

DOWNLOAD PDF LLEWELLYN PRACTICAL GUIDE TO PSYCHIC SELF-DEFENSE WELL-BEING

Chapter 1 : Llewellyn Worldwide - Practical Guide to Psychic Self-Defense: Product Summary

That is why I was so glad that two of the premier occultists of our time, Denning and Phillips, wrote what I think is the best book ever on the subject, The Llewellyn Practical Guide to Psychic Self-Defense.

About this product Synopsis Deliberate psychic attack is very rare. However, your psyche is constantly under attack from friends and strangers, advertisers and politicians who want to manipulate you. The best way to overcome attacks on your psyche is through awareness that they are occurring. This requires you to become more awake and alert to this bombardment. Part of the technique is to understand how this attempted manipulation works. By studying this book you will gain that knowledge. The result is that the psychological intimidation that has been used on you in the past will no longer control you. There are two types of psychic attack. The first kind is attack by a person who has not had any occult training. He or she may feel slighted or betrayed by you based on actual or imagined situations and hold on to negative emotions. Eventually, unknown to that person, the negative energy can leap out, directed at you. This book reveals that your aura is your best line of defense. By using the exercises in this book to strengthen your aura, any such unintentional psychic attack will easily be dispelled and discharged. Even more rare is the "classic" psychic attack where a person does some sort of spell or ritual to harm you. Full instructions are given for overcoming such negative magick, both on a practical, physical level sever any physical connection between you and the attacker and on a ritual, spiritual level perform blessings and rites to overcome psychic attack. But what happens if an attack does get through? First, you have to know how to recognize it. Usually, a successful attack strikes at your weak link. That could be your physical health causing illness or your mental attitude causing depression. This book will show you how to recognize the problem and how to deal with it effectively. You are constantly subjected to psychic stress and psychological bombardment. This book will teach you how to develop your aura into a powerful protective force shield that will boost your sense of well-being, strengthen your immune system, and even give you added protection against accidents, physical aggression, and psychic attack. Radiate a new confidence, vitality, and strength.

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Chapter 2 : practical self defense | Download eBook PDF/EPUB

Home > books > self defense books > The Llewellyn Practical Guide To Psychic Self-Defense & Well Being (Llewellyn Practical Guides) Scientific Self-defense \$ (as of July 25, , pm) \$

Absolutely—and a dynamic, powerful, psychic aura is your best defense. This book explains the basic principles and most effective methods of psychic self-defense so you can master them and adapt them to your own needs. Use psychic self-defense in your home, your workplace, even within your community, to create a haven from day-to-day worries, negative energy, and stress. About the Authors Melita Denning and Osborne Phillips are internationally recognized authorities on the mainstream Western Mysteries and the Ogdoadic Tradition, that premier hermetic school whose keywords are knowledge and regeneration. To Write to the Author If you wish to contact the author or would like more information about this book, please write to the author in care of Llewellyn Worldwide and we will forward your request. Both the author and publisher appreciate hearing from you and learning of your enjoyment of this book and how it has helped you. Llewellyn Worldwide cannot guarantee that every letter written to the author can be answered, but all will be forwarded. Paul, MN , U. No part of this book may be used or reproduced in any manner whatsoever, including Internet usage, without written permission from Llewellyn Publications except in the case of brief quotations embodied in critical articles and reviews. Llewellyn Publications, 1. D36 83â€” ISBN Llewellyn Worldwide does not participate in, endorse, or have any authority or responsibility concerning private business transactions between our authors and the public. All mail addressed to the author is forwarded but the publisher cannot, unless specifically instructed by the author, give out an address or phone number. Any Internet references contained in this work are current at publication time, but the publisher cannot guarantee that a specific location will continue to be maintained. Fear, and how to cope with it. Practical methods of fortifying the aura. Using your fortified aura to defend yourself, your children, your home, your pets. What is behind the centuries of stories of ritual murders, desecrated churches and graves, depraved cults, vampires, and the like? History as fact and fiction. The backlash of propaganda. Attacks by other occultists through jealousy, revenge, or as a simple display of power. Attacks by nonoccult people: Trouble from forces usually impersonal that the student of occultism may have aroused. Some symptoms of true psychic attack. Troubles, somewhat similar, experienced by religionists. Buildup of unused psychic energy. Difficulties caused by psychological problems. Genesis of a Jonestown. Necessary psychic hygiene in spiritual leadership and following: The function of the imagination. Who needs a special understanding of psychic self-defense? The occultist, the mystic, the medium; the man or woman whose life is spent in the commercial world; the psychotherapist, the nurse, everyone who assumes responsibility for the health and welfare of others. Contagion of negative conditions. Sufferers from afflictions of the psyche; sufferers from the stresses and strains of family life. The housewife, buyers, and consumers generally. Do you feel you are pressurized by traders, proselytizers, other canvassers, by your own oversensitivity or by general bad luck? Psychic self-defense methods and principles are not only psychic self-defense of high value in themselves, they help build up your own natural defenses so none of the things you now fear can or will assail you. Evidence for the real existence of the aura; power of the spiritually developed aura. Work well, play well. Why not do your own personality trip? The question of loyalty. Shopping for groceries, shopping for a house. Go on doing your own thinking. Psychological coercions and how to counter them: The word people fear even to utter; a vital morale practice for you, and a step toward a saner society. Dealing with people who take favors for granted, rightsrobbing bosses and relatives, sales callers, religious canvassers, professional gamblers, dead-loss lovers. How we take their side against ourselves: You can make or find your own. Preparing materials for use in amulets or in ritual. High value of ritual for psychic defense as a supplement to the development of the aura. Directions for ritual procedures: Why let guilt feelings jinx you. Divine love does not ask questions. Ways to banish an implanted image. Impersonating spirits and obsession. The astral vampire as a factor in alcoholism

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and in hypersexuality. Possibilities of human agency in such cases. Doll sorcery and counter measures. More on guardianship of the imagination. Stress, noise, some types of music, some types of drugs such as psychic self-defense painkillers, the conventional urgency of external tasks, all can weaken our self-awareness and lower our confidence. Necessity of taking time and action to revitalize ourselves. Desirability of a positive program, vacations spent in activities in which we feel we belong to our real selves. Harmony within oneself, harmony with the natural world: People who can command rats and mice. Keeping Introduction P sychic self-defenseâ€”it sounds like there is a war going on, and that people need to defend themselves against the invading hordes! Well, in a very big sense, it is true. And maybe there is a little bit of psychic espionage going on. Instead, the strength of good health gives you natural resistance to ill-health. And, in fact, the principles of psychic self-defense will also contribute to your physical health, for there is indeed a tie between the psyche and the physical body, and employment of the techniques taught in this book will result in well-being. But this book does not avoid or skim over the very real possibility that you may have specific needs for defense against direct psychic attack. There is a lot of nonsense about the occult written and produced in books and magazines, on radio and television, and most especially in the movies. There is just as much nonsense about the occult coming from generally wellintentioned ministers, doctors, teachers and ordinary people. It is mostly nonsense because most of it is based on fiction, superstition, misinformation, and even deliberate falsehood. Some of it has nothing at all to do with the occult. But even nonsense can be dangerous if it induces fear or incorrect action. Psychic self-defense is not a matter of burdensome armor or the constant exercise of countermeasures. It is not walking in constant fear of attack, suspecting a lurker at every threshold. Rather, is it a matter of strength, of confidence, of success and fulfillment coming to you through the employment of some simple and perfectly natural psychic techniques. Some people do these things quite naturally and instinctively, without knowing anything about the principles or techniques used in this book. But others have been conditioned, falsely, not to use these natural powers, or they have lost these instinctive abilities through some early psychic injuries unknowingly sustained in this invisible war. Offense is the best defense! You have heard that before, but here it takes on an altogether new meaning: Such a virgin has all his or her natural psychic defenses in place. Correct knowledge can also protect you from false perception of the world around you, and free you from reacting to illusions that can bring harm, just as in the example of the person whose fear of ghosts led to an accident. Modern holistic medicine is much more open today to nonmaterial possibilities, but discoveries being made about the psychic side of disease could be far greater if it was more generally known that Western occultism was much more sophisticated than is generally presumed. People have died of fright, or have become sick, or have had accidents, or lost friends or possessions, or have in turn brought injury to others as the result of seeing, or believing in, what is later found to be an illusion. And, psychically, fear, or belief in something, can invite psychic and even physical injury. Belief in a curse can make that curse powerful and real. But John Milton, two centuries earlier, wrote: But we can equip everyone with a good psychic self-defense system, and in doing so we expect to see an improvement in the psychic atmosphere as well. Psychic self-defense is vital to every person. Each person is a composite of body, feeling, mind, and spirit all ceaselessly interacting with each other. For true psychic self-defense a well-fortified aura is the basic need. People in the business world are particularly subject to forms of psychic stress. People involved in welfare work or in counseling are likewise subjected to particular kinds of psychic stress. Any physically or emotionally sick person will benefit from aura fortification. The stay-at-home parent needs psychic self-defense: The imagination is a special function of the astral level of the psyche, and the imagination can be skillfully directed by the rational mind to picture that which is good for the whole person. Things of which we are not conscious can affect us through the astral level: Conscious action can be induced from unconscious experienceâ€”such as subliminal advertising of which we remain unaware, and which influences us to make irrational decisions.

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Chapter 3 : calendrierdelascience.com:Customer reviews: The Llewellyn practical guide to psychic self-def

The Llewellyn Practical Guide To Psychic Self-Defense & Well Being (Llewellyn Practical Guides) Psychic: Understanding Clairvoyance and Auras (Being Psychic, Accurate Psychic, Medium Psychic, Mediums, Text a Psychic) Psychic Development for Beginners: An Easy Guide to.

Table of Contents Leave a review at Goodreads. However, your psyche is constantly under attack from friends and strangers, advertisers and politicians who want to manipulate you. The best way to overcome attacks on your psyche is through awareness that they are occurring. This requires you to become more awake and alert to this bombardment. Part of the technique is to understand how this attempted manipulation works. By studying this book you will gain that knowledge. The result is that the psychological intimidation that has been used on you in the past will no longer control you. There are two types of psychic attack. The first kind is attack by a person who has not had any occult training. He or she may feel slighted or betrayed by you based on actual or imagined situations and hold on to negative emotions. Eventually, unknown to that person, the negative energy can leap out, directed at you. This book reveals that your aura is your best line of defense. By using the exercises in this book to strengthen your aura, any such unintentional psychic attack will easily be dispelled and discharged. Even more rare is the "classic" psychic attack where a person does some sort of spell or ritual to harm you. Full instructions are given for overcoming such negative magick, both on a practical, physical level sever any physical connection between you and the attacker and on a ritual, spiritual level perform blessings and rites to overcome psychic attack. But what happens if an attack does get through? First, you have to know how to recognize it. Usually, a successful attack strikes at your weak link. That could be your physical health causing illness or your mental attitude causing depression. This book will show you how to recognize the problem and how to deal with it effectively.

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Table of Contents Leave a review at Goodreads. It is highly unlikely that you will ever fall victim to a psychic attack. And if it ever happens, you can learn to recognize it and deal with it, quickly and effectively, using the techniques given in Practical Guide to Psychic Self-Defense. And now the bad news. Even though the chances are good that you are not under deliberate psychic attack, your psyche is constantly under attack. Advertisements use psychological techniques to manipulate. Friends and relatives use psychological intimidation and guilt to control you. Politicians try to motivate you using fear and other manipulative techniques. Luckily, The Practical Guide to Psychic Self-Defense by world-famous authors and occultists, Denning and Phillips, can help you overcome all of these challenges. In fact, this may be the most important book on the subject ever written. The book begins by explaining what psychic self-defense really is. You will learn that while a true psychic attack is quite rare, you still need to be aware of the way people attempt to manipulate you. Then you will learn about the aura and how it works as a protective barrier to negativity. You will also learn practical methods of fortifying the aura. This will not only help you see the incoming negativity, but it will also protect you, in advance, from any true psychic attack. But psychic attack, rare as it is, does occur. The book explains that such attacks, when created by an occultist, come from jealousy, revenge, or as a display of power. If such an attack comes from a non-occultist, the attack may simply be a focused response to you. If you are practicing occult exercises, it is possible that you have aroused impersonal forces that may send negatively-charged energy in your direction. This book tells you how to identify a deliberate psychic attack, and presents effective methods for dispelling such an attack. Psychic attacks strike you at your weakest point. If you have a weak stomach or lungs, a psychic attack could harm you in those areas. If you have a weak will, you could be enticed into a relationship that could threaten your regular relationship. But have no fear! Remedies and countermeasures are included to overcome any real psychic attack. This book presents techniques that will enable you to strengthen your defenses, psychically prevent crimes and defend a new enterprise. With the information and techniques in this book you can banish worries of psychic attack forever! When Our Fight-or-Flight Response Hinders Our Fertility One of the most frustrating things to encounter as a woman trying to get pregnant is getting a diagnosis of "unexplained infertility.

Chapter 5 : Practical Guide to Psychic Self-Defense : Melita Denning :

Deliberate psychic attack is very rare. However, your psyche is constantly under attack from friends and strangers, advertisers and politicians who want to manipulate you. Luckily, there is a solutionâ€•Denning and Phillips" The Llewellyn Practical Guide to Psychic Self-Defense.

Chapter 6 : Practical Guide to Psychic Self-Defense by Llewellyn Worldwide, LTD. - Issuu

Practical Guide to Psychic Self-Defense and Well-Being Published by calendrierdelascience.com User, 15 years ago Melita Denning and Osborne Phillips have published numerous books and tapes about psychic matters, magic, creative visualization, and astral projection.

Chapter 7 : Trade Website - Practical Guide to Psychic Self-Defense: Product Summary

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The Llewellyn practical guide to psychic self-defense & well-being by Melita Denning, Osborne Phillips starting at \$ The Llewellyn practical guide to psychic self-defense & well-being has 1 available editions to buy at Alibris.

Chapter 9 : Trade Website - Browse Series: Practical Guide Series

Luckily, The Practical Guide to Psychic Self-Defense by world-famous authors and occultists, Denning and Phillips, can help you overcome all of these challenges. In fact, this may be the most important book on the subject ever written.