

Chapter 1 : - Mable & Gar Hoffman's Cookies in Minutes by Mable; Hoffman, Gar Hoffman

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February 28, By Valerie J. She laterâ€¦ Penguin Putnam Food stylist and home economist Mable Hoffman had been married a good 30 years when a wedding gift caused her career to take an aromatic detour. The recipients of that early s present -- a Crock-Pot -- were newlyweds unsure of what to do with the newly invented electric slow-cooker. The job of developing the recipes and writing the pioneering book went to Hoffman, whose test kitchen amounted to 20 slow cookers lined up in her Solana Beach home. The resulting "Crockery Cookery" was an instant bestseller. It was "the right book" at "the right moment," the New York Times declared in , adding that 20 million Americans who had bought slow cookers "were eager for tips. The initial infatuation with such slow-cooker recipes as her simple "Round Steak With Rich Gravy" or "Mission Chicken" with grapes and topped with slivered almonds would wax and wane. Yet the shift in American culture that first helped popularize the gadget -- the rise of the working woman -- also secured its future on kitchen countertops. Alongside such slow-cooker standbys as beef stew and pot roast were more pasta-based dishes and recipes that featured less fat and ethnic-influenced offerings such as Thai chicken. She thought critics who dismissed the slow cooker because it had a tendency to make everything taste kind of the same "had somewhat of a valid point," her daughter said. In later crockery books, Hoffman tried to emphasize adding herbs or another ingredient at the end of several hours of cooking to "brighten" the dish. A prolific and award-winning cookbook writer, Hoffman published 18 cookbooks over 25 years, working with her husband, Gar, and daughter Jan. Only a third were dedicated to the slow cooker, and two books emphasized speed -- "Cookies in Minutes" and "Pasta in Minutes" Her father was a postman and ran a jewelry-repair business. While at the University of Maryland, she became aware of regional differences in food. Later in life, the outgoing Hoffman nurtured this interest by traveling with food writers to faraway places. In the late s, she moved to Los Angeles with her husband and became a recipe developer and consultant for Sunkist Growers. Several years later, Hoffman established a consulting firm, serving as a food stylist for Better Homes and Gardens magazine. She also worked with Hunt Foods and other companies. When her husband, a civilian administrator for the Navy, was transferred to San Diego, they moved in Soon, she started building a collection of slow cookers so large that she eventually lost count of how many she owned. Gar, her husband of 52 years, died in A bon voyage party featuring Hoffman recipes and a fair number of slow cookers will be held at 1 p.

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*Mable & Gar Hoffman's Cookies in Minutes [Mable Hoffman, Gar Hoffman] on calendrierdelascience.com *FREE* shipping on qualifying offers. Provides more than shortcut cookie recipes for traditional favorites and new treats and features easy mixing tips.*

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