

DOWNLOAD PDF LOOK A PRACTICAL GUIDE FOR IMPROVING YOUR OBSERVATIONAL SKILLS

Chapter 1 : Peter Margaritis, The Accidental Accountant

In his latest book, Look: A Practical Guide for Improving Your Observational Skills, Gilmore introduces the metaphor of "six looking glasses." Each looking glass represents a particular skill to master in order to enhance the way we look at the world.

From the desk of Peter Margaritis Reading is one of the ways I expand my understanding, increase my knowledge and, frankly, relax. So when an author I admire releases a new book, I usually get it right away. Gilmore is one of those writers. I had previously read his book The Experience Economy, and I liked his writing style and the content of his book, so I ordered Look: As an improviser and a humorist, I know the more I heighten my observational skills the more adaptable and funnier I can become. The list keeps getting longer. The six looking glasses are: Here is a summary of each, as laid out in the book: Binoculars are used to look across and survey at a distance. Use when visiting someplace for the first time, when entering or exiting any place, when feeling crowded or overwhelmed with details. Bifocals are used to alternately look between two contrasting views or directions. Use when you are familiar with some place or thing, when everything seems the same in the moment, when everything seems the same as before or when you are bored. Magnifying glasses are used to look closely at one main spot. Use when fascinated by something, when baffled by something, when faced with some difficulty or when there is time to kill. Rose-colored glasses are used to look at something better than it actually is. Use when all goes awry, when nothing seems positive, when some place or thing is not to your taste, or when interrupted, disturbed, or offended. Blindfolds are used to look back and recall. Use when transitioning from one place to another, after completing some task, at the end of any visit, at the end of the day or the start of a day. Throughout the book, there are different exercises to help you understand the proper way to wear these glasses and when to switch to a different pair. By wearing these different glasses, I could slow down a bit and see more clearly. You can wear one set of glasses or even all of them to analyze any situation. If I were to put on a blindfold now and look back at what I read, I would see that there is clear congruence between improving your observational skills and my book, Improv Is No Joke: The six glasses method is in alignment with the improv principles of listening and focus. Listening to understand and being present at the moment allow us to decide which pair of glasses we should use to bring to assess the situation and develop a strategy to handle it based on what we hear, say and see.

Chapter 2 : WHI | Improving Your Observation Skills – White Horse Inn

The book "Look - A practice Guide for Improving your observation skills" provides narratives on application on the relevance of anything we do. Six Thinking Hat methods are widely used for driving creativity and One word that we frequently hear from our parents, teachers and boss is "Observe" correctly.

Chapter 3 : Look: A Practical Guide for Improving Your Observational Skills by James H. Gilmore

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