

Chapter 1 : Meditation for Invoking Your Soul

And just as we are a physical body with a soul, so is the world a physical body with a soul, and that soul is its spiritual essence. And as far as I can understand, unless you make a relationship to the soul of creation, to the anima mundi, you are just scratching the surface of life.

Beyond our own way of conceiving them, Gods and Goddesses exist independently. In the most subtle realms of consciousness they live eternally. Carl Jung looked at various Greek gods as universal energies that he considered psychological archetypes. These energies have the power to rule over attitudes, opinions, and desires of the more surface levels of the mind. One way to stimulate and support this connection is with Deity Meditation Invoking the Goddess. There are many gods and goddesses that are a part of our psychic structure. Why is Deity Meditation Invoking the Goddess important? Beyond being strictly symbolic or metaphoric, gods and goddesses are real entities in the universe that can show up in our psyche through visualization, mantras, and through the myths that surround them. Deity Meditation Invoking the Goddess helps us get to know the different energies and personalities we mirror, and can help our own relationship to the inner source of sacred power we contain within. Goddess energy also helps us recognize and own shadow aspects of our self, which may feel disruptive or uneasy at times but is completely necessary to embody our truth. Each goddess is dedicated to guiding us into the deepest realms of our soul, opening us to the mystic within, and teaching us the skills to live empowered by the Sacred Feminine, while also reminding us that the feminine can never be separated from the other masculine half. Sacred Feminism is understanding feminine power, going beyond associations with gender, realizing the divine feminine as a life force that is both creative and destructive. Whether you are a man or a woman, Sacred Feminism is about embracing the beautiful and terrifying aspects of our self that are feminine. An immediate way to work with sacred feminine energy is Deity Meditation Invoking the Goddess. Contemplating the forms and qualities of these subtle beings to transform consciousness is the basics. By meditating on a particular deity we can activate qualities in our own psyche. When we focus on a goddess in our meditation she becomes a form of protection and an inner guide. Overtime, through Deity Meditation Invoking the Goddess you start to feel the subtle goddess energy inside your own energetic field, which has powerful psychological effects. Goddesses of Abundance and Fertility: Be sure to read the other two before this one! 2. Essential Oils for Meditation In the next post in this series I will be sharing more about Experiencing the Goddess Within Meditation ! Be sure to stay connected to learn more!

Chapter 2 : Invoking the Archangels A Nine-Step Process to Heal Your Body, Mind and Soul at Angel Wor

Invoking the World Soul with Llewellyn Vaughan-Lee Seattle, Washington, May 18, The World Soul, or Anima Mundi, is the divine spark within life.

There comes a time in the human experience that you need more than logic to solve a problem. Your mind may replay possible solutions to your problems, only to cast them aside. You may have a sense that the wisdom you are seeking lies just outside of your reach. You may feel a prompting that you cannot quite grasp. Your intuition may be warning you that you are about to make a mistake, but you lack the clarity to stand with the strength and assurance to find a different way. This is the time to invoke the wisdom and the guidance of your Higher Self. To invoke your Higher Self will aid and empower you. When you realize that the directions and insights are coming from the part of yourself that is most attuned, and aligned with your divine spark and the higher purpose in your life, it shifts your perspective and strengthens you. Consciously connecting with your Higher Self empowers your life and your decisions. You can invoke Your Higher Self whenever you need its wisdom and guidance. Your Higher Self is internally tuned in with the purpose of your life. It opens you to a sense of your inner wisdom and your inner knowing. Intention fuels a manifestation of an energetic connection that is always there, although you may not always feel or experience it. Intention activates the pathway from your physical and etheric body to the subtle energetic substance that forms the Soul or Higher Self. It is your intention that activates an energetic bridge from your lower mind and personality to the part of you that is your Higher Self. It is important to remember that your Higher Self is a part of your anatomy every bit as real and significant as what you can see, touch, smell, taste, and feel. It cannot, not help but be a part of you. We should not pretend to understand the world only by the intellect. The judgement of the intellect is only part of the truth. You rarely consciously consider the blood that circulates through your body or the oxygen it delivers throughout your physical body, but we all know they are real. Your Imagination is a function of your higher mind and is, therefore, more aligned with and attuned with the substance of your Higher Self. It is a valuable tool in helping you experience this part of your being that is beyond matter. To come into a conscious experience of your Higher Self I recommend that you calm your mind, open your heart and invite the Light. This is a prequel to the meditation experience. The Soul speaks to you in the silence. The more you can quiet and calm your mind the more the soft, gentle whisper of the Soul can be heard. It is not essential, but the more often you forge the pathway from your lower nature and your personality to your Higher Self the easier the path is to follow like any well-worn path in nature. When you empower the pathway from your mind and your emotions, you build a way that etheric energy connects you with your Higher Self. Relax and enjoy the construction of that pathway using your intention and your imagination as you open yourself to the experience of meeting your Higher Self in the meditation below. Breathing Meditation To Invoke Your Higher Self Begin, by inhaling a very deep breath, bringing the air in through your nose, letting it begin at your diaphragm energetically. Bring the air into your chest and as you do this consciously open the energy of your heart to expand. Hold the intention of Love. Then bring the breath all the way to the top of your lungs, just below the shoulders. When you have filled your lungs as fully as you are able, release the breath through your mouth fully until you have released all of your air. This is a relaxing breath. You might already notice how much more relaxed and at peace you feel having fully experienced a full breath. Before you take another profound and relaxing breath, take a moment to come into this present moment. Let yourself consciously put the past behind you, and relax and appreciate the magnificent power and unlimited potential that is available, right here and right now. Recognize that the past is now behind you. It has no further power over you or influence over you except what you choose to give it. What will be, the future, is just beginning to be created as you let yourself relax and reside in the eternal NOW. This moment, this peace, this Presence is available to you. When you are ready, begin to draw in another deep relaxing and healing breath, in through your nose starting at your diaphragm, through your solar plexus and up into your heart allowing your heart energy to open and expand. Again, bring the breath to the top of your lungs drawing in as much air as you can hold. Then as you release this breath through your mouth it may form a sound like a sigh as you let go of any

stress or concerns and let yourself relax and come to center. Observe what you are feeling and experiencing. Then, breathe naturally not attempting to control your breath, allowing your breath to direct how much you bring in and how much you let go of that you no longer need. You might notice a calm and peace filling you at this time. You might be aware that you are more present. Taking one more really deep relaxing and filling breath with intention, invoke and invite the Presence of your Higher Self. With the inhale draw into your heart and your mind the perfect amount of the very essence of your Being. Let its Light circulate through your whole being with your breath. As it moves from your lungs to your heart and throughout your entire physical and energy body, accept the healing power and profound love into your conscious awareness, into your heart and into your mind. As you exhale breath out any negative thoughts or fears. Release any limiting beliefs that keep you from expressing the magnificent and full being that you truly are. Now sit in silence and receptivity as you listen for the still prompting of your Higher Self. In this pause you can offer up any issue and concern on which you would like greater insight or understanding. Be receptive and record your thoughts and insights in your journal. Observe the background sounds that surround you. Return to this present moment and give gratitude to your Higher Self for any insights and clarity you may have received in this guided meditation. Now, move forward with your life confident and assured that the insight and wisdom you have applied to the situation is the right choice for your life and is aligned with your Higher Purpose.

Chapter 3 : Ghost - Wikipedia

Meditation for Invoking Your Soul Begin this meditation by taking a few slow, deep breaths, breathing in peace and stillness with each breath, and then slowing exhaling, releasing any tension, worry or irritation.

Spirit , Soul , wikt: The Germanic word is recorded as masculine only, but likely continues a neuter s-stem. In Germanic paganism , " Germanic Mercury ", and the later Odin , was at the same time the conductor of the dead and the "lord of fury" leading the Wild Hunt. Besides denoting the human spirit or soul, both of the living and the deceased, the Old English word is used as a synonym of Latin spiritus also in the meaning of "breath" or "blast" from the earliest attestations 9th century. It could also denote any good or evil spirit, such as angels and demons; the Anglo-Saxon gospel refers to the demonic possession of Matthew Also from the Old English period, the word could denote the spirit of God, viz. The now-prevailing sense of "the soul of a deceased person, spoken of as appearing in a visible form" only emerges in Middle English 14th century. The modern noun does, however, retain a wider field of application, extending on one hand to "soul", "spirit", "vital principle", "mind", or "psyche", the seat of feeling, thought, and moral judgement; on the other hand used figuratively of any shadowy outline, or fuzzy or unsubstantial image; in optics, photography, and cinematography especially, a flare, secondary image, or spurious signal. It appeared in Scottish Romanticist literature, and acquired the more general or figurative sense of portent or omen. In 18th- to 19th-century Scottish literature, it also applied to aquatic spirits. The word has no commonly accepted etymology; the OED notes "of obscure origin" only. Also related is the concept of a fetch , the visible ghost or spirit of a person yet alive. Typology Relief from a carved funerary lekythos at Athens showing Hermes as psychopomp conducting the soul of the deceased, Myrrhine into Hades ca. Anthropological context Further information: Animism , Ancestor worship , Origin of religion , and Anthropology of religion A notion of the transcendent , supernatural , or numinous , usually involving entities like ghosts, demons , or deities , is a cultural universal. Some people believe the ghost or spirit never leaves Earth until there is no-one left to remember the one who died. Strategies for preventing revenants may either include sacrifice , i. The bodies found in many tumuli kurgan had been ritually bound before burial, [27] and the custom of binding the dead persists, for example, in rural Anatolia. This is depicted in artwork from various ancient cultures, including such works as the Egyptian Book of the Dead , which shows deceased people in the afterlife appearing much as they did before death, including the style of dress. This is universally the case in pre-modern folk cultures, but fear of ghosts also remains an integral aspect of the modern ghost story , Gothic horror , and other horror fiction dealing with the supernatural. Common attributes Another widespread belief concerning ghosts is that they are composed of a misty, airy, or subtle material. In the Bible , God is depicted as synthesising Adam , as a living soul, from the dust of the Earth and the breath of God. In many traditional accounts, ghosts were often thought to be deceased people looking for vengeance vengeful ghosts , or imprisoned on earth for bad things they did during life. The appearance of a ghost has often been regarded as an omen or portent of death. White ladies were reported to appear in many rural areas, and supposed to have died tragically or suffered trauma in life. White Lady legends are found around the world. Common to many of them is the theme of losing a child or husband and a sense of purity, as opposed to the Lady in Red ghost that is mostly attributed to a jilted lover or prostitute. The White Lady ghost is often associated with an individual family line or regarded as a harbinger of death similar to a banshee. Legends of ghost ships have existed since the 18th century; most notable of these is the Flying Dutchman. Cultural The idea of ghosts can be considered a tradition for certain cultures. Many believe in the spirit world and often try to stay in contact with their loved ones. Haunted house A place where ghosts are reported is described as haunted , and often seen as being inhabited by spirits of deceased who may have been former residents or were familiar with the property. But not all hauntings are at a place of a violent death, or even on violent grounds. Ghosts in ancient Egyptian culture There are many references to ghosts in Mesopotamian religions – the religions of Sumer , Babylon , Assyria , and other early states in Mesopotamia. Traces of these beliefs survive in the later Abrahamic religions that came to dominate the region. They traveled to the netherworld, where they were assigned a position, and led an existence similar in

some ways to that of the living. Relatives of the dead were expected to make offerings of food and drink to the dead to ease their conditions. If they did not, the ghosts could inflict misfortune and illness on the living. Traditional healing practices ascribed a variety of illnesses to the action of ghosts, while others were caused by gods or demons. The soul and spirit were believed to exist after death, with the ability to assist or harm the living, and the possibility of a second death. Over a period of more than 2,000 years, Egyptian beliefs about the nature of the afterlife evolved constantly. Many of these beliefs were recorded in hieroglyph inscriptions, papyrus scrolls and tomb paintings. The Egyptian Book of the Dead compiles some of the beliefs from different periods of ancient Egyptian history. Periodically they were called upon to provide advice or prophecy, but they do not appear to be particularly feared. Ghosts in the classical world often appeared in the form of vapor or smoke, but at other times they were described as being substantial, appearing as they had been at the time of death, complete with the wounds that killed them. The spirit of the dead was believed to hover near the resting place of the corpse, and cemeteries were places the living avoided. The dead were to be ritually mourned through public ceremony, sacrifice, and libations, or else they might return to haunt their families. The ancient Greeks held annual feasts to honor and placate the spirits of the dead, to which the family ghosts were invited, and after which they were "firmly invited to leave until the same time next year. Knowing that the house was supposedly haunted, Athenodorus intentionally set up his writing desk in the room where the apparition was said to appear and sat there writing until late at night when he was disturbed by a ghost bound in chains. He followed the ghost outside where it indicated a spot on the ground. When Athenodorus later excavated the area, a shackled skeleton was unearthed. The haunting ceased when the skeleton was given a proper reburial. In the New Testament, according to Luke, one of the first persons to express disbelief in ghosts was Lucian of Samosata in the 2nd century AD. In his satirical novel *The Lover of Lies* circa AD, he relates how Democritus "the learned man from Abdera in Thrace" lived in a tomb outside the city gates to prove that cemeteries were not haunted by the spirits of the departed. Lucian relates how he persisted in his disbelief despite practical jokes perpetrated by "some young men of Abdera" who dressed up in black robes with skull masks to frighten him. In the 5th century AD, the Christian priest Constantius of Lyon recorded an instance of the recurring theme of the improperly buried dead who come back to haunt the living, and who can only cease their haunting when their bones have been discovered and properly reburied. The souls of the dead returned for a specific purpose. Demonic ghosts existed only to torment or tempt the living. The living could tell them apart by demanding their purpose in the name of Jesus Christ. The soul of a dead person would divulge its mission, while a demonic ghost would be banished at the sound of the Holy Name. Their penance was generally related to their sin. For example, the ghost of a man who had been abusive to his servants was condemned to tear off and swallow bits of his own tongue; the ghost of another man, who had neglected to leave his cloak to the poor, was condemned to wear the cloak, now "heavy as a church tower". These ghosts appeared to the living to ask for prayers to end their suffering. Other dead souls returned to urge the living to confess their sins before their own deaths. Some were less solid, and could move through walls. Often they were described as paler and sadder versions of the person they had been while alive, and dressed in tattered gray rags. The vast majority of reported sightings were male. Living knights were sometimes challenged to single combat by phantom knights, which vanished when defeated. This series of "visits" lasted all of the summer. Through his cousin, who spoke for him, the boy allegedly held conversations with anyone who wished, until the local priest requested to speak to the boy directly, leading to an extended disquisition on theology. The boy narrated the trauma of death and the unhappiness of his fellow souls in Purgatory, and reported that God was most pleased with the ongoing Crusade against the Cathar heretics, launched three years earlier. The time of the Albigensian Crusade in southern France was marked by intense and prolonged warfare, this constant bloodshed and dislocation of populations being the context for these reported visits by the murdered boy. The ghost is wearing stylized plate armor in 17th-century style, including a morion type helmet and tassets. Depicting ghosts as wearing armor, to suggest a sense of antiquity, was common in Elizabethan theater. Renaissance magic took a revived interest in the occult, including necromancy. In the era of the Reformation and Counter Reformation, there was frequently a backlash against unwholesome interest in the dark arts, typified by writers such as Thomas Erastus. He cannot marry her

because he is dead but her refusal would mean his damnation. This reflects a popular British belief that the dead haunted their lovers if they took up with a new love without some formal release. Modern period of western culture Spiritualist movement By , when the popular song Spirit Rappings was published, Spiritualism was an object of intense curiosity. Spiritualism Spiritualism is a monotheistic belief system or religion , postulating a belief in God , but with a distinguishing feature of belief that spirits of the dead residing in the spirit world can be contacted by " mediums ", who can then provide information about the afterlife. The religion flourished for a half century without canonical texts or formal organization, attaining cohesion by periodicals, tours by trance lecturers, camp meetings, and the missionary activities of accomplished mediums. Spiritism has adherents in many countries throughout the world, including Spain, United States, Canada, [62] Japan, Germany, France, England, Argentina, Portugal, and especially Brazil, which has the largest proportion and greatest number of followers. Paranormal The physician John Ferriar wrote "An Essay Towards a Theory of Apparitions" in in which he argued that sightings of ghosts were the result of optical illusions. Or, the Rational History of Apparitions, Dreams, Ecstasy, Magnetism, and Somnambulism in in which he claimed sightings of ghosts were the result of hallucinations. According to Nickell, peripheral vision can easily mislead, especially late at night when the brain is tired and more likely to misinterpret sights and sounds. Nickell says that ghosts act the same way as "dreams, memories, and imaginings, because they too are mental creations. They are evidence - not of another world, but of this real and natural one. He writes that it would be "useful and important to distinguish between types of spirits and apparitions. Richard Lord and Richard Wiseman have concluded that infrasound can cause humans to experience bizarre feelings in a room, such as anxiety, extreme sorrow, a feeling of being watched, or even the chills. People who experience sleep paralysis often report seeing ghosts during their experiences. Neuroscientists Baland Jalal and V. Ramachandran have recently proposed neurological theories for why people hallucinate ghosts during sleep paralysis. Their theories emphasize the role of the parietal lobe and mirror neurons in triggering such ghostly hallucinations.

Chapter 4 : Invoking Your Soul Power – Dreamcatcher Reality

In Invoking the Archangels: A Nine-Step Process to Healing Your Mind, Body, and Soul, Sunny Dawn Johnston introduces readers to these Archangels and presents a nine-step process to healing on every level, from physical ailments to relationships, addiction and even financial struggles.

Do you have any questions? The frequently asked questions below might help. Book a free call with me to ask all you need to know. Soul-based Coaching provides a way of accessing our deepest knowing, and using our innate capabilities for healing and development. Can I really learn how to be a professional coach online? Of course, using an online platform to connect with each other is different from connecting in a physical room together. But technology has come very far. The free to use Zoom platform allows us to have break-out groups, which means that you can easily practice in groups of 2 or 3, with me dipping in to observe and offer personal feedback. Together with the opportunities in Facebook and on Skype to connect, you have a multi-faceted learning environment, with a lot of personal feedback and every opportunity to share your questions. And from an energetic perspective: This helps us to ground ourselves in our bodies, and makes the rest of our learning sessions a refreshing experience. People that might find it hard to connect online at first, create deep friendships over time in the course. Does online coaching work? From years of experience, both as a coach and being coached, I can only say: Online coaching offers incredible opportunities for growth, healing and transformation. Especially when we are entering the realm of personal metaphors, as we do in Soul-based Coaching. We open up a psychoactive landscape for our client, where the transformation is happening in real-time. What if I am trained to be a coach, psychotherapist or other healing professional - will I still get value out of the program? This program will offer you a very different way of working with transformation. Because of the specific way we work, having experience as a professional coach or healer will likely open up very interesting areas for self-reflection. Soul-based Coaching has a nice way of reflecting back to us our preferences and pitfalls. It will deepen your understanding of your current practices, as well as open up wide new horizons and possibilities. If you are called, then this is for you. What if I am not a coach, healer or therapist yet? Then you are in the right place! Can I mix and match what I learn in the course with other healing or coaching skills? The short answer is: The skills you will learn allow you to easily tap into soul-based knowing. There are many ways to combine this with other ways of working. When you want to guide soul-based transformation, and use all of the power available, you will probably want to stick to the toolbox and skill-set you learn. This is why I do all my coaching sessions in this way. And of course, you can experiment and I am sure out of that even more beauty will emerge: The program as it is offers you everything you need to become a certified Soul-based Coach and offer life changing transformations to your clients. You can help your clients to fully benefit from the incredible power that their Shakti intelligence brings. It will also help you to start building your Soul-based Coaching business. It will offer you the unique chance to be coached by our outstanding trainers or by Annemiek, on a topic or topics related to building your business, building your skills and confidence, or anything that is alive for you personally. It will give you great results and an amazing opportunity to experience the full power of our work together. On top of that, it offers 4 personal supervision sessions, where we look at your client work, and focus on deepening your abilities further to serve your clients. All personal coaching and supervision sessions must be booked within 12 months of starting the program. If you have the resources for level 3, this is the best way to prepare yourself. How long is the program? We start with 24 weeks of weekly live sessions. You will learn the skills and content by diving in deep. After that, you have time to integrate what you have learned further, as you build up your coaching log, working with practice clients. If you want, you can join an additional supervision group during this time to get even more personal feedback. And you can share all your experiences and questions in our dedicated online platform. When you are ready, you can start the certification process. It is recommended you do this within a year of starting the program. When is the weekly live training session in my time-zone? The weekly training sessions for the January Circle are Wednesdays, 7. That being said, the live sessions are vital to learning to master the skills. Coaching is not something you learn from reading a book, or watching

something. You learn it by doing it and receiving quality feedback. If you really want to take part, but timing is a big issue, contact me to see if we can work out a personal arrangement. What do I need to participate? Whenever possible, attend the weekly calls, Wednesdays 7. How does certification work? The certification follows a rigorous process where you show what you have learned to do. It includes an online test for a vital part of the theory, a written reflection on topics provided, a coaching log of sessions done and a recorded session. If a student does not pass certification, there is the opportunity to retake certification after doing the suggested work for development. How much time do I need to commit to the program? The program has an average time investment of 4 to 8 hours a week, for the duration of the course. In the VIP packages, we plan the Deep Dive coaching sessions and supervision sessions according to your needs. You will need to book them within 12 months of starting the course. How about the VAT? The only good news I can give you about this, is that in most countries: So when you sign up, enter your address and EU VAT number, and we will get back to you with the correct invoice. How does the payment plan work? To use the payment plan, you pay through the link provided. This will automatically make an initial payment, and then charge your credit card or account every subsequent month. Payment needs to be received before the start of the month, so if you choose a payment plan, please check that it does. If you can, pay in full now. It gives you the best price and lowers the chances of things going wrong. If you are unsure of your commitment to the program, and consider using the payment plan option because of that: We will talk about what you would like to gain from the program, you can have an experience of Soul-based Coaching itself, and what your questions are. I value you making the right choice. Is this the same as Clean Language and Symbolic Modelling? Alongside that, we focus on the energetics of our client sessions. Holding Space is one of our foundations, it allows us to root the work in Source. We also invite in the power of the Feminine, of Yin energy, which teaches us about allowing and letting go of our tight grasps of wanting things to happen a certain way. Because of this change in focus, we as coaches come to client sessions in a very different way, allowing different things to happen for our clients. Is this for me if I am a certified Clean Language Facilitator? That being said, it is quite valuable to learn the skills from different perspectives. I know for me personally, and other leaders in the field, this has definitely been the case. You will add another layer to the process, and harvest the benefits of Holding Space and inviting in Yin. If you are unsure, contact me and we can find out if this will be of benefit for you. Can you guarantee I will have a successful coaching business in a year? No-one in their right mind can. You will have built the skills you need to coach and to start building your business. Building a business takes time, and I highly recommend you allow yourself that time, or life might become very stressful for you. Do I have life-time access? That includes any and all yearly updates to the program in terms of videos and manual. What you will learn is how to support people to make successful changes in just about any area of their life and work life barring severe psychological problems. This will work best in an area that you are already well at home in. Your personal life and work experience, and your experience and skills you build in this course will give you a very good place to start. You will also zoom in on what clients you would like to work with, and what you might want to focus on. If you have any big doubts, the best thing to do is book a free exploration call. If you enroll in the program and feel you cannot learn the skills we are practising, of course taking into account that everyone has their own learning style, so going easy on yourself and giving yourself a little time to try, you can also ask for a refund in the first 30 days. This program is carefully designed to give you a great learning experience.

Chapter 5 : Invoking the Flow in all Chakras

Invoking the Archangels (56 ratings) Course Ratings are calculated from individual students' ratings and a variety of other signals, like age of rating and reliability, to ensure that they reflect course quality fairly and accurately.

Chapter 6 : Anima mundi - Wikipedia

Sustaining and energizing these Pranic waters in our global world and our personal lives revitalises the soul, allowing

the being to traverse the hidden delights of our universal existence. May our prayers seek the art of flowing with the sacred waters through life's surging streams invoking the divine grace of the Goddess within!

Chapter 7 : Invoking the second Pentecost | Putnam County Record

Dylan Harper. Dylan is a year-old surfer from California. He traveled the world, rode the waves and learned the universal concept of oneness.

Chapter 8 : Deity Meditation Invoking the Goddess

Invoke Your Client's Magic is the coach training of the Academy for Soul-based Coaching. Enrol here to become a certified Sou-based Coach.

Chapter 9 : Invoke Your Client's Magic - Academy for Soul-based Coaching

Deity Meditation Invoking the Goddess helps us get to know the different energies and personalities we mirror, and can help our own relationship to the inner source of sacred power we contain within.