

Chapter 8 Looking Good on the Job Planning a balanced diet is easier when you follow certain guide-lines. MyPyramid is a personalized eating plan that gives amounts of food to consume in i-ve basic food groups.

Roll on, countertop fabricators! Every so often you run into someone who gets off on pointing out his or her superiority to others. Also, mistakes happen; some are serious enough to warrant redoing the job, but others can be worked with. Sometimes, less-than-stellar work results from depression or a broken heart, in which case, Hello! Ever heard of compassion? On other occasions, run of the mill quality may be all a client is willing to pay for. Here are a couple of examples from one of my recent jobs. After years spent camping in a tent set up in an old barn on their dream property, these longtime clients had a lovely, compact, aging-in-place-appropriate house built. They had the bathroom walls and floors tiled – a major investment that took the installers weeks to complete. Fortunately I was able to implement a simple fix. The vanity was getting an applied side – in this case, shop-made tongue and groove boards. The same solution would have worked with a slab or frame-and-panel side. I affixed the material at the front of the cabinet with brads. As I neared the back, I nailed the pieces of side material at the bottom but inserted a shim between the tongue-and-groove material and the cabinet to create a gradual flare at the top. By the time the side met the tile, the line was straight. The counter material is marble; the fabricators will make a template based on actual conditions, not measurements. A couple of shims inserted at strategic points between the cabinet side and the finish material did the trick. Exhibit 2 See the problem? The face frame of this cabinet, over a refrigerator, does not fall in line with the framed wall: I suggested adding some height to the alcove to allow for a capacious storage cabinet above, in what would otherwise have been wasted space. To keep costs down, the cabinet would have a curtain to be made by one of the clients, a skilled seamstress instead of doors. It was a good idea in principle. Luckily, he was visiting from out of town. Aaron Mitter, accomplished jazz double bass player, knows how to use his head. On my next visit to the job site, my clients and I strong-armed their fully-loaded fridge out of the alcove and unscrewed the cabinet from the wall despite my protestations, they insisted on supporting the cabinet while I guided the process, loosening the screws and barking out suggestions for shimming, etc. We made some improvement, but the the result is still less than perfect. I was ready to keep at it until we achieved perfection. Then I heard one of the clients say the situation looked acceptable. I am aware that in an ideal world where tradespeople have the luxury of doing their best regardless of circumstances such as bills that need to be paid via income from clients whose budgets may not allow for top-level craft , no such excuses are acceptable. But in the world I know, i. It is possible to provide basic quality without exceeding expectations.

Chapter 2 : 13 Resume Mistakes That Make You Look Dumb

It was part of the job, they get dressed in a wig and full costume to be hired as a face painter. Today we have options, and part of charging for professional services means looking the part. Birthday moms, event planners, and agents want their artists to look the part.

You are pumped and ready to paint the world, but you have no idea what to wear. Do you go the all black route and potentially look like you are painting at a funeral? Do you raid the local thrift store for a funky eclectic variety of tops and bottoms? Do you hire a professional costume designer and create a one of a kind uniform to match your personality? You can do any of the above, or you can finish reading this blog and hopefully be inspired enough to build a professional wardrobe that compliments you and your image. Think about the types of events you get hired for and what would be the most comfortable clothing options. For example, I live and work in south Florida. My look works great for me because it meets all my requirements. Comfort is essential Do I stand out from a normal guest at the event? If I spill a little paint on my clothes will it show? Do I look like a professional? A nice pair of black pants, comfortable shoes, and making sure your clothing is ironed and clean will speak volumes. I believe that adding a little face paint, eye candy, or sparkles is the icing on the cake. When you paint your own face, your customers get a feel for your skills. They are usually impressed you can paint yourself and if you opt for an all black look you can use the face paint as the splash of color. Painting yourself can also be a way to tie in the theme of the event. It was part of the job, they get dressed in a wig and full costume to be hired as a face painter. Today we have options, and part of charging for professional services means looking the part. Birthday moms, event planners, and agents want their artists to look the part. One of our big accounts is a banking company, where we do a lot of branch grand openings. They are very specific that on the day of the event they want all staff to wear red shirts and khaki pants. As event planners, we organize that all painters and balloon artists have the required clothing. On the other hand, when I am booking birthday parties, I always ask if there is a theme. If not, Silly Heather the face painter will wear professional face painting attire; which is either my floral, festive party dress and leggings, or my sequin beret, colorful waist apron and bling shirt. Whether you get aprons embroidered or shirts screen printed, uniformity correlates to professionalism. For a nice selection of embroidered clothing check out blackcatembroidery. Let us know why you choose your look and how you went about creating it. Community is our most valuable resource. Sharing with one another helps our industry grow, sets standards, and can open many doors.

Chapter 3 : Good food jobs. :: Your new food career is waiting! We have listings for jobs in the food sector.

A set of guidelines developed by the U.S. Department of Agriculture designed to promote good health and nutrition. Grooming Taking care of one's appearance;making neat and tidy.

Posted by Financial Samurai Comments Climbing The Corporate Ladder With cashed up corporate balance sheets and strong earnings growth, employment levels continue to improve across America. The latest unemployment rate has declined to 4. Use this time to plan more thoroughly. An excellent resume should be standard. What I thought was a friendly meet up turned out to be a soft sell on why I should join his firm. You should send me your resume. Truth be told, my resume was one year old and needed some updating. Make sure the top half of your resume pops and everything is clear. If you have a resume longer than one page, you just quadrupled your chances of having your resume crumpled and tossed in the bin. More is much less in this situation. Having a one page resume shows that you are concise, clear, and to the point. Contact info, latest two or three jobs with responsibilities, education, and hobbies done. Segment the page out in titles, use bullet points if you will, and make that one page as simple to read as possible. Like blogging, content is king! That will surely piss off your reviewer if she wants to contact you. You and your interview make the person. A bad resume obliterates your chances, and a good resume is the absolute minimum. There is no one golden resume format. It just has to be easy on the eyes. Put a picture of yourself up on the top right hand corner. Change your resume color to a green back ground. Make your objective statement a prediction on who will win the Super Bowl and why? Then parlay that with a follow up interview if your prediction holds true. His resume is easy to read. Edgar has a classically formatted resume which I like. He must be just graduating from business school because he over emphasizes his education, and under emphasizes what makes Edgar the man. I would love to know more about what makes Pamela tick. Also, I would consider removing her earliest work experience and expand a little more on her interests. The resume showcases her range as an actress in terms of tours, plays, commercials, and training. You have to look closely to see that he was an Accounting Intern from , which as an awfully long time. A good resume is standard, which also means good resumes are everywhere. If you have a badly formatted resume with glaring holes, your job seeking life is over. The economy is now extremely strong with the stock market and real estate market at record highs. Power is shifting towards the employee. Make your resume count and maximize all of your opportunities before the economy turns sour! I managed to negotiate a severance package worth six years of living expenses 3 years of salary after working at my firm for 11 years. I now live stress-free in retirement and enjoy working on my entrepreneurial endeavors. My book is pages long and packed with information to empower the employee to walk a way with potentially a small fortune. You never know where the journey will take you! Updated for and beyond. It is a raging bull market now. Take advantage of record high corporate earnings and record high stock prices to command the job and salary you want. It is a job seekers market now. You will regret your decision to waste time for money years from now.

Chapter 4 : looking good on the job | Paint Pal

If you find yourself looking for a job in the second half of the year, it's important to hustle a little more or prepare for activity to pick up in the spring. Don't give up hope. Use this time to plan more thoroughly.

Think of your resume as your 60 second audition in front of a judge on one of those reality TV talent shows. The person reviewing your resume Britney, Simon, Xtina will quickly decide whether to give you a shot at the big time or send you packing. So the golden rule is: You can do this by avoiding common mistakes on your resume – the kind that we see even great candidates making. Remember, you only have a few seconds to either make a good first impression or to make a really bad one. Luckily, these mistakes are easily avoidable. Take the extra time to re-read your resume several times or have an English major friend look it over for you. An objective reader can make a big difference in helping you catch spelling and grammar problems as well as many of the other mistakes listed in this post. For a potential future boss, your resume is your first work sample and should reflect your ability to write, edit, and proofread if hired. Grammar Girl is just one great resource for practical application of grammar rules. Sloppy formatting and fonts You want your resume to stand out, but there is such a thing as standing out in a bad way. Avoid too many font types and steer clear of font sizes that are too big or too small. Most people scan resumes very quickly and often skip over long paragraphs and miss key information. Use white space and bullets to make your resume format easy on the eye. Use of bullets can also ensure better reader comprehension when visually scanned. Leave comfortable margins on the page and make sure that everything is neatly aligned. Just plain ugly Your resume is meant to be a marketing document – an introduction that will get you in the door for an interview. There are better ways to demonstrate your creativity. Save the arts and crafts for Pinterest. Your resume should be simple and elegant. Go minimalist and let the words speak for themselves. When you bring your resume to an interview, carry it in a folder to keep it crisp and fresh. Too short In general, try to keep your resume to pages in length. Recent graduates should aim to stick to one page while more experienced candidates can get away with using more space. Remember to use common sense here: There are exceptions – CVs for academic positions and some other roles tend to be longer and more detailed. I know this first-hand since I just reviewed a page resume from very accomplished academic client. Use your space wisely to share more details about your most current and relevant work experience and edit down the descriptions of your earlier jobs to the bare necessities. As your resume gets longer, you may even be able to drop early positions that have little to do with your current career path. Just ask former Yahoo! Another common fib is with languages. Sketchy job dates One of the main things that employers focus on is how long you worked at your previous jobs. They are going to be scanning for dates and zeroing in on short tenures and long gaps between positions. Make sure to put down, for each job, the date that you started working and the date that you left month and year is sufficient. A lack of dates will read as an attempt to hide something. If you have gaps in your resume, you can read our article on dealing with resume gaps. Proof the dates carefully. Contact information This may sound silly, but it happens more often you might think: Also, make sure you have a professional sounding email address. Avoid vague statements like: Looking to apply my skills and experience in a fast-paced, challenging environment. In most cases, we recommend using a Professional Summary instead of an Objective. Including percentages and numbers can be useful. This probably means customizing your resume for each position, especially if you are considering more than one type of opportunity. Carefully review the job description and then take the time to tailor your resume to emphasize the strengths and experience that are most relevant for the position. By then, you will have used Big Interview to prepare and practice so that you can discuss your reasons in a positive and professional way. Describe your job duties in enough detail to give the employer a good idea of your general responsibilities. Highlight your job achievements. Use bullet-points to help the reader focus in on your accomplishments. Too many candidates make the mistake of including a detailed job description instead of emphasizing individual contributions. Passive tone of voice. Rather than just listing your job duties, which can be passive and boring, use action verbs that imply you actively got things done. Here are some good examples: The thesaurus can be your friend if you find you are overusing certain words on your

resume. Common mistakes even the seemingly little ones can kill your chances of getting an interview.

Chapter 5 : 9 Important Things To Look For In A New Job

WAYS TO SAY "GOOD JOB" You've got it made! Sensational! You're doing fine. Super! You've got your brain in gear today. Good thinking.

Author Janet Categories News 1. Communication Skills The ability to communicate clearly and effectively in many mediums: Communication also includes listening skills and the ability to follow directions and provide feedback. Honesty Employers want accurate and timely information regarding their business and their employees. Technical Competency Most positions require certain skills that are advertised on the Job Posting. If you are hired to perform certain tasks then you should have the skills. Improving your skills along the way is also expected. Work Ethic Be at work on time, do what you were hired to do, meet targets and deadlines and work to the best of your ability. What more could an employer ask? Flexibility Employers and their employees need to react quickly to changing business conditions. Employers need employees who can change gears and adapt as required. Determination and Persistence Managers will give employees challenging goals but generally they are achievable. The key is to be able to work hard and keep moving forward when you encounter obstacles. Ability to Work in Harmony with Co-Workers Employers and managers like to have people working with them and for them who can get along with their colleagues and who can work with others effectively in different circumstances. Eager and Willing to Add to Their Knowledge Base and Skills As businesses change, there is often a need to find out new information, expand knowledge and explore new ways of doing things. People with an interest in learning, and a willingness to pass it on to others, become invaluable. Problem-Solving Skills Companies are looking for people who are motivated to take on challenges with minimal direction. Employees should see when something needs to be done and react accordingly. Employers do not want to hire people who require close scrutiny or who cannot be trusted to represent the company in public. How can you let an employer know that you have these qualities when you are applying for a job? Provide a resume that uses the words employers are looking for to get their attention Send a cover letter with your resume that clearly demonstrates you understand the skills needed for the job and provide examples of where you have used these skills Make sure your references will say good, appropriate things about you on inquiry Volunteer and have your supervisor provide a reference Have great letter of reference from a previous employer to give to prospective employers Have good communication skills, on your resume, on the telephone and in the job interview Have examples and stories to tell in the interview of how you learned something or how you solved a problem at a previous position.

Chapter 6 : How Can I Get A Good Job With No Experience?

- F - School to Career © School to Career © School to Career © School to Career © Chapter 8: Looking Good on the Job Chapter 8: Looking Good.

Chapter 7 : How To Build An Effective On-The-Job Training Program - When I Work

Some of these hires who look so good on paper can be unmotivated, dishonest or just plain hard to get along with. While you can train an employee in hard skills, soft skills are more an inherent part of the person's character and are difficult to acquire on the job.

Chapter 8 : How to Be Good Looking: 15 Steps (with Pictures) - wikiHow

Job searching without much work experience can be frustrating, but with some hard work, a lot of ambition, and confidence in yourself, it can happen. Here's how to get there: 1.

Chapter 9 : Let's™ Make Everyone on the Job Look Good | Popular Woodworking Magazine

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Most employers look for signs of leadership qualities. Learning skills “ Jobs are constantly changing and evolving, and employers want people who can grow and learn as changes come. Academic competence in reading and math “ Although most jobs don't require calculus, almost all jobs require the ability to read and comprehend instructions.