

## Chapter 1 : Ghosts & Goose Bumps: Poems to Chill Your Bones by Bobbi Katz

*This category is for characters who are ghosts. For a list of media featuring ghosts, see Category:Ghosts (topic). Ghosts are the spirits of deceased people that are stuck in the mortal world, unable to move on to the afterlife.*

Goose feathers grow from stores in the epidermis which resemble human hair follicles. It is not clear why the particular fowl, goose, was chosen in English, as most other birds share this same anatomical feature. Some authors have applied "goosebumps" to the symptoms of sexually-transmitted diseases. This etymology does not explain why many other languages use the same bird as in English. In other languages, the "goose" may be replaced by other kinds of poultry. All of the birds listed above are commonly consumed in the country of origin, so it may well be assumed that the term "goose pimples" also "goose skin" and "goose flesh", c. Anatomy and biology[ edit ] Goosebumps in cat due to the fear of height Goose bumps are created when tiny muscles at the base of each hair, known as arrector pili muscles , contract and pull the hair erect. The reflex is started by the sympathetic nervous system , which is responsible for many fight-or-flight responses. The muscle cells connected to the hair follicle have been visualized by actin immunofluorescence. Goose bumps can also be a response to anger or fear: This can be observed in the intimidation displays of chimpanzees, [10] some New World monkeys like the cotton-top tamarin , [11] in stressed mice [12] and rats, and in frightened cats. In humans[ edit ] In humans, it goose bumps can even extend to piloerection as a reaction to hearing nails scratch on a chalkboard, listening to awe-inspiring music, [13] or feeling or remembering strong and positive emotions e. Such people tend to have the ability to increase their heart rate and describe the event as a chill from the base of their skull down the body, that causes the increase in heart rate and concurrent goosebumps on the skin especially the forearms which varies in duration. Further research is needed to discover more on such people. In some people, they even occur in the face or on the head. Piloerection is also a classic symptom of some diseases, such as temporal lobe epilepsy , some brain tumors , and autonomic hyperreflexia. Goose bumps can also be caused by withdrawal from opiates such as heroin. A skin condition that mimics goose bumps in appearance is keratosis pilaris. Extreme temperatures[ edit ] Goose bumps can be experienced in the presence of flash-cold temperatures, for example being in a cold environment, and the skin being able to re-balance its surface temperature quickly. The stimulus of cold surroundings causes the tiny muscles attached to each hair follicle to contract. This contraction causes the hair strands to stand straight, the purpose of which is to aid in quicker drying via evaporation of water clinging to the hair which is moved upward and away from the skin. In an extremely stressful situation, the body can employ the " fight or flight " response. As the body prepares itself for either fighting or running, the sympathetic nervous system floods the blood with adrenaline epinephrine , a hormone that speeds up heart rate, metabolism , and body temperature in the presence of extreme stress. Then the sympathetic nervous system also causes the piloerection reflex, which makes the muscles attached to the base of each hair follicle contract and force the hair up. Music[ edit ] Canadian researchers have suggested that when humans are moved by music their brains behave as if reacting to delicious food , psychoactive drugs , or money. The responses correlate with the degree to which people rate the "pleasurability" of music. For example, one of the common reported side effects of the intake of yohimbine is piloerection. Those with the ability frequently are unaware that it is not possible to everyone. The ability appears to correlate with personality traits associated with openness to experience.

## Chapter 2 : Goose bumps - Wikipedia

*Ghosts & Goose Bumps has 57 ratings and 4 reviews. midnightfaerie said: A book my 5 yr old as well as my twin 3 yr olds loved. A solid reading level 2 bo.*

Thoughts About Ghosts The places where ghosts inhabit or are sighted are called a "haunt. Good stuff to know. Intelligent, Unintelligent or Traumatized Ghosts? It is theorized that some ghosts seem to be more of a residual energy imprinted in the natural world from times past. If experienced, this type of haunting is repetitive, the ghost repeatedly displaingy the exact same actions and never interacting with those who witness them. In such cases, this type of phenomenon might not be the sighting of a living ghost but the unveiling of a prior event. Some say it is a leftover energy that is somehow released, showing a picture of the past to the viewer. This is their haunt. We should note, for comparison, that ghosts who are sentient beings and react to people or with the physical environment are often dubbed "intelligent" by ghost hunters. There are other types of ghosts, too. Read 8 Classifications of Ghosts to learn more about them. Appearance and Behavior Ghosts have been known to move objects, flip light switches and even cause electrical disturbances. But poltergeists, or "noisy ghosts," are not always ghosts who try to get our attention through the manipulation of physical objects, say some paranormal investigators. Occasionally, poltergeist activity is thought to be caused by an uncommon mental state, causing a psychokinesis effect, manifested through an unsuspecting family member. Read More Ghosts, spirits, or phantoms are typically depicted as orbs, ectoplasm, apparitions, vortexes, dark shadows, and energy. They have been captured in ghost stories, EVP, ghost videos and ghost pictures. Often, ghosts speak to us through thoughts that many may discount as their own. Many describe the presence of spirit or ghosts as goose bumps. The most common ghosts sightings reported are shadow people. Some ghosts have been said to be highly reactive with the present day environment and bring messages, warnings, harassment, and even protection over people. Only later does the person realize they were speaking with a ghost. Cultural Experiences Every culture in the world has ghosts in their beliefs, although many disagree as to whether ghosts are real or just figments of the imagination. According to some beliefs, a ghost may be the personality of a person after his or her death, and not directly tied to the soul or spirit. There is much debate on whether ghosts are spirits of deceased people or just spirits or a naturally occurring phenomenon. Yet, interesting ghost sightings of deceased relatives during near death experiences has been shared world-wide. Most people around the world believe ghosts to be people who have died and cannot enter into rest or peace. In Asia, many believe ghosts to be person who have died and refuse to be reincarnated due to unfinished business here on earth, believing that ghosts can bring revenge on persons who wronged them in their physical life. Even Hindu scriptures tell of ghosts being people who have sinned greatly in this lifetime, and are trapped to roam this physical world in darkness and puzzlement. Most cultures believe ghosts to haunt the places they once inhabited or frequented during their physical existence; especially places where they diedâ€the place of trauma, once again. Usually ghosts that manifest are seen in the clothing they wore in their earthly lifetime. Ancient Descriptions and Experiences Some of the earliest writings of ghosts only told of spirits asking to be buried properly, or to bring a message to a loved one. Homer wrote such a story more than years. The Old Testament of the bible tells of the Witch of Endor bringing up the ghost of the prophet Samuel to speak a message to King Saul: Then the woman said, "Whom shall I bring up for you? And the woman spoke to Saul, saying, "Why have you deceived me? For you are Saul! What did you see? Now Samuel said to Saul, "Why have you disturbed me by bringing me up. Some basic troubles encountered, as referenced prior, might be the turning on and off of electrical appliances, mysterious knockings, disembodied voices, invisible touching, sudden drops in temperature, movement of objects, etc. This is just odd behavior - something to garner our attention and let us know we are not alone. Nefarious ghosts are simply dark-minded people on the other side of the grave who were most likely negative during their time on earth. They continue to haunt the physical world with their negative energy, usually seeking to be pranksters or downright nasty. They are not demons, by religious definition, but have been called that for thousands of years. It is theorized that due to the tremendous amount of energy to manifest a haunting, sudden temperature drops are typically associated with

events, possibly due to robbing the area of its energy. Some believe that negative ghosts or entities can leave marks, by hitting, clawing, slapping, their unfortunate victims. Movement of an object to cause harm, as well as the ghost speaking a frightening message to its victims have also been reported by witnesses.

### Chapter 3 : Ghosts | All About Ghosts

*This category is for books, short stories, or other pieces of media that feature ghosts. For a list of characters who are ghosts, see Category:Ghosts.*

Elisa Medhus May 7, in After Death Communication , Communication from the dead , Death , Life review , Messages from the dead Many of you may have had deceased loved ones communicate with you in ways you might not be aware of. Damn I hate to end a sentence with a preposition, but I sound too professorial if I do. That sounds kind of professorial, too. I had never experienced those goosebumps before he died. So, I asked him how spirits create that sensation, among other forms of communication. Jamie to Erik, whispering: Can this go off record? She braces herself as she conveys what Erik said. Jamie bursts into laughter. I know you were going to say that! How did you know that? Okay, what about Pee Wee? Jamie laughs nervously, but continues. That would give you the goosebumps. Even though he says whacking off, he shows me a, uh, a pump of lotion. You know, that would give you goosebumps. Well, how do you do that? Goosebumps, if we look at it scientificallyâ€” Jamie: They can change the subtle energy in a room, but yet visually and physically, nothing has changed. Same mechanism as the goosebumps. Makes your hair stand up. Whoa, I feel goosebumps on my right leg as I type this. How do we do it? You mean you match it with ours? So, in the case where you make me feel goosebumps, um, like sometimes you make me feel goosebumps on the side of my face or my scalp or leg. How do you do that? Give me a step-by-step. I get up behind you, and I get a large container of lotion. No, I get up behind you, and I put my hand in your hair. Then I push my energy through the top few layer of your skin, but not to the bone. And just the muscles. Usually your body responds to an interference, a change in the environment, so your body responds with the goosebumps. Full body goosebumps is when we move through somebody or move past somebody. So are you matching my energy, orâ€” Erik: Tell me energy to energy what you mean. If I need a level 4 vibration to make you have goosebumps, I adjust to a level 4 to get into your energy and create the goosebumps for you. If I want your ear to turn red and get hot and fiery, then maybe I have to be a level one. So, I adjust myself to a level one. Our sense of interacting with humans, pets, plants is an adjustment of your energetic vibration level. This blog member goes on to ask what other ways spirits make themselves known and how. Is she writing a book? The list is endless! Give me one other way. The second most common way. Oh, like when people just randomly think if us for no cause or reason? Okay, and howâ€” Erik: So, how does that happen? We sense the energy, butâ€” Ah, because normally your conscious mind is focused on something else, so it leaves your backside totally vulnerable. So that leaves us an opening to send an energetic email with our imagery, our smell, our touch, our whole presence. Why am I thinking about Jim? I love these voices. The way he says things in a different voice. And that was good stuff, Erik. Just a heads up: Jamie has two small group phone readings coming up. This will be a fun and unique event in which Jamie will channel Erik. These sessions are often life-changing. This morning, I just added a four-part series about the nature of, sensations behind and physics of death as well as information about life reviews. Be sure to bookmark the link to the channel.

### Chapter 4 : Goosebumps 2: Haunted Halloween () - IMDb

*Ghosts and Goosebumps is a rich collection of folktales and superstitions that capture the oral traditions of central and southeastern Alabama. In its pages one can glimpse the long-lost horse-and-buggy times, when people sat up all night with the dead and dying, hoed and handpicked cotton, drew.*

### Chapter 5 : Ghosts and Goosebumps: Ghost Stories, Tall Tales, and Superstitions by Jack Solomon

*Ghosts and Goosebumps is a rich collection of folktales and superstitions that capture the oral traditions of central and southeastern Alabama. In its pages one can glimpse the long-lost horse-and-buggy times, when people sat up all night with the dead and dying, hoed and handpicked cotton, drew water from wells, and met the devil rather regularly.*

### Chapter 6 : The Ghost Next Door Achievement in Goosebumps: The Game

*Note: Citations are based on reference standards. However, formatting rules can vary widely between applications and fields of interest or study. The specific requirements or preferences of your reviewing publisher, classroom teacher, institution or organization should be applied.*

### Chapter 7 : 31 Haunting Images of Abandoned Places That Will Give You Goose Bumps | Bored Panda

*13+ Atlanta Ghost Tours That Guarantee Goose Bumps Last Updated: 09/17/ The stories on these Atlanta ghost tours don't have blood and gore, but are filled with just enough macabre to make the hair on the back of your neck stand up.*

### Chapter 8 : Goosebumps | Netflix

*The Ghost Next Door is the tenth book in the original Goosebumps book series. It was first published in The cover illustration features a ghost's feet standing on a welcome mat, and a door open with a person's foot visible.*

### Chapter 9 : Goosebumps 2: Haunted Halloween Review - IGN

*Goose bumps are the bumps on a person's skin at the base of body hairs which may involuntarily develop when a person is cold or experiences strong emotions such as fear, euphoria or sexual arousal. [1].*