

Chapter 1 : Table of Contents: Why does he do that? :

Bancroft identifies nine types of abusive men, addressing different styles, from the physical batterer to the strictly verbal abuser. He dispels the pervasive societal myths surrounding abuse, exposing common excuses used by abusers, such as having experienced an abusive childhood or substance addiction.

What if Merle escaped Atlanta on his own and tried to make his way back to the group? What if Sophia went deeper into the forest instead of to the barn? What if he came across Sophia and promised to get her back to her mother? What if they showed up at the farm together, with Merle exhausted and near-death? What if Merle nearly died at the farm and the Atlanta group doted on him, feeling bad for leaving him behind? What if Merle redeemed himself, realised the importance of sticking together, got clean and became a beloved part of the group? So this is my first posted TWD fic. The time between escaping Atlanta and now had been rough, between the shock of cutting off his own hand and going through withdrawal, starvation, and suffering from heatstroke and dehydration, he was in immense amounts of pain. He found himself blacking out with no recollection of time between waking as he kept moving when he was in a blackout state, evidenced by how he woke in a completely different place to the one he last remembered. He breathed for a minute, preparing himself for the wave of pain that would soon catch up. It slammed into him hard, leaving him gasping as his arm throbbed and his head pounded, and he sat up, rubbing his eyes and gritting his teeth as it warred up and down his spine. He took in the rest of his surroundings, noting a small, shallow creek. He drank and drank, relishing the coolness of the water trickling down his dry throat, soothing the soft tissue. Once satisfied he splashed water over his face and neck, over sunburn and the line of blistered skin along his hairline, washing away sweat that beaded back up immediately. He gathered more water, bringing it to his eyes and blinking through it, trying to wash away the gritty feeling in them and sat back just to breathe, trying to gain purchase on his surroundings and make some sort of decision as to which way he should head next. He was shaking badly, from the hunger and pain and withdrawal so he brought his limbs closer to his body, trying to minimise the tremors so he could focus. He heard rustling and looked across the stream, noticing a flash of blue through some bushes and frowned, trying to focus on the colour and gauge whether he should be running. She continued to look back to where she came from while Merle stared at her, squinting curiously. It suddenly clicked who she was and Merle was astonished, gaping at her for a second. She whipped around to face him, looking terrified for a few seconds before relief flooded her face and she ran towards him with tears in her eyes, sloshing through the shallow water and kneeling in front of him, wrapping her arms around his neck, face pressed to his throat. He was stunned momentarily before he settled on patting her back in a way he hoped was comforting. He looked around and saw no trace of the rest of the group through the trees. He returned the hug hesitantly and rubbed her back, murmuring comforting words and wondering briefly where this instinct was coming from. He remembered her mom and dad, remembered how Ed treated his wife and daughter, and chocked it up to feeling a bond towards Carol and Sophia. He and Daryl knew abuse well, their father had been an abusive asshole too. His scars itched at the memory of his father and he shook it off, not wanting to waste brain power on that monster. Merle nodded as he listened to her story, brow furrowed. His brain was sluggish but he figured out which way was North quickly, thankful that it was one of his talents. They got up and walked, with Merle struggling to stay conscious all the while, but he pushed on, resting against trees as his brain threatened to fade in and out, just to get his bearings back. Everything in him hurt, his stump was a constant, searing pain and his skin burned painfully too, his eyes felt swollen and he felt weak and heavy. He knew he sorely needed substantial sleep, but worried about walkers getting them if he did and decided to try to keep himself awake through the night, Sophia tucked safely into his side. Hours passed with Sophia sleeping beside him, breathing softly against his ribs as he watched the fire burning lowly, enjoying her company. It was easier to focus with someone else with him, with a purpose other than to just keep moving and hope to find Daryl. Hours later he felt an odd kick in his chest and felt his body and legs jerk, frowning weakly at the uncontrolled movement. Sophia woke with a jolt and sat up sleepily to look at him. Her hand fell to his chest, pressing gently at his sternum as she met his eyes concernedly. He sat up, groaning

softly at how much his body was aching, at how much more exhausted he suddenly felt. She thought for a second before nodding and he frowned at the thought of having a seizure and the prospect of it made him worry. He settled her down again, apologising for scaring her and she tucked against him once more, infinitely trusting. He smiled at the thought that she was still so affectionate and trusting despite her father. He and Daryl had lost all sense of trust in other people early on in life, Merle as early as eight.

Chapter 2 : Borderline personality disorder - Wikipedia

Contents: Note on terminology Introduction pt. I: The nature of abusive thinking The mystery ; The mythology ; The abusive mentality ; The types of abusive men pt. II: The abusive man in relationships How abuse begins ; The abusive man in everyday life ; Abusive men and sex ; Abusive men and addiction ; The abusive man and breaking up pt. III: The abusive man in the world Abusive men as.

Much more illuminating than I expected it to be -- a recommended read. Like l LauraSteinert Oct 31, Domestic violence is not always physical. Verbal abuse is far more prevalent and women think it is their fault for being too sensitive. This book allows women to identify abuse before it escalates into physical violence. It also explains how men weasel out of addressing their issues during counseling. Like k kozemchuk Oct 01, This book is great. Young and old, gay or straight! I learned so much about relationships with abusive and controlling men - how they act, what they do It is a fantastic, very easy to read guide useful to understand why some people overwhelmingly men in heterosexual relationships act the way they do, how they can change if they really want to , and how you can respond. I return to this book again and again over the years. Although it focuses on heterosexual relationships and seems overall focused on white people it has brief sections on glbtq and immigrant communities , many of the underlying dynamics of abusive relationships described are so universal as to be applicable to people of different communities and backgrounds I work primarily in more diverse communities. Like xburgh1 May 30, I am male and I consider myself fairly normal. I read this book because I was having issues with my wife. The book made me feel very defective. The book implies that all men are abusive in some way. It also states that abusive men will always be abusive. I do not recommend this book for men trying to improve their relationship with their spouse. Like b BipolarTara Aug 21, This is a must read for any woman who has been or thinks she may be Sadly, I was in an unfortunate situation and when it was over, this book really helped me get past some issues I was holding onto. I would highly recommend. Like t tjdove79 Nov 18, An absolute must read for any woman who wonders if she is in an abusive relationship, knows she is in one, or was in one. Bancroft makes not excuses for abusive behavior and explains in great detail inside the minds of abusive men.

Chapter 3 : Why does he do that? : inside the minds of angry and controlling men - Kirtland Community Co

In this book, domestic violence expert Lundy Bancroft uses his perspective as a therapist for abusive and controlling men to help women, their children, and other family members who have been touched by abuse understand why abusers behave the way they do and what can be done about it.

Characteristics Physical Pure platinum is a lustrous, ductile , and malleable , silver-white metal. Platinum is insoluble in hydrochloric and nitric acid , but dissolves in hot aqua regia A mixture of nitric and hydrochloric acids , to form chloroplatinic acid , H_2PtCl_6 . As is expected, tetracoordinate platinum II compounds tend to adopt electron square planar geometries. Although elemental platinum is generally unreactive, it dissolves in hot aqua regia to give aqueous chloroplatinic acid H_2PtCl_6 : Isotopes of platinum Platinum has six naturally occurring isotopes: The most abundant of these is Pt, comprising Of the naturally occurring isotopes, only Pt is unstable, though it decays with a half-life of 6. Platinum also has 31 synthetic isotopes ranging in atomic mass from to , making the total number of known isotopes Most platinum isotopes decay by some combination of beta decay and alpha decay. Platinum is often found chemically uncombined as native platinum and as alloy with the other platinum-group metals and iron mostly. Most often the native platinum is found in secondary deposits in alluvial deposits. Another large alluvial deposit is in the Ural Mountains , Russia, and it is still mined. Pt,Pd S , tellurides e. PtBiTe , antimonides PdSb , and arsenides e. PtAs₂ , and as end alloys with nickel or copper. Platinum arsenide, sperrylite PtAs₂ , is a major source of platinum associated with nickel ores in the Sudbury Basin deposit in Ontario , Canada. The mine ceased operations in In the Sudbury Basin, the huge quantities of nickel ore processed make up for the fact platinum is present as only 0. Smaller reserves can be found in the United States, [27] for example in the Absaroka Range in Montana. Correspondingly, platinum is found in slightly higher abundances at sites of bolide impact on Earth that are associated with resulting post-impact volcanism, and can be mined economically; the Sudbury Basin is one such example. By itself, it has various applications in photography, zinc etchings, indelible ink , plating, mirrors, porcelain coloring, and as a catalyst. Heating this ammonium salt in the presence of hydrogen reduces it to elemental platinum. Potassium hexachloroplatinate is similarly insoluble, and hexachloroplatinic acid has been used in the determination of potassium ions by gravimetry. Platinum II and platinum IV bromides are known as well. Platinum hexafluoride is a strong oxidizer capable of oxidizing oxygen. Where a base is desired, the halides have been used in conjunction with sodium acetate. Dichloro cycloocta-1,5-diene platinum II is a commercially available olefin complex, which contains easily displaceable cod ligands "cod" being an abbreviation of 1,5-cyclooctadiene. The cod complex and the halides are convenient starting points to platinum chemistry. These compounds are capable of crosslinking DNA , and kill cells by similar pathways to alkylating chemotherapeutic agents. It is quite possible they did not recognize there was platinum in their gold. Archeologists usually associate the tradition of platinum-working in South America with the La Tolita Culture circa BC - AD , but precise dates and location is difficult, as most platinum artifacts from the area were bought secondhand through the antiquities trade rather than by direct archeological excavation. The platinum used in such objects was not the pure element, but rather a naturally occurring mixture of the platinum group metals, with small amounts of palladium, rhodium, and iridium. It was often simply thrown away, and there was an official decree forbidding the adulteration of gold with platinum impurities. Antonio de Ulloa is credited in European history with the discovery of platinum. Ulloa and Juan found mines with the whitish metal nuggets and took them home to Spain. Antonio de Ulloa returned to Spain and established the first mineralogy lab in Spain and was the first to systematically study platinum, which was in His historical account of the expedition included a description of platinum as being neither separable nor calcinable. Ulloa also anticipated the discovery of platinum mines. After publishing the report in , Ulloa did not continue to investigate the new metal. In , he was sent to superintend mercury mining operations in Huancavelica. In , after studying the platinum sent to him by Wood, Brownrigg presented a detailed account of the metal to the Royal Society , stating that he had seen no mention of it in any previous accounts of known minerals. In , Henrik Scheffer published a detailed scientific description of the metal, which he referred to as "white gold", including an

account of how he succeeded in fusing platinum ore with the aid of arsenic. Scheffer described platinum as being less pliable than gold, but with similar resistance to corrosion. He succeeded in making malleable platinum by alloying it with gold, dissolving the alloy in hot aqua regia, precipitating the platinum with ammonium chloride, igniting the ammonium chloroplatinate, and hammering the resulting finely divided platinum to make it cohere. Franz Karl Achard made the first platinum crucible. He worked with the platinum by fusing it with arsenic, then later volatilizing the arsenic. Their assumptions could not be avoided because the platinum they experimented with was highly contaminated with minute amounts of platinum-family elements such as osmium and iridium, amongst others, which embrittled the platinum alloy. Alloying this impure platinum residue called "plyoxen" with gold was the only solution at the time to obtain a pliable compound, but nowadays, very pure platinum is available and extremely long wires can be drawn from pure platinum, very easily, due to its crystalline structure, which is similar to that of many soft metals. Chabaneau succeeded in removing various impurities from the ore, including gold, mercury, lead, copper, and iron. This led him to believe he was working with a single metal, but in truth the ore still contained the yet-undiscovered platinum-group metals. This led to inconsistent results in his experiments. At times, the platinum seemed malleable, but when it was alloyed with iridium, it would be much more brittle. Sometimes the metal was entirely incombustible, but when alloyed with osmium, it would volatilize. This started what is known as the "platinum age" in Spain. Time trend of platinum production [53] Platinum, along with the rest of the platinum-group metals, is obtained commercially as a by-product from nickel and copper mining and processing. During electrorefining of copper, noble metals such as silver, gold and the platinum-group metals as well as selenium and tellurium settle to the bottom of the cell as "anode mud", which forms the starting point for the extraction of the platinum-group metals. Because platinum is significantly denser than many of its impurities, the lighter impurities can be removed by simply floating them away in a liquid. Platinum is paramagnetic, whereas nickel and iron are both ferromagnetic. These two impurities are thus removed by running an electromagnet over the mixture. Because platinum has a higher melting point than most other substances, many impurities can be burned or melted away without melting the platinum. Finally, platinum is resistant to hydrochloric and sulfuric acids, whereas other substances are readily attacked by them. Metal impurities can be removed by stirring the mixture in either of the two acids and recovering the remaining platinum. The gold is precipitated by the addition of iron II chloride and after filtering off the gold, the platinum is precipitated as ammonium chloroplatinate by the addition of ammonium chloride. Ammonium chloroplatinate can be converted to platinum by heating.

Chapter 4 : Memoirs of an Addict Pt. IV – Open Discussion Apparel

Abusive men as parents ; Abusive men and their allies ; The abusive man and the legal system pt. IV: Changing the abusive man The making of an abusive man ; The process of change ; Creating an abuse-free world.

Frequently accompanied by depression , anxiety , anger , substance abuse , or rage The most distinguishing symptoms of BPD are marked sensitivity to rejection or criticism, and intense fear of possible abandonment. Fear of abandonment may lead to overlapping dating relationships as a new relationship is developed to protect against abandonment in the existing relationship. Emotions[edit] People with BPD may feel emotions with greater ease, depth and for a longer time than others do. Although the term emotional lability suggests rapid changes between depression and elation, the mood swings in people with this condition actually fluctuate more frequently between anger and anxiety and between depression and anxiety. The most frequent method of self-harm is cutting. This phenomenon, sometimes called splitting , includes a shift from idealizing others to devaluing them. While strongly desiring intimacy, people with BPD tend toward insecure, avoidant or ambivalent, or fearfully preoccupied attachment patterns in relationships, [33] and they often view the world as dangerous and malevolent. In particular, they tend to have difficulty knowing what they value, believe, prefer, and enjoy. This difficulty with knowing who they are and what they value can cause people with BPD to experience feeling "empty" and "lost". It involves the mind automatically redirecting attention away from that event, presumably to protect against experiencing intense emotion and unwanted behavioral impulses that such emotion might otherwise trigger. People with BPD may be found to have a disability in the workplace, if the condition is severe enough that the behaviors of sabotaging relationships, engaging in risky behaviors, or intense anger prevent the person from functioning in their professional role. Twin studies may overestimate the effect of genes on variability in personality disorders due to the complicating factor of a shared family environment. Increased cortisol production is also associated with an increased risk of suicidal behavior. Parents of both sexes were typically reported to have withdrawn from the child emotionally and to have treated the child inconsistently. Thus, researchers examine developmental causes in addition to childhood trauma. Research published in January by Dr. Anthony Ruocco at the University of Toronto has highlighted two patterns of brain activity that may underlie the dysregulation of emotion indicated in this disorder: These two neural networks are seen to be dysfunctionally operative in the frontolimbic regions, but the specific regions vary widely in individuals, which calls for the analysis of more neuroimaging studies. An unstable family environment predicts the development of the disorder, while a stable family environment predicts a lower risk. One possible explanation is that a stable environment buffers against its development. That is, for individuals who believe that their actual characteristics do not match the characteristics that they hope to acquire, high self-complexity reduces the impact of their conflicted self-image on BPD symptoms. That is, for individuals who believe that their actual characteristics do not match the characteristics that they should already have, high self-complexity does not reduce the impact of their conflicted self-image on BPD symptoms. The protective role of self-complexity in Actual-Ideal self-discrepancy, but not in Actual-Ought self-discrepancy, suggests that the impact of conflicted or unstable self-image in BPD depends on whether the individual views himself or herself in terms of characteristics that they hope to acquire, or in terms of characteristics that they should already have acquired. However, this study did find that thought suppression mediates the relationship between an invalidating environment and BPD symptoms. The best method is to present the criteria of the disorder to a person and to ask them if they feel that these characteristics accurately describe them. Issues of particular note are suicidal ideations, experiences with self-harm, and thoughts about harming others. In the DSM-5 , the name of the disorder remains the same as in the previous editions. Consequently, all disorders, including personality disorders, are listed in Section II of the manual. A person must meet 5 of 9 criteria to receive a diagnosis of borderline personality disorder. These alternative criteria are based on trait research and include specifying at least four of seven maladaptive traits. Its two subtypes are described below. He suggests that an individual diagnosed with BPD may exhibit none, one, or more of the following: Petulant borderline including negativistic features Negativistic, impatient, restless, as well as

stubborn, defiant, sullen, pessimistic, and resentful; easily feels "slighted" and quickly disillusioned. Impulsive borderline including histrionic or antisocial features Capricious, superficial, flighty, distractible, frenetic, and seductive; fearing loss, the individual becomes agitated; gloomy and irritable; and potentially suicidal. Self-destructive borderline including depressive or masochistic features Inward-turning, intropunitively self-punishing angry; conforming, deferential, and ingratiating behaviors have deteriorated; increasingly high-strung and moody; possible suicide. Misdiagnosis[edit] People with BPD may be misdiagnosed for a variety of reasons. One reason for misdiagnosis is BPD has symptoms that coexist comorbidity with other disorders such as depression, PTSD, and bipolar disorder. On their part, family members often feel angry and helpless at how their BPD family members relate to them. However, these links may apply to personality disorders in general. They are also more likely to develop other forms of long-term social disabilities. However, BPD can sometimes be diagnosed before age 18, in which case the features must have been present and consistent for at least one year. Compared to those diagnosed with other personality disorders, people with BPD showed a higher rate of also meeting criteria for [93].

As a kid I viewed my dad as a superhero, desperately seeking his approval. Unreasonably or unfairly glorifying others is a common theme or weakness of mine. My father is a great man whom I adore, when I OD'd bad in he didn't leave my side while I was comatose, but he and I.

Language English Includes bibliographical references and index pt. Facts about alcohol use and abuse -- 1. Questions and answers on alcohol consumption -- 2. Facts and figures on alcohol consumption and alcohol-related health effects -- 3. Overview of alcohol abuse and alcoholism -- 4. A family history of alcoholism: The genetics of alcoholism -- 6. Underage drinking -- section 6. The public health challenge of underage drinking -- section 6. Youth drinking trends stabilize but consumption remains High -- section 6. Adults are most common source of alcohol for teens -- 7. Alcohol advertising and youth -- 8. Drinking on college campuses -- section 8. What parents need to know about college drinking -- section 8. The hidden consequences of college drinking -- section 8. College alcohol problems exceed previous estimates -- 9. Alcohol abuse in men -- Alcohol and minorities -- Alcohol and aging -- Other factors associated with alcohol consumption -- section Delayed alcohol use linked to fewer problems with abuse or dependence as adults -- section Alcohol use patterns associated with body mass index -- section Preventing alcohol abuse, dependence, and alcohol-related injuries -- How to cut down on your drinking -- Talking to your child about alcohol -- Changing the culture of campus drinking -- Preventing impaired or drunk driving -- section Understanding blood alcohol concentration and alcohol impairment -- section Alcohol and transportation safety -- section Lowered national blood alcohol concentration limit for impaired driving -- section Tips for preventing drunk driving -- section Strict licensing laws associated with less teen drinking and driving -- Approaching alcohol problems through community-based prevention programs -- pt. The physical effects of alcohol -- How alcohol affects the body -- Alcohol overdose -- Alcohol and nutrition -- section The role of alcohol in the diet -- section Diet quality linked to alcohol drinking patterns -- What are the myths and facts about alcohol and the liver? Alcoholic liver disease -- What you need to know about cirrhosis of the liver -- Testing the liver for signs of damage or disease -- What you need to know about cancer of the pancreas -- Alcohol and heart disease -- Alcoholic cardiomyopathy -- Alcohol and the immune system -- section How does the immune system work? The influence of alcohol and gender on the immune response -- Alcohol consumption, kidney disease, and high blood pressure -- Alcohol consumption and nerve damage -- Alcohol and sleep -- Alcohol and cancer -- section Overview of alcohol consumption and the risk of cancer -- section Confusion regarding the alcohol-cancer link -- section Ingredient in alcohol related to the formation of cancer -- The interactions between alcohol and medicines -- section Aging, medicines, and alcohol -- pt. Alcohol use during pregnancy and its effect on fetal development -- Drinking alcohol during pregnancy -- Understanding fetal alcohol spectrum disorders -- Frequently asked questions about prenatal alcohol-related conditions -- Caring for a child diagnosed with fetal alcohol syndrome FAS -- section If your child has FAS -- section Diagnosing FAS -- section Health concerns of children with FAS -- section FAS through the years -- Behavioral issues and other conditions associated with FAS -- section Understanding FAS and behavior -- section Secondary conditions associated with FAS -- pt. Mental health problems associated with alcohol use -- Alcohol and mental health -- section Mental illness and problem drinking -- section The prevalence and co-occurrence of alcohol, drug, mood, and anxiety disorders -- Alcohol use and depression -- section Depression linked to alcohol dependence -- section Suicide, depression, and youth drinking -- Anxiety and alcohol use -- section Researchers shed light on anxiety and alcohol intake -- section Social anxiety disorder and alcohol use -- Post-traumatic stress disorder and problems with alcohol use -- Childhood attention deficit hyperactivity disorder and alcoholism during the teen years -- Alcohol use and its association with other dangerous substances -- section Almost half of people in addiction treatment had both drug and alcohol abuse -- section Alcohol and nicotine abuse may be influenced by same genes -- section Alcohol and tobacco use -- pt. The effects of alcohol on family, work, and society -- How alcohol affects the family: Coping with an alcoholic parent -- Alcohol and substance use in the workplace -- Alcohol and violence -- section Alcohol

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use and violence in youth -- section Domestic violence and alcohol use -- Substance use and risky sexual activity -- Alcohol and sexual assault -- Driving under the influence -- pt. Treatment and recovery from alcohol dependence -- Recognizing and helping someone who might have a drug or alcohol problem -- Screening for alcohol use and alcohol-related problems --

Chapter 6 : Why does he do that? (edition) | Open Library

Ephesians reads, "Don't use abusive language." The Bible says: "Don't use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them.

Chapter 7 : HALO: The Andromeda War Chapter - - - , a Star Wars + Halo Crossover fanfic | FanFiction

Peter and John were willing to let the lame man at the temple gate interrupt their plans, and maybe make them late for "the hour of prayer" - which raises an important point.

Chapter 8 : Topic: Pumpkinology: Pt IV â€“ The Dating Harem | MGTOW

Week Sexuality (ppt) study guide by kelly includes questions covering vocabulary, terms and more. Quizlet flashcards, activities and games help you improve your grades.

Chapter 9 : The handbook of gender, sex, and media - JH Libraries

Some time after the Alcatraz incident, the X-Men and the Brotherhood learn that the so-called "Cure" isn't as permanent as believed. While the rival groups face the possibility of an altered "Legacy" cure, Nathaniel Essex works behind the scenes to resurrect a being believed to be the world's first mutant.