other hand, the athlete in purple is demonstrating failure of the sagittal stability system. She may do well with activation of the intra-abdominal pressure system in the supine position to practice the automatic pattern of ideal stabilization with which she was born.

Chapter 3 : Meet Our Staff - Functional Assessment Rehab

Functional rehabilitation after treatment requires individualized planning and should be guided by physiologic findings of instrumental examinations. Functional success is best achieved with a multidisciplinary team that includes speech pathologists specialized in assessment and management of head and neck cancer.

Received May 27; Accepted Sep This article has been cited by other articles in PMC. Abstract Background Older adults experience activity and participation limitations that are associated with ageing. Occupational therapists provide interventions to reduce such limitations and monitor client change to ensure that interventions are effective. Client change should be measured through the use of valid and reliable assessments. Yet occupational therapists can favour the use of non-standardised assessments leading to inaccurate reflections of client change and difficulties in comparing the effectiveness of interventions. A number of reasons have been suggested as to why therapists may favour non-standardised assessments, including a lack of knowledge of assessments and their properties and lack of skill. Interventions will focus on enhancing functional independence for either older adults transitioning from hospital to home, or community dwelling older adults. These assessments will be recorded and, in phase two, their measurement properties analysed. Discussion This protocol provides a comprehensive guideline for conducting the proposed systematic review. The results of this systematic review will provide a thorough and unbiased identification and evaluation of measurement properties of functional assessment tools used in randomised trials to evaluate occupational therapy intervention. This information can be used to determine which assessment has superior measurement properties and will inform occupational therapy practice. Occupational therapy, Function, Older adults, Assessment, Measurement properties Background Ageing results in an increased risk of chronic disease and disability, all of which contributes to the demand for acute and chronic healthcare services [1]. In Australia, the largest prevalence of disability is seen in groups aged 70 years and older, with the highest number of people with a disability seen in the 90 years and over age group Disability is comprised of three areas of functioning: Older adults with a disability often require some form of support to live independently [4]. As such, reducing functional limitations experienced by older adults is an essential part of healthcare services. Occupational therapists have long identified the link between engagement in meaningful daily activities and health and well-being [5]. As such, therapists aim to reduce functional limitations by providing interventions based on activity and participation. An important component of therapy is the evaluation of the intervention provided [10]. With an increasing demand on the healthcare system, it is imperative that services are demonstrating the effectiveness of interventions [10]. To provide accurate reflections of practice, occupational therapists should use valid and reliable assessments [11 , 12]. Yet, occupational therapists are favouring the use of non-standardised evaluations [13 - 15]. With a number of valid and reliable assessments available for use, for example. Readiness of therapists to use validated assessment tools, skill, time, motivation, self-confidence, lack of support from management, personal values and beliefs, and lack of knowledge have all been suggested as reasons for limited uptake [13 , 15 , 17 - 19]. There is little information regarding which functional assessment should be used by occupational therapists when working with older adults. Reviews of functional assessments from an occupational therapy perspective are available but lack methodical selection of assessments, leading to inaccurate reflections of assessment use. Law and Letts, , conducted a literature search of assessment tools used to predict or evaluate activities of daily living ADL. The authors concluded that no new ADL assessments should be created; instead, further research should be conducted to enhance current assessments. The Index of ADL, Barthel Index, the revised level of rehabilitation scale and physical maintenance scale were found to have the highest reliability and validity of those reviewed. The population and setting of interest was not specified by authors, which creates difficulty in translating results to practice. A similarly conducted study by Klein et al. Again, no information relating to population of interest or setting was provided, and no decisions relating to which assessment should be used in practice were made. Authors described the measurement properties of each and concluded the need for occupational therapists to use assessments that are psychometrically sound and reflect practice. Since these

tools do not measure the same construct, no definitive conclusions regarding use in practice can be drawn. The proposed review will identify functional assessments used in randomised trials to measure the effectiveness of occupational therapy interventions for at-risk older adults. We expect that reviewing randomised trials will capture a comprehensive selection of functional assessments, and that tools used in these trials would be of higher quality than in-house developed assessments of function that therapists favour in practice. In the second phase of this study, a comprehensive review of measurement properties of each assessment will be completed. The results of this study will provide an objective identification and evaluation of measurement properties of functional assessments used with older adults. Without such comparisons, therapists will continue to use a variety of different assessments which makes benchmarking of practice impossible. Identifying assessments used for measuring functional independence in older adults and their measurement properties will provide therapists with information needed to make informed decisions about the choice of assessment tools for practice. This protocol outlines the methods to be used to systematically identify functional assessments used by occupational therapists with older adults at-risk of activity and participation limitations. The protocol also describes the process for reviewing the measurement properties of each assessment identified. Review questions The review questions are as follows: Phase one, systematic identification of functional assessments used in randomised trials: What functional assessments are used by occupational therapists to measure the effectiveness of enhancing functional independence for older adults at-risk of activity and participation limitations? Phase two, measurement properties: Of the identified functional assessments, which is psychometrically superior for use with older adults at-risk of activity and participation limitations? The definition of older adults at risk of functional limitations that will be applied to the review are: Functional limitations and difficulties will be defined as limitations in activity performance and participation as described by the International Classification of Functioning ICF [3]. People with pre-existing functional difficulties are also at risk of further functional decline [23] and will be included in this review. Articles must be published in English. Settings and participants Participants will be adults aged 70 years or older. Participants will either need to be transitioning from hospital to home, or be community dwelling, and recipients of any occupational therapy intervention that aims to enhance functional independence. For example, if a rehabilitation team was providing functional intervention to an older adult and the occupational therapist had a component of intervention, this study would be included in the review. Types of methods Randomised trials in which a functional assessment is administered will be included. If the trial is a cross-over trial, both arms may be considered, if relevant. Types of outcomes Assessments will be included that measure activity performance and participation as defined using the ICF [3] will be included. Assessment tools which measure ICF impairment will be excluded. Search methods for the identification of studies The following electronic databases will be searched: Medical subject headings MeSH and text words will be combined in search strategies Medline search strategy is attached in Additional file 1. Searches will be restricted to studies published in English. Reference lists of included studies will be independently searched by one reviewer to identify additional studies. Duplicates will also be removed by hand as required. A study will be considered duplicate if the following are common: The title and abstract, as needed, of each trial will be screened by one review author. Potential studies, which are not excluded, will be further screened independently by two authors, first on abstract and then, if required, the full manuscript. Differences in opinions regarding trial eligibility will be resolved through discussion and consensus of three authors.

Chapter 4 : Functional Assessment Measure

St. George map MountainLand Physical Therapy West Sunriver Parkway, Suite St. George, Utah Brigham City map Orthopedic Therapy & Sports Performance.

Chapter 5 : Functional assessment “ PM&R KnowledgeNow

Functional Assessment and Rehabilitation of the Cervical Spine The majority of neck pain cases are due to a failure of

the movement system. To effectively treat the pain, one must look outside of the neck to assess the function of the entire movement system.

Chapter 6 : Functional Assessment Forms - Lincoln Physical Therapy

Note: Citations are based on reference standards. However, formatting rules can vary widely between applications and fields of interest or study. The specific requirements or preferences of your reviewing publisher, classroom teacher, institution or organization should be applied.

Chapter 7 : Functional Assessment in Rehabilitation | American Journal of Occupational Therapy

"Interrater reliability of the Functional Assessment Measure in a brain injury rehabilitation program." Arch Phys Med Rehabil 79(10): Find it on PubMed.

Chapter 8 : Movement Assessment at Functional Rehab – Functional Rehab

Description. Functional assessment is different from traditional diagnosis in that skills are evaluated rather than pathological symptoms or personality.

Chapter 9 : FIM(TM) References

Movement Assessment. In addition to medical history and a neurological exam, we integrate the Selective Functional Movement Assessment (SFMA) for all patients. The SFMA is a diagnostic tool that measures fundamental patterns of movement, such as squatting, bending, and overhead positions, in those with musculoskeletal pain.