

Chapter 1 : Developing Holistic Care for Long-term Conditions : Carl Margereson :

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And Royal Marines from 42 Commando and Assault Squadron Royal Marines have been travelling the densely-forested coastline in their landing craft gathering information from local people and identifying potential beach landing sites. By mid-November the virus had infected 5, people and claimed 1, lives in the country. There they met with local people, who told them more about the surrounding area, as well as carrying out an underwater survey in order to confirm beach gradients and their usability by landing craft. At the DfId-funded command centre that co-ordinates the emergency response in the west of the country, officials say burial teams are having to deal with as many as 50 or 60 bodies a day. Treatment centres are overwhelmed. The British have opened a treatment unit at Kerry Town. From 5,ft up in one of the Merlins, the place appears as a series of neat buildings in a sea of jungle and scrub. Its 92 beds will help ease the strain on existing facilities, but with dozens of new cases being reported daily, many feel the help has come too late. When the British began building the centre more than two months ago, the western part of the country had seen 20 cases. When it er in Ebola battle opened in November, the number had risen to 1, At the opening of the centre, Donal Brown, who heads the UK Ebola task force in Sierra Leone, described the facility as first-class, but just a small part of a broad British response. Not only is Argus playing a logistical role but also a medical role assisting in the care of more than British Armed Forces personnel deployed in Sierra Leone, as well as entitled UK government employees. During the journey to Sierra Leone the PCRf primarily engaged in training serials in preparation for receiving casualties and closely liaising with medical colleagues ashore conducting joint training both afloat and on land. If a returning person shows signs of a high temperature or fever they will be isolated by the PCRf and removed to the new bed medical facility ashore that has been established specifically to provide high-quality specialist care for Armed Forces and British medical personnel. The Plymouth man is six months into a two-and-a-half-year draft with Argus. It gave Argus the opportunity to top up with aviation fuel which will be vital for her role as a support ship for the Merlin helicopters. It all takes place while we are moving and we regularly transfer fuel, equipment, stores and mail. The vessel picked up 40 pallets of material, including seven pallets of matting for the construction of a helicopter landing site ashore. Overnight the ship has been tasked to take a load-lifting team up country and pick up stores in an under-slung net and bring it back to RFA Argus. This contains all the equipment I may need if our aircraft develops a problem and we get stranded somewhere or if we have an accident. For example a change of uniform, survival knife, torch, first aid kit, some food and a fire-lighting kit. Close co-operation with the aircrewman in the cargo door is essential. He leans out to keep an eye on the load and provides precise instructions to ensure that it is placed down onto the deck in exactly the right place. We also pick up a recce team who are coming along for the ride so that they can conduct reconnaissance of potential casualty evacuation landing sites along the way. Once at Makeni, we have a quick airborne look at our intended landing site, which is a football pitch. There are large trees around two sides, some goalposts and the surface is dusty. We plan our route in and out; considering what we will do if an engine fails during the approach. The 1 Lt Rich Beaumont, centre, with his Merlin crew dust can be a problem if it billows up around the aircraft, preventing us seeing the ground. En-route we keep a lookout for potential landing sites. Spotting what looks like another sports pitch we note down its location, map co-ordinates and take some photos. It looks ideal and has good access to the main road for ambulances. The rest of the flight back is uneventful, and we land back on the Argus at and shut down the aircraft. I have another shower and change out of my dirty flying kit and then head off for a very welcome hot meal. The tour was made on a cybership, thanks to a state-of-the-art virtual reality network being developed by BAE Systems. Royal Navy fast-jet pilot Lt Cdr Ian Sloan tells of life aboard the French aircraft carrier FS Charles de Gaulle, where he has been plying his trade as part of

preparations for the introduction of the Queen Elizabeth-class carriers see pages 14 and It is very much business as usual for other elements of the Royal Navy with divers from the elite Fleet Diving Unit 3 joining personnel from more than 40 nations in the Red Sea off the coast of Jordan for the fortnight-long International Mine Counter Measures Exercise see pages 24 and Meanwhile divers from Fleet Diving Unit 2 went to Iceland to work with personnel from eight other nations in a series of exercises disabling IEDs see page The missiles, which travel at three times the speed of sound, were fired at Manorbier Range near Tenby see page While the troop, part of 30 Cdo were in Wales, the men of 40 Cdo swapped the driving rain of Albania for the scorching sun of Jordan for the six-week Exercise Jebel Dagger see page In the Caribbean, HMS Argyll was dealing yet more blows to the drugs trade two busts in the past month see page 6 , while HMS Severn is giving up fish duties to head for the same region over the winter see page 5. The first-generation Merlin has made its final flight after 13 years on the Fleet Air Arm front line see page 8. Peace and quiet greeted the crew of HMS Clyde as she paid her first visit of the Austral summer to South Georgia as part of her routine duties in the Falklands see page Royal Navy personnel around the world joined the nation in acts of Remembrance, attending more than services in the UK alone see pages 28 and The centenary year of the start of World War 1 also saw personnel paying tribute to the fallen with visits to battlefields in France see page A new tribute to those who fought in the Falklands Conflict was revealed this month see page a giant mural painted by art students on the wall of the WO Mess at HMS Excellent see pages Tribute was also paid to the Royal Navy as men and women from the Naval Service marched to Parliament see page entering the House of Commons for the first time see page as a thank-you for their commitment around the world see page Argus arrival a game changer in Ebola battle 1 Continued from page 3 55 vehicles for DfID and medical supplies including more than four million rubber gloves, 1, rubber boots, disinfectant, thermometers, generators, mobile laboratories, protective clothing and more than , medical masks. Malaria is a bigger problem see page you can stay away from Ebola but you cannot avoid the mosquitoes and that is why everyone onboard is taking anti malarials. But when I told them about all the screening and safety steps that are in place they felt better and are now pleased with the role I am playing. But then I got the call to replace someone onboard and that quickly stopped me laughing. Flying in the environment of Sierra Leone has been a whole new challenge for me. The working conditions in the cockpit can be incredibly hot; sometimes the sweat literally runs down your face and into your eyes. This can really make some of the finer handling points difficult, especially when hovering alongside the deck of the ship or flying an underslung load smoothly. We have got the hang of it now though. Reporting by Craig Mowat navy news n www. The Devonport-based boat hosted the second Perisher course of the year see page and the first entirely run in the Med see page as prospective boat commanders and XOs were given the ultimate work-out. The visit coincided with November ceremonies and allowed crew members to take part in a service held at Souda Bay war cemetery, where more than 1, Commonwealth military personnel are buried. This service was particularly poignant for the boat as in the summer of , the previous Torbay Not quite all Rover THE second-oldest vessel in the Naval Service, veteran tanker RFA Black Rover has completed her penultimate deployment see page a marathon 17 months in the Atlantic. After days away from the UK, the veteran tanker see page which celebrated her 40th birthday in September see page arrived at Glenmallan jetty in Loch Long, her mission refuelling ships done. No Royal Navy vessel can carry out a patrol in the Southern Hemisphere without the support of a Royal Fleet Auxiliary tanker see page a duty performed in recent years by a Rover-class vessel. Sixteen times British or foreign vessels have topped up their fuel tanks to support their ongoing operations: She passed through the Strait of Magellan see page linking the Atlantic and Pacific at the foot of the Americas see page three times, the Panama Canal once, and crossed the Equator on six occasions. It has and will always be, a truly interesting, demanding tasking that is full of the unexpected! Red sky in the morning, two fishery protection ships leaving Faslane in company HMS Severn follows her older sister Tyne into the Clyde estuary for some rare combined training involving ships which typically exercise and operate independently. The offshore patrol vessel will be expected to pick up where Argyll left off: More than two dozen warships and submarines, as well as helicopters, AV-8B Harrier jump jets, maritime patrol aircraft, B52 bombers and more

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than 5, sailors and marines from 16 nations converged on the southern coast of Spain. Just for good measure, the Sandown-class warship had to thwart attacks from helicopters, fast speedboats and local patrol forces. There is a connection, however, HMS Argyll, whose past month of operations has encompassed all. The latter was seized at the end of mile high-speed dash through the Caribbean night. A US Coast Guard patrol aircraft picked up the go-fast " then directed the British warship to intercept. That Argyll did with a mix of her Artisan long-range 3D radar and thermal-imaging cameras. Thanks to the skilful pursuit, the frigate got to within just yards of the suspect vessel before the smugglers realised a warship was bearing down on them. After they surrendered and were arrested, the warship began retracing the route of the chase to recover the bales. The sailors hauled kg of cocaine out of the water. A search by the US Coast Guard Law Enforcement Detachment based on Argyll uncovered ten bales of cocaine, which was confiscated before the two crew members were taken into custody. A rightly-proud CO, Cdr Paul Hammond, says the seizures demonstrate the flexibility of a Type 23 " fighting disaster one day, crime the next " and the skill of his crew. Just a couple of days after commandos ran to the top of the Rock of Gibraltar in company with Man of Steel Henry Cavill to celebrate their th birthday see page 42 , so too sailors from the Portsmouth frigate. They jogged the 2. And several minutes later all 77 were on the peak " no-one dropped out. And others walked through the Samaria Gorge in Samaria National Park in the White Mountains; it cuts through 16 kilometres of southern Crete and is just four metres wide at its narrowest point. Normal duties like, say, hosting the heir to the throne and his wife, as well as the President of Colombia, in Cartagena. The panorama above suggests that the weather while HMS Argyll was alongside was jolly nice. Some of the time. Besides hosting VIPs, the visit to Cartagena allowed some sharing of ideas and experiences in the war against drug-running in the region and, at a sailor-to-sailor level, a spot of cross-navy fraternisation as the Brits toured the frigate ARC Almirante Padilla Their discussions centred around counter-drug operations " which is a primary task for the Dutch military in the region. The evening concluded with a ceremonial sunset at which Cdre Lodder took the salute as the VIP guest. The youngest of the four Trafalgar-class boats still in service has spent the last ten months on patrol in UK waters. The deeps have various adventure training activities lined up, not least participation at the RN ski championships in Tignes, France, next month. And in Portsmouth on August 6 events will be focused on the newly-restored monitor HMS M33, the sole surviving British warship from the campaign. With the Devonport-based vessel undergoing maintenance as she draws to the end of an month deployment which has taken her around the Med, Gulf and Indian Ocean to the shores of Australia, her junior rates were charged with organising an adventurous training day as part of their leadership training. When darkness fell, candles were lit to cast a suitably eerie light on barbecue proceedings. Using images depicting early and modern-day Marines the cover also includes the official Royal Marines logo along with the crest of the Royal Marine Commandos. The souvenir covers are available at www. However, this was no routine entry. Since Exploit set out for Devonport in mid-May , she has covered over 3, nautical miles and visited 27 ports, ranging from Gijon in Spain to Chatham on the Medway. Exploit, which supports the Birmingham Universities Royal Naval Unit, started her sixmonth adventure with a period under the FOST microscope, and subsequently sailed to Portsmouth to prepare for her summer deployment. Exploit welcomed more than 40 Birmingham students onboard during this period, with a wide range of universities represented including Loughborough, Aston, Warwick and the University of Birmingham. A hard-earned period of summer leave was followed by some diverse tasking, including hosting a squadron awareness day in the Solent, in which Exploit demonstrated her wide range of capabilities to both RN and civilian personnel.

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