

### Chapter 1 : Find Past Life Regression Practitioners | Nationwide Search

*What Is It: Past-life regression therapy is a form of hypnosis and attendant talk therapy that essentially suggests that we carry evidence “ emotional, psychic and occasionally physical ” of.*

Past Life therapy What is past-life therapy? Past-life therapy is regression therapy that accepts when clients relive experiences apparently from before the present life and works with such experiences. Regressionists discovered past lifetimes by coincidence. Sometimes reliving and expressing this event was sufficient to heal stubborn problems. Of course, many problems are caused in the present life. Even when the cause would lie in a apparent previous life, it has become interwoven with the present life. So, past-life therapists work in four fields of experience: The present life, including the apparently forgotten first years of childhood. The time between conception and birth. The birth experience is often the most consequential, but some pre-birth experiences can also have lifelong consequences, like a tentative abortion. Usually, traumatic death is the most penetrating experience. Then much remains undigested, especially when fear and pain, intense emotions or anesthesia narrow our mind. The period between death and the next birth. When we remain strongly tied to our body, our home, our job, or our nearest, we can after death linger near our body or the place where we lived. In regressing to infancy, birth and the time in the womb, children often respond, consider and decide in a way that betrays an adult background, an adult awareness. Like adults have Inner Children, children have Inner Adults. Past-life therapists take those Inner Adults seriously and discover in them previous lifetimes or conclusions and decisions from the intermission between death and rebirth. When processing an apparently relevant childhood trauma gives only half results, past-life therapy will go farther back. So past-life therapy is an expanded and specialized form of regression therapy. What should a broad regression therapist who works in this life only, have to learn extra to become a broad past-life therapist?

**Chapter 2 : Past-Life therapy - Tasso Institute - what is past life therapy?**

*Past life regression is a technique that uses hypnosis to recover what practitioners believe are memories of past lives or incarnations, though others regard them as fantasies or delusions or a type of confabulation.*

Harriet Hall on July 26, Shares Buddhists believe in reincarnation. Some psychotherapists do too. In past life regression therapy, therapists use hypnosis, leading questions, and strong suggestions to encourage patients to imagine that reincarnation is real and to imagine their past lives. Finding a past life cause for current problems supposedly helps patients deal with them. The technique is also used in healthy people to promote spiritual advancement and self-understanding. There is no such thing as reincarnation, and the memories of past lives are nothing but fantasy. What is a certified regression therapist? You can certify almost anything; there are even certified psychics and certified dowzers. I learned that there is an organization that certifies regression therapists, the International Board for Regression Therapy. Almost a quarter of them, 15, are in California. Of course, there are many more regression therapists who have not been certified. They list training opportunities in 10 countries, including India and Romania. The accreditation requirements include 40 hours of basic instruction in the induction and use of altered states, 15 hours of classroom instruction in past life therapy, and a significant supervised practicum. Are past lives real? Reincarnation is a philosophical concept based on the idea of a personal essence that is non-material and that survives death to be eventually re-incarnated in another body. Our modern knowledge of basic science and brain science has effectively ruled out the possibility of reincarnation, and believers have never been able to produce any credible evidence that it has ever occurred. You may remember Bridey Murphy , a Virginia housewife who became famous in the s for her memories recovered under hypnosis of a past life as a 19th century Irish woman. Investigators found no records that matched her claims and were able to show that her alleged past life memories were fantasies built around real childhood memories of an Irish neighbor. Believers cite the past life research of Dr. Ian Stevenson , who collected cases from all over the world. He interviewed children under the age of six who allegedly remembered details of a previous life. Skeptics have analyzed his reports and found them unconvincing, either explainable by more mundane ways the children could have obtained their knowledge or not properly verified by unbiased fact checking. Robert Carroll of said: I see no way to move forward using his methods or his data, so I see his work as a colossal waste of time. On the positive side, however, I agree with him that past life regressive therapy , which uses hypnosis , is rife with methodological problems, not the least of which is the problem with suggestion contaminating any evidence that might be uncovered for a past life. Does it matter whether they are real? Essentially, the patient is encouraged to tell a story. It is a very subjective thing. In such a case, whether it happened or not makes no difference because the purpose of this regression happens to be one where the client needs help with the emotion of fear of heights. Similarities with other psychotherapies I see similarities between past life regression and many other psychotherapy methods. There was the recovered memory therapy that harmed so many patients and their families by creating false memories of childhood sexual abuse. Similar false memories of Satanic ritual abuse put innocent people in jail. Freud postulated childhood traumas as the cause of adult neuroses, and many psychotherapists still spend a lot of time delving into memories of childhood experiences to explain the origins of adult problems. Dream analysis and free association dredge up fodder for inventive interpretation by the therapist. Therapy for multiple personality disorder now called dissociative identity disorder is another condition where therapists have used suggestion and hypnosis to encourage patients to imagine themselves as other people. Regression therapists tell many success stories, and that is not at all surprising. Like many other gimmicks, past life regression can encourage patients to recognize problems in their lives, build a narrative that seems to make sense to them, and then hopefully move on to make changes in their lives. Just getting personal attention from a trusted, sympathetic person over several sessions can be helpful. Imagining former lives might help patients boost their egos and feel better about themselves I used to be a princess! It might allow them to create a satisfying explanation for the problems that brought them to the therapist and allow them to shift the blame from themselves to something that happened in a previous life. And it certainly is a way of getting patients to work with a

therapist. There are no good studies. Is it a valid alternative to cognitive behavioral therapy CBT? Could it be harmful? Even if it seems to help some patients, it is known to have harmed others. The recovered memories can be very frightening. They can cause anxiety: Memories fabricated under hypnosis can seem more real than true memories, and it can be difficult or impossible for patients to accept that they are not true, even when presented with clear evidence that the events could not possibly have occurred. Various other kinds of harm have been documented. The Israeli Health Ministry told hypnotists to refrain from helping patients explore past lives after receiving complaints from clients who said they had sustained serious emotional damage. He began to gasp for breath. After the session the man suffered repeated panic attacks and respiratory problems, and he was referred for medical and psychiatric care. He points out that reducing pain through hypnotherapy without identifying the cause of the pain could harm the patient. He cautions that abreactions might harm cardiac patients by causing elevations of heart rate and BP and might cause further tissue damage in patients with wounds or fractures. He cites research that documents 50 complications from hypnosis, including psychotic symptoms, panic attacks, depression with suicidal behavior, symptoms resulting from inadvertent suggestions, symptom substitution, masking physical pathology, etc. Reality is not subjective. There is no such thing as reincarnation. Daydreaming is fun, as is imagining what it would be like to be another person or to have lived in a previous era. But in my opinion reality trumps fantasy for coping with the real world.

### Chapter 3 : Past Life and Regression Therapy Training and Courses

*This website is a place to learn more about past life therapy and the many areas where it has been successfully applied to current life challenges. It is a resource for those who are new to the idea of past lives, as well as those who are very familiar with theories of reincarnation.*

Most frequent questions and answers Not Every Journey Needs To Have a Destination This time, we are opening this opportunity for all those who have a genuine aspiration to master this art. Both therapists and non-therapists are welcome. If you are already a hypnotherapist, psychologist or psychiatrist this will add to your toolkit the unfailing technique to quickly and effectively cure your patients using this drugless medical modality. PTSD, Psychosomatic illness alleviate. There is an increase in focus, intelligence, and creativity that lasts. We will teach you how to lock it in and reap the benefits long after. Hidden within the depths of our unconscious self are the events from our past lives. These memories seem to be hidden but manifest in our behavior, responses, or as phobias or worse still as psychosomatic illness. All that while having the opportunity to also explore your own past lives or childhood, or in-utero memories—those which could be the cause of a fear or depression or troubled relationship or a so-called incurable disease. With the increasing number of requests from aspirants to learn Past Life Regression therapy and to experience the joy of sharing our learnings, we will be conducting a 5-day comprehensive training in Past Life Regression Therapy from, 15th Aug to the 19th. Better Than Any Other Dr. Is the Guru of Mr Venu Murthy. Other than being a most sought after technologist he is also a published author of technical and non-fiction courses and books. His 5 years experience in Past Life Regression Therapy and 20 years of spiritual practice is bound to make a deep impact. Visual learning methodology is used to permanently etch concepts into your working memory. Activities are designed to master the skills. We start preparing you a few months before the training. And continue to support you. Why Are The Applicants Screened? The 5 days Past Life Regression Therapy training program is for a very limited batch of hand-picked individuals, to ensure that personal attention can be given. Due to the customized, individual attention provided, it is not set up for high-volume attendance, which often results in a wait list. The test of knowledge is when it is applied. Only after you start your own practice do you have all the more need for support and Amarantos has been doing exceptionally well on providing this post-program support for free. Walk out of the training program with wings to fly and the assurance that we are there to support you throughout to hone your skills. You will learn and for those who have already learned, you will hone up your skills in the professional and scientific approach to Past Life Regression Therapy along with the Amarantos 15 Stages PLRT Method which is our Flagship, capable of enabling even the most challenging client or patient into tapping into their past lives.

## Chapter 4 : Past-Life Therapy Training | Omega

*Dr. Thomas Paul, clinical hypnotherapist, past life therapist, and founder of Past Life Therapy Center Los Angeles, is the leading expert in the field of past life regression and past life therapy.*

Training covering the best psychotherapeutic techniques of regression and spiritual practices for soul evolution. Past Life Regression Within each of us appears to reside the events of past lives. A migraine, chronic lower back pain or knee problem may be telling a story from an old accident or wound. A chronic sore throat may derive from strangling, hanging or choking. As the soul returns to life over and over these traumatic memories are re-created in our current life often making little sense, and keeping us from living peaceful lives. Past Lives are brought to our conscious awareness by anxiety, panic attacks, anger, depression, phobias, obsessions, nightmares and unexplainable physical pain. Past life regression allows us to see beyond the confusion and illusions of this life and brings about a healing of the past life that resonates into our present life. Regression Therapy Regression therapy covers past lives, and also current life memories some of which may be below the level of our conscious awareness. It enables the conflicts from the past that have been distorting our mental, emotional and physical well-being to be resolved. An example from the current life may be a phobia and a more complex one post traumatic stress from childhood trauma or a life threatening situation. The symptoms may include panic attacks, emotional outbursts, blocked feelings, self harm, numbness, unexplainable physical pain or recurring relationship problems. The therapy works by going to the root of the problem and includes body therapy and inner child therapy to transform it in a way that is both safe and structured. It also includes cleaning the energy field of intrusive energy which has been affecting health including spirit releasement, curses and energy fragments. Regression therapy reaches further and heals deeper at the physical, emotional, mental and spiritual levels than most other therapeutic approaches. Regression Therapy Training Program The regression therapy training program includes past life regression and meets the requirements of the Earth Association of Regression Therapy which manages a single international standard for Regression Therapy. The training is over a one year period. It includes lectures, demonstrations, experiential exercises, pair work, supervision and reading. The training program is open for all qualified professionals and therapists. Applicants without formal qualifications must be able to demonstrate interest, enthusiasm and life experience appropriate to the helping professions. A qualification and experience using hypnosis is required. For those without, a short intensive hypnosis training workshop is offered which leads to a Foundation Certificate in Hypnosis. Regression Therapy Training Outline The training program consists of four workshops over a one year period - 16 days of training in total. Client record keeping including the ethical, legal and moral considerations. Body Therapy and Current Life Regression Exploring and transforming current life memories Using body therapy to work with deep body patterns from a past life When to use shamanic spirit animals for shutdowns and the loss of vital soul energy Integration of a past life and current life regression into the present Regression therapy contra indicators Healing Trauma and Spirit Releasement Using body therapy to clear trauma, including sexual and physical abuse Handling disassociation from a trauma Inner child regression Detecting and releasing intrusive energy and spirit releasement Setting up in practice with regression therapy Diploma in Regression Therapy On the successful completion of the regression therapy training program a Diploma in Regression Therapy Dip RTh is awarded. This enables the graduate to obtain insurance and work professionally with clients as a past life regression therapist and regression therapist. The Diploma is awarded on the skills and knowledge the student has on regression therapy. Skill assessment will be from observation during pair work and from case studies. The full requirements are: Attending all the workshops A minimum of 4 practice sessions under supervision between workshops Complete all the reading and writing assignments Clearing personal unfinished business with regression therapy Supervision while working with clients until qualification After the last workshop a written summary of the sessions with 5 clients using regression therapy The pre course reading is Healing the Eternal Soul by Andy Tomlinson, published by From the Heart Press and available on the internet. To become certified the Academy regression therapist will need to have been in practice for two years and had ongoing

professional development. In addition they will have contributed to the field of regression therapy in some way such as presentation at conferences, articles or taking part in research. The world is going through a big energetic shift to a new consciousness. Clearing old wounds from past lives and the current life allows our souls to make this transition. Whilst deeper wounds may need specialist help, there are many techniques that can be used to clear other aspects stopping us from being happy and fulfilled. This talk will explore the ones that can be used to clear our energy field, techniques to help break unhelpful repetitive patterns, manifesting the future we want, and tips to help move through the confusion to the new consciousness. It is situated close to the neolithic stone circles and energy centres of Avebury and Stonehenge. Download the full program outline and application form. For more information contact: The venue is Locanda Pozzetto a small, friendly and comfortable hotel with beautiful grounds and spectacular views over Lake Maggiore and the mountains beyond. You will be served delicious Italian food prepared with fresh seasonal ingredients. There is a direct train to Laveno Mombello from Milan Malpensa airport. The tutor fee for 16 days of training, 8 hours supervision and certification is euros and full accommodation is available for an extra fee. The training is led by Ruxandra Bulzan and the course language is Romanian. For more details and registration contact: The training has a pre-requirement of a spiritual awakening module, and is led by Diba Ayten Yilmaz in Turkish.

### Chapter 5 : Pastlife Therapy - Member listings

*About the Past Life Therapy Course Writer. Tony Edwards is a Nationally Registered Hypnotherapist and Hypnoanalyst. He is a Fellow of the British Institute of Hypnotherapy and a Registered Member of the Association of Natural Medicine.*

Past Life Therapy Regression Therapy Hypnosis is an excellent tool to help a client remember long-forgotten incidents. There is nothing mysterious about it. It is just a state of focused concentration. Hypnosis allow the mind to short-circuit conscious barriers to tap this information, including those barriers that prevent you from consciously accessing past lives. Past Life Regression Therapy Past-life memories are like gifts from the inner mind, or pieces of a puzzle. Regressionists work like Sherlock Holmes. They are meticulous detectives who search and assemble the clues of time and place. As disciplined detectives, they decipher and decode the territory of mind and its long-term memory. With time and work, one may fit the pieces of the past together to form a full picture. Attempting to verify the authenticity of past lives is like trying to prove the existence of love. Most people would agree that love exists; yet, how can it be proved? Can you explain why you love someone? Which of the five senses can you rely upon for evidence? Furthermore, is it necessary for you to believe in love in order to share its rewards? The real question is not proof, but spiritual evolvment. Love, like past-life memory, is simply to experience and to enjoy "to study, to learn, to utilize, and to grow. This led to the evolution of past life regression as a powerful tool for therapy and transformation. The emphasis is always to be placed on the present, not the past. In hypnotic state, our mind has unlimited potential and resources to see, to hear, to experience. In this relaxed, peaceful state all kinds of things can happen. A therapist is merely a facilitator, a helper. Many different types of altered states, psychic insights, perception of beautiful colors, feelings, thoughts, and solutions to present problems may pop into the mind of a client under regression, as well as experiences with guides and memories of past and present lifetimes. A client may even experiences that seem to take place in other realms altogether, realms that are very beautiful and sacred. What does a past life journey feels and looks like? Do you remember the last time you were at the movies and you became so involved in the story that you cried? You were emotionally, even physically, involved, but you also knew that there were people around you eating popcorn or whispering comments. That too is what a past life regression journey can feel like. You are there , and here, at the same time. Past Life Energy In the current life experience there can often be incidents of unrest and difficulty that appear to have no connections to your current moment. It is, however, somewhat impossible to dismiss the negative energy as it impacts the now moment. Well, all of us have had lives where the energy created remains unresolved. Some of these lives manifested negative moments that had no opportunity in a physical enactment to resolve themselves. The life ended taking with it this energy wishing to be concluded. In some cases there is a huge build up of this energy from concurrent and parallel lives. Those who find themselves in this type of moment are often confused with the influence those lives have upon their current ones. It is important to consider the energy of a past life, while attempting to work through present dramas. Being able to separate the past from the now is valuable. Consider the multiple aspects of your physical experience. It may enable you to maintain your power and progress in this one.

### Chapter 6 : Past Life Therapy - Explaining the Science of Reincarnation and Karma

*a.) Past Life Therapy is a process of self-discovery, enlightenment, and spiritual healing. It's becoming conscious of what ails a person by revealing and resolving unresolved, present- and past-life experiences affecting one's health and quality of life.*

Regression is the experience of going back to an earlier time. Past-life regression PLR involves the re-experiencing of a previous lifetime. PLT sessions often include additional steps, such as visualizing healing energies, contacting higher beings, or communicating with past-life characters. How intense is the experience? Regression can be a very vivid and realistic experience involving two or more of your senses for example, vision, hearing, and physical sensations. At other times, regression can be more subtle, involving relatively vague images and feelings. Usually, you can expect to access enough information to allow for an interesting and useful experience. Will I re-live or recall a past life on my first try? Many people do enjoy a vivid experience the first time. Others will typically get some impressions – some images, thoughts or feelings – which can lead to a fuller past-life experience in a later session. What is a typical regression session like? Most regression sessions include just two people: Typically, a session is scheduled in advance. The experiencer and facilitator usually arrange to meet for at least 90 minutes. The first meeting is normally two full hours. The session begins with discussion, which is followed by hypnosis and regression. During these individual sessions, the experiencer and facilitator talk frequently about what is happening, so that guidance can be tailored to the specific person and what he or she is experiencing at the moment. These events are often highly emotional, so the facilitator ideally will be a well-trained psychotherapist who can help maximize the healing potential of these experiences. During a past-life regression, will I experience only the actual events of a past life? These regressions can include any combination of memory, imagination, and psychic experience. Research reveals that even present-life memories are, to various degrees, frequently mixed up with each other and distorted by emotions and attitudes. Discovering the essence of the story which surfaces during a regression, and at least a few important details which help bring the story into focus, is most valuable. Is it possible to experience the between-life state, between leaving one lifetime and being born into another? This is a frequent occurrence in private regression sessions, and can be an extremely useful source of self-knowledge, inspiration and healing. For an in-depth exploration of the between-life state, a more extensive process of life-between-lives LBL regression can be very useful. More articles on past lives in this web site:

### Chapter 7 : Past Life Regression & Past Life Therapy, New York City

*Is Past Life Regression Therapy for you? Have you met someone for the first time and felt like you had an instant bond or attraction? Do you have enduring conflict with close family members?*

### Chapter 8 : Brian L. Weiss, MD

*Past life regression is a therapeutic technique for accessing and re-experiencing your past lives directly. A branch of hypnotherapy, past life regression therapy has grown over the last 50 years to be an important addition to the healing arts.*

### Chapter 9 : calendrierdelascience.com - Past Life Therapy, Regressions & Worldwide Referrals from Austin

*Since , the Unarius Academy of Science has pioneered a new science of reincarnation called past life therapy, which has helped thousands of people, worldwide, to live more constructive, creative, and peace-filled lives.*