

Chapter 1 : Soul Journey and The Art of Redirect,

JOURNEYS FOR THE SOUL "Take a little journey with us" A journey that offers hope for the future: We will take you on a fulfilling learning experience that takes you through the Movement that changed the landscape of America ~ the Civil Rights Movement.

The Journey of the Soul By Rev. People face death in many different ways; some bring to the adventure a feeling of self-pity, and are so occupied with what they have to leave behind, what is about to end for them, and the relinquishing of all they have gathered in life, that the true significance of the inevitable future fails to arrest their attention. Others face it with courage, making the best of what may not be evaded, and look up into the face of death with a gallant gesture because there is nothing else they can do. Still others refuse altogether to consider the possibility; they hypnotize themselves into a condition wherein the thought of death is refused all lodgment in their consciousness, and they will not consider its possibility, so that when it comes, it catches them unawares; they are left helpless and unable to do more than simply die. She also referred to death as The Great Adventure. And, indeed, it is. The words above are so true, and they speak to us all. How we actually experience death depends, to quite a large degree, upon how we perceive this great adventure while living upon the Earth plane; in other words, how we perceive life! How do we experience death? How quickly does it happen? What about life after death; do we survive? If so, in what capacity? Do we meet loved ones who passed before, or do we lose all sense of personal identity and recognition? What is the after-life like? These are just a few of the questions surrounding death which people have asked and pondered over since the beginning of earthly time. In following the journey of the soul, death truly becomes a great adventure in which the way is opened for the soul to pass from one realm of life into another. It marks a point of transition. How we each get to that ubiquitous state of transition varies with circumstances. What we experience after we cross that elusive threshold, known as death, also varies with the individual. But the actual experience; the actual crossing over the threshold, between one realm of life and another, is amazingly quite similar for most people. Life, in many ways, is a series of deaths. We are always moving from one experience to another. Thus it is with death. Death, then, becomes a very natural part of life. We move from one room into another. Depending upon which side of the doorway we happen to be in comparison to the one crossing the threshold, we label that transition either death or birth. Please note this last statement. Death and birth are basically the same process. Both involve passing through the same doorway. The only difference is the direction of movement. What is death on the Earth plane is birth in the Spirit world. And birth onto the Earth plane can be considered death in the Spirit world. Physical death is but one of many deaths which we encounter as we move from one earthly life to another. We could settle, once and for all, the question of death by saying that death does not exist; that there is only life; that death is but one of countless experiences found in life. But that would be quite a lot to ask you to accept, without some further instruction. Therefore, let us look at this wonderfully great adventure, known as death. Before we examine the process of physical death, we need to look at the question of survival. Nobody can deny the existence of death. The vital question surrounding death is: Once we understand that we do survive death, we can then look at the process of death itself and what follows. Proof of Survival In looking at the dilemma of proving that we do survive death, we are confronted with the following question: Proof of survival is a very personal matter. What is unquestionable proof for one person may hold no validity for another. Therefore, we must begin by saying: Proof must come from within; but proof often approaches upon the wings of knowledge. And knowledge is something that we can provide. There are several phenomena which psychic researchers have, over the years, investigated that indicate the validity of life after death.

Chapter 2 : Your Soul's Journey: A Message from Your Spirit Guides – Purpose Fairy

*Journey for a Soul (Fontana religious series) [George Appleton] on calendrierdelascience.com *FREE* shipping on qualifying offers.*

How to Research A Novel or Memoir: A Soul Journey to Latvia by Alissa Lukara Alissa at the Latvian Song Festival in front of 15, person choir Plenty of authors have written successful, inspired novels without visiting the places they wrote about to do the research for their books, because they preferred to allow imagination and research done locally to infuse their books – or because they could not afford the travel. But I am grateful, thanks to a trip I won from vacation packager Go-Today , that I had the opportunity to travel to Latvia , the key setting for my novel-in-progress, entitled Secrets of the Trees. Here are four main ways I did research for my novel while visiting Latvia. That my own ancestry is Latvian and that I speak, read and write Latvian definitely helped: I wanted to do research on that specific year and event, so I got temporary library cards to work in the main library in Riga and the National Library of Latvia. The card gave me access to read and photocopy books, newspapers and magazines about the year , the history of the song festival and opinion pieces of the times. I looked at images of the city and its people then. I found a fun little book written in English about the song festival. However, most of the books I found were too heavy in weight and subject matter to lug overseas and did not cover specifically. I was about to give up on finding any books I could read to add depth to the novel, when I gave the history shelf one last scan. One small book less than one pound popped out from a lower shelf called It was the only book on the shelves about a specific year in Latvian history. And I got the only copy available there. I love those signs from the universe. This July also happened to be the year the 25th Song and 15th Dance Festival was held, many events of which I attended. The day after my visit to the bookstore, we had tickets to the dress rehearsal of the main song concert event. During a break, I visited some booths, one of which was selling books that seemed unusual to have at a song festival event. They were on gardening, plants and cooking. I then purchased calendars of Latvian power symbols with their meanings and one with images and a history of the Song and Dance Festivals, thinking both might prove useful to the novel. There stood a beautiful four-color book about the greatest and most sacred trees in Latvia , with photos and writings about each one. I never even thought to look for such a book at the bookstore or library, let alone a choir concert. At another booth, I bought a CD of music from past song festivals, including The Swedish Gate in Riga Interviews. I had visited Latvia twice before, both life-changing trips with my mother, once during the song festival in During those trips, I met everyone from one of the leading choir directors in Latvia to the head of the most famous drone singing group in Latvia to some 20 family members I had never met before. On this visit, we deepened and renewed those connections, including staying at several family members homes in towns outside Riga, and we made new ones. A Latvian friend from Oregon traveled with us, so I got to experience Latvia through her perceptions as well. I have plans to interview several family members and other Latvians I met about what they underwent in their first years of freedom, the importance of song and dance in their lives, their connection to nature, folklore and more. We also connected with people who grew up in the U. But even without these direct Latvian connections, traveling to Latvia with my mother is already like having a personal guide. She has great knowledge of the history and traditions gained from years of study and travel there. I have already interviewed my mother about family history – she and her parents escaped from Latvia in during WWII, when she was 13 – but more emerged during this trip. One of the biggest surprises on this trip came in my discovery that there had been at least two sets of twins in my family. I had never known there were any twins in our family. The twins journey to Latvia in search of their Latvian birth father and the key to unravel the secrets and ancestral and cultural patterns that have unconsciously directed their lives. I made the decision to make them twins before I ever knew about the family connection. While in Latvia, I discovered that one of my great grandmothers all my known relatives are Latvian not only had twin brothers, but had also born twins herself. Those twins both died of an illness as young children. Sensory details, including food, place, weather. Nothing beats visiting the place you want to write about to capture bits and pieces of sensory detail. I gained so much by: These events reminded us all of

the spirit of song, music, dance that infused Latvians with strength and courage and hope during the Soviet rule and continues to nourish their hearts and souls today; driving the narrow, not well-maintained roads through the birch and pine forests and lush green farmlands, walking on the fine sand beaches of the Bay of Riga and the Baltic Sea. Nature is woven into so much of life, art and music in Latvia. Witnessing those details, noting bits and pieces of what captured my attention in a journal and on video, brought another layer of texture, mood, and inspiration to integrate into my novel. Wherever your creative journeys take you, whether you physically travel to the locales you write about or travel there in your imagination, may they also be filled with the inspired insights of the heart and soul. I love to hear from you. What experiences have you had traveling to locales to do research on your book or choosing not to? Please share your comments here. Alissa Lukara is as passionate about supporting you to write and share your stories as she is to write her own. Want support to begin “ and complete “ your memoir or autobiographical novel? Writing Memoirs to Heal, Inspire and Transform. Alissa Lukara , the author of the poetic memoir, *Riding Grace: A Triumph of the Soul* , supports you to write, publish and market your memoir, novel or creative nonfiction book through online writing workshops and retreats, writing coaching, developmental editing and speaking.

Chapter 3 : Journeys | A Center For Your Soul

A soul starts by incarnating once onto the physical realm, into a physical human form. If that form could walk through its life here in perfect balance, it might complete and free itself from this realm and earn the opportunity to continue its evolvement on higher realms.

This is a question that came up on my Facebook Page. Each week I take a question to answer here on this blog. The post she wrote is heavy with pain, fear and frustration. Sorry just had write this or some reason. You are not alone feeling this way Jolene! A lot of my friends and followers on Facebook would like to re-direct their soul journey so that it is more bearable. Perspective can help you look at things differently, allowing you to adjust your feelings of over-whelm. Take a deep breath and realize that you choose your path, and the cast of major players in this life time. Like your parents and your kids. All of them had a rough idea of the time they planned to stay here. When you can step back and have some objectivity in viewing your mom passing and the children with serious medical needs, being objective helps you to breath a lot easier. That can open some doorways of creativity. There have been millions of souls who have some very challenging things to deal with. They have used the adverse conditions to write books, movies, invent life changing medicine, create art and all kinds of good things have come as a result of their challenge. To me, this is a huge difference in our out look on life. That effects your vibration, and your vibration and emotional attachment to your situation can either set it up for you to stay stuck in this pattern. Or give you some insight into breaking out of it and re-directing your own soul journey. When you let your mind think you are a victim, life just brings more and more events to drive that idea in. Use affirmations to help you create a different out look. You can say thank you to your angels and the Archangels for help, this keeps them mindful of you and what is going on with you. I feel that special needs kids are willing on the soul level to participate in this type of a journey for their souls personal reasons and ultimate soul journey. We might think that it could be better or happier if they were able bodied, but there is gold in those illusions of limitations. The gold is the insight they can gather about them self, their connection to Creation and to each other. This is another great reason to judge not, least ye also be judged. It is hard for us to really get into why someone chooses one soul journey over another more seemingly successful. In my meditations with the Angelic realm they told me that every soul journey is valuable. Even when that soul feels like a failure. Even if they lived a miserable existence. I suggest you do some meditations with each of your family members, living and in spirit. Just in your mind ask for a connection to their highest guardian angel from your own highest guardian angel. Ask them to share with you some of the things they really wanted to understand in this life. What are the big life lessons with you. Just allow, when your mind is open to receiving you can get more ideas. Make this a weekly effort to sit with spirit and connect to your mom, your family living and in spirit. As you begin to heal from the loss of your mom a little more, your energy field will lighten up. Then you will be able to get more messages. It is harder to get messages when you are covered in a layer of grief.

Chapter 4 : Journey of Souls Dr Michael Newton

*Journey of a Soul [John-Roger] on calendrierdelascience.com *FREE* shipping on qualifying offers. A comprehensive guide to the soul, this book offers an easy grasp of the true essence inside everyone.*

And your spirit was a lively and adventurous one. When you were here with us, you were an instantaneous manifestor, you could be and do anything you wanted, anytime you wanted. You were constantly surrounded by beauty, abundance, happiness, and love. But your soul started to crave contrast – something it did not understand. Your soul began to wonder what it would be like to exist, even just for a moment of time, without instant gratification of its own manifestations. I want to experience contrast. My soul craves challenges and further growth. But, we were concerned for your well-being because we know how difficult life on earth can be. But, what the soul wants, the soul receives, and we would never stand in the way of a growing soul. At times your life on earth will seem impossibly unfair and unbelievably challenging. There will be times you will receive the opposite of what you want, but always remember each block in your path represents an opportunity for you to open a new door and learn and grow. We will be here for you throughout the entirety of your journey, never leaving your side. However, unless you teach yourself how to be an open receptor you will not know we are here. And so it was done. Your wish of birth was fulfilled. And now you have been living your physical life for a while. You grew up with a lot of seemingly disadvantageous circumstances and have often wondered why your life has been so unfair. In fact, just today you broke down and cried while questioning what the point of life is and your purpose here. And while you cried we held you. All of the tears that have fallen from your eyes out of apparent defeat have served to water your ever-growing soul. And although you have forgotten your previous spiritual existence, just as we warned you would, we have not forgotten you. We have been watching you. We have been loving you. Because every minute you are alive on earth you are learning and your soul is expanding. And, we know when you return to us, you will return with a shifted perspective and matured soul. You will understand the sadness and why it is necessary to truly appreciate happiness. You will understand the hatred and why it is necessary to truly appreciate the love. You will understand lack and why it is necessary to truly appreciate abundance. View all of your challenges as opportunities for personal growth rather than a hindrance. And above all, remember you are never alone.

Chapter 5 : How to Research A Novel or Memoir: A Soul Journey to Latvia

ABOUT THE BOOK. Regardless of our age or status, any one of us could be faced with a diagnosis - it might be a curable sickness or a chronic disease, a serious condition or a terminal illness.

Chapter 6 : FST: Spiritual Teachings: Journey of the Soul: Death and Dying

Excerpt from The Journey of the Soul By Rev. Simeon Stefanidakis. Death: The Opening of the Way "Death is the only event which we can predict with absolute certainty, and yet it is the event about which the majority of human beings refuse to think at all until faced with the imminent and personal issue.

Chapter 7 : Journey Soul Images, Stock Photos & Vectors | Shutterstock

In this session I take a journey into the heart of Jamie's soul (with Jamie's permission) so that I can relay information that his soul wants to tell him. As humans we are often clouded in our.

Chapter 8 : Good for the Soul | Our Daily Journey

His book, Journey of Souls, presents ten years of his research and insights to help people understand the purpose behind their life choices, and how and why our soul - and the souls of those we love - lives eternally.

Chapter 9 : Books by George Appleton (Author of The Oxford Book of Prayer)

In this session I take a journey into the heart of Cory's soul (with her permission) so that I can relay information that her soul wants her to know. As humans we are often clouded in our.