

**Chapter 1 : Brainwashing (SOCIAL PSYCHOLOGY) - IResearchNet**

*Chinese Government Recently Intensified the Severity of Charles Li's Brainwashing According to Charles Li's fiancée, Ms. Yeong-Ching Foo, an official from the American Consulate in Shanghai told her in November that Charles Li had to be dragged to a three-hour daily brainwashing session.*

**Brainwashing** Brainwashing Definition Brainwashing is a term that was adopted by the press to describe the indoctrination of U. Social scientists now recognize brainwashing as a form of severe indoctrination marked by physical and psychological stress, intense social pressure, and a variety of persuasion techniques. This form of intense indoctrination usually promotes some particular form of political or religious doctrine, often entailing costly sacrifices by adherents. History of Brainwashing Modern social scientists became concerned with brainwashing when American POWs during the Korean War were subjected to systematic persuasive techniques by their captors. Following this indoctrination, some of these POWs did, in fact, cooperate with the enemy, at least superficially. Such prisoners praised their captors or made hard-to-believe confessions about participating in various war atrocities. In point of fact, however, at the end of hostilities in Korea, only a handful of these POWs actually elected to refuse repatriation to the United States. When one considers that several thousand American soldiers were exposed to these techniques, this low rate of refusal indicates that the long-term persuasive results from these early procedures were meager. In light of these events, social scientists took renewed interest in extreme forms of systematic indoctrination. Brainwashing Procedures and Analysis According to most experts, the intense indoctrination associated with the term brainwashing unfolds in a series of stages. The earliest stage entails strong forms of psychological and physical stress. Here, the indoctrinee, or recruit, is almost always sequestered in a retreat or a training center away from their normal friends, coworkers, and family, where they are surrounded instead by members of the indoctrinating group and other indoctrinees. Here prolonged sleep deprivation is extremely common, as are changes in diet and pattern of dress. Public self-criticism is generally encouraged often under the guise of self-analysis. This advocacy can take the form of lectures, readings, and other group activities. This initial stage can be as short as a few days but also can extend for weeks. It is designed to evoke such emotions as fear, guilt, exhaustion, and confusion on the part of the recruit. These activities may involve such things as self-analysis, lectures, praying, and working at group-related chores. This tentative collaboration may be spurred by such elements as social pressure, politeness, legitimate curiosity, or a desire to curry favor with authority figures. Eventually however, this collaboration leads the recruit to begin to seriously consider the wisdom of the doctrine in question, thereby leading to the third stage of indoctrination in which actual belief change begins. In this third stage, the recruit is typically surrounded by believers and kept isolated from anyone who might disagree with the doctrine, thereby producing particularly potent peer pressure. In addition, the information and reading provided to recruits is carefully screened to justify the group teachings. Added to this, the recruit generally remains physically and mentally exhausted and is given little time for unbiased analysis of the doctrine. This makes it difficult for the recruit to generate private cognitive objections to the group doctrine. As a result, sincere belief change commonly begins at this point in the process. These acts entail increased effort, cost, and sacrifice over time. As one example, when Patricia Hearst was being indoctrinated by the Symbionese Liberation Army, she initially was asked to just train with the group. Then she was asked to tape-record a prewritten radio speech. Next she was asked to both write and record such a talk. Soon after that, she was required to accompany the group on a bank robbery carrying an unloaded weapon. Thus, the level of sacrifice required of her escalated over her time with the group. In this final stage, as before, recruits remain surrounded by those who endorse the doctrine. Interestingly, according to recent news reports, these procedures correspond quite closely to those followed in the training of suicide bombers once they express an initial willingness to make such a sacrifice. Such individuals are kept secluded in safe houses, cut off from family, and often make videos to be used in later propaganda efforts. Experts note that the procedures stages described in the previous paragraphs coordinate a variety of potent persuasive techniques. Peer pressure is known to be particularly effective when an individual faces a united consensus especially if the individual is confused,

frightened, or facing an ambiguous issue. Moreover, when likeminded individuals such those found in extremist groups discuss a topic they basically agree upon, the result is a polarization of opinion, with group members taking a more extreme view after discussion. Similarly, extreme attitudes also result when people find that others share and admire their opinions. In addition, when individuals agree to costly and public sacrifices, they have a strong tendency to justify such actions by intensifying any attitudes that support these acts, a process referred to as the reduction of cognitive dissonance. Finally, the grandiose goals of many extremist groups appeal to the human need to feel important, significant, and part of some timeless, meaningful social movement be it religious, political, scientific, or historic. In this emotional context, the intense indoctrination associated with the term brainwashing combine to create a persuasive milieu that, at least for some targets, has the power to evoke surprising changes in both belief and behavior. Arousal, capacity, and intense indoctrination. Review of Personality and Social Psychology, 4, The age of propaganda Rev. Cults in our midst.

Chapter 2 : Brainwashing - calendrierdelascience.com

*Amnesty urges China to end brainwashing Muslims held in Xinjiang camps. In the past year, the government has intensified its campaign of mass internment, intrusive surveillance, political.*

Charles Li is being severely tortured and brainwashed inside a Chinese prison. Officials of the American Consulate in China recently passed this information to a spokesperson for the U. Yeong-Ching Foo, an official from the American Consulate in Shanghai told her in November that Charles Li had to be dragged to a three-hour daily brainwashing session. Shao Gong, an official of the Chinese State Security Bureau, had been harassing him every day as part of the brainwashing in a vain attempt to force Charles Li to say that he was guilty. Shao even threatened that by refusing his visits, Charles would be putting himself in danger. The prison police installed two video cameras to monitor him, and instructed prisoners to rob him of his sixty pages of hand-written materials and destroy them. The police even requested that officials of the American Consulate ask Charles Li to confess to fabricated "crimes. When he reappeared to conduct more brainwashing on Charles Li, it was obvious that he had received more training in brainwashing. Yeong-Ching Foo said Charles Li has made many requests to see the officials of the American Consulate, but they were all refused. On December 5, , a journalist from Epoch Times telephone interviewed Mr. Patt said that the newly assigned official of the American Consulate in Shanghai had notified the Nanjing Prison authorities that regardless of whether the prison normally allows it, he demanded to be notified of any request by Charles Li to communicate with the American Consulate. Patt also noted that prisoners were still closely monitoring Charles Li, and that prison authorities still "ask" Charles Li to join their "study class," which the journalist noted was a euphemism for brainwashing to force Falun Dafa practitioners to give up their belief. As an American citizen, we do not want to see Charles Li receive any worse treatment," said Patt. Brainwashing Is an Inhuman Mental Torture One specialist on China pointed out that forcing someone to give up their faith is the same as asking them to give up their conscience and their human dignity. Brainwashing is an inhuman mental torture, causing the victim worse pain and long-term effects than physical torture. Brainwashing is unacceptable to western democratic governments, legal systems and society. The specialist also noted that the Chinese Communist Party is very focused on spiritual control. The persecution of Falun Dafa by Jiang has reinforced this dark side of Chinese society. In fact, cruel torture is routinely used to effect spiritual control, and it has been used to force Falun Dafa practitioners give up their faith and their freedom to practise the exercises. Many students expressed their support by signing their names to a poster about rescuing Charles Li. On November 21, , professors, students and alumni from various backgrounds at American University in Washington, D. David Kute, a U. David Kute had met fellow Californian Dr. Li prior to his detainment. Kute arranged a meeting with members of the U. Congress this past year, which led to the drafting a resolution in the House of Representatives condemning the oppression of Falun Gong practitioners. These two UCLA students have used various methods to raise awareness for their cause. President George Bush has met with Chinese Premier Wen Jiabao when he visited Washington, and human rights issues in China are among the topics they discussed. Chinese version available at [http:](http://)

**Chapter 3 : Amnesty urges China to end 'brainwashing' Muslims in Xinjiang – The Siasat Daily**

*Because brainwashing directly targets the heart and mind, its effects are often even more devastating to the lives of its victims than physical torture. At the same time, physical torture is widely used to help coerce the recipient to accept the brainwashing.*

This is VISUP, dedicated to exploring the vast Fortean realms of mind control, deep politics, sacred geometry, onomatopoeia and synchronicity; occult film and music; the supernatural, the extraterrestrial and the multi-dimensional; high weirdness in all its many forms

Saturday, May 19, The LSD Chronicles: Nearly two weeks later Olson allegedly committed suicide by jumping through a closed hotel window and plunging to his death. He has become a kind of Cold War martyr, an urban legend warning of the cult of intelligence the CIA was fostering. Future installments will hopefully paint a much broader picture. As many already know, the rationale for experimenting with LSD in the first place was mind control. Paranoia was the name of the game in those days. In both foreign and domestic politics, the prevailing mood was one of fear --even paranoia. Officials within the new command structure soon put their fear and their grandiose notions to work. Reacting to the perceived threat, they adopted a ruthless and warlike posture toward anyone they considered an enemy --most especially the Soviet Union. They took it upon themselves to fight communism and things that might lead to communism everywhere in the world. Few citizens disagreed with them; they appeared to express the sentiments of most Americans in that era, but national security officials still preferred to act in secrecy. A secret commission under former President Hoover captured the spirit of their call to clandestine warfare: It is now clear we are facing an implacable enemy whose avowed objective is world domination by whatever means and at whatever cost. There are no rules in such a game. We must develop effective espionage and counterespionage services and must learn to subvert, sabotage, and destroy our enemies by more clever, more sophisticated, and more effective methods than those used against us. As the war raged on, it began to produce a curious phenomenon: Then, Americans had felt invincible. But in that summer of , they were faced with the greatest shock since Pearl Harbor. Within forty-eight hours of the first American troops being taken prisoner, some of them had made extraordinary broadcasts from behind Communist lines, bitterly attacking their government and their homeland in a language filled with the rhetoric of Moscow and Peking. The enemy began to repatriate small groups of prisoners. Upon their return to the United States, the nation had been stunned to see that the veterans made it clear they had no wish to live again in America, but yearned to return to be among the Communists. Most frightening of all, they wanted others to come with them. There was uproar, violence, and a mounting sense of fear. Everybody agreed that what was happening was evil --that this could be the greatest threat the United States had faced. If somehow the enemy had managed to change the minds of the present generation, then if not checked it must lead to the corruption of future generations. People even predicted there would be no future unless the malignant mental enslavement could be countered. Fifteen percent collaborated fully with the Chinese, and only 5 percent steadfastly resisted. They did not, as expected, recant as soon as they stepped on U.S. soil. The Chinese had somehow brainwashed our boys. Increasingly, the mind control gap became an obsession with the CIA, even if no such threat existed. After all, how did we know that the Russians or the Chinese were not already working to make the gap a reality? If such a machine were even remotely feasible, one had to assume the communists might discover it. And in that case, national security required that the United States invent the machine first. And yet, the seeds for the whole brainwashing debate that the nation would find itself in by were already being laid in by a CIA contract employee. Most Americans knew something about the famous trial of the Hungarian Cardinal Josef Mindszenty, at which the Cardinal appeared zombielike, as though drugged or hypnotized. What would also not be known for years later was the extent to which American POW brainwashing during the Korean War was over-exaggerated. Of this number, an astounding 2, died in captivity, mainly due to starvation and disease, with some beaten to death or shot, a mortality rate of forty-three percent; 4, were returned to U.S. The number is further dwarfed when compared to the number of defectors from previous wars. Indeed, strong argument can be made that the more significant number was the total number of American POWs who died in captivity: Looking back, it appears remarkable

that the American government, as well as numerous social scientists and psychologists, reacted as they did, quickly assuming the veracity of claims about brainwashing in the absence of facts or evidence, while seemingly oblivious to the far greater phenomenon of mass manipulation by the Nazi propaganda machine. In reality, captured American troops in Korea were not brainwashed, but instead were subjected to extremely intense programs of education and re-education by their Chinese captors. The American techniques for consumer advertising and mass marketing had already taken on many of the principle characteristics of brainwashing. American accusations of Communist brainwashing during Korea are almost comical in this context, the US classically slandering their opponents with their own underhanded tricks. That America was so obsessed with having brainwashing dominate the national discussion during the Korean War was likely due to the accusations Soviet and Chinese officials made against America at the time: Namely, the use of biological warfare, as noted above. Months later, he claimed also that bacteria carrying insects had been spread by U. Their North Korean interrogators demanded that they confess to dropping biological bombs, and when the two refused, they were placed in solitary confinement for weeks, and tortured. After two months, Enoch broke. Quinn also eventually broke and both pilots were filmed reading their confessions concerning use of biological weapons. In all, eventually thirty-six American pilots signed confessions to using germ warfare. By summer, biological warfare was a heated issue everywhere, resulting in large protests in several countries. Matters intensified after additional downed American pilots confessed to the use of biological weapons and the media worldwide had a field day with the confessions, never mentioning the much larger numbers of American pilots who were being severely tortured to make similar confessions, and who never did so. Although epidemics ravaged North Korea during the war, no hard evidence was ever found that linked the United States to them. Stephen Endicott and Edward Hagerman, authors of the book *The United States and Biological Warfare*, have been consistent critics of those that discount allegations of germ warfare use in Korea, and argue that there is ample circumstantial evidence that biological weapons were used by the United States. The two were also able to interview multiple Chinese scientists who actually investigated, at the time of their occurrence, the outbreaks resulting from alleged germ warfare. The two authors also claim that American pilots only retracted their confessions because they were threatened with court martial and other harm. By the time allegations of American POWs being brainwashed by the communists emerged, the American public probably took such claims as inevitable. The CIA had been planting such memes well in advance of this consensus. Some of their experiments would wander so far across the ethical borders of experimental psychiatry which are hazy in their own right that Agency officials thought it prudent to have much of the work done outside the United States.

### Chapter 4 : The Search for the Manchurian Candidate - Chapter 8

*Brainwashing is a term that was adopted by the press to describe the indoctrination of U.S. prisoners of war (POWs) during the Korean War. Social scientists now recognize brainwashing as a form of severe indoctrination marked by physical and psychological stress, intense social pressure, and a variety of persuasion techniques.*

The brainwasher keeps the victim unaware of what is going on and what changes are taking place. Your partner might control your finances, make plans for you, or not tell you what his plans are until the last minute. He may talk about you to others behind your back, to isolate you from them. The victim is slowly, or abruptly, isolated from all supportive persons except the brainwasher. Your partner might have insisted that you stop certain social, hobby, or work activities. You might have gotten moved to a new location, farther away from your family and friends. Or you may have been asked or told to reduce or stop contact with specific supportive people in your life. The brainwasher creates in the victim a sense of powerlessness, fear, and dependency. Verbal and emotional abuse creates these emotions, and they become stronger and stronger over time. The brainwasher works to instill new behavior and attitudes in the victim. Your partner trains you to behave in ways that he wants you to behave. He gradually makes you feel differently about yourself, and erodes your confidence in yourself. Tension increases, breakdown of communication, victim feels need to placate the abuser. Phase 4 – CALM: Verbal and emotional abuse. The original three-phase Cycle of Violence theory was developed by Dr. Lenore Walker. The fourth phase was added by unknown persons in shelter handouts, pamphlets etc. To consider whether your partner emotionally abuses you, look at the information available on physical abusers. The patterns are similar: They experience an intense desire to control their mates. He feels like a man only if his partner is totally submissive and dependent on him. He demands that she change to accommodate his expectations. He projects the blame for his relationship difficulties onto his partner. Or he agrees to get counseling and then avoids it or makes excuses to not follow through. He may be described as having a dual personality – he is either charming or exceptionally cruel. He is selfish or generous depending on his mood. He can be cool, calm, charming and convincing: He assumes that she is thinking, feeling, or acting like that significant other – often his mother. If he calls you, he thinks you should be grateful. If you tell him you love him, he takes advantage of you. If you do sleep with him, he only does it the way he likes it. If he brings up a problem, he yells. If you cheat, he wants to punish you by locking you up or beating you. If he cheats, he expects to be given another chance. Choose Type of service.

**Chapter 5 : Amnesty urges China to end brainwashing Muslims held in Xinjiang camps | Pristine Kashmir**

*Find out the mind-altering brainwashing techniques that religion, cult leaders and the government are using to manipulate your thoughts and behavior.*

Because this story deals with the harmful effects of pornography, some of the subject matter may not be suitable for all readers. It had been six weeks since Susan Cox Powell had gone missing from her West Valley home and speculation was growing that her brother Josh Powell was responsible. Now Graves was headed to Washington state to confront him herself at the home of her father and get a confession. But Josh remained silent. Her father Steven Powell did not. At one point he let out this string of swear words. And my husband was there with me, and holding it together pretty well. Monday, the tragic family story centers on the family patriarch and enters its final chapter as the trial of Steven Powell begins. A review of thousands of pages of public records, including divorce documents, social services reports and personal emails, and dozens of interviews with family members and friends reveals the startling impact Steven Powell has had on his ex-wife and five children. It is a legacy of harm that Graves believes would have continued to a third generation if left unchecked. Steven Powell, born in Portland, Ore. He served an LDS mission to Argentina. He married Terrica Martin in the early s and had five children: Jennifer, John, Josh, Michael and Alina. At times they struggled financially, but Steven was able to maintain a steady job with a California-based furniture company as a delivery driver. But over the course of four decades, there was change. A distrust of Mormonism developed, pornography was embraced, a hatred of his in-laws festered, and the controlling behavior of Steven Powell grew as the family endured a bitter divorce. The man once described as a "thoughtful" and "devoted" husband would become obsessed with and sexually attracted to his daughter-in-law. He would allegedly take inappropriate photos of neighborhood children and feed his appetite for pornography. What remains is a family split apart, siblings at odds, two grandchildren dead, a mother unaccounted for and a public in search of answers. Pornography If the downfall of Steven Powell could be pinpointed to one thing, many believe it was his strong addiction to pornography. Terri Powell, 57, who lives in Utah, has remained steadfast in staying out of the public eye since her daughter-in-law disappeared, refusing all interviews. Graves said she remembers traveling on a business trip with her father and stopping for the night at a hotel: He has pleaded not guilty to the charges. He has also declined several requests to be interviewed. Terri Powell documented in divorce papers: Steve also visits adult porno shops. Steven also suggested supplying his children with birth control when they ranged in ages from 9 to 12, according to his ex-wife. Terri suggested then that her husband "totally stripped away all respect in Josh and John for fidelity in marriage," according to court documents. Graves recalled a business trip where Josh and another boy were swimming in a hotel pool, and a short time later she found them around a corner with a 4-year-old girl who was no longer wearing a swimsuit. Terri said her son Josh made a comment in about a girl his brother liked: The warrant was in connection to the ongoing investigation into the disappearance of Susan Powell. Less than a month later, Steven Powell was arrested and charged with 14 counts of voyeurism and one count of possession of depictions of minors engaged in sexually explicit conduct. Police said they found about 2, photographs of young children, mostly young girls and many in partial states of undress. The charges were based on photographs Steven Powell allegedly took from June to August of two neighbor girls, ages 8 and 10, through an open window into their bathroom without their knowledge. It was about the same time the Powell home was searched that Steven began delivering a series of troubling comments to the media. He told reporters gathered in front of his house the day after the initial search warrant was served that many of the seized pictures and videos taken would be considered "inappropriate for a married woman and her father-in-law" and suggested there was a flirtatious relationship with Susan in which she was a willing participant. He made comments on national news programs that he was in love with Susan and that she was sexual with him. In fact, she moved to Utah to get away from her father-in-law. And shortly before he killed his two sons and himself, shocking allegations were revealed about pornographic animated images "some depicting incest" that had been found on his laptop in West Valley City. There were about "hand drawings, computerized drawings and photographs," according to a report.

Some of the images were of well-known cartoon characters, such as the Simpsons, the Flintstones and SpongeBob engaged in pornographic acts. Some of those images depicted incest. A state-appointed evaluator said the graphic nature of the images was not only "concerning," but also suggested "global approval" of sex between a minor and an adult. Control No matter what the conversation was about, Steven Powell always had to be right, family members said. Terri noted in her divorce papers that when Steven was a young boy, "he was a victim of parental kidnapping," making her "fearful that he may try to take our two youngest children. On the website, he posted songs he had composed and recorded" some of them reportedly about Susan. In his biography on the website, Steven said his mother "made a unilateral and secretive decision to separate from my dad," and took him, his brother and his sister to live in Ohio. But just a few months after that, when Steven was 7, according to his bio, "my dad made a unilateral and secretive decision to separate from my mom. It was around that time period when she also remembers her family starting to unravel. In the early years, Graves recalled her father reading to her when she was about 6 years old and occasionally having Family Home Evening, the LDS practice of gathering a family together once a week for instruction and activities. When Steven and Terri were first married, "Steve worked hard, served God and loved me. He was very thoughtful, very devoted towards me," Terri Powell wrote in court papers filed in He was really pulling for sides and really had the boys wrapped up into his side. This is cruel and untrue. What is true is that I cannot live with their interference in my care of the younger children, or their bullying behavior towards me," she said in court documents. This has become an unbelievable nightmare. Susan told her that Josh and his father would often talk for hours over the phone several times each week. After the phone calls, Graves said Susan felt that Josh would typically be mean or angry with her. That was his problem. He very seldom took action without being motivated or directed or coaxed into actually physically taking action on anything," Chuck Cox said. Graves said the divorce of her parents was particularly difficult on her sister Alina, who was 7 at the time. She became a fearful child "fearful even of my mother that she had always loved and felt completely safe with, up until that time," Graves said. Alina has repeatedly refused interview requests and could not be reached in connection with this report. During recent court hearings for Steven Powell in Washington, Alina continued to support her father and brother. She said the evidence against her father in his voyeurism case was fabricated by police. During the funeral for Charlie and Braden in February, Graves said she tried to approach her sister, Alina, but she still refused to talk to her. Controlling behavior by Steven Powell was also evident in his son Michael, Terri Powell wrote in divorce documents. This is a habit I gained as a Mormon missionary in Argentina," he said. Steven considered himself a more "traditional" and "relaxed" Mormon as opposed to his wife whom he called a "religion freak" in court documents. And so he began rejecting it and embracing pornography," she said. Cox said he believes Steven thought if his son found a Mormon woman to marry, she would be easier to manipulate. Friends said they were both active in the LDS Church when they were first married. Otherwise, she was going to divorce him and take the children, he said. In emails Susan sent to friends in , she expressed her growing frustration with her husband, her desire that they both go to counseling, her thoughts on divorce and her desire to get Josh active in the church again. A psychological evaluation conducted on Josh Powell during his custody battle with the Coxes suggested he "possibly had adjustment disorder with anxiety and traits of narcissistic personality disorder. She told him Josh was attending church "and seemed to be headed in the right direction," Cox said in court documents. But weeks later, after Josh had moved back to Washington with his sons, signs of the contempt for the LDS Church first expressed by Steven Powell and then his son, Josh, began appearing in statements by the grandsons. He told another student, "I hate Mormons. Religion played a key role in the custody battle over Charlie and Braden. After the Coxes gained temporary custody of the children, Josh Powell asked a judge to place restrictions on them, including forbidding the grandparents from taking the children to LDS church services or even stepping foot on church property for any reason. At one point, Josh told Washington state officials the Coxes were "the most dangerous people on the planet to my sons. But the deep divide ultimately became a legal divide when in August a judge ordered Josh and his father-in-law to stay at least feet away from each other. A family services report dated Oct. In divorce documents, Steven delivered blistering comments against John and Carol Martin, his in-laws, and other members of the Martin family. When a

member of the Martin family talked about moving to Utah, Steven wrote in court documents: He called his sons Josh and John "very creative, something which the Martins, with their narrow lives and minds, somehow find fearful and repulsive. She said she has her own family to think about now. I have my family here. I have five beautiful children and a wonderful husband. Jury selection is expected to take two to three days. Opening arguments may be delivered by the end of the week. Powell is accused of taking pictures of two young neighbor girls in their bathroom through an open window. Each charge carries a possible sentence of up to five years in prison. If he is convicted of all charges and a judge orders the sentences to run consecutively, Powell could be sent to prison for 75 years.

**Chapter 6 : Articles about Brainwashing - latimes**

*Sheikh Abdullah said: "The brutality of these organisations has recently intensified in the region and includes destructive tactics aimed at controlling targeted groups, especially youth, who are brainwashed and incited through social media and remotely directed to perpetrate terrorist attacks, proving that the threat of these terrorist organisations transcends geographical boundaries and is a.*

The Various Ways It Is Being Achieved FOREWORD It is now more important than ever for the faithful to understand the many ways their minds are being reprogrammed because your immediate future depends on the identification and avoidance of certain reprogramming situations. Ours depends precisely on sounding the alerts that God Wills and providing the remedies and consolation necessary. The talk centers on the methods used to mentally reprogram - brainwash - the masses. Proceed only if your Faith is well grounded on solid rock and not on sand. Some government agencies do not want this information generally known. Nor do the Born-Again Christian movement, cults, and many human-potential trainings. From this point on, he zeroed in on Christians and Conversions while revealing priceless information on mind manipulation for a variety of agendas. Everything I will relate only exposes the surface of the problem. I do know that the first step to initiate change is to generate interest. In this case, that will probably only result from an underground effort. In talking about this subject, I am talking about my own business. I know it, and I know how effective it can be. I produce hypnosis and subliminal tapes and, in some of my seminars, I use conversion tactics to assist participants to become independent and self-sufficient. But, anytime I use these techniques, I point out that I am using them, and those attending have a choice to participate or not. They also know what the desired result of participation will be. So, to begin, I want to state the most basic of all facts about brainwashing: Those who have been brainwashed will usually passionately defend their manipulators, claiming they have simply been "shown the light". Of course, there is much truth in that statement - such manifestation is typically observed in cults [3], religious fanaticism [4] within the mainstream of established Churches, and psychologically induced "Conversions". Psychologically induced "Conversions" are hard to identify by most individuals, and easiest to identify by those who have undergone a true Spiritual Conversion. The explanation of the differences and means of detection are beyond the scope of this particular document. We have brought this difference to light to explain some of Mr. Apparently, Jonathan Edwards accidentally discovered the techniques during a religious crusade in Northampton, Massachusetts. By inducing guilt and acute apprehension and by increasing the tension, the "sinners" attending his revival meetings would break down and completely submit. Once a preacher, cult leader, manipulator or authority figure creates the brain phase to wipe the brain-slate clean, his subjects are wide open. New input, in the form of suggestion, can be substituted for their previous ideas. Finney was another Christian revivalist who used the same techniques four years later in mass religious conversions in New York. The techniques are still being used today by Christian revivalists, cults, human-potential trainings, some business rallies, and the United States Armed Services. Edwards simply stumbled upon a technique that really worked, As the reader may see, Mr. Sutphen is not attacking religion. He is exposing induced conversions. An attitude which stems from his lack of knowledge of true Spiritual Conversion. In the early s, his work with animals opened the door to further investigations with humans. The way to achieve conversion are many and varied, but the usual first step in religious or political brainwashing is to work on the emotions of an individual or group until they reach an abnormal level of anger, fear, excitement, or nervous tension. The progressive result of this mental condition is to impair judgment and increase suggestibility. The more this condition can be maintained or intensified, the more it compounds. Existing mental programming can be replaced with new patterns of thinking and behavior. Other often-used physiological weapons to modify normal brain functions are severe fasting[5], radical or high sugar diets, severe physical[6] discomforts, regulation of breathing, mantra chanting in meditation[7], the orchestrated disclosure of awesome mysteries, special lighting and sound effects, programmed response to incense, or intoxicating drugs. Before I talk about exactly how some of the techniques are applied, I want to point out that hypnosis and conversion tactics are two distinctly different things -- and that conversion techniques are far

more powerful. However, the two are often mixed. Sutphen cannot see that there are three distinctly different "things", with the most powerful being the Spiritual Conversion. Go to the church or tent early and sit in the rear, about three-quarters of the way back. Most likely repetitive music will be played while the people come in for the service. A repetitive beat, ideally ranging from 45 to 72 beats per minute a rhythm close to the beat of the human heart, is very hypnotic and can generate an eyes-open altered state of consciousness in a very high percentage of people. And, once you are in an alpha state, you are at least 25 times as suggestible as you would be in full beta consciousness. Watch the people waiting for the service to begin. Many will exhibit external signs of trance--body relaxation and slightly dilated eyes. Often, they begin swaying back and forth with their hands in the air while sitting in their chairs. Next, the assistant pastor will probably come out. He usually speaks with a pretty good "voice roll. It is also used by many lawyers, several of whom are highly trained hypnotists, when they desire to entrench a point firmly in the minds of the jurors. A voice roll can sound as if the speaker were talking to the beat of a metronome or it may sound as though he were emphasizing every word in a monotonous, patterned style. The words will usually be delivered at the rate of 45 to 60 beats per minute, maximizing the hypnotic effect. Now the assistant pastor begins the "build-up" process. Right about this time, when an eyes-open mass-induced alpha mental state has been achieved, they will usually pass the collection plate or basket. In the background, a beat-per-minute voice roll from the assistant preacher might exhort, "Give to God. Next, the fire-and-brimstone preacher will come out. He induces fear and increases the tension by talking about "the devil," "going to hell," or the forthcoming Armageddon. The techniques and staging will vary from church to church. The use of hypnotic techniques by religions is sophisticated, and professionals are assuring that they become even more effective. Sutphen has been using them for years in my own seminars. However, my participants are fully aware of the process and what they can expect as a result of their participation. Six induced Conversion Techniques. Cults and human-potential organizations are always looking for new converts. To attain them, they must also create a brain-phase. And they often need to do it within a short space of time--a weekend, or maybe even a day. The following are the six primary techniques used to generate the conversion. First [A] The meeting or training takes place in an area where participants are cut off from the outside world. This may be any place: The participants vow to themselves and their trainer that they will keep their agreements. Anyone who does not will be intimidated into agreement or forced to leave. The real reason for the agreements is to alter internal chemistry, which generates anxiety and hopefully causes at least a slight malfunction of the nervous system, which in turn increases the conversion potential. They are intimidated into agreeing to do so before they leave. The new converts are zealots. In fact, the inside term for merchandising the largest and most successful human-potential training is, "sell it by zealot! Think about the potential political or religious implications of hundreds of thousands of zealots programmed to campaign for their guru. Be wary of an organization of this type that offers follow-up sessions after the seminar. Follow-up sessions might be weekly meetings or inexpensive seminars given on a regular basis which the organization will attempt to talk you into taking--or any regularly scheduled event used to maintain control. As the early Christian revivalists found, long-term control is dependent upon a good follow-up system. A schedule is maintained that causes physical and mental fatigue. This is primarily accomplished by long hours in which the participants are given no opportunity for relaxation or reflection. Techniques used to increase the tension in the room or environment. I could spend hours relating various techniques to increase tension and generate uncertainty. Basically, the participants are concerned about being "put on the spot" or encountered by the trainers, guilt feelings are played upon, So you can imagine the fear and tension this situation generates within the participants. They literally go into an alpha state, which automatically makes them many times as suggestible as they normally are. The fifth clue that conversion tactics are being used is the introduction of jargon--new terms that have meaning only to the "insiders" who participate. The final tip-off is that there is no humor in the communications. Then, merry-making and humor are highly desirable as symbols of the new joy the participants have supposedly "found. Sutphen does not deny that good may result from participation in such gatherings. It can and does when the audience is fully aware of the ultimate purpose of such gathering. Be it helping an audience of sales personnel to become better salespersons; helping public speakers becoming better speakers; assisting battered

wives on how to break the battering cycle; alcoholics stop drinking; etc. Sutphen has, over the years, conducted professional seminars to teach people to be hypnotists, trainers, and counselors. Many of those who conduct trainings and rallies come to Mr. And that, is good! Cult gatherings or human-potential trainings are an ideal environment to observe first-hand what is technically called the "Stockholm Syndrome. But let me inject a word of warning here: If you think you can attend such gatherings and not be affected, you are probably wrong. The only hope of attending such gatherings without being affected is to Few people are capable of such detachment.

**Chapter 7 : John Trudell: What It Means To Be A Human Being,**

*(Psychological) CONVERSION is a "nice" word for BRAINWASHING and any study of brainwashing has to begin with a study of Christian revivalism in eighteenth century America. Apparently, Jonathan Edwards accidentally discovered the techniques during a religious crusade in Northampton, Massachusetts.*

Hunter, a CIA propaganda operator who worked under cover as a journalist, turned out a steady stream of books and articles on the subject. Most Americans knew something about the famous trial of the Hungarian Josef Cardinal Mindszenty, at which the Cardinal appeared zombie-like, as though drugged or hypnotized. The brainwashing controversy intensified during the heavy fighting in Korea, when the Chinese government launched a propaganda offensive that featured recorded statements by captured U. The official American position on prisoner confessions was that they were false and forced. As expressed in an Air Force Headquarters document, "Confessions can be of truthful details Fifteen percent collaborated fully with the Chinese, and only 5 percent steadfastly resisted. Worse, an alarming number of the prisoners stuck by their confessions after returning to the United States. They did not, as expected, recant as soon as they stepped on U. The Chinese had somehow brainwashed our boys. At the height of the brainwashing furor, conservative spokesmen often seized upon the very mystery of it all to give a religious cast to the political debate. Liberals favored a more scientific view of the problem. Given the incontrovertible evidence that the Russians and the Chinese could, in a very short time and often under difficult circumstances, alter the basic belief and behavior patterns of both domestic and foreign captives, liberals argued that there must be a technique involved that would yield its secrets under objective investigation. CIA Director Allen Dulles favored the scientific approach, although he naturally encouraged his propaganda experts to exploit the more emotional interpretations of brainwashing. Dulles and the heads of the other American security agencies became almost frantic in their efforts to find out more about the Soviet and Chinese successes in mind control. Under pressure for answers, Dulles turned to Dr. Harold Wolff, a world-famous neurologist with whom he had developed an intensely personal relationship. Wolff, a skinny little doctor with an overpowering personality, became fast friends with the tall, patrician CIA Director. Dulles may have seen brainwashing as an induced form of brain damage or mental illness. In any case, in late , he asked Wolff to conduct an official study of communist brainwashing techniques for the CIA. Hinkle handled the administrative part of the study and shared in the substance. Malott and other high university officials who checked with their contacts in Washington to make sure the project did indeed have the great importance that Allen Dulles stated. Hinkle recalls a key White House aide urging Cornell to cooperate. CIA officials also helped arrange interviews with former communist interrogators and prisoners alike. Government work on the subject. In fact, if allowances are made for the Cold War rhetoric of the fifties, the Wolff-Hinkle report still remains one of the better accounts of the massive political re-education programs in China and the Soviet Union. Instead, the report pictured communist interrogation methods resting on skillful, if brutal, application of police methods. Its portrait of the Soviet system anticipates, in dry and scholarly form, the work of novelist Alexander Solzhenitzyn in *The Gulag Archipelago*. Hinkle and Wolff showed that the Soviet technique rested on the cumulative weight of intense psychological pressure and human weakness, and this thesis alone earned the two Cornell doctors the enmity of the more right-wing CIA officials such as Edward Hunter. Several of his former acquaintances remember that Hunter was fond of saying that the Soviets brainwashed people the way Pavlov had conditioned dogs. In spite of some dissenters like Hunter, the Wolff-Hinkle model became, with later refinements, the best available description of extreme forms of political indoctrination. According to the general consensus, the Soviets started a new prisoner off by putting him in solitary confinement. A rotating corps of guards watched him constantly, humiliating and demeaning him at every opportunity and making it clear he was totally cut off from all outside support. The guards ordered him to stand for long periods, let him sit, told him exactly the position he could take to lie down, and woke him if he moved in the slightest while sleeping. After four to six weeks of this mind-deadening routine, the prisoner usually found the stress unbearable and broke down. When the prisoner reached this stage, the interrogation began. Night after night, the guards brought him into a special

room to face the interrogator. In the most harrowing Kafkaesque way, the prisoner tried to prove his innocence to he knew not what. But at least the prisoner was getting a response of some sort. The long weeks of isolation and uncertainty had made him grateful for human contact even grateful that his case was moving toward resolution. True, it moved only as fast as he was willing to incriminate himself, but. Gradually, he came to see that he and his interrogator were working toward the same goal of wrapping up his case. In tandem, they ransacked his soul. The interrogator would periodically let up the pressure. As the charges against him began to take shape, the prisoner realized that he could end his ordeal only with a full confession. Otherwise the grueling sessions would go on forever. In the Soviet system under Stalin, these confessions were the final step of the interrogation process, and the prisoners usually were shot or sent to a labor camp after sentencing. Today, Russian leaders seem much less insistent on exacting confessions before jailing their foes, but they still use the penal and mental health system to remove from the population classes of people hostile to their rule. The Chinese took on the more ambitious task of re-educating their prisoners. For them, confession was only the beginning. Next, the Chinese authorities moved the prisoner into a group cell where his indoctrination began. From morning to night, he and his fellow prisoners studied Marx and Mao, listened to lectures, and engaged in self-criticism. Since the progress of each member depended on that of his cellmates, the group pounced on the slightest misconduct as an indication of backsliding. Prisoners demonstrated the zeal of their commitment by ferociously attacking deviations. Constant intimacy with people who reviled him pushed the resistant prisoner to the limits of his emotional endurance. Hinkle and Wolff found that "The prisoner must conform to the demands of the group sooner or later. His cellmates rewarded him with increasing acceptance and esteem. Their acceptance, in turn, reinforced his commitment to the Party, for he learned that only this commitment allowed him to live successfully in the cell. To be sure, this experience, which was not so different from religious conversion, did not occur in all cases or always last after the prisoner returned to a social group that did not reinforce it. From the first preliminary studies of Wolff and Hinkle, the U. Most of their techniques were rooted in age-old methods, and CIA brainwashing researchers like psychologist John Gittinger found themselves poring over ancient documents on the Spanish Inquisition. Furthermore, the communists used no psychiatrists or other behavioral scientists to devise their interrogation system. The differences between the Soviet and Chinese systems seemed to grow out of their respective national cultures. The Soviet brainwashing system resembled a heavy-handed cop whose job was to isolate, break, and then subdue all the troublemakers in the neighborhood. The Chinese system was more like thousands of skilled acupuncturists, working on each other and relying on group pressure, ideology, and repetition. To understand further the Soviet or Chinese control systems, one had to plunge into the subtle mysteries of national and individual character. The logic behind the switch was familiar in the intelligence business. Just because the Soviets and the Chinese had not invented a brainwashing machine, officials reasoned, there was no reason to assume that the task was impossible. If such a machine were even remotely feasible, one had to assume the communists might discover it. And in that case, national security required that the United States invent the machine first. Therefore, the CIA built up its own elaborate brainwashing program, which, like the Soviet and Chinese versions, took its own special twist from our national character. It was a tiny replica of the Manhattan Project, grounded in the conviction that the keys to brainwashing lay in technology. Agency officials hoped to use old-fashioned American know-how to produce shortcuts and scientific breakthroughs. Some of their experiments would wander so far across the ethical borders of experimental psychiatry which are hazy in their own right that Agency officials thought it prudent to have much of the work done outside the United States. Call her Lauren G. For 19 years, her mind has been blank about her experience. The next thing she recalls happened three weeks later: They gave me a dressing gown. It was way too big, and I was tripping all over it. I asked why did I have to go round in this sloppy thing. I could hardly move because I was pretty weak. I remember trying to walk along the hall, and the walls were all slanted. It was then that I said, "Holy Smokes, what a ghastly thing. The mountain, named Mont Royal, loomed high above Montreal. She stumbled and staggered as she tried to climb higher and higher. Hospital staff members had no trouble catching her and dragging her back to the Institute. In short order, they shot her full of sedatives, attached electrodes to her temples, and gave her a dose of electroshock. Soon she slept like a baby. Gradually, over the next few weeks,

Lauren G. She took basket-weaving therapy and played bridge with her fellow patients. The hospital released her, and she returned to her husband in another Canadian city. Before her mental collapse in , Lauren G. A refined, glamorous horsewoman of 30, whom people often said looked like Elizabeth Taylor, she had auditioned for the lead in *National Velvet* at 13 and married the rich boy next door at But she had never loved her husband and had let her domineering mother push her into his arms. It was a combination of my trying to lose weight, sleep loss, and my nerves. Cameron, which seemed like a logical thing to do, considering his wide fame as a psychiatrist. He had headed Allan Memorial since , when the Rockefeller Foundation had donated funds to set up a psychiatric facility at McGill University. Cameron was elected president of the American Psychiatric Association in , and he became the first president of the World Psychiatric Association. His friends joked that they had run out of honors to give him. An impatient man, he dreamed of finding a cure for schizophrenia.

**Chapter 8 : VISUP: The LSD Chronicles: Origins Part I**

*Beijing, Sep 24 (IANS) Amnesty International (AI) in a report on Monday urged the Chinese government to end the "brainwashing" of nearly one million Muslims held in "re-education" camps in the Xinjiang Uighur region. In the past year, the government has intensified its campaign of mass internment.*

When the sky has reasons to cry This evening the mirror Saw that I looked Kind of familiar, tonight In our common, collective, genetic ancestral mind, not a one of our ancestors went for the new show. So the show was going to die. So the show decided, rather than it die, it would make our ancestors die until they accepted the show. This is what happened. It happened to all of us. Whatever happened to the Indians here, trust me, it happened to the tribes of Europe. You know, it started happening to them 3, years before it happened to us. So by the time the descendants of the tribes of Europe got here they had it down. They were very efficient. They could do in a couple of hundred years what it took I mean, no offense. Because somewhere as this thing unfolded and refined itself, as it was spreading over the planet, a religious perceptual reality was used to replace a spiritual perceptual reality. The gods battled it out amongst themselves, see. And I think our road, our path to trouble started when we started to do it that way. Alright, you know, looking at the Earth as the Mother and these things, you know, call it a goddess, whatever, and this and that. See, they forced it on us. But the trouble came see, when, when we decided that the Creator entity had a human form. See because then, that, that rationalized and justified mistreating the rest of the natural world. I mean, sexism and racism came out of this perceptual change because once the Earth " you know under the new god thing, see, the Earth was no longer the Mother. The Earth was the property of this new god. So in order to achieve that objective they had to create sexism. See, sexism has got to do with how we live with the Earth. And racism, because now that the Earth was property, you know and all spiritual value was away, was away from the Earth, you know. So not a one of our people really went for this. But anyway we committed a moral crime forgetting here, so now we had to submit to that world view. Because our ancestors were forced to see life differently in order to remain just physically alive. But I would suggest every person of European descendancy, that you go and you study " you want to know more about who, your reality? Go and study your tribal ancestry and see how you got civilized. See how you got civilized. Because terrible things happened. And these terrible things, these are what altered the perceptual reality. See, and, because, the basic part of this: This is a mentality that came, the Columbus Mentality, we name it. Anyway, Columbus got here See, that perceptual reality of being a human being, and what it really meant, had been erased from descendants of the tribes of Europe, by the time they got here. They might know how to say the words. Alright " we know there was an inquisition. And this inquisition went on for 4 or years in Europe. The purpose of the inquisition was to alter the perceptual reality of the descendants of the tribes of Europe. To make them believe and see reality the way the church wanted them to believe and see reality. The church called it " they waged a war for possession " for possession, this is important " they waged a war for the possession of the souls of the godless heathens. Or another way [of] becoming a godless heathen was to question the authority of the church to do this. You know, this did transpire. These things did happen. And they killed as many people as they could " I guarantee it " in order to get the other ones to submit. So they killed as efficiently as they could with the technology they had at their disposal at that time, alright? And because they created a rationalization as to why to do it, so it just became as efficient as they could do. And at some point, the descendants of the tribes of Europe no longer knew what it meant to be a human being. So the descendants of the tribes of Europe, in the end, had to love what they feared which was there to possess them. You know, no offense, but But anyway, all of this took place through our intelligence. Now whoever it is we pray to, right? If we respect our Creator, then we should use our intelligence as intelligently as we can as often as we can. And that means with clarity and coherence. Because I guarantee you, every day when we get up, we use our intelligence to create those effects. Keep the balance, our intelligence. So this is " everything that ever happened " had, to change the perceptual reality, this " the battle ground had to take place. The real battle ground may have been the bleeding and the dying, but it has to do with the intelligence, to alter the perceptual reality. So again, about

respect. See, if we respect our Creator, we have a responsibility to recognize our intelligence and use it as clearly and coherently as we possibly can. Devastated by the loss of his family, Trudell withdrew from the world. He says he became a writer in order to keep his sanity and to continue to survive. When he emerged as a poet and musician, it became apparent, that during this time of darkness, he received the gift of looking unflinchingly at the world we live in, and our role, responsibility, and power to bring about change. In the first part of this poetry rapping, Trudell spoke about intelligence and responsibility, our relation to Earth and the Sun, how native American spirituality differs from Christian belief, and what it means to be a human being. Today you will hear how Trudell, half-way through the talk, turned to the topic of democracy and freedom, authority and power, and why the current system excludes the next generation. He began by joking about the habit of voting for the lesser of two evils. Part Two When you vote for the lesser of the 2 evils I condemn you. Actually if you vote for either one of the evils I condemn you. I vote in Amsterdam, whatever that means. See, when they created the voting system here, the democracy here, when they created it, I was the majority. Alright, they decided it was going to be majority rule. I think that every generation of human beings has a responsibility to decide how they, and their immediate descendants, will live with the Earth. You know, freedom is a lie, you know, democracy. I mean, you know, think about it: Every democracy had some form of slavery. Every democracy had some form of sexism. We live in an evolutionary reality. And maybe it needs to evolve. And maybe in the best interest of our seventh generation, it may be the enemy. Because every one of these systems have a small class, an ethnic rich, an industrial ruling class and a planetary ethnic rich. And every one of these governments, no matter what they call them, they serve that master. I come from a tribe. And whatever has been going on in my evolutionary journey, I still remember that. You know, he called them The Americans. See, so I feel a kinship to those ancestors and what they saw and what they tried to stand up against. I feel more of a kinship to them than I do to be a lap dog to this system and promote its lie. Casualty of war, afraid to think. So I want to say this side. Freedom of speech, you know [laughter]. See I think the part of the lie there, alright? Responsibility of thought will then take care of free speaking. Let me make this more clear” The idea of freedom. See, words, every word has its own meaning, because it makes its own sound in a vibratory world, alright? So every word has its own meaning. You know, so like, democracy, that noise, that sound, noise, whatever it is” my ancestors, thirty generations ago never heard that sound. That noise was never made here on this land base. Away in a way He was just killing time Or was time killing him Which way did it go After he found down.

Chapter 9 : The Process of Brainwashing (Mind Control) Essay Example | Graduateway

*I mean it's brainwashing intensified at its maximum, right? Because our ancestors were forced to see life differently in order to remain just physically alive. Because our ancestors were forced to see life differently in order to remain just physically alive.*

One official in Montreal said that the federal government is not admitting any legal liability or responsibility for damage done to the subjects, and is making the payments on humanitarian grounds. In addition to the brainwashing claim, the 4th District Court of Appeal also dismissed claims that the Krishnas intentionally caused Robin George emotional distress and libeled her. In addition to the brainwashing claim, the 4th District Court of Appeal in San Diego dismissed claims that the Krishnas intentionally caused Robin George emotional distress and libeled her. Slowly, he began the chant, the internationally recognized Hare Krishna mantra. But the high priest would not be alone for long, nor would the mantra remain at a soft cadence. This was the regular Sunday night feast, the chance for the devotees and other followers to kick up their heels. Even the parents of one young man found among the purple-shrouded dead tried to reassure us about what happened in Rancho Santa Fe, issuing a statement saying "he was happy, healthy and acting under his own volition. Former psychologist is accused of controlling his life. In his novel " It is the year China rules the world while the U. A team has been sent to America to disseminate civilization through the traditional Chinese board game Go. But during the critical Go match held at the World Trade Center, terrorists strike. Whether through allegory or straight propaganda, the movies exploited real and imagined perils for audiences of the era. Bush to dismiss as "bizarre" allegations that his people inserted the "rats" subliminal message in his TV ad Sept. Unfortunately, it is true; the Bush campaign did it and got caught. The only thing "bizarre" is how Bush plays the negative campaigning game, then sloughs off accountability. Restore a decent level of civil discourse to this election. I like football, but my real interest is in science. There are no extracurricular activities dealing with science in my area, so all I have is football. In this sense, you or adults in my community are making athletics my only out. Next time there is an article of this sort, bear in mind that you are "brainwashing" my peers into being athletes or gangsters. Please combine your opinion with others.