

Chapter 1 : calendrierdelascience.com: Customer reviews: The Journey of Adulthood (6th Edition)

Journey of Adulthood, 8/e by Barbara R. Bjorklund discusses the aspects of "successful aging," covering growth and development from emerging adulthood to old age. The author combines new and classic research as well as first person experience of adult development.

One of the major goals of this text is to capture this dynamic process of adult development from emerging adulthood to the end of life. Combined, this material creates for an exciting and thorough view on the process of "successful aging. To begin building your custom text, visit www.pearsoned.com. You may also work with a dedicated Pearson Custom editor to create your ideal text—publishing your own original content or mixing and matching Pearson content. Do your students have access to the most recent and relevant research in the field outside of class? The field of adult development is changing quickly, and this edition gives a thorough coverage of the changes that have taken place since the previous edition. The effects of problematic recent world events—the Iraq war, Hurricane Katrina, rises in single-parent and dual-earner families, and the growing number of people below the poverty line—are included within relevant topics. Also the effect the recession has had on retirement plans and job security are included. Positive advances in the field are also addressed, including health awareness, advances in disease detection and treatment, rising life expectancy, and better, easier communication between families. How do you deal with international and multi-cultural research in your class? Research from many different fields are examined, and each major researcher is identified with his or her field of study. New coverage on research being done by the international community, including contributions from Swedish, Japanese, Israeli, and Egyptian scientists using participants from those same areas. When the findings are similar to studies done in the U.S. When findings are different from studies done in the U.S. International research teams and the nationalities of their participants are identified in the text. Do you address the many different theories in adult development in your classes? An integrated approach to theories. Rather than a separate chapter, theories material is covered in the chapters dealing with the topics of those theories. Features a revised chapter organization. Now 12 full chapters. Chapter 1 contains the basics for the course definitions, methods, and basic concepts in the study of adult development. Chapters cover traditional developmental topics, featuring recent research, classic studies, current theories, new directions, and practical applications. Chapters cover topics not traditionally found in adult development books, including the quest for meaning, the inevitability of stress, coping, resilience in adult life, and facing death. Chapter 12 takes a chronological look at adult development in contrast to the topical theme in earlier chapters. New To This Edition Inclusion of Emerging Adulthood as a stage age 18 to 24 in every chapter, including review tables at ends of chapters. Research updated in every chapter—about 30 percent new references. New suggested reading—about 50 percent new. Updated timeline of historical events. Epigenetic Inheritance added to section on Interactionist viewpoint. New research on caloric restriction and longevity. New findings on obesity as a risk factor in many age-related health problems and diseases. New findings that obesity rates are leveling off in the U.S. Updated plastic surgery data for top ten procedures. Updated data on joint replacement surgery. Updated risk factors for major age-related disorders. New findings on young adults and sleep problems. Young adults and sexual problems lack of desire due to fatigue. Data on recent decline in disability rates in U.S. New section on Diabetes and a major age-related disease. Effects of mental health disorders in emerging adulthood, such as dropout rate in high school and college. Discussion of socioeconomic status and its association with health. New studies linking racial inequality with health. Cross cultural studies showing how optimism is related to good health and long life. How positive affect in college students protects from stress-related health problems. Research showing relationship between adult obesity and family income during infancy. Research showing connection between prenatal stress and heart disease. Chapter 4 Major changes making the chapter less about cognitive psychology and more about various memory components that change over adulthood. More applications to real life situations. Explanation of declarative and non-declarative memory. New research on age-related changes in primary and working memory. Real world cognition for interpersonal problems. Stereotype threats and memory.

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The field of adult development is changing quickly, and this edition gives a thorough coverage of the changes that have taken place since the previous edition. Approximately 30% of the references are new, and 50% of the suggested readings are new.

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