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Chapter 1 : Eucharistic Adoration for Kids | The Religion Teacher | Catholic Religious Education

My good Jesus, I believe with a firm and lively faith that in this adorable sacrament are Thy body and blood, soul and divinity. I believe that in this consecrated Host I shall receive that.

Shemitz, Long Island Catholic My first experience with Eucharistic Adoration occurred in sixth grade at my Catholic elementary school when my homeroom teacher took my entire class to the church to pray in silence in the presence of the Blessed Sacrament. We squirmed and fidgeted and poked our neighbors to avoid giving our undivided attention to the Lord. First, there was the challenge of carving out an hour in the middle of the week to get there, when so many other activities and errands felt more pressing. Secondly, I was worried that Adoration might only be for super holy people – ones who spend time with God in perfect, prayerful contentment. Finally, my inner, fidgety sixth grader was concerned Adoration might be, well, boring. I assumed a Holy Hour would look like waiting for a big revelation from God and hearing nothing but crickets. And despite my years of doubts, I somehow found myself wanting to try again. Here are some things I that helped me commit to a weekly Adoration practice: True, the graces dispensed by God help us grow in holiness, but the primary purpose of Adoration is right there in the name of the act: The Catholic faith recognizes that the greatest gift God gives us is himself, and Adoration is another way for us to recognize that gift outside of receiving the Eucharist at Mass. Just receive the gift. So, pairing these prayers is a great habit to get into. Write in your prayer journal. Think of the practice as writing a letter to God. Take all your worries of the day and lay them down during Adoration. Listen to praise and worship music. Music can be an extremely effective way to focus our thoughts on God. I usually find that slow, reflective melodies work best for this environment – anything by Audrey Assad usually does the trick for me. Most of all, remember to receive the gift of Christ in the Eucharist and just be present to God. Sarah Zentner Sarah Zentner is a freelance writer and graduate student of literature at Colorado State University, who believes the written word can be an extraordinary place to encounter the grace and goodness of God. You can learn more about her at www.

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Chapter 2 : Eucharistic Adoration | St. Mary's | Notre Dame | Ogdensburg, NY

PRAYER FOR A VISIT TO THE BLESSED SACRAMENT. by Saint Alphonsus de Liguori. *My Lord Jesus Christ, Who for the love which You bear to men, remain night and day in this Sacrament full of compassion and of love, waiting, calling and welcoming all who come to visit You; I believe that You are truly present in the Sacrament of the altar.*

You can ask Him for graces for yourself or for loved ones, reflect on His Word, or just keep Him company! In fact, He very much wants to see you! We Catholics believe that at Mass bread and wine truly become the body, blood, soul and divinity of our Lord Jesus Christ, during the Consecration by the priest. The consecrated bread, the Eucharist, in the form of wafers we call hosts, becomes what is known as the Blessed Sacrament. Jesus appears to us at that point in the form of bread and wine. Yet, as we believe following the doctrine of what is called the Real Presence, our Lord is as present to us here as He was to his apostles in Palestine years ago! After all, could He be present to us in His body without His blood? Those consecrated hosts not used in Holy Communion at Mass are also the Blessed Sacrament and are placed in a special box known as the tabernacle to be given out later to the sick or the dying who cannot attend Mass. A host can also be exposed on the altar in what is known as a monstrance, an ornate vessel similar to the one shown above, for public worship in what is called Eucharistic adoration. Many churches have specific times during the day for adoration of our Lord exposed in the monstrance, often in the afternoons, as shown here for the United States, and here for world-wide listings. This devotion is also known as the Rite of Eucharistic Exposition and Benediction. It can include homilies by a priest, readings from Scripture, hymns such as O Salutaris Hostia and Tantum Ergo , and time for quiet adoration, after which the priest blesses the congregation in a Benediction of the Blessed Sacrament, followed by The Divine Praises. More often it is a time just for silent adoration. A good way to spend an hour with our Lord in this manner is to divide your time into minute segments each devoted to meditation in a spirit first of adoration, then contrition, thanksgiving, and, finally, supplication. Your time spent with our Lord in a Holy Hour can be more important than you imagine, as discussed here. Some parishes also have what we call Perpetual Adoration, in which our Lord is exposed in the monstrance over a longer period of time uninterrupted, as in what is known as a forty-hour devotion, or even 24 hours a day, seven days a week. Many of them, however, no longer provide Perpetual Adoration but rather reserve the Blessed Sacrament in an enclosed tabernacle so that people can pray in its presence without the need for volunteers to be in constant attendance as must be the case when the Blessed Sacrament is exposed. It is important to point out in this regard that Eucharistic adoration includes our visits to our Lord in the Blessed Sacrament in the tabernacle as well as in the monstrance on the altar. Yet, as Father John Hardon, a champion of Christ in the Real Presence as is seen in this excellent website once said, we as Catholics should try to pray as much as possible before the Blessed Sacrament exposed on the altar. Countless religious, including many saints and popes over the centuries, have extolled the great spiritual blessings and benefits we can derive from Eucharistic adoration. Alphonsus Liguori wrote in this well known prayer. This great theologian also wrote a wonderful prayer to the Blessed Mother that you can recite after each visit. Our Lord Jesus Christ could calm the winds and the waves with a rebuke Mk 5: He could turn a meal for one into one for Mt He could even heal people of their physical afflictions with just a touch such as in Lk: This very same God of such power and majesty makes Himself present and readily available in countless altars and tabernacles in churches around the world to be with each one of us, indeed to be with you! Approach Christ, as always, with humility, contrition and love. Make your heart a vessel into which He can pour his grace. Unite your troubled heart with His Sacred Heart and ask Him for the wisdom and graces you need in difficult situations! Treat Him as you would one of your closest friends, with love and respect. Feel free to tell Him whatever troubles or pleases you silently or very quietly, Silence is key for concentration in this intimate setting. In addition to a prayer book, you might want to bring along some good spiritual reading or scripture for reflection. Keep in mind that, although this should not make you boastful or proud, the more you learn

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about our faith through such reading the deeper your experience with our Lord can be in the reflections he can inspire within you through His Spirit. It might help to bring a notebook to jot down some of these thoughts. The renowned Archbishop Fulton J. Even 10 or 15 minutes with Him can help make a trying day that much easier to bear! Just give Him your sincere love and devotion.

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Chapter 3 : Prayers for Adoration - Roman Catholic Man

Jesus, my God, I adore You, here present in the Blessed Sacrament of the altar, where You wait day and night to be our comfort while we await Your unveiled presence in heaven. Jesus, my God, I adore You in all places where the Blessed Sacrament is reserved and where sins are committed against this.

The Lord welcomes your personal requests as well. Like a magnet, The Lord draws us to Himself and gently transforms us. Jesus truly present – Body, Blood, Soul, and Divinity! This means that they are not only spiritually transformed, but rather are actually substantially transformed into the Body and Blood of Christ. The elements retain the appearance of bread and wine, but are indeed the actual Body and Blood of Christ. This is what is meant by Real Presence: Christ instituted this Holy Sacrament of the Eucharist in order to remain with mankind until the end of time. The reserved Blessed Sacrament serves as a focal point of devotion. Because, as Catholics, we believe that Christ is truly and substantially present in the Eucharist, the Blessed Sacrament is given the same adoration and devotion that is accorded to Christ. At the beginning of the exposition of the Blessed Sacrament, a priest or deacon removes the sacred host from the tabernacle and places it in the Monstrance on the Altar for adoration by the faithful. It is known in Latin as an Ostensorium. When a consecrated host is placed in the monstrance, it is said to be a solemn exposition. When the Monstrance contains the Sacred Host, the priest does not touch it with his bare hands, but instead, holds it with a humeral veil, a wide band of cloth that covers his shoulders humera and has pleats on the inside in which he places his hands. At all other times, the reserved Sacrament is kept locked in the Tabernacle, so that the faithful may pray in the presence of the Sacrament. Adoration ceremonies traditionally include Scripture readings, hymns, prayers and time for silent adoration. He waits for our little Acts of faith, adoration, love, thanksgiving, repentance, reparation and charity that we can offer Him as we contemplate His Divine Majesty in the Blessed Sacrament. The Eucharist is a priceless treasure: Miracles of conversion, peace, discovery of vocations, answers to prayers, physical healings, and many other wonderful things happen where and when the Lord Jesus is adored in the Blessed Sacrament. There we can speak with Him about everything. We can offer Him our petitions, our concerns, our troubles, our joys, our gratitude, our disappointments, our needs and our aspirations. Above all we can remember to pray: Help me to be a good worker in Your vineyard! What we need is for every parish to come before Jesus in the Blessed Sacrament in holy hours of prayer. For without Him, we can do nothing. The Monstrance draws all eyes to the Sacred Host that is seemingly surrounded by rays, like the sun. The Monstrance is surmounted by a Cross – what does this tell us? Let us look at Jesus in the Monstrance, Who humbles Himself to come before us as a piece of bread. Are we humble, as God wants us to be, to bear our Crosses daily? Other virtues such as patience, temperance, self-control and piety will soon follow. Those of us who have an experience of love, know, that true love sets no conditions; it simply loves and yet it must be nurtured and nourished by intimacy, closeness or regular contact. It is the same with time spent in divine intimacy with Jesus in the Blessed Sacrament. How can our encounters with the Lord not cause us to fall more and more in love with Him? As we yield to such love, it will prompt hunger for Scripture and the Sacraments as we seek to know and experience Him on a deeper level. And yet, we should not feel discouraged if we cannot love Him fully because Jesus assures us that He will always love us with a love that surpasses all. Thus, our time spent with our Beloved Savior in Adoration, can become the most profound, meaningful, joyful, peaceful and healing experience we could ever encounter! May our adoration never cease!

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Chapter 4 : ADORATION MATTERS!! - Roman Catholic Man

Prayer to Jesus in the Blessed Sacrament: An Act of Faith and Adoration Prayer before the Blessed Sacrament Act of Self-Accusation of Grievous Sins against.

This page provides information on perpetual adoration at Our Lady of Lourdes Catholic Church in question and answer format. What is Perpetual Adoration? It is an expression of our love for Jesus. The Host, the Body, Blood, Soul and Divinity, of Jesus is placed in a monstrance and honored with the worship of adoration. Adorers make a commitment to spend an hour a week before the exposed consecrated Eucharist. Adoration is continuous seven days a week, twenty-four hours a day except for a brief period at the end of Lent, termed Triduum, when the Eucharist is reposed. For more information, refer to the Perpetual Adoration Brochure. What does the Church teach about Eucharistic Adoration? It helps them live in a more Christian way, trying to maintain in their lives what they have received by faith and by sacrament. The Chapel is in the parish office building and is easily found by first looking for the grotto on the parish property. The Chapel is opposite the grotto and has one wall made of glass blocks. The statue of the Blessed Mother in the grotto is facing the Chapel. How does the Perpetual Adoration Chapel operate? The Holy Family Perpetual Adoration Chapel is managed by a team of lay volunteers who schedule adorers for one hour per week. They make sure someone will always be there with the Blessed Sacrament. Prayer and support are provided by the Legion of Mary. How do I sign up to be a Regular Adorer? You may also wish to check the hours that could use a prayer partner. Consider your own schedule and pray to the Holy Spirit to guide you. There are numerous ways to sign up for an hour: Complete an Invitation to Perpetual Adoration Form. You may call or e-mail one of the Chapel Coordinators or Divisional Leaders. Business cards with their contact information are located in the Chapel. Each adorer determines which hour is best for him or her. We encourage people as they volunteer to first consider those times where a partner is needed. We never assign hours to anyone and encourage people to consider the hour they choose carefully and to pray about it first. We realize that an hour that fits your schedule well will help you keep your commitment each week. No one will make you take an unwanted hour. We are grateful to those who can do the more difficult hours, but realize that what is difficult varies with each person. The Chapel does have additional options to sign up for a Holy Hour including sharing an hour with another person and signing up within a group or parish ministry that rotates or assigns members each week. What if I cannot be there for my scheduled hour? We try to schedule two adorers for every hour and together they become responsible to see that their hour is covered each week. We encourage partners to talk to each other and work together. If one of the adorers is not able to make his or her scheduled hour, it is only necessary that one person be there. This works best when both partners are coming regularly each week. If you are unable to make your adoration hour, please first contact your partner. If neither you nor your partner can make the hour, please see if a friend or family member can fill in for you. If these measures fail, contact the Hourly Coordinator for your Holy Hour. That person will draw from a list of substitutes to locate a person who will fill in for you. How long does this commitment last? It lasts as long as you want it to last. Many people have had the same hour since Perpetual Adoration was started. We just ask that you not stop coming without calling us to let us know to take your name off the schedule. Can I change my hour? We change hours of adorers all the time. We are always in need of new people as schedules change, people move and some people just want a different time. What do I do if my replacement does not come? We ask that you do not leave until the person assigned to the next hour has arrived. There are many people stopping by the chapel and we do not rely on them to be responsible for making sure someone is there. It is very rare for a replacement not to come. However, if it does occur, there is a phone on the wall in the Chapel library that you can use to call your replacement. The schedule of adorers, with phone numbers, is posted on the bulletin board in the library. Next to the phone is a list of people you can call to fill in for you at the last moment. Most adorers will stay the extra hour, if possible, and consider it a special blessing. How do I know if the person assigned to the

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next hour has arrived? In time you will get to know your replacement s. Until you do recognize the persons in the next hour, you can check the book to see if anyone has signed in. What is the purpose of the sign-in book? The names of all regular adorers are listed according to the day and time. Adorers are asked to put their initials next to their name and to put the time they arrive and the time they leave in the boxes provided on the sign-in sheet. Since we must never leave the Blessed Sacrament unattended, this enables us to see at a glance if someone has been in the chapel at all times. We do not keep track if you are not at your assigned hour each week. We assume partners are working together. Occasionally, we go over the sheets to see if anyone has stopped coming. If we find that someone has not been there for a long period of time, we will call to see if they need to change times or if they would like to come off the schedule. We also ask visitors to sign their names and the time they arrive and leave the chapel. How do I spend my hour each week? Let the Holy Spirit guide you. The Chapel has a library that can be accessed through the door to the left just past the sign-in table. Books are available for you to read while in the Chapel. Please take all materials you bring into the Chapel home with you when you leave. What benefit is Perpetual Adoration to me? No matter what our vocation in life is, we are all called to holiness. Spending time with Jesus will lead you in that direction. Jesus never promised to take away our sufferings, but He did promise to be there with us in our sufferings. As we spend time with Jesus we come to trust Him and rely on Him more and more. Who can visit the chapel? The chapel is open to all visitors at any hour of the day or night. The dedication of those adorers who commit to a regular hour each week is truly an act of charity. It enables the chapel to be open for any and all persons wanting to make a visit to the Lord. Hours Needing Prayer Partners We are always in need of new people to commit to an hour in the chapel. Unless advised otherwise, we consider a husband and wife or a family as one person since they will probably be vacationing or away together. We have no hours that are without any assigned or substitute adorers. If none of these times are convenient, we will work with you to find a suitable time. Prayer Petitions Prayer requests can be made by writing them on the 3 by 5 cards found on the book case in the Chapel. Many adorers spend time praying for these intentions and writing special notes on the cards. Please do not use last names on the cards. What about Daylight Savings Time Changes? The regularly scheduled 2: The coordinators will ensure that the second hour of the 2: Therefore, on Sunday morning the scheduled hours are: All Sunday Adorers, please be sure to adjust your clocks the night before. Borrowing and Donating Books The books in the Chapel Library are for the use of adorers and as such are not to be removed from the chapel. If you would like to donate a book, please give it to the Parish Receptionist along with your contact information. Not all books are suitable for the Adoration Chapel and must go through an approval process.

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Chapter 5 : Adoration - Sacred Heart Catholic Church

You can also pray whatever prayers you'd like: the Rosary, the Anima Christi, An Act of Spiritual Communion, or any number of very good Blessed Sacrament prayers. If you'd prefer, just give our Lord your heartfelt thoughts in meditation or reflection.

May the streams of Blood and Water which gushed forth from Your Heart put out the flames of Purgatory, that there, too, the power of Your mercy may be celebrated. Eternal Father, turn our merciful gaze upon the souls suffering in Purgatory, who are enfolded in the Most Compassionate Heart of Jesus. Manifest Your mercy to the souls who are under Your just scrutiny. Look upon them in no other way but only through the Wounds of Jesus, Your dearly beloved Son; for we firmly believe that there is no limit to Your goodness and compassion. I bring lukewarm souls into the abode of Your Most Compassionate Heart. In this fire of Your pure love let these tepid souls, who, like corpses, filled You with such deep loathing, be once again set aflame. O Most Compassionate Jesus, exercise the omnipotence of Your mercy and draw them into the very ardor of Your love, and bestow upon them the gift of holy love, for nothing is beyond Your power. Eternal Father, turn Your merciful gaze upon lukewarm souls who are nonetheless enfolded in the Most Compassionate Heart of Jesus. Let them, too, glorify the abyss of Your mercy. Following is a Holy Spirit Novena in preparation for Pentecost. Send forth Your Spirit and they shall be created - And You shall renew the face of the earth! Grant us by the same Spirit to have right judgment in all things, and ever rejoice in His consolation, through Christ Our Lord. He Who searches hearts, knows what the Spirit means, for the Spirit intercedes for the saints as God Himself wills. It was here, visiting Elizabeth, that Mary broke out into her song: The Almighty has done great things for me and Holy is His Name. Conclusion - "Pray at every opportunity in the Spirit. What are we to do, brothers? Every pain of His becomes her pain. Regular, frequent, fervent Confession is the key to conversion. Father, may this Holy Spirit sanctify these offerings. Let them become the Body and Blood of Jesus Christ. John offered Mass in their home and Mary adored Jesus in the Eucharist daily and received Him in communion as we do. She also attended the Liturgy when the other Apostles gathered for it. He will show us the importance of offering to God as clean oblation, from the "rising of the sun to its setting - Mal 1: Ask the Spirit to find a slot in your busy schedule or show you how to attend Mass at least spiritually. Daily Mass is your God - given right and privilege. Mary, the Angels and the Saints will be there ahead of you. The whole world will benefit from your Mass. Your Spirit is at work when understanding puts and end to strife, hatred is quenched by mercy, and vengeance gives way to forgiveness. Fill us with your Spirit, through our sharing in this meal. May He take away all that divides us. In that new world where the fullness of your peace will be revealed, gather people of every race, language and way of life to share in the one eternal banquet with Jesus Christ the Lord. Jesus at Mass "scans the globe" around the clock, inch by inch and "takes away the sins of the world," from north to south, from east to west and purifies the souls continually. Jesus is at work. There is no other Name - no other Way. From earth we can rise and join the Cherubim and Seraphim in their eternal song: The Communion of Saints empowers us to love of God with an infinite love worthy of God. For True Adorers in the Holy Spirit, heaven begins right here and now. Whoever has seen Me has seen the Father also. If you love me keep my commandments. Whoever loves Me, will keep My word and My Father will love him, and we will come to him and make Our dwelling with him. Give glory to your Son so that your Son may glorify You, just as You gave Him authority over all people, so that He may give eternal life. Now this is eternal life that they may know You, the only true God and the one whom You sent, Jesus Christ. I revealed Your name to those whom you gave Me out of this world. They belonged to You and You gave them to Me, and they kept Your word I pray not only for them but also for those who will believe in Me through their word, so that all may be one, as You, Father are in me and I in You Father, they are Your gift to Me. The Spirit itself bears witness with our spirit, that we are children of God. Behold you will conceive in your womb and bear a Son, and you shall name Him Jesus The Holy Spirit of the will come upon you, and the power of the Most High

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will overshadow you. The child will be called the Son of God. For in Him were created all things in Heaven and on earth, visible and invisible. All things were created through Him and for Him. He is before all things and in Him all things hold together. He is the head of the body, the church; He is the beginning, the firstborn from the dead, that in all things He Himself might be preeminent. For in Him all the fullness was pleased to dwell, and through Him to reconcile all things for Him, making peace by the blood of His cross. Rather He emptied Himself, taking the form of a slave, becoming obedient to death. When the time for Pentecost was fulfilled, they were all in one place together. And suddenly there came from the sky a noise like a strong wind and it filled the entire house. Then there appeared to them tongues of fire which came on each of them. And they were filled with the Holy Spirit. Turn the world right-side-up. O Virgin Immaculate, Mother of Jesus and our tender Mother, we invoke thee under the title of our Lady of the Most Blessed Sacrament, because thou art the Mother of the Savior who lives in the Eucharist, and because it was from thee that He took the Flesh and the Blood with which He there feeds us! We invoke thee under that title because, again, thou art the sovereign dispensatrix of all graces and, consequently, of those contained in the august Eucharist, also, because thou didst first fulfill the duties of the Eucharistic life, teaching us by thy example how to assist properly at the Holy Sacrifice of the Mass, how to communicate worthily, and how to visit frequently and piously the Most Blessed Sacrament. That the Eucharistic Kingdom of Jesus Christ may come among us! Grant, also, that we may imitate the worship that she rendered while on earth to this most august Sacrament, so that we may behold Thy Eucharistic kingdom spread and flourish throughout the whole world! O Thou who livest and reignest forever and ever! Kindle in all the faithful a lively devotion to the most Holy Eucharist, so that they may all be made worthy to receive Holy Communion every day. Our Lady of the Most Blessed Sacrament, pray for us. Let us with Mary Immaculate adore, thank, supplicate and console the most sacred and beloved Eucharistic Heart of Jesus! Teach us by thy example to esteem as it deserves the divine action performed at the altar, and obtain for us the grace to be able often, and even daily, to assist piously at the Holy Sacrifice. O Virgin Immaculate, thy Communion were the most fervent, the most holy that ever were made! When thou didst possess thy Divine Son in thy breast, thou didst love Him with a love exceeding that of any other creature soever for his God. Teach us to make Holy Communion the center of our life, and may that life be spent in preparing us for so great an action and in thanking God for so inappreciable a benefit! O Virgin Immaculate, who, after the ascension of thy Divine Son, didst console thy exile on earth by the Real Presence of Jesus in the Sacrament, and didst spend before the tabernacle the greater part of thy days and even thy nights, make us comprehend the treasure we possess on the altar. Inspire us to visit often the God of Love in the Sacrament in which He abides to receive the homage that He deserves by so many titles, and to guide, protect, and console us in this exile! With the most lively faith and the most profound respect thou didst adore Jesus hidden under the sacramental veils. After thy example, we desire to render to the Sacred Host all the honor due the Divinity and the glorified Humanity of the Son of God made Man. We wish to maintain at all times in the holy place the modesty and recollection becoming true adorers. O Virgin Immaculate, who didst return to Jesus so perfect thanksgiving for the institution of the Divine Eucharist and the ineffable Gift in which the Savior exhausted His power and the treasures of His Heart, teach us to thank thy Divine Son for this great benefit, and especially to make our thanksgiving well when we have had the happiness of receiving Him in Holy Communion. O Virgin Immaculate, thou didst adore thy Divine Son in His state of perpetual Victim, always immolated on our altars, incessantly demanding, by His death, grace and mercy for sinners. We unite with thy dolours and thy perfect reparation. We desire to accept our daily trials for love of Him, and with thee to console Jesus for the ingratitude of men and the outrages He daily receives in the Blessed Sacrament. O Virgin Immaculate, while the Apostles went to preach the Gospel, thou didst remain close to the tabernacle, supplicating for them the goodness of the Savior, and thy prayer obtained for them the grace to convert the world! Teach us to pray, above all, to pray near the tabernacle, where Jesus wills to abide continually in order to hear our petitions. Teach us to pray for the extension of the Eucharistic kingdom, for the salvation of the whole world, for the exaltation of the Holy Church, and most especially for the sanctification of the clergy and

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the conversion of sinners. O Virgin Immaculate, Mother most loving, and admirable Model of adorers of Jesus in the Blessed Sacrament, thou art also the dispensatrix of the graces necessary to fulfill that great duty! Grant us, then, we beseech thee, as the fruit of this novena, the virtues that will render our adoration less unworthy of thy Divine Son. Teach us to honor so well this Mystery of mysteries that we receive here below the graces It contains, in order to enjoy in heaven the eternal life of which It is the pledge!

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Chapter 6 : A Collection of Prayers for Perpetual Adoration

Back to the Home Page Back to the Prayers Index ACT OF FAITH AND ADORATION BEFORE HOLY COMMUNION # 2. My Lord Jesus Christ, I believe that Thou art truly present in the Blessed Sacrament.

During this time of devotion, time is dedicated to silent prayer and meditation before the Eucharist. Here is a look at some of the best prayers for Eucharistic Adoration to share during this time. I offer Thee the most precious body, blood, soul and divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges, and indifferences whereby He is offended. On the medal one makes a spiritual communion as follows: As I cannot now receive Thee, my Jesus, in Holy Communion, come spiritually into my heart and make it Thine own forever On each bead say: Jesus in the Blessed Sacrament, have mercy on us! I place myself in the presence of Him, in whose Incarnate Presence I am before. I place myself there. I adore Thee, O my Saviour, present here as God and man, in soul and body, in true flesh and blood. I praise, and bless, and give myself wholly to Him, Who is the true Bread of my soul, and my everlasting joy. Prayer 4 O Jesus, through the Immaculate Heart of Mary, here kiss your Brown scapular and in union with the Holy Sacrifice of the Mass being offered throughout the world, I offer You all my prayers, works, joys and sufferings of this day in reparation for the offenses committed against the Immaculate Heart of Mary, for my sins and the sins of the whole world. As we kneel before You, we recognize You as the Creator of all Life. We thank You and praise You for the lives you have given to us and to those we love. Give us a true and lasting respect for all life, for we recognize it as coming from You. We pray for all who have suffered or died as a result of disrespect whether that suffering and death has come as a result of abuse, war, gossip, or abortion. We pray for an end for all disrespect of life. As we kneel before You we ask You to forgive all those who do not respect the sanctity of life. The same that on the cross was nailed And bore for man the bitter doom. O kind, O loving one! We are obliged to adore Him, to give Him thanks and to make reparation for sins. We need your peace in our hearts and among nations. We need conversion from our sins and the mercy of Your forgiveness. May we obtain this through prayer and our union with the Eucharistic Lord. Please send down the Holy Spirit upon all peoples to give them the love, courage, strength and willingness to respond to the invitation to Eucharistic Adoration. We ask this in the name of Jesus the Lord. Prayer 8 My Lord Jesus Christ, who, for the love you bear to mankind, do remain night and day in this Sacrament, full of pity and love, awaiting, calling, and receiving all who come to visit you; I believe that you are present in the Sacrament of the Altar; I adore you from the depths of my own nothingness; I thank you for the many graces you have given me, and especially for having given me yourself in this Sacrament; for having given me Mary your Mother as my advocate, and for having called me to visit you in this church. I adore You, O my Savior, present here as God and man, in soul and body, in true flesh and blood. I praise and bless, and give myself wholly to Him, Who is the true Bread of my soul, and my everlasting joy. I offer you the most precious body, blood, soul and divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifferences by which He is offended. Here is a look at the closing prayers at the Eucharistic Adoration at St. This is just one example to a prayer for Eucharistic Adoration.

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Chapter 7 : The Cathedral of Saint Patrick: Eucharistic Adoration

Prayers Before the Blessed Sacrament. Act of Adoration 4 Prayer before the Reception of the Eucharist 5 Blessed be Jesus in the most Holy Sacrament of the Altar.

A sign-up sheet for adorers is at the side door of the church the week prior. All are welcome to come and spend time with the Lord. In a world where there is so much noise, so much bewilderment, there is a need for silent adoration of Jesus concealed in the Host. Be assiduous in the prayer of adoration and teach it to the faithful. It is a source of comfort and light, particularly to those who are suffering. What is Eucharistic Adoration? Like a magnet, The Lord draws us to Himself and gently transforms us. Jesus truly present – Body, Blood, Soul, and Divinity! This means that they are not only spiritually transformed, but rather are actually substantially transformed into the Body and Blood of Christ. The elements retain the appearance of bread and wine, but are indeed the actual Body and Blood of Christ. This is what is meant by Real Presence: Christ instituted this Holy Sacrament of the Eucharist in order to remain with mankind until the end of time. The Blessed Sacrament serves as a focal point of devotion. Because, as Catholics, we believe that Christ is truly and substantially present in the Eucharist, the Blessed Sacrament is given the same adoration and devotion that is accorded to Christ. At the beginning of the exposition of the Blessed Sacrament, a priest or deacon removes the sacred host from the tabernacle and places it in the Monstrance on the Altar for adoration by the faithful. It is known in Latin as an Ostensorium. When a consecrated host is placed in the monstrance, it is said to be a solemn exposition. When the Monstrance contains the Sacred Host, the priest does not touch it with his bare hands, but instead, holds it with a humeral veil, a wide band of cloth that covers his shoulders humera and has pleats on the inside in which he places his hands. At all other times, the reserved Sacrament is kept locked in the Tabernacle, so that the faithful may pray in the presence of the Sacrament. He waits for our little Acts of faith, adoration, love, thanksgiving, repentance, reparation and charity that we can offer Him as we contemplate His Divine Majesty in the Blessed Sacrament. The Eucharist is a priceless treasure: Are you heavy laden with guilt from past sins? Are you trying to find hope and meaning in life? Do not lose heart! He will refresh you! The more time you spend with Jesus, the more you will come away feeling renewed and healed. Miracles of conversion, peace, discovery of vocations, answers to prayers, physical healings, and many other wonderful things happen where and when the Lord Jesus is adored in the Blessed Sacrament. There we can speak with Him about everything. We can offer Him our petitions, our concerns, our troubles, our joys, our gratitude, our disappointments, our needs and our aspirations. Above all we can remember to pray: Help me to be a good worker in Your vineyard! What we need is for every parish to come before Jesus in the Blessed Sacrament in holy hours of prayer. For without Him, we can do nothing. Through Eucharistic Adoration we proclaim Jesus to the World. Eucharistic Adoration is an affirmation of our faith. Through this vigil of prayer, we give witness to our belief that God is truly dwelling with His people. The Eucharist is the Sacrament of unity, Jesus unifying His people. Through the personal love that one shares with the Savior one is more able to grasp the reality that we are the whole Body of Christ. The prayers that we say can draw the World and everybody in the World closer to Christ and to God the Father for His blessing. A Taste of Heaven awaits us in Eucharistic Adoration! Indeed, Earth is joined to Heaven each time we are united with the Saints and Angels in extolling God, Who, in worship we see, if not with the sight of eyes, then with the eyes of faith. Him I will raise up on the last day. Those of us who have an experience of love, know, that true love sets no conditions; it simply loves and yet it must be nurtured and nourished by intimacy, closeness or regular contact. It is the same with time spent in divine intimacy with Jesus in the Blessed Sacrament. How can our encounters with the Lord not cause us to fall more and more in love with Him? As we yield to such love, it will prompt hunger for Scripture and the Sacraments as we seek to know and experience Him on a deeper level. And yet, we should not feel discouraged if we cannot love Him fully because Jesus assures us that He will always love us with a love that surpasses all. Jesus asks for so little! Yet, He gives so much!

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Whether we are young or old, sick or healthy, poor or rich, only by regularly partaking in the sacrifice of the Holy Mass and Eucharistic Adoration, can we reap immense spiritual and temporal blessings in our lives! Thus, our time spent with our Beloved Savior in Adoration, can become the most profound, meaningful, joyful, peaceful and healing experience we could ever encounter! May our adoration never cease!

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Chapter 8 : A Beginner's Guide to Eucharistic Adoration | Busted Halo

Many parishes and chapels have Eucharistic Adoration, either perpetual adoration around the clock or on certain days. During this devotion, the Sacred Host is taken from the tabernacle and placed in a monstrance so it can be seen and venerated by the faithful.

Some of these treasured insights she received during adoration. Spending time in the Eucharistic presence of Jesus. This could be with him hidden in the tabernacle or exposed in the monstrance. Each visit is an act of faith in His Real Presence, and an act of love. It is an act of love because we have sacrificed doing other things to linger with Jesus. It could be a stolen moment, a few minutes, or an hour of prayer. When we sit in adoration we learn that prayer is something that God does in us independent of our own efforts. We learn that choosing to spend time with Him is to follow in the footsteps of St. Mary Magdalene Luke Adoration has intercessory power St Faustina had a practice of offering up each hour of adoration for a particular intention. Are these intentions rare to you? Perhaps you should make it your special intention for the next time you go to adoration. Adoration has consequences From St. It was during Thursday evenings that she had inspirations, spiritual lights, and encouraging messages. Once after her hour of adoration St. Faustina experienced the wrath of demons. Faustina through adoration of the Eucharist had snatched sin hardened souls from them. Do you like using highlighter pens? I encourage you to go through her Diary. Highlight the things that happened on Thursdays, or during adoration, or during Holy Hours. Through that you can discover the good we received through her faithfulness to adoration. Faustina through adoration of the Eucharist had snatched sin hardened souls from them Passage Adoration is not something you do alone Even if you think you are alone in the chapel, there will be angels, saints and holy souls with you. Faustina recognised this and often united her adoration with theirs. When next you have an important intention to pray for, ask some of the saints to intercede with you. If you have yet to commit to a weekly hour of adoration, I encourage you to work out how to make it part of your routine. Even if you are unable to pray, go to adoration. Even if you are unable to kneel, go and sit before Jesus. Sometimes there is sweetness, consolation and inspiration. Sometimes there is struggle, pain and desolation. Sometimes there are no feelings at all. Being with Jesus is what matters, what happens " if anything " is up to Him. A Hail Mary prayed when the presence of God brings you joy has value. That pray has even more value when we feel that are soul is as dry as a desert. We prove that we love Him when we continue to love Him when consolations are absent. To be able to spend three hours of free time with Jesus in the Blessed Sacrament is to truly unpack a treasure Passage

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Chapter 9 : Act of Faith and Adoration before Holy Communion #1 - Prayers - Catholic Online

Prayer While Visiting The Most Blessed Sacrament by St. Alphonsus Liguori. My Lord Jesus Christ, for the love which You bear to men, You remain night and day in this Sacrament full of compassion and of love, awaiting, calling, and welcoming all who come to visit You.

In a deeper sense, it involves the contemplation of the Mystery of Christ truly present before us. During Eucharistic Adoration, we watch and wait, we remain silent in His Presence and open ourselves to His graces which flow from the Eucharist. Like a magnet, The Lord draws us to Himself and gently transforms us. In its fullest essence, Eucharistic Adoration is God and man reaching out for each other, at the same time! There are three purposes of Eucharistic exposition: How must we respond? Through our worship and recognition of Him in the Eucharist! He is calling us to faith, that we may come to Him in humility. We grow spiritually with each moment we spend with Jesus! Through our Adoration, Jesus calls us to a personal relationship, to become His friends and disciples. He promises that all those who remain tightly bonded to Him, will bear much fruit and their joy will be complete. Jesus waits for us in the Blessed Sacrament. He waits for our little Acts of faith, adoration, love, thanksgiving, repentance, reparation and charity that we can offer Him as we contemplate His Divine Majesty in the Blessed Sacrament. The Eucharist is a priceless treasure. By not only celebrating the Eucharist, but also by praying before It outside of Mass, we are enabled to make contact with the very wellsprings of Grace. We are called to abide in the Eucharistic Presence of our Lord, like the saints and angels do in Heaven, as they behold the glory of God and sing His praise! Do we see Him in all His glory and majesty? Do our lips proclaim His praise? Do our souls magnify the Lord - making Him clearer, more in focus, and larger to others around us? Do we place the needs of others before Him? Are we open to the Will of God and strive for perfection in our spiritual lives so that we, too, may one day join the company of saints in Heaven? Him I will raise up on the last day. Whether we are young or old, sick or healthy, poor or rich, only by regularly partaking in the Sacrifice of the Holy Mass and Eucharistic Adoration, can we reap immense spiritual and temporal blessings in our lives! Thus, our time spent with our Beloved Saviour in Adoration can become the most profound, meaningful, joyful, peaceful and healing experience we could ever encounter! May our adoration never cease! All are welcome to come and spend some time with our Eucharistic Lord.