

# DOWNLOAD PDF PARTICIPATION IN WHITE WATER RAFTING INSTRUCTION BY ADULTS WITH DEVELOPMENTAL DISABILITIES

## Chapter 1 : NATIONAL ABILITY CENTER READY FOR SOME EXCITEMENT | Deseret News

*Get this from a library! Participation in white water rafting instruction by adults with developmental disabilities. [Kimberly Lynne Gargasz].*

Action for a Sustainable Earth Acterra is a community resource for environmental information, education, and activities. It has an environmental library and resource center, and provides weekly opportunities for the public to engage in outdoor environmental restoration and stewardship activities. Contact Eco Advocate Acterra. Acterra has the following environmental programs: Arastradero Preserve Stewardship Project, Services include direct assistance and support to patients, families, and caregivers; information and education for health care professionals and the public; advocacy for needed legislation and public policy at local, state, and federal The mission of the organization is to prevent and cure diabetes, and to improve the lives of all people affected by diabetes. To fulfill this mission, the American Diabetes Association funds research, publishes scientific findings, and provides information and other services to people with diabetes, their Avenidas At Avenidas, we seek to create a community that supports and celebrates older adults. We provide a wide range of support options, information, and services that enable people to stay active, maintain their independence, help their aging parents, or care for a spouse. Our innovative programs and compassionate staffâ€™paid and volunteerâ€™help enrich the lives of more than 6, mature adults and their families each year. Avenidas Volunteer Corps Avenidas Volunteer Corps AVC is a program of Avenidas, a nationally recognized nonprofit that has provided services to seniors and caregivers since AVC matches volunteers with community service opportunities that fit their skills and interests. Opportunities include visits to the frail elderly to provide companionship and support; teach computer classes; tutor young readers; assist at the Avenidas front desk; refurbish computers at Avenidas. Big Brothers Big Sisters of the Bay Area We provide youth in the Bay Area with professionally supported one-to-one mentoring relationships. Most children we serve are from single-parent homes or live with a non-parent caregiver. As a result, kids end up lacking positive adult role models and are often at a higher risk for being Blossom Birth Services Blossom Birth Services is a non-profit center devoted to providing education, support and resources to pregnant and new parents. We provide individual attention and a sense of community by listening to our clients, limiting our class size, and facilitating personal connections. Bread Basket of Samaritan House Volunteers, who work with Samaritan House in San Mateo, pick up leftover food from groceries, caterers, and food growers and deliver it to emergency shelters, food kitchens, and other appropriate nonprofit agencies. Open Mon, Tues, Wed, Fri, 9 a. Breast Cancer Connections We offer free programs and services for those touched by breast cancer and the people who care about them. Canopy volunteers help plant trees, survey the health of young trees, and protect mature trees from damage and disease. Canopy hosts a number of educational events throughout the year such as Tree Talks, workshops and Tree Walks. Canopy maintains the Right Tree in the Right Place Founded in by Dr. Chinese Community Center of the Peninsula The Chinese Community Center of the Peninsula is a senior center offering information and referral and programs about housing and household repairs, transportation, legal aid, employment and volunteer opportunities, food and home-delivered meals, health insurance, Medicare, Medi-Cal, and Social Security. Citizens Committee to Complete the Refuge The Citizens Committee to Complete the Refuge, known locally as the "Refuge Committee" is a citizens group dedicated to protecting our remaining endangered wetlands. They promote their protection through publicity, education, legislation, political and legal action. They act largely through local groups throughout the Middle and South Bay area. It has been part of the community fabric for 70 years. Committee for Green Foothills The mission of the Committee for Green Foothills is to protect and preserve the hills, forests, creeks, wetlands, and coastal lands of the San Francisco Peninsula through grass-roots education, planning, and legislative advocacy. We understand that hardship can come at any time and knows no age limit. We provide a safety net so independence and self-sufficiency can be restored and maintained. Our clients may be a young, working poor

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family or an elderly person looking for companionship. Community Working Group, Inc. Trained volunteers provide supportive listening, counseling, crisis intervention, and referrals to callers. All help lines are confidential and available 24 hours a day, 7 days a week. Our help line numbers are as follows: Darkness to Light A primary prevention program aimed at reducing the incidence of child sexual abuse by increasing public awareness of the prevalence and consequences of the problem. Adult survivors are encouraged to break the cycle of abuse, and provides a pathway to help and support for victims and survivors through a crisis line, staffed by trained volunteers who can refer callers to community resources and by maintaining a website that provides a wide variety In operation since , trained instructors and volunteers help people with disabilities learn to do a variety of winter and summer sports including snow skiing, snow boarding, water skiing, cycling, white water rafting, off-highway 4-wheeling, jet skiing, camping, and golf. Dispute Resolution Program DRPS , Santa Clara County Human Relations The objective of the Office of Human Relations, founded in , is to advocate for and take affirmative action to eliminate prejudice and discrimination in Santa Clara County based on race, religion, cultural background, sex, age, sexual orientation or disability. The Dispute Resolution Program, a subsidiary of the Office of Human Relations, works specifically to further those goals by providing no cost dispute resolution and mediation services Tutors are trained and decide with their students when and where to meet. We also offer basic computer instruction to adult learners in our program. Gamble Garden is a restored early twentieth century Palo Alto estate and garden offering opportunities for education, observation and participation to all within a tranquil setting. Gamble Garden offers a variety of education programs including docent-guided tours, horticultural classes and lectures, travel opportunities, supervised volunteer garden work, educational programs for children in conjunction with local elementary Environmental Traveling Companions ETC Environmental Traveling Companions ETC is a nonprofit volunteer-based organization that has been providing outdoor adventures and environmental education programs for people with special needs for over 30 years. Every year more than 2, people with special needs join ETC to enjoy the beauty and challenge of wilderness adventures. All ability levels are welcome! Environmental Volunteers Environmental Volunteers strive to promote understanding of, and responsibility for, the environment through hands-on science education. The Environmental Volunteers believes all children deserve to learn about the natural world through personal exploration, so they can become responsible stewards of the earth. Environmental volunteers have been teaching school children hands on natural science for over 30 years. If you want to share the Free at Last Free at Last serves East Palo Alto, East Menlo Park, and North Fair Oaks communities and offers a full range of services from street outreach and intervention to bilingual substance abuse treatment, transitional housing and long-term aftercare ranging from adolescents to young adults and parents. Daily step program meeting. Friends for Youth, Inc. Mentoring Services Friends for Youth serve at-risk youth by creating and cultivating friendships with adult volunteers who help them strengthen their skills, develop their values and realize their full potential. Children are referred to us through a variety of sources; the majority of them are referred by teachers or school counselors. The children are matched with carefully They spread information about the Theatre and its programs and are authorized by the City Council to speak for the community about the Theatre. Friends of the Palo Alto Library Friends of the Library raise money from memberships, donations, grants, and monthly book sales that are held at Cubberley Community Center. This money is donated to the City to fund the collection of books, programs, and other items needed by the librarians and the library. In our council, the Girl Scouts of Northern California over 49, girls and 31, adults take part in Girl Scout programs each year. We tailor our programs for the developmental, educational, emotional and social needs of girls at six levels: Golden State Youth Orchestra formerly El Camino Youth Symphony ECYS was established in to provide a challenging yet nurturing environment for school aged musicians who wished to augment their private study with orchestral repertoire and ensemble experience. ECYS sponsors nine ensembles which rehearse weekly and perform regularly. ECYS also sponsors summer workshops in Chamber Music and Orchestral Playing at the beginning, intermediate and advanced level for string, woodwind, brass and percussion The vision of this HAND chapter is to make its services available to all parents and their loved

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ones on the Peninsula who are grieving the loss of a child before, during or after birth. HAND of the Peninsula offers its own programs and collaborates on related programs with hospitals, universities and other organizations. First and third Wednesday of every HandsOn Bay Area HandsOn Bay Area is an expert in volunteerism, providing volunteer management, leadership development and issues education. HandsOn Bay Area creates, manages and leads volunteer projects that benefit more than Bay Area nonprofit agencies. Each month, HandsOn Bay Area coordinates and manages more than community services projects that inspire 10, volunteers each year to get more involved in their community. For more information about Hands On Bay Area, visit [www.HiddenVilla.org](http://www.HiddenVilla.org). Hidden Villa stretches over acres of open space in the foothills of the Santa Cruz Mountains, about 40 miles south of San Francisco. Our mission is to inspire a just and sustainable future through our programs, land and legacy. Housing Choices Coalition Housing Choices is a collaboration of community members working to make quality, affordable housing a reality for people with developmental disabilities as defined by the State of California, begins before the age of 18 and includes such conditions as mental retardation, cerebral palsy, autism and epilepsy. Jewish Family Service of Silicon Valley Provides senior services, case management and community outreach, services for refugees, vocational training, a Holocaust survivors program, citizenship services. Senior services include case management and counseling for individuals and families to help deal with aging and loss. Refugee services include pre-immigration and immigration services and resettlement case management. Vocational services include vocational counseling, pre-employment League of Women Voters of Palo Alto The League of Women Voters is a nonpartisan political organization encouraging informed and active participation in government. The League influences public policy through education and advocacy. We never support or oppose candidates for office, or political parties, and any use of the League of Women Voters name in campaign advertising or literature has not been authorized by the League. The League of Women Voters has two separate and distinct Learning Ally Learning Ally is a non-profit organization that provides audiobooks and audio textbooks through our library of over 75, titles to anyone struggling with a learning disability or visual impairment. Audiobooks provide our members with easy access to educational content for improved academic and personal success. Legal Aid Society of Santa Clara County Provides legal representation for the indigent community in civil matters including domestic violence, health access advocacy, housing law and individual rights, fair housing, landlord-tenant mediation, immigration, quality education and special education. Housing Project provides information The collection includes books, periodicals, pamphlets, audio tapes, and videotapes on a variety of topics from coping with chronic illness and hospitalization to parenting skills and child development. The Resource Center also maintains a large collection of recreational reading materials and video tapes. Volunteer tutors are trained to work one-to-one with adults to help them improve reading, writing, and pronunciation skills in English. Their services include using Hippotherapy, Adaptive Riding, and Adaptive Driving as a means of achieving physical, occupational, emotional, and cognitive goals. These profoundly enriching educational travel opportunities expand experiential learning and dramatically enhance the self-esteem of every traveler. Our programs open whole new worlds of We are a membership organization, guided and managed by a volunteer Board of Directors, who are also long-time members. We are assisted by many volunteers who bring expertise and dedication to a wide variety of projects.

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## Chapter 2 : City of Palo Alto, CA - Service List

*Participation in white water rafting instruction by adults with developmental disabilities / Kimberly Lynne Gargasz. Access to this resource may be restricted to users from specific IU campuses.*

There are weeklong summer camps for the music, art and dance enthusiast and the outdoor adventurer. There are winter camps for adults and children with any physical or cognitive disability as well as daily adaptive ski and snowboard programs. Courage Kenny Rehabilitation Institute formerly Courage Center Physical fitness and leisure activities are a vital part of creating and maintaining a healthy lifestyle. Programs are designed to help participants develop life-long interests and develop to their highest potential. Activities include winter skiing, water sports, summer and winter competitions, fitness and special sports events. The organization is dedicated to providing athletic opportunities for people of short stature. Clinics, developmental events and formal competitions are offered at local, regional and national levels. For the National Dwarf Games, the premier annual event, athletes compete under age, gender and functional ability classifications. DAAA offers programs for children through elite athletes. Sled hockey in the Great Lakes area. Based in Lake Forest, IL, GLASA offers a wide range of sports and activities both indoors and out, including wheelchair and ambulatory basketball, hand-cycling, kayaking, floor hockey, ice sled hockey, tennis, aerobics, swimming and more. There is also a week long adaptive sports summer camp. Resources include attractions, activities, locations, an extensive list of books, magazines and videotapes, travel gear, etc. Here you will find news, paralympic games results, pictures and the history of boccia. Search the NCPAD database of fact sheets, video clips, articles, programs, facilities, equipment, and fitness specialists. NCPAD has resources for all types of physical activity—on land or in water, indoor or outdoor, team or individual, assisted or unassisted. National Disabled Veterans Winter Sports Clinic provides adaptive winter sports instruction for US military veterans and active duty servicemen and women with disabilities. It includes alpine skiing, cross country, rock climbing, scuba diving, kayaking and snowmobiling. NSCD is a recognized leader in therapeutic recreation, with skilled ski instructors, outdoor recreation specialists and a large group of volunteers. They offer one-on-one group instruction and adaptive lessons to meet the needs of all participants from beginners to advanced. Alpine downhill skiing, cross-country, snowboarding and snowshoeing are available November through April. Their extensive summer program begins in April and runs through early fall. Contact them for an information packet. NEHSA offers a variety of winter sport activities for individuals with physical and cognitive disabilities. They offer individual alpine and snowboarding lessons age 3 and up. Cross country skiing is also offered. In the summer, kayaking and rowing are promoted. The Putting Edge The Putting Edge offers fun entertainment for everyone—indoor miniature golf with glow-in-the-dark golf balls. All locations in the U. The Putting Edge also hosts parties and supply the pizza, soft drinks, and more. Has sports and recreation programs including archery, boccia, cycling, golf, junior competitive sports, military sports program, power lifting, power soccer, sailing, sled hockey RIC Blackhawks Sled Hockey Team , softball, wheelchair basketball, wheelchair road racing and wheelchair rugby. SABAH teaches people with physical, cognitive or emotional disabilities to ice-skate. SABAH provides weekly ice skating lessons for those who rely on adaptive skating equipment and volunteer support. Provides programs for training and competition in 32 Olympic style sports for people with intellectual disabilities. Based in Southern Utah—rafting, skiing, rock climbing, canoeing, snowshoeing and cross country skiing. Tim Ashwood has cerebral palsy and a passion for mountain climbing. Read his climbing stories and view his photos and slides show. You may find his layout a bit challenging to read. Olympic Committee, USABA provides athletic opportunities in various sports for the blind and visually impaired including, but not limited to track and field, nordic and alpine skiing, biathlon, judo, wrestling, swimming, tandem cycling, powerlifting and goalball a team sport for the blind and visually impaired. A Deaf Sports Federation USADSF Provides year-round training and athletic competition in a variety of sports at the state, regional, national, and international level, for developing and elite athletes

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who are deaf and hard of hearing. USDSF assists athletes in developing physical fitness, sportsmanship, and self-esteem. Competitors utilize bikes that are adapted to their ability: Players must have a combination of upper and lower extremity impairment to be eligible for play. Contributes as a resource and voice to the US Paralympic movement, supports adult-age athletes at the regional and national level and offers local competitions for youths ages Wilderness Inquiry Everyone owes themselves a visit to mother nature through Wilderness Inquiry WI sometime, if not once a year. WI creates outdoor adventures, including dogsled, skiing, canoe, sea kayak and raft trips throughout North America, Australia, and Europe. Wilderness Inquiry is a nonprofit organization that focuses on involving people from all walks of life—older, younger, people with disabilities, veterans, accountants, city people, country folks—anyone who would like to personally experience the natural world with a group. Based in Minnesota, WI serves both novice and experienced back country travelers. Trained facilitators help safely guide each group. A regular WI trip consists of a team of people, in which the combined strengths of the group make up for any individual limitations. WI believes "nothing matters as much as attitude—not experience, not physical ability, nor all the latest in outdoor gear. WI also offers lodge-based adventures in beautiful surroundings. They offer adaptive instruction in alpine skiing, snowboarding, kayaking and canoeing.

### Chapter 3 : Holdings : Women's leisure, what leisure? / | York University Libraries

*3. Participation in white water rafting instruction by adults with developmental disabilities: 3.*

### Chapter 4 : myInfinitec - Sports Organizations

*Participation in white water rafting instruction by adults with developmental disabilities Kimberly Lynne Gargasz.*

### Chapter 5 : Disability Recreation Resources — THRIVE Center

*The effects of two selected physical education programs on trainable mentally retarded children with mental disabilities. in white water rafting instruction.*

### Chapter 6 : Rafting Summer Camps | KidsCamps

*WVDDC > Resources > Resources for Adults with Developmental Disabilities. Resources for Adults with Developmental Disabilities. Family Support, Education and Advocacy. West Virginia Advocates, Inc. - State designated protection and advocacy program for West Virginians with disabilities and their families.*