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Chapter 1 : Professional Conduct Standards of Practice

Currently, she is an assistant professor and assistant athletic trainer in the Department of Physical Education and Sport at Central Michigan University. She is responsible for classroom instruction and clinical supervision of the student athletic training program. Ms.

When did state certification become effective? Regulations requiring state certification for athletic trainers became effective June 6, When did state licensure become effective? State certification became state licensure, effective July 1, Who is required to have state licensure to practice? Anyone who practices athletic training or holds himself out to practice athletic training. Are there exceptions to the requirement for state licensure? Virginia law says that state licensure will not prohibit any individual from providing first aid, nor any coach, physical education instructor or other person from conducting or assisting with exercise or conditioning programs or classes within the scope of their duties as employees or volunteers. Also, the requirements for licensure of athletic trainers shall not prevent student athletic trainers from practicing athletic training under the supervision and control of a licensed athletic trainer. What is the difference between national certification and state licensure and are both required for practice in Virginia? State licensure is granted by the state. Both are required for practice in Virginia. Can I practice with a temporary license until a full license is issued? Virginia does not issue a temporary license, however an applicant who is a graduate of an accredited educational program or has fulfilled internship educational requirements through BOC and who has applied to take the certification examination may be granted a provisional license to practice athletic training under the supervision and control of a licensed athletic trainer. An application shall be submitted to the board for approval and the provisional license shall expire six months from the issuance or upon licensure as an athletic trainer by the board, whichever comes first. Does your state have reciprocity? An applicant must meet the education and examination requirements to become state licensed. How can I obtain an application for state license and how long does the process take? To apply for a license visit the Applications and Forms page to begin the application process. The average time to process an application is 6 to 8 weeks. When do I have to renew my state license and how long does it take to process? Your state license must be renewed biennially during your birth month in each odd-numbered year. A current license is printed, mailed and delivered to its destination within 10 working days. If you do not receive your updated license within four weeks of payment, contact the board office at What is the process for verification? The License Lookup site serves as primary source verification for Virginia, that includes the same information the Board provides in a written verification. You may also complete a Virginia license verification request form and submit with the appropriate processing fee. Please note the following: Verification requests received without a fee will not be processed or returned to the sender Verifications are processed and mailed within business days of receipt. Under no circumstances will the Board send license verifications for overnight delivery even with a prepaid envelope. If your license verification is not received, the Board will send a second verification free of charge; however, if more than three months have lapsed or the second verification is not received, a new request and fee are required. What if I had not notified you of my change of address and the renewal form was sent to the old address? If you do not receive a notice to renew, you will need to contact the board office at for instructions. What if my renewal payment is not received by the deadline? An additional fee for processing a late renewal will be imposed. The license will not be updated until the additional fee is received. I have mailed my renewal form to you. When can I expect to receive my new wallet card? A renewal license certificate with the wallet card attached is generated upon receipt of the renewal fee. It should reach the licensee's address of record within 10 to 14 business days. I am going out of the country for a year. Can I renew early? A license can only be updated within 60 days prior to the expiration date. Early renewal for military deployment may be considered. What do I have to do to notify the board of an upcoming name change? Name changes must be submitted in writing with a copy of legal documentation of name change. Requests may be faxed to I have not

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received my renewal license certificate for the current year. What do I need to do? Contact the board office at Can you fax renewal forms to me? Visit the License Look Up. Does the Virginia Board have a newsletter? The Board publishes a Board Brief periodically. Board briefs can be found on our website. May I renew my Virginia state license online? Yes, you are able to renew during your renewal cycle through the Online Licensing website. May I change my address online? Visit the Online Licensing site for more details. If I want to file a complaint, may I obtain a complaint form online? Yes, visit the Enforcement section of the DHP web to get the form and you may email your complaint to complaints dhp. My school is no longer in existence. How do I provide documentation of education? What is provisional authorization? Upon a written request from an applicant and his employer and for good cause shown, an applicant who provides documentation of current BOC certification and, if licensed or certified by another jurisdiction in the United States, documentation that his license or certificate is current and unrestricted may be granted authorization to practice as an athletic trainer for 45 days pending submission of all other required documentation. Can I renew my license in an inactive status? Please contact the Board at for details. What are the CE requirements for renewal? Virginia Board of Medicine, Email:

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Chapter 2 : Athletic Training / Athletic Training Room Rules

(NATA) "Best Practice Guidelines for Athletic Training Documentation " (the "Guidelines") are educational in nature, and the Guidelines are published as a resource for NATA members and is intended solely for personal use/reference in the manner.

New guidelines aim to improve student-athlete safety July 8, Today, those groups released three inter-association guidelines that address independent medical care for college student-athletes, diagnosis and management of sport-related concussion, and year-round football practice contact. The guidelines were created to generate a cultural shift within college athletics, encouraging all participants – athletic trainers, coaches and team physicians, among others – to embrace the parameters because they played a part in crafting them. The many groups involved in creating the documents hope that these guidelines generate immediate, tangible changes. The football practice contact guidelines, for instance, call for no more than two live contact practices per week throughout the regular season, which mirrors a policy first implemented by the Ivy League in and then by the Pac Conference last season. Together, through two days of discussion, the group laid the foundation upon which these guidelines ultimately were built. And while the summit focused on football, two of the resulting documents are germane to all contact sports. After the summit, a working group was culled from summit attendees. Their charge over the past six months has been to craft language for the documents and build consensus among relevant groups, even those that were not represented at the summit. The working group sought to introduce the guidelines in advance of preseason football activities this summer so that teams from all three divisions have an opportunity to digest the recommendations and adjust accordingly. Early responses from coaches hint that the strategy could be effective in generating the culture shift Hainline and others crave. For days when schools schedule a two-a-day practice, live contact practices are only allowed in one practice. A maximum four live contact practices may occur in a given week, and a maximum of 12 total may occur in the preseason. Only three practices scrimmages would allow for live contact in greater than 50 percent of the practice schedule. Inseason, postseason and bowl season: There may be no more than two live contact practices per week. Of the 15 allowable sessions that may occur during the spring practice season, eight practices may involve live contact; three of these live contact practices may include greater than 50 percent live contact scrimmages. Live contact practices are limited to two in a given week and may not occur on consecutive days. Independent medical care for college student-athletes: Institutional medical line of authority should be established independently of a coach, and in the sole interest of student-athlete health and welfare. Institutions should, at a minimum, designate a licensed physician M. The medical director and primary athletics health care providers should be empowered with unchallengeable autonomous authority to determine medical management and return-to-play decisions of student-athletes. Diagnosis and management of sport-related concussion: Institutions should make their concussion management plan publically available, either through printed material, their website, or both. A student-athlete diagnosed with sport-related concussion should not be allowed to return to play in the current game or practice and should be withheld from athletic activity for the remainder of the day. The return-to-play decision is based on a protocol of a gradual increase in physical activity that includes both an incremental increase in physical demands and contact risk supervised by a physician or physician-designee.

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Chapter 3 : New guidelines aim to improve student-athlete safety | calendrierdelascience.com - The Official

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The NCSFBC affirms that, after a candidate has successfully passed the certification examination, the Standards of Professional Practice for entry into the profession have been satisfied. It is expected that a certificant or candidate for certification agrees to comply at all times to the following Standards of Professional Practice. Standards of Professional Practice A. Each one is essential for professional practice.

Role Exercise professionals render service to individuals, groups or teams as independent agents or under the direction of a services coordinator, employer, or as an agent of a school. They are guided by the job role for which they work and must comply with the defined scope of practice.

On-Going Service Responsibility AAll services and activities required of a professional, including evaluations, instruction and exercise prescriptions should be performed or updated at appropriate intervals, documented in writing, and shall become record of fact. Documentation Exercise professionals shall accept responsibility for recording the required details of their work. This documentation should be protected and maintained for the specified duration of time in accordance with the law.

Confidentiality Exercise professional shall maintain individual information as confident in accordance with law and shall accept responsibility for appropriately communicating assessment results, program plans, and progress with individuals and other stakeholders involved in the program.

Health Screening Prior to any program participation, individuals shall be appropriately assess for function as it pertains to health and physical fitness participation. All findings should be documented.

Program Planning Exercise programs shall be based on participation readiness. Long and short-term goals should be based on evaluative criteria, which should be documented in a needs analysis. Goals shall be achievable and used to guide the program. Assessment measures to determine effectiveness of the program shall be incorporated into the plan and should be individual, group or team appropriate. Additionally, a contingency or emergency plan should be included as applicable.

Rationale for Recertification Certification boards have an obligation to continuously improve their programs in response to feedback from stakeholders, changes in the ways professionals practice, as well as growth in the fields through research and the use of new technologies. Keeping pace with these changes in a responsible and evidence-based manner is important and relevant to achieving safe and effective practices within the exercise professions. In exercise professions, consistent with aligned professions such as athletic training, this need is broadened due to multiple role obligations. New technologies and scientific discoveries consistently drive changes in the development of human performance and make the commitment to lifelong learning even more critical. The amount of continued education necessary for re-certification, as well as breadth and scope of the knowledge, skills and abilities of professionals across a reporting cycle have been evaluated using evidence from similar and associated professions including athletic training and physical therapy. To recertify using continued education, certified professionals are required to complete 10 credits from approved categories of continued professional development. Credit allocation is applied based on the contact time, subject matter relevance, and manner of student engagement with documented assessment of learning outcomes being the most significantly weighted criteria. The minimum contact time required in a 24 month reporting cycle is 20 hours. All certified exercise professionals are required to submit recertification documents and proof of participation as well as demonstrate compliance with the required credits in Ethics and Professional Practices and current CPR Certification. It is a certified professionals obligation to actively participate in the ongoing processes of continue development because it is beneficial to the individuals they serve, the profession, and the public interest. For this reason every certified professional is required to complete a recertification application and provide documentation of compliance with the requirements set by the NCSF Board for Certification for the certificants current reporting cycle. Any changes to re-certification requirements determined by the Board do

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not apply to certificants in an active recertification cycle until the following term. Objectives Basic to the development of any program is its intended purposes. Objectives and protocols specific to goal attainment should be premeditated and clearly outlined for each goal, including: Programming Each objective should be supported by detailed plans for its implementation including specific protocols, the implementation of exercise program principles and a plan for revisions as necessary. Evaluation Objective methods of data collection and analysis should be used in relation to each component of the program to determine the effectiveness of the service. The evaluation instrument or method should reflect the relative capabilities and best interests of the individual, group or team. If the evaluation indicates a need for change, appropriate revisions or modifications should be made. Types of Services Offered Services and programs must be appropriate for the identified need and practiced within the scope of the profession. In general, the service should aim at an overall enhancement of health, fitness or performance status and the prevention of any potential health consequences. Program priority should be directed at reducing known risk for injury, disease or health issue, while addressing the desired and overall needs of the individual, group or team. Personnel The service or program should be directed by a National Council on Strength and Fitness board certified exercise professional who has met the qualification standards established by the NCSFBC. Education, qualifications and experience of all other personnel should meet existing standards and should be appropriate to their duties. Facilities and Budget Appropriate resources should be secured and used to facilitate the safest and most effective implementation of the service or program. Records Objective, permanent records of each aspect of the service program should 1 indicate screening, evaluation and assessment protocols and findings; 2 client goals, exercises prescription s and lifestyle modification recommendations 3 dates and findings of subsequent follow-up evaluations when applicable. Brumels K1, Beach A. Professional role complexity and job satisfaction of collegiate certified athletic trainers. J Strength Cond Res. Massey CD1, Vincent J. A job analysis of major college female strength and conditioning coaches. An analysis of the job of strength and conditioning coach for football at the Division II level. An analysis of teaching and coaching behaviors of elite strength and conditioning coaches. J Sports Med Phys Fitness. Zenko Z1, Ekkekakis P. Knowledge of exercise prescription guidelines among certified exercise professionals. Journal of Strength and Conditioning Research.

Chapter 4 : - Guidelines for Professional Practice in Athletic Training by Ph.D. Webster Denise

Note: Citations are based on reference standards. However, formatting rules can vary widely between applications and fields of interest or study. The specific requirements or preferences of your reviewing publisher, classroom teacher, institution or organization should be applied.

Chapter 5 : Guidelines for Professional Practice in Athletic Training (January 1, edition) | Open Library

The Professional Practice and Discipline Guidelines and Procedures may be accessed via the BOC website, calendrierdelascience.com Code 1 Patient Care ResponsibilitiesThe Athletic Trainer or applicant.

Chapter 6 : Athletic Training Department - ESU

related quality of life) and describe common methods of outcomes assessment in athletic training clinical practice (generic, disease-specific, region-specific, and dimension-specific outcomes instruments).

Chapter 7 : Athletic Trainers Frequently Asked Questions

The Standards of Professional Practice has been responsible for the certification of Athletic Trainers since Upon its inception, the Standards of Professional Practice was a division of the professional membership organization the

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National Athletic Trainers' Association.

Chapter 8 : 10 Principles to Guide Administration of Sports Medicine - Athletic Training Services | MomsTe

2. Members Shall Comply With the Laws and Regulations Governing the Practice of Athletic Training, National Athletic Trainers' Association (NATA) Membership Standards, and the NATA Code of Ethics. Members shall comply with applicable local, state, federal laws, and any state athletic training practice acts.