

## Chapter 1 : | Coastal Living

*Bekaar Vines - The feeling we all go through before and after vacations.*

These fun activities cover all subjects and grades; there truly is something for everyone. And, if you have your own summer adventurers at home, this list can rescue your kids from the boredom and blahs of rainy summer days. This year, do more than amuse and entertain your kids and hope for the best for your students, keep their minds working all summer long! To help those efforts, Education World offers 25 ideas that not only reinforce skills taught during the year, but also to entertain students through the summer months. Share these resources with parents to help them and their children make the most of the lazy, hazy days to come! Many of these activities link to online resources. In most cases, however, the activities can be completed even by those without Internet access. The activities that do require Internet access can be printed and distributed to students before school ends or accessed and printed by parents at most public libraries. Or help children use pencils, drawing paper, and rulers to create, decorate, and fill in their own summer calendars. Teach kids to cook with the step-by-step lessons and recipes at [Cooking With Kids](#). The site also includes measurement reminders, safety tips, and suggestions for involving kids in the cooking process. Or check out your local library or book store for one of the recommended [Heritage Cooking for Kids: Make homemade Bubble Solution](#) and experiment with such unique Bubble-Blowing Tools as strings, milk containers, and garbage can lids. Then introduce the art of paper folding by printing and following the instructions for [How to Make an Origami Crane](#). Try making a fish. Go on a [Light Walk](#), an outing designed to teach kids the properties of light and facts about the sun. Bob Miller of the [Exploratorium](#) explains it all. Do your own image walk by printing the directions and template found at the site. Create musical instruments from materials found around the house. [Enchanted Learning](#) provides instructions for such Musical Instruments as a rattle, box guitar, maraca, and rain stick. Cool down by making [Ice Cream in a Bag](#). The simple technique produces delicious ice cream in about 5 minutes. What ice cream varieties will you and your child concoct? Read aloud a selection from [Candlelight Storybooks](#) or your own favorite myths or fairy tales. Discuss the stories with your child. Then invite your child to choose a favorite story, and together make a diorama depicting a pivotal moment in the tale. Catch a firefly and then go online to learn more about fireflies or read a book, such as [Fireflies](#) by Sally M. Walker, to help your child learn more about them. Then invite your child to complete the Education World [Firefly Facts](#) work sheet. Fireflies are really beetles because they have four wings; true flies only have two wings. Most fireflies like warm, humid areas. In the United States, glowing fireflies are found east of the middle of Kansas. Firefly larvae feed mostly on earthworms, snails, and slugs. Scientists believe fireflies use their ability to flash as a warning signal to predators and to attract mates. Print a grid of dots from [Connect the Dots](#) by Math Cats and invite your child to make an original tessellation. Staple together pieces of plain paper or use a notebook to help your child make a cartoon flip book. Kids draw a sequence of cartoons and simulate motion as they "flip" through the pages. Note that the first image in the series should be at the bottom of the stack of pages, and the illustrations should progress from bottom to top. Learn about national parks from the comfort of your own home, and encourage your child to complete online activities and become a [Web Ranger](#). Materials are grouped by age and include cool awards and a membership card. Start a rock collection. [Collecting Rocks](#), a Web site by the U. Geological Survey, offers advice to help the novice collector gather, identify, and store neat rock specimens. Plan with your child a family activity day. Decide how much money to spend, and help your child research events and activities in your area and choose an affordable activity the whole family can enjoy. Your child can mount and label each photo and create a family scrapbook of your special day. Describe the event or activity your family will attend. Will everyone in the family enjoy this activity? Why do you think so? What do you need to arrange ahead of time? Will you need to purchase tickets? What supplies or materials will you need? What costs will be involved? Take a virtual [CampusTour](#) of colleges and universities your high school student might be considering. Then ask your child to design an original paper airplane and diagram the steps for constructing it, so another family member can recreate it! Start a family or neighborhood book club. Even a parent and child can form a book club, by reading the same

book and chatting about it. For larger groups, check out some online hints for starting a book club. Hang a white sheet outside at night and shine a light on it. Observe the variety of insects it draws. Kids rarely have the opportunity to design their own rooms to best suit their individual needs. Invite your child to devote some thought to ways to improve his or her living space. Then have the child draw the layout of their "new" room. The following questions might guide kids as they consider the possibilities: Other than sleeping, what do you do most often in your room? Work on a computer? What furniture or other items do you use most often? What do you use least often? What kind of storage do you need? What do you like best about your room? What do you like least? How do you want to change your room? Trace the designs on a piece of paper, mix up the tangram pieces, and use them to create jigsaw puzzles. Create a thing of beauty from a lump of coal! With a few common ingredients, you and your child can grow a "Magic Crystal Garden" with pieces of coal. This simple science experiment using a balloon, string, straw, and tape, illustrates the use of air pressure to produce movement. Using just food coloring and water, flowers can be changed from white to any tint, usually in just one day. Colors deepen over time, and kids will enjoy modifying the experiment to see what unique combinations they can make. Invite your child to play a Math game and record his or her scores on a sheet set up like the illustration below. Choose a probability game, a timed flashcard activity, an online game from a site such as FunBrain , or another favorite math activity. Then have your child graph the results of the Game Challenge chart.

Chapter 2 : 10 fun ways to keep your child learning this summer | Parenting

*Trade in those sandals for a spacesuit on your next vacation. T+L Senior Editor, Jacqui Gifford, shares five of her favorite learning vacations, from.*

Check current conditions here. But the great talent that the Golden State has to offer is hardly limited to beaches, bikinis, and boards. For starters, there are movie stars, world-class chefs, and no shortage of artisan foods—plus all that wine. It has all the makings of a California-style educational vacation. Indeed, classes abound where you can soak up some of the local ingenuity and craftsmanship. Or, you can take to a stage in L. Gaining knowledge is all part of getting to know California—and perhaps yourself in the process. When planning your next California vacation, check out these cool educational travel experiences, listed north to south, that are also a lot of fun. One of those winemakers is Corinne Moore, who offers a two-hour wine blending class multiple times per month at her off-the-grid, solar-powered winery. After tasting and learning the history of three wines—Syrah, Grenache, and Mourverde—Moore will help you create a blend that suits your tastes, and then you can take it home. Best time to visit: Classes are held on Sundays, and the tasting room is open Friday through Sunday. Learn from the pros how to make fresh pasta from scratch think pappardelle and ravioli and select the best sauces to match. Or discover what happens when you pair 16 different food components i. The acre, family-owned farmstead is home to about cows, which are milked daily. The dairy began making cheese in , and a culinary and education center called The Fork launched in . Public and private events include culinary classes, walking farm tours, cheese tastings, farm dinners, and farm brunches. About 10 to 12 events are offered every quarter, year-round. The family-friendly event features ice cream sandwiches, a minute walking tour, selfies with livestock, and cheese tasting on the patio. Collect eggs from the hen house, milk a Nubian goat, pick apples or berries, and sink your teeth into the ripe fruit right there. Life on the acre ranch is pretty simple but sweet. In addition to teaching you to think on your feet, an improv class can help you build confidence while remaining calm and in control. Private coaching, workshops, and special events are also available. Learn about the history and importance of this essential mineral, and how to savor it with wine, at an intimate epicurean workshop at the Sea Salt Conservatory, part of the oceanfront Terranea Resort in L. Workshops are held on the first Saturday of the month at 10 a. Its acre training facility offers classes to driving enthusiasts of all skill levels and even teens. Burn rubber in a powerful M car, and in the process, learn life-saving skills—like emergency braking and how to get yourself out of a real hydroplane situation—all under the keen supervision of a BMW-certified driving instructor. Classes average about 10 to 15 people, with plenty of seat time and one-on-one coaching. The center is open year round, with several dates each month. Students get special access to this exclusive club, so be sure to swing by to catch a live race or a stunning sunset. Afterward, take your new board for a test ride with Brink, who will teach you how to catch world-class waves. This package is available year-round advanced reservations required. Just down the road, in Dana Point, is where Hobie Alter first created, shaped, and sold foam surfboards.

## Chapter 3 : | Travel + Leisure

*Travel can be a great learning experience. Asking your kids to help research and execute arrangements on a future trip can be an even better one.*

Summer vacation can be either a learning wasteland or a learning paradise. The temptations are great for children to spend hours watching television or playing video games, but with a little ingenuity and planning, the summer can be transformed into a time to stretch the mind, explore new hobbies, learn about responsibility and build on skills learned during the school year. Keep the Learning Going Teachers spend an average of four to eight weeks every fall reviewing and reteaching material that students have forgotten during the long summer break. Many students lose the equivalent of one to two months of reading and math skills during the summer and do not score as well on standardized tests as students who continue to learn during the summer. The effect is cumulative: Summer is the perfect time for children to discover that learning is fun and can happen anywhere. Perry, author of *Playing Smart*: But be careful not to over-plan. But do provide some options. Grow the biggest zucchini in your neighborhood What better way to learn the basics of science and how things grow than to plant your own garden? You can start with seeds or small plants. Talk about what plants need to be hardy: Vegetables are especially fun and educational to plant because your child will learn where food comes from and will also get to eat the end product. Clip, paste and write about your family adventures A family vacation is a perfect opportunity to create a trip scrapbook that will be a lasting souvenir of family adventures. Collect postcards, brochures and menus from restaurants and tourist attractions. The scrapbook might contain photos with captions, newspaper clippings or school mementos. Many photo-sharing Web sites, such as Shutterfly or KodakGallery, will help you for a fee create professional quality photo books, where you arrange the photos and write captions. Get theatrical Young children can make their own puppet theater. Begin by cutting off the finger-ends of old gloves. Draw faces on these fingers with felt tip markers and glue on yarn for hair. Or glue on felt strips to create cat, dog or other animal faces. Then your child can create a story that the finger puppets can act out. Make chocolate mousse or build a bird feeder Toy stores and craft shops are full of kits for making things, from bird feeders to model airplanes to mosaic tableaux. These projects teach children to read and follow directions, and offer the added benefit of creating a finished product. Science experiment books encourage children to observe and ask questions while providing hours of hands-on fun using scientific concepts. A cookbook geared for children is a good place to start. Ethnic cookbooks provide an excellent way to explore the food of other cultures, and open up conversations about how people do things differently in other parts of the world. Children are much more likely to eat something strange if they make it themselves. Paint the picket fence, baby-sit or volunteer at a soup kitchen Even young children can learn to be responsible by helping to set the table, take care of a pet, clean out a closet, wash the car or paint the picket fence. Ask your child to be your energy consultant and help find ways to conserve energy in your house. Outside summer jobs and community service help children learn to be punctual, follow directions and serve others. Involve your child in the planning by practicing how to use a map to find cities and tourist attractions, and how to estimate distances. If you are driving, work with your child to figure out how many gallons of gas it will take to get there and estimate the cost. If you are flying or traveling by train, check travel schedules and costs. Research your destination in books and on the Internet. If you are going to a different state, look up information about the state, such as the state flower, state bird and interesting attractions. Have your child write to the state tourism bureau to ask for information. Visit a jelly bean factory or a glassblowing studio Whether you are going on a trip far away or staying close to home, seek out places where children can learn how things are made. In San Francisco, you can visit a teddy bear factory; in Arkansas, a glass blowing studio; and in Hawaii, a macadamia nut factory. To make them less intimidating, start in the gift shop and let your child pick out some postcards of paintings or objects on display. Turn your museum trip into a treasure hunt by trying to find those paintings or objects in the museum. Look for interactive exhibits and for periods of history that your child has studied in school. Get stickers, tattoos and comics for free Composing a letter helps build writing skills and can be especially rewarding when your child gets a reply in the form of a cool

free item. The book, *Free Things for Kids*, suggests more than places you can write to get such items as stickers, temporary tattoos, comic books, magazines and sports memorabilia. Some of the items cost a dollar or less, but the majority are free. The book, updated annually, also includes Web sites to check out for free downloadable software, ezines or other items to send for by mail. You can help your older child build citizenship skills as well as practice his writing by encouraging him to write a letter to the editor of the local newspaper or a local government official about an issue he is concerned about, such as building a bike path or renovating a local playground. Become an investment guru or a math wizard Summer is the perfect time for older children and teens to learn about the stock market and the value of investing. A good way to get started is to investigate publicly held companies that teens are familiar with, such as Apple Computer, eBay, Nike or Tootsie Roll. Your older child might also want to join a Junior Investor program to learn more about the stock market. It is also possible to help your teen get a head start on high school math by doing math puzzles.

**Chapter 4 : Kids & Youth - Great Smoky Mountains National Park (U.S. National Park Service)**

*To make your summer fantasy the best one ever, we present 51 great summer vacation ideas with our partners at The Family Travel Forum. Teens can write about your trip for our 12th annual Teen Travel Writing Scholarship, too.*

Improvement in formula tolerance can be related to the formula or the effect of switching formula. Clinical evidence supports that switching from a milk-based infant formula to Isomil Advance, a soy-based infant formula, can reduce fussiness, gas and spit-up in most infants in just three days. You could win a relaxing three-day, no-fuss vacation for you and a guest at the Miravel Resort and Spa in Tucson, Ariz. The contest winner will receive the child care of her choice, even if that means flying grandma in to watch the kids. Enter now to win a relaxing three-day trip where all the fuss is about you. None of the content of this article should be considered medical or psychological advice. You should consult with your health care professional for specific advice relating to your medical and psychological questions or conditions. Have you ever heard about a child whom parents or teachers describe as lazy, unenthusiastic, and non-interested in any school subject or social activity? If yes, have you ever thought why this child is so low motivated, when he or she needs to do something demanding assiduity, diligence, patience, attention, tenacity, self-control and other important personal qualities? While growing up these children meet obstacles in real life and do not find enough will power, strength of mind to overcome life difficulties and achieve goals. This happens because in childhood and during adolescent period, when important aspects of self-regulation and self-control build up, these children did not learn to be patient, assiduous and purposeful. But this is not a way out of the situation, because now your child is having only a small problem, but while the child is growing up problems will be becoming more complicated and solving them will be much more difficult. How can you help your child be more motivated? Be sure that you are ready and have enough patience to talk and explain your child many things even there could be some misunderstandings and communication difficulties. Do not be afraid to be strict sometimes, but at the same time try to explain all your actions, be reasonable and appeal to consciousness of your child. For example, if your child does not want to make homework in math, explain your him or her, that now the most important thing is not the homework, but how strong and self-controlled he or she is, and the ability of doing important things, which children do not want to do. Because when a person says: Instead of that, say: Do not demand from your child fast results and improvements. Remember, you should begin with small tasks, like homework or house work help. Teach your child to be enthusiastic and open to new knowledge and experience. Explain and show him or her that, for example, every subject in school can be much more interesting if they try to learn more about it. Invest your time, efforts and teach your child to be motivated to achieve their goals with the help of patience, diligence, strength of mind, will power, and hard work. This will be one of the most important investments in your life, because in the future you will be very glad to see that your son or daughter is able to achieve their goals and become a successful person. Allergies can cause reactions to anything from pollen to pet dander to peanut butter. Charlie has never even been able to enjoy his own birthday cake. He and a growing number of children like him have life-altering allergic reactions when they eat certain foods. Often, EGID is misdiagnosed as gastroesophageal reflux disease. Signs of EGID include nausea or vomiting, diarrhea, stomach pain, food sticking in the throat, and the failure to grow and thrive. Children like Charlie who suffer from EGID rely on a special hypoallergenic elemental formula to keep them nourished, and some are fed through a tube that goes directly into their stomachs. Ross Pediatrics makes such a formula, called EleCare, which provides all of the proper nutrients children with EGID need to grow and thrive during their developmental years. In children, the most important impact is helping them to grow and develop normally. There are many things to like about the television show Super Nanny that has captured the public interest recently. First, the nanny character is very likeable, if a little scary at times. I know best and I am in charge here. Importantly, this program has got people talking about raising kids, which is fantastic. Importantly, it helps parenting become a happy experience again for many people as it is the little challenges that we face that can make the job so difficult. Who owns the problem? A crucial principle that the Super Nanny ignores is that of problem ownership. Problems in families are owned

by either by parents, children or the family as a whole. Too often parents take on responsibilities that should belong to parents so issues escalate into power disputes. A simple question to ask when you see a misbehaviour presented is: Who owns this problem? Parents so they need to come up with a strategy to deal with it. The child so he or she needs to worry about eating, not his parents. The family so everyone needs to address family room tidiness. When watching this program make sure that the owner of the problem takes responsibility and parents stay out of problems such as eating and dressing that should belong to children. What is the purpose of the behaviour? Look specifically for what the parents do to contribute to the continuing misbehaviour. Misbehaviour generally has the purpose of getting attention, defeating someone else or retaliation. Children throw tantrums because they are a great way to get control back. Secondary bed-wetting is a great form of retaliation. If not, then it gives a clue to the purpose of the behaviour. How does the household routine contribute to the problem? Make no mistake, even families with no obvious routine have a routine. It is just all over the place. Kids love an orderly routine as it gives life predictability. A large percentage of challenges can be prevented by having sensible child-friendly routines; particularly around mornings, around dinnertime and at bed-time, which are the three manic times in most families. Do parents talk too much when children are less than perfect? Parents often spend a great deal of their time telling children what they already know. It is better to put an action in place i. Does the misbehaviour intensify before it is eliminated if a change strategy is used? A child who usually cries out successfully for his parents when he is put to bed will turn up the volume if his parents change their behaviour and ignore his cries for one more drink or another story. He will probably add tears and say some pretty hurtful things as a way of pressing the old guilt buttons. Do parents have some time for them? Many family challenges stem from the fact that parents are tired and stressed. Parents with two or more children close in age or those with children under five generally have a difficult time of it. Parents need some time each day very hard and each week just for them. If not then they generally become overwhelmed and lose perspective. They say they want strategies to deal with kids, when all they need is a break. Do parents work together or does lack of teamwork contribute to the problems? A big challenge for many parents is working together and getting on the same wavelength rather than working at odds with each other. Bedtime is a typical time when parents can inadvertently work against each other. For instance, one can settle the kids down while the other is busy amping them up with a game or two. How will fixing one problem impact on the family? It is amazing how resolving one parenting issue has a snowball effect on other problems. Yes, it is easier to cope with children when we have plenty of sleep under our belts but often the resolve we gain from overcoming something so draining gives us energy and the will to deal with lesser issues. And kids suddenly realise that mum and dad are suddenly different. Keep an open mind if you do catch an episode of Super Nanny and look for principles behind the strategies so that you can adapt some of the ideas presented to suit your own family.

**Chapter 5 : Consent Form | Working Mother**

*Enter your mobile number or email address below and we'll send you a link to download the free Kindle App. Then you can start reading Kindle books on your smartphone, tablet, or computer - no Kindle device required.*

Do you see the family lying on a beach, splashing around a resort pool, hiking mountain trails, learning history from a national park ranger, exploring a new city, being thrilled by an exotic adventure or braving new theme park rides? To make your summer fantasy the best one ever, we present 51 great summer vacation ideas with our partners at The Family Travel Forum. We guarantee there is a memorable getaway, and a practical and affordable one, for everyone. Veteran outfitter, OARS offers one- to six-day professionally guided trips for families with kids as young as 4 years old. Trips include all rafting and camping equipment, gourmet meals, and no wi-fi, no cell service, no distractions. Our agritourism holiday guide is your chance for the kids to see where their food comes from. Eggs are collected fresh from the hen house, carrots are pulled from the ground, berries from a bush. Check out the online directories of working farms and ranches across the U. Meet sled dog puppies on a Princess Cruises shore excursion in Alaska. Carnival Cruise Lines 3. Guests are encouraged to engage with the environment “ by meeting sled dog puppies brought on board, exploring the custom-designed wilderness treehouse at Mt. But you can also tour Alaska on a different kind of trip , whether you want to fish for Salmon in the Kenai River, stay at a rustic lodge, opt for an adventure cruise with daily kayak trips and hikes or even see Glacier Bay from a restored World War II Mine Sweeper. Holland America Line offers an upscale, multigenerational Alaska experience on a mid-sized ship, if your family prefers that to Caribbean, South America or Europe routes. Philadelphia is another great city for history. Philly is popular with teens , too, and both cities have great local cafes for stops between the history lessons. Beach Boys lounging at the Fairmont Scottsdale Princess 5. This year, make it your best summer ever at the Fairmont Scottsdale Princess. Summer weekends mean cool rides down waterslides, wiggling toes in the sugar white sand of Sunset Beach, plus H2 Glow pool parties, Dive In movies, virtual reality roller coasters, Mermaid University and fishing derbies at the lagoon with Ranger Rick, with most activities being complimentary for overnight guests. With water, water everywhere, pools are the place to be and the Princess has six, from it largest and newest “ Sunset Beach with games with the Fairmont Funergy team “ and two other pools just for grown-ups. After dinner, fireworks light up the sky Saturday evenings and the holiday weekends of Memorial Day, 4th of July and Labor Day offer an even greater line-up of festivities. This package is bookable now for stays May 28 “ September 4. For details, call or visit [www](http://www). The weather is usually more predictable and the Atlantic Ocean is warmer the farther south you go. Without jumping straight to Florida, your family can find rentals at tranquil Bethany Beach in Delaware and deeper south in Virginia Beach, Virginia with its extensive and well-known boardwalk jammed with restaurants and shops. We recommend Myrtle Beach for older kids and active families. It has golf, amusement parks, shopping malls, the Grand Strand boardwalk and a variety of beachfront family resorts at all price points. Museums and historic sites around the country are putting the civil rights struggle in context for 21st century kids, from the National Museum of African American History and Culture in Washington, DC to the Brown v. In Jackson, Mississippi, the new Mississippi Civil Rights Museum, the first state-funded civil rights museum, has won high marks for honestly telling the story of the struggle for civil rights and the continuing efforts today. It offers interactive exhibits and stories from people who fought for civil rights in Mississippi. CARIBBEAN Caribbean islands are popular with families in the summer because rates are so much less than in winter, and the beaches and cultural attractions are just as appealing. Look for deals that include kids-free meals and activities. And if your kids are pining to go to Atlantis in the Bahamas, consider staying at the newly renovated Comfort Suites next door where breakfast is free and you have access to all that Atlantis has to offer. The new national model for health and fitness is not just for kids. It is immersive and highly interactive with sports activities for all ages, sizes and abilities. Each miniature sports experience offers age-appropriate equipment and hands-on activities designed to get the whole family working together as a team. In June, life-sized bronze statues of sports stars will be installed within the experience along an area called the Old National Bank Avenue of Champions.

Denver is a great bet for families with so much green space, the chance to watch the Rockies right downtown and hands-on activities in every gallery of the Denver Art Museum. Leave the car at home and take the train and rely on public transportation – you can even take the light-rail right from the airport to Union Station. Hit a museum or two, hike and have some good eats. Check local tourist offices and sites like Groupon and RetailMeNot for restaurant and activity coupons. Let each child plan a day of the itinerary. You will be amazed where they lead you. Try not to cram too many schools into one trip and check out resources like GoSeeCampus. The luxurious Seabourn Ovation at sea. Carnival Cruise Lines The ,ton vessel offers a variety of unique and exciting innovations, including the first-ever Dr. Have you considered the beautiful Baltic Sea beaches in eastern Germany , which are much cheaper than France or Spain? Charming Windsor in the English countryside, site of the recent Royal Wedding and home to Legoland, has free family multimedia tours on weekends. Berlin is cheaper than Paris and Rome and is considered perhaps the hippest city in Europe. Edinburgh, Scotland is where J. Rowling wrote the first Harry Potter book, and you can see the sights that inspired her, as well as Edinburgh Castle. Whether you have a child that enjoys decorating sugar cookies or you are an adult trying to perfect your coq au vin, odds are there is also a local cooking class at your travel destination. Here are five ways to make food a fun part of vacation. This town is also home to Winter the Dolphin, who has inspired millions. Because she was rescued after an accident and has thrived with a prosthetic flipper, Winter draws visitors facing their own challengers to the Clearwater Aquarium. You can slow down the pace and enjoy the sunshine state without wandering around jam-packed theme parks. Instead, take advantage of countless choices along the Gulf of Mexico shores for family-friendly and entertaining activities. An average houseboat is similar to a Winnebago mounted on twin pontoons. Rentals range in length from 44 to 75 feet and the largest can sleep 12 people comfortably. You will feel like you are in a home afloat. A good place to set sail is Lake Powell which starts in northern Arizona and extends into southern Utah. Walt Disney World Guests will interact with Mr. Slinky Dog Dash is a family-friendly coaster that will send riders dipping, dodging and dashing around turns and drops that Andy has created to stretch Slinky and his coils to the max. This Pizza Planet playset is loaded with aliens circling about in their flying saucers pulling along rocket ships full of guests. In addition to golf and tennis at the resort, there are bike trails, kayaks, fishing and camp Kiawah which offers activities for kids. MAINE Whatever you want to do outdoors – hike, kayak, paddleboard, fish, bike – you can do it in Maine, as big as all the other New England states combined with over 5, miles of coastline, 6, lakes and ponds and of course, L. Take your foodies to Portland where you can cruise on Casco Bay. Go out on a lobster boat or join a rustic, three-night Windjammer cruise around the islands. Have two kids under 13? Head to the 5-star, all-inclusive Iberostar Cozumel. Two Kids Stay Free and play at the Cozumel resort, ideally located near a coral reef for snorkelers and divers. Expect a laid-back style with bungalow rooms that feature hammocks, natural landscaping and amenities that make it green-certified. Since summer begins the traditional hurricane season, be sure to purchase travel insurance covering your entire vacation. The annual summer comedy festival is always a big draw, as is the International Festival de Jazz de Montreal , this year from June July 7. Plus, did we mention most concerts are free of charge? At La Ronde, a Six Flags amusement park in Montreal, Carnaval en Folie re-creates the festive atmosphere of the fairs and carnivals of yesterday. Try the three new rides: Roosevelt in Hyde Park, N. Andrew Maguire, Breckenridge Epic Discovery Epic Discovery at Breck provides a connected on-mountain summer experience for the whole family, with a combination of big-time thrills that allow all ages to challenge themselves physically, guide them to explore and better understand their natural surroundings, and ultimately create lifelong memories. Escape the heat and smog at Breckenridge and enjoy all that this friendly mountain destination has to offer. But crowds can be frustrating for families, as Eileen discovered last summer , searching unsuccessfully for a parking place at Rocky Mountain National Park trailheads. For example, North Cascades National Park, which has more than glaciers, gets just over 30, visitors a year. The Black Canyon of the Gunnison has some of the steepest cliffs in North America but gets just over , visitors a year. It will take place on August 4 -5, And you and the kids can see historic adobe structures during a road trip tour with 11 scenic stops. The presentation includes a Prologue by the Education Staff. And youth aged get a 30 percent discount on tickets. Eugene is a fun town for historic sightseeing, as these kids report. Other fun activities

include a trip to Crater Lake National Park, where you can go whitewater rafting on the famous Rogue River, or a visit to the first rate Oregon Coast Aquarium in Newport. At SeaWorld Orlando, where Florida preschoolers visit free this summer, learn about the animal rescue experts who have helped more than 31, animals in need. Start your days early to avoid traffic, plan your route using our suggested Route 1 Roadtrip itinerary, and be sure to plan fun stops along the way. One classic inn is the oceanview Hofsas House Hotel in Carmel-by-the-Sea, an ideal place to take a day off from driving to immerse yourself at the Monterey Bay Aquarium. And you can visit surfing towns like Huntington Beach , explore museums and restaurants in San Francisco, or gawk at the movie stars in Hollywood. To the south, commune with animals at the famous San Diego Zoo or SeaWorld, or visit the 15 major museums and entertainment venues at Balboa Park. Learn about a different culture when you visit the Amish Village interpretive attraction where kids can ask all the questions they want. They are all free and family-friendly, so they have nothing to do with gambling at a casino. Guests at dude ranches can look forward to horseback rides on beautiful wilderness trails.

**Chapter 6 : 25 Activities to Keep Kids' Brains Active in Summer | Education World**

*8 Great Learning Vacations in California Cook like a pro, make cheese, or even get on a Hollywood stage at one of these fun classes But the great talent that the Golden State has to offer is hardly limited to beaches, bikinis, and boards.*

By planning all or part of the trip, kids can gain an understanding of how to bargain hunt, budget and save money. Here are a few ideas to help involve the kids in family vacation planning. Contributors control their own work and posted freely to our site. If you need to flag this entry as abusive, send us an email. Travel can be a great learning experience. Asking your kids to help research and execute arrangements on a future trip can be an even better one. Learning about actual costs involved in the average family vacation can be an eye-opener for kids. Here are a few ideas to help involve the kids in family vacation planning: Create a realistic budget. Share your vacation budget with your kids, and explain why it is set at that dollar amount. Work together to create a more detailed budget for costs such as accommodations, transportation, food, special event tickets and souvenirs. Map out your trip. Once you set your budget, have the kids investigate potential locations and their respective costs. A trip across the country might have high transportation costs but low accommodation costs. The kids can come up with a few different options. Also, research discount packages and other ways to save money. If your particular destination might benefit from using a travel agent, put that call on speakerphone so the kids can learn what to ask. Check out these tips for saving on travel, and use this online calculator to help plan your spending. Feed those piggy banks. Before the trip, teach your kids the importance of saving money by setting aside a portion of their allowance to help pay for their special purchases on the trip. Also, help them understand that if they would like to purchase souvenirs, they can save money to help pay for one of those items. Plan for the unexpected. Help your kids plan a budget for a trip that is fun yet allows leeway for the unexpected. Have a smart discussion about credit. For older kids, particularly those who might already be using credit or debit cards under parental supervision, the trip is an opportunity for a more extensive lesson on using credit wisely. For example, explain that credit cards may provide more safety than cash when traveling, and that they offer theft and fraud protection. Make travel planning a family tradition. When you return, discuss how you stuck to your budget and how you could improve next time. Consider starting a family vacation fund to help save for future holidays. Get your kids involved by having them set aside small contributions from their allowance funds. Travel presents a great learning experience, especially in the planning and budgeting phases. Teaching kids the importance of making and sticking to a budget when traveling will help make them seasoned travelers in the future. To follow Practical Money Skills on Twitter, visit [www](http://www).

## Chapter 7 : Travel for Kids United States for Kids

*Jamestown Settlement re-created ships. Williamsburg, VA - America's first permanent English colony. The Susan Constant, Godspeed and Discovery - re-creations of three ships that brought English colonists to Virginia in years before the Pilgrims landed in Massachusetts.*

If finances are tight, this may seem like an impossible venture. However, family vacations are shown to make kids happier and benefit their brain development. There are plenty of ways you can plan a family vacation on the cheap. Do you want to know more? Keep reading to learn our tips for planning a great budget vacation for your family.

**Pick the Right Location** The location is arguably the most important factor when planning a budget vacation. Luckily, there are tons of destinations right here in America that are fun for the whole family. If you have your heart set on traveling abroad, focus on budget locations, like Central America and South East Asia. Flying as a family is expensive. Prepare some road trip games to keep your kids occupied. If your kids are a little older, you can turn some of these games into a friendly competition to keep them interested—let the winner pick where you go for dinner that day or give them a little extra treat. Decide what is most important to you and save everywhere else. For example, maybe you know your kids will want to spend a day in Universal Studios Hollywood on your trip to California. So, splurge on park tickets, but cut out the fancy hotels and dinners. Then be proactive and sign up for loyalty rewards programs now. Airlines and hotel chains usually offer these and will let you rack up points by booking with them when you go on vacation. After a while, you can score some great deals. So, while this may not help you on this vacation, it could help you save big on trips in the future.

**Look for Free Things to Do** Most tourist destinations have some affordable or free things to do. This can be anything from the hitting the beach or going hiking to free nights at the local museum. If you forget to inform them, you may have to deal with your credit card being frozen for suspicious activity. Not only is this frustrating, but it means you may have to take money out of the ATM while you get everything sorted out. So, whether you have a First Premier card, or you go with a different company, make sure you call them a few days before you leave. There are tons of apps and websites, like Hopper, Booking. You can also search for tickets to attractions to get some great deals rather than paying more by buying at the entrance. Just follow our tips to planning a family vacation on a budget, so you can enjoy your trip without stressing about money. Are you planning a trip to Southern California? Check out our blog for great activities and hotels.

**Chapter 8 : 8 Great Learning Vacations in California | Visit California**

*Putting together a travel journal for your family's next vacation is a great way to get your kids reading, writing, and thinking about what's happening and what they're learning on the trip.*

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## Chapter 9 : Involving Kids in Family Vacation Planning | HuffPost Life

*Summer vacation can be either a learning wasteland or a learning paradise. The temptations are great for children to spend hours watching television or playing video games, but with a little ingenuity and planning, the summer can be transformed into a time to stretch the mind, explore new hobbies.*