

Chapter 1 : White Bison - Wise Women Gathering Place

The Mending Broken Hearts Appeal has funded 25 million of research into regenerative medicine across the UK. This work aims to help repair the heart following a heart.

Supported by the scholarship, in November Dr Monteiro spent three weeks at the leading Australian cardiac service, MonashHeart in Melbourne. Professionally, the training made me feel more experienced and self-confident in diagnosing heart cases through echocardiography. I do it all – I see the patients and I do the echocardiograms myself, analyse the results and provide the diagnosis. The MonashHeart course covered a broad range of areas in just three weeks, with simulator training, cardiology inpatient and outpatient clinics, echocardiography and paediatric cardiology. Since returning to Timor, the MonashHeart training enables me to diagnose the paediatric cardiology disease cases earlier, which means patients get referred for surgery sooner, with better outcomes. With paediatric cardiology, frequently caused by rheumatic heart disease, it is distressing to see young lives held back by debilitating symptoms. After surgery, when the young patients see me for a check up, I always praise the Lord that their health is improving very quickly and they are able to live as normal children. The scholarship also led to good relationships with fellow heart specialists in Melbourne, which will help when communicating with them about East Timor Hearts Fund cases. I would love to return to MonashHeart to take their formal course in intervention cardiology. My country needs this expertise the most, to save lives in cardiac arrest cases. If I look back on my career, I see that scholarships enabled me to become a cardiologist. After high school, I became the only Timorese student to ever receive a full scholarship from the Indonesian government to study medicine at the prestigious University of Indonesia. After returning to Timor as a GP, I saw there was a critical lack of heart specialists to meet this overwhelming need. Then I received a scholarship funded by the Timor government to take the cardiology program at University of Padjajaran in Bandung, Indonesia. Now the East Timor Hearts Fund scholarship has opened more possibilities for me to improve heart treatment in Timor-Leste. Scholarships have had many positive impacts on my life and, through my medical work, so many other lives. This raises an important question: If we can help others now, why wait until later? Helping young patients through East Timor Hearts Fund is the best way because it changes their lives, and especially their quality of life. And we can see the difference in how they are able to transform their lives in the future. Donating to support scholarships that improve the capacity of local doctors in Timor-Leste will enable them to identify which patients are in most need of medical help, a critical decision in a country with very limited medical resources. Our annual report is out now!

Chapter 2 : Mending broken hearts | Pint of Science

Bess Myerson once wrote that "to fall in love is awfully simple, but to fall out of love is simply awful." Especially if you are the one who wanted the relationship to last. Mending a broken.

View Training Descriptions The Mending Broken Hearts programs provide culturally-based healing from grief, loss, and Intergenerational Trauma, especially for native peoples from the United States and Canada. Unresolved grief is demonstrated in the many social issues that Native people experience, as represented in the "sick" forest illustration. Traditional healthy cultures have been made "sick" by the anger, guilt, shame and fear, passed on from generation to generation. This creates a "culture" that is shame-based. This sense of shame and unresolved grief contributes to the behavioral, emotional, physical, and spiritual issues that challenge wellness. There are three steps in healing from Intergenerational Trauma. Train the professional behavioral, mental health, substance abuse, re-entry staff on the techniques of using the Mending Broken Hearts curriculum to heal unresolved grief in the community. This builds the infrastructure and support for the community as it enters the healing process. Create healing circles in the community to process the unresolved grief. Circles can be set up for specific groups in the community; i. Create a healing forest and bring trainings to the community. This step builds support groups for the People and brings the community back to the sacred circle. Mending Broken Hearts for Professionals Train facilitators to implement this curriculum in their community. Develops the behavioral health infrastructure for the community as it begins healing from unresolved grief and the losses created by the legacy of Historical and Intergenerational Trauma, especially the effects of the Boarding School era. This training is intended for mental health, behavioral health, substance abuse, re-entry, and other professionals. Mending Broken Hearts for Communities Train facilitators to implement this curriculum in their community. Develops grief healing coaches in the community to heal from unresolved grief and the losses created by the legacy of Historical and Intergenerational Trauma, especially the effects of the Boarding School era. Mending Broken Hearts for Women Train facilitators to implement this curriculum in their community. Provides culturally-based healing from grief, loss, and Intergenerational Trauma, especially for Native women from the United States and Canada. As native women, we have the highest rates of all traumas. Mending Broken Hearts for Men Train facilitators to implement this curriculum in their community. We recognize men are victims of trauma, but may not seek treatment due to shame, fear, and stigma. Mending Broken Hearts for Youth The purpose of the Mending Broken Hearts for Youth program is to train facilitators who work with youth in a culturally-based way of healing from unresolved grief, loss, incomplete relationships and Intergenerational Trauma. Develops the capacity in our Youth to build healthy communities by helping them heal from unresolved grief created by Historical and Intergenerational Trauma

â€” direct effects of the Boarding School Era.

Chapter 3 : Scholarship supports the one and only Dr Monteiro - East Timor Hearts Fund - Mending Broken

Founded in , Mending Broken Hearts is a non-denominational organization located in Worcester, Massachusetts. This organization is committed to building a community and training for families, children and individuals beginning anew.

Mending a broken heart is never easy. There is no quick way to stop your heart from hurting so much. But that should not hold you back from loving deeply. The pain that comes from deep love makes your love ever more fruitful. Go through it, not around it. I realize the most difficult task for a person with a broken heart is to stand still and feel the crack. But that is exactly what she must do. Because no shortcut is without its share of obstructions. You have to grieve in order to move on. During the 18 months of my severe depression , my therapist repeated almost every visit: By going through the intense pain, I eventually surfaced as a stronger person ready to tackle problems head on. Soon the pain lost its stronghold over me. Detach and revel in your independence again. Attempting to fill the void yourself " without rushing to a new relationship or trying desperately to win your lover back " is essentially what detaching is all about. The Buddha taught that attachment that leads to suffering. So the most direct path to happiness and peace is detachment. Parachin tells a wonderful story about an old gardener who sought advice from a monk. How can I attain liberation? But I have learned over and over again that I can. It is my job to fill the emptiness, and I can do it creatively, and with the help of my higher power. And here you are, alive, after those 18 months of intense suicidal thoughts. Click here to learn how you build one. Guess what they all thought about? When you turn your attention to another person " especially someone who is struggling with the same kind of pain " you forget about yourself for a split moment. Nope, there are many physiological reasons that contribute to the healing power of tears. Some of them have been documented by biochemist William Frey who has spent 15 years as head of a research team studying tears. Among their findings is that emotional tears as compared to tears of irritation, like when you cut an onion contain toxic biochemical byproducts, so that weeping removes these toxic substances and relieves emotional stress. So go grab a box of Kleenex and cry your afternoon away. Make a good and bad list. Working out your grief quite literally " by running, swimming, exercising, walking, or kick-boxing " is going to give you immediate relief. Plus you can visualize the fellow who is responsible for your pain and you can kick him in the face. Create a new world. This is especially important if your world has collided with his, meaning that mutual friends who have seen him in the last week feel the need to tell you about it. Take this opportunity to try something new " scuba diving lessons, an art class, a book club, a blog " so to program your mind and body to expect a fresh beginning without him or her. But forgiveness requires hope: Therefore in order to forgive and to move past fear, you need to find hope. And remember to love again! Once our hearts are bruised and burned from a relationship that ended, we have two options: Or we can love again. Deeply, just as intensely as we did before. Henri Nouwen urges to love again because the heart only expands with the love we are able to pour forth. The more you have loved and have allowed yourself to suffer because of your love, the more you will be able to let your heart grow wider and deeper. When your love is truly giving and receiving, those whom you love will not leave your heart even when they depart from you. The pain of rejection, absence, and death can become fruitful. Yes, as you love deeply the ground of your heart will be broken more and more, but you will rejoice in the abundance of the fruit it will bear.

Chapter 4 : Mending Broken Hearts | National Museum of American History

hearts are broken-- the abused child, the confused teen-ager, the gang member, the child with a disability, the imprisoned, the man with a mental illness, the woman with AIDS, the child with autism or mental retardation, the.

Chapter 5 : Mending Broken Hearts Workbook | Coyhis Publishing Inc.

Mending broken hearts with cardiomyocyte molds Date: March 13, Source: Michigan Technological University

DOWNLOAD PDF MENDING BROKEN HEARTS

Summary: Whether caused by an undetected birth defect or by a heart attack (myocardial).

Chapter 6 : Mending Broken Hearts Training | WARRIORS IN RECOVERY

Hello all my friends, this is Tigress Luv, aka Kimber T. Barber here. It is with great sadness that I write this. I am in home hospice and only have a few weeks/months left to live.

Chapter 7 : Mending Broken Hearts | calendrierdelascience.com

I can think of younger days when living for my life Was everything a man could want to do I could never see tomorrow, but I was never told about the sorrow A.

Chapter 8 : Linda Parham Ministries â€™ Mending Broken Hearts

*Mending Broken Hearts [Adele Wilcox] on calendrierdelascience.com *FREE* shipping on qualifying offers. A collection of inspiring, uplifting meditations on life and love offer solace to those nursing a broken heart or grieving over a lost relationship.*

Chapter 9 : 10 Tips to Mend a Broken Heart

Mending Broken Hearts for Youth. The purpose of the Mending Broken Hearts for Youth program is to train facilitators who work with youth in a culturally-based way of healing from unresolved grief, loss, incomplete relationships and Intergenerational Trauma.