

Chapter 1 : Download [PDF] The Psychedelic Experience Free Online | New Books in Politics

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I believe that the greatest long-term benefit of psychedelic experience is that it can help to reduce mental conflict to the point where calmness, relaxation, and clear thinking can prevail more fully in one's life. Being able to relax quickly and deeply at will for as long a period as desired is a great mental and physical benefit in this turbulent and uncertain world. Inner emotional and philosophical conflicts can interfere with deep relaxation and clear thought, but psychedelic experience can provide the opportunity to gradually work on resolving these issues and finding satisfactory answers and resolutions to them at deep intuitive levels. If nothing else, even short periods of deep relaxation and peace of mind during the day can be a healthy escape from stress. It is possible to remain the stationary axle to the turning wheel of destiny even when circumstances become less than pleasant. I believe that psychedelic experience is a learning experience. Whether the inner teacher is considered as spiritual or a mental process or both or neither, new ways of looking at things are somehow provided that can be later tested and evaluated in daily life. The harder lessons take longer to learn and to require more repetitions. To the extent that the mind can be cleared of unnecessary residual tension and conflict, direct perception can be experienced. The world can become a more vivid, significant, and interesting place, and its miraculous quality can be better appreciated. I consider that psychedelic drugs, used with reasonable care, are quite safe and healthy when the cautions that I have mentioned are considered. Only one of my more than two hundred clients experienced any significant aftermath after taking a high dose micrograms of LSD, but she was a patient in a mental hospital who had a history of similar episodes prior to her LSD experience. I believe that psychedelic experience could very well be of benefit for psychotherapeutic purposes, but I think that pinning too much hope on a single session is much too optimistic. One needs to learn to use the experience to his own advantage. In addition, I am quite sure that it would be of value for the psychotherapist to be personally familiar with the spiritual and cosmic concepts that the experience has to offer. I am guessing that a well-motivated patient who could choose his or her own dosage and the time interval between sessions would benefit the most. I am also guessing that either a disturbed or a healthy person could become quite familiar with the experience and that he could benefit from and enjoy occasional self-exploration sessions with low or moderate doses without needing any supervision. For some people, the low dose experience is a satisfying alternative to the more dangerous and addictive drugs used for recreation. A rock concert could be as diverting as sitting in a nightclub. A question still remains as to the extent to which the right dosages taken at the right time could gradually replace the need for alcohol. It would be interesting to give a group of people who were strongly attracted to alcohol or some other recreational drug access to quality controlled self-administered doses of a psychedelic drug and to see the extent to which the one could replace the other. The experiences are quite different, but they have in common the fact that they are both indeed altered states of consciousness. They are both highs but one is considerably safer than the others. I predict that there would be some success in such an endeavor and that having an experienced person to act as an ally during the transition would be of great help. The moderate dose stimulates meditation, relaxation, self-exploration, and creativity. The high dose permits exploration of abstract and religious concepts as well as permitting possible resolutions of emotional, psychological, and philosophical conflicts on deep intuitive levels. At all levels t Author by: Marijuana is the largest cash crop in the United States in part because it safely satisfies the universal need for diversion and self transcendence. This book describes how it can also be harnessed for self exploration, situational analysis, personal growth, and creativity.

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*A comparison of psychedelic and imaginative experience is presented. The two terms "psychedelic" and "imaginative," are taken to refer to a fundamentally identical power of apprehension, or mode of being. This power, or mode, is discussed as it is described in psychedelic reports and manifested in.*

Foreword by Timothy Leary and Richard Alpert. Ruck, a classical scholar specializing in Greek ethnobotany. Closely coordinating their research, the three scholar-scientists first offered documentation on the religious rites at an International Conference on Hallucinogenic Mushrooms in These astonishing findings, given here in a much expanded version, leave little doubt that the ancient secret of Eleusis has at last been unveiled. HTML edition, table of contents and chapters I. Ralph Metzner introduces each of these accounts and explains the religious, sociological, and historical background of psychedelic drugs from their origin in prerecorded history to the stormy drug scene of today. Download zipfile of the complete text in HTML. Copyright by Myron J. Preface to the revised edition and Chapter 1 reproduced in The Psychedelic Library by permission of the author. Goode convincingly shows how misconceptions and widespread fears over the morals and life styles of drug users have hindered an enlightened understanding of the use and effects of marijuana. The complete text is available here by permission of the author. The complete text available here by permission of the author. Tart "A Psychological Study of Marijuana Intoxication" was published in and remains a most important source of information for both professionals and the general public. With the recently escalating debate concerning government intransigence on the medical marijuana issue, On Being Stoned appears in The Psychedelic Library as a valuable antidote to misinformation and hysteria. It is a book full of insights. Zinberg has provided us with a candid report on the reality of drug use in some of its most common features. By concentrating on the human dimensions of controlled use, he has etched in remarkably revealing detail the broad spectrum of use within which abuse may be better understood and more accurately defined. It is a book which anyone aspiring to present a new structure to explain drug use must take into account. It is the standard reference showing that addiction can never be resolved to its biochemical components, as the NIDA and NIMH are currently attempting to prove. Maslow "Traditionally, religion has been of the spirit; science, of the body; and there has been a wide philosophic gulf between the knowlege of the body and the knowledge of the spirit. The natural sciences and religion have generally been considered as natural and eternal opponents. Maslow here articulates one of his prominent theses: Tart Stanislav Grof said of this book, "A beautiful piece of work on the theory of Altered States of Consciousness that will become a classic in the field. Albert Hofmann wrote of this book, " These young people consider that it is neither possible nor desirable to prevent them from employing these substances in this way, and in fact they are challenging lawmakers, law givers and law enforcers to stop them. An excerpt from the book, "Considerations concerning psychedelic and psycholytic therapies" in English is also available as a PDF file of 5MB.

## Chapter 3 : Free the psychedelic experience PDF

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*IT TOOK A POLICE battering ram to bust down the door of the West Philadelphia apartment. Once inside, police discovered a colorful cache of psychedelic drugs — enough LSD to open thousands of "doors of perception" for six to eight hours at a time.*

## Chapter 7 : R.A. Durr (Author of Poetic Vision and The Psychedelic Experience)

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## Chapter 9 : Poetic Vision and The Psychedelic Experience by R.A. Durr

*DOWNLOAD POETIC VISION AND THE PSYCHEDELIC EXPERIENCE poetic vision and the pdf In Christian theology, the beatific vision (Latin: visio beatifica) is the ultimate direct self-communication of God.*