

Chapter 1 : Breast Augmentation Before and After Photos | ASPS

Breast implant removal (sometimes called explant) surgery is performed when you decide you no longer want your current implants. The surgery can address concerns like implant malfunction, capsular contracture, and dissatisfaction with breast size.

Sometimes you get breast implants and decide later that you want them taken out. There are a few different reasons why some women want breast implants removed or replaced. Wanting to remove breast implants or replace them may include: Should you take them out? Implants do have a suggested life span or warranty period of about 10 years according to most quality breast implant manufacturers. Visit your Surgeon every year to assess your breast implant results over time. Discuss with your Surgeon when it might be best to replace breast implants or to remove them altogether. If time has passed and your skin has started to sag, explore a breast lift OR a masto-augmentation combined breast lift with implants. If weight changes have given you too much breast tissue over time, you might even consider a breast reduction. Read more below on top reasons women request a breast surgery revision such as removal or replacement of breast implants. Life Span of a Breast Implant Prosthesis: The life span and warranty of a breast implant is typically stated by manufacturers as being up to 10 years. That means anyone with breast implants can expect to require a secondary or revision surgery at some stage of their lives. This noted, some women have seemed fine to keep their breast implants in place for a lifetime, without any issues; but the guidelines indicate they are only designed to last for up to 10 years as they are a prosthetic. Smoking also increases your risks of health complications including problems with your augmentation surgery; be sure you are living a healthy, smoke free lifestyle. If you smoke, tell your Surgeon and quit. Our team takes special steps such as the best-practice method of 14 steps to reduce complication risks and we also perform revision breast surgery procedures at Melbourne Hospitals ask your Surgeon for details. Cancer screening may also be a reason to seek removal of your breast implants. Recently diagnosis or suspicion of Breast Cancer Family members experiencing breast surgery meaning you may be at higher risk and need to screen more frequently Interference with Breast Screening Mammograms if you have a personally high risk factor or genetic risk factors Breast Implant Removal or Replacement? Your Surgeon may ask you the following questions: Are your breast implants causing you pain? Have your augmented breasts unusually hardened? There are options to handle capsular contractor ask your Surgeon during a consultation. Are you unhappy with the look of your current breast implants? Perhaps a different size, profile shape or placement strategy can help; or maybe liposuction of the breast area or fat transfer can enhance the outcome. Are you wanting to live life with a smaller breast area? You can remove or replace your breast implants and leave the look as is or get a breast lift with or without implants, if required. Breast size not suiting your lifestyle at the moment? Want a natural looking result including more exercise and fashion freedoms?

Chapter 2 : Breast Implant Removal | Beauty By Buford | Denver, CO

Breast implant removal is just as common as breast enhancement surgery. Women make the decision to have their breast implants revised or removed due to a number of circumstances. The main impetus for patients having the surgery for the removal of a breast implant is capsular contracture or leakage and the rupture of the implant.

Patient had breast augmentation done when she was in her 20s and at one point was a DD. Now a mother and in her early 40s, wants to have her breast implants removed. Cassileth performed bilateral breast implant removal with internal lift. If your breast implants are ruptured, or if you have capsular contracture or capsular calcifications, you may also need your implant capsule removed, which is a surgery called "capsulectomy." Whether the removal of the capsule is necessary or not is determined by your physical exam, radiological studies, or both. Most patients also need internal breast work done. Our practice uses an innovative "auto-augmentation" technique to put the hanging breast tissue back where it belongs, central to the breast itself. This is critical to having a full, high breast after breast implant removal surgery. Finally, depending on the amount of loose skin that you have, you may also need a mastopexy, or breast lift. The scar for mastopexy varies from patient to patient, depending on the degree of excess skin. In all cases, however, the scar is kept to a minimum, and the skin is never used to hold or lift breast tissue. Good Morning America asked Dr. Cassileth to discuss why breast implant removal, also known as an explant surgery, is becoming a growing trend among women. Cassileth sees many patients who want to go back to their natural breasts. Her patients regularly report feeling like they have their own body back again after having their breast implants removed, making this a very fulfilling procedure to perform. We wish Melissa a very happy recovery! At some point they will need to be replaced or removed due to breast implant rupture, age or suspicion of leaking breast implants. Some women are concerned that their breasts will sag, or look deflated without implants. As leading experts with decades of experience in explant surgery, Beverly Hills breast surgeons, Dr. Lisa Cassileth and Dr. Kelly Killeen use highly specialized techniques to restore your breasts to a full, youthful state. They perform an internal breast lift in conjunction with the implant removal, resulting in beautiful, full breasts. If added volume is needed for a fuller breast, they perform fat grafting taking fat from one part of the body, purifying it and transferring the purified fat into the breast ; removing the need for silicone or saline implants. For patients who want to decrease the size of their breast implants or need to replace ruptured implants, our doctors utilize our internal breast lift technique in breast implant revision surgery to ensure the implants are correctly positioned creating natural, lifted breasts. Women come to our practice from countries as far away as Japan and Saudi Arabia for breast implant removal explantation at our private Beverly Hills surgical center. Minimal Incision Internal Breast Lift During every procedure, our doctors always perform surgery through the smallest incision possible to leave our patients with little to no scarring. We usually combine the breast implant removal procedure with an internal breast lift, which is done through a very small incision in the lower breast, usually at the bottom edge of the areola where the scar will be virtually invisible. The skin of the lower breast is first separated from the breast tissue, allowing the breast to be lifted without cutting the skin. Depending on the degree of the lift, a central mound of tissue is taken from the lower half of the breast and tucked under the central breast to create an "auto-augmentation" of the breast. This fills up the depleted upper half of the breast. Then the lower half of the breast is brought together, creating a neat breast that is pulled up above the level of the natural crease under the breast. This is just one of the methods we use to leave our patients with little to no scarring, and beautiful, natural results. Preparing for breast implant removal surgery To help you prepare for and understand what to expect from breast implant removal surgery, our doctors will explain the process in detail during your personal consultation and pre-surgery appointments in our comfortable Beverly Hills office. We will thoroughly evaluate your specific needs, make specific recommendations, and work closely with you prior to your explant surgery to ensure that you understand both what to expect and what the end result of your procedure will be. A summary of the process and brief explanation of various incision techniques is also described at this time. What to expect after breast implant removal surgery Plan on relaxing at home the first two days after your explant surgery. You will be in a comfortable surgery bra that has adjustable straps. You

may take pain medication during this period of time. After the first few days, most people are up and around, off all prescription pain medication, and usually have resumed basic activities. However, it is important to avoid all exercise, heavy lifting, and other more strenuous activities for the first three weeks. If you go to work, expect to be more tired during the first week and sore by the end of the day. If your work involves a lot of moving of your upper body, take the entire first week off. During healing, it is common to have tightness or irregular areas, typically most prominent weeks after surgery. This is caused by internal suturing; the sutures are absorbable and these irregularities will resolve over time. Try to be patient, your breasts may take several months to fully heal and take on their final shape. During this time, we will keep a close watch on your healing and if needed, we have a unique protocol to manage your healing and help ensure that the incision sites are minimally visible. Request your consultation with Cassileth Plastic Surgery today Call us at

Chapter 3 : Breast Implant Removal Nashville, TN | Plastic Surgery Center of Nashville

Breast Implant Removal Achieving exceptional results with breast implant removal "You don't have to live with unwanted breast implants because you fear how your natural breasts will look after having your breast implants removed.

Reasons for Breast Implant Removal Women may seek out breast implant removal for a variety of reasons. Some of these include: Breast implant rupture Saline and silicone implants are mechanical devices, and as such, they can fail. Implant rupture, while rare, can occur and is more common as the implants age. Sometimes, ruptures have no symptoms and may be detected with proper breast evaluations. It is important to have your scheduled physical examinations, and screening mammograms or ultrasounds and MRIs when indicated. Should you notice any change in your breasts, such as firmness, lumps or bumps, changes in size, or any discomfort, make an appointment with your doctor for an evaluation. Capsular Contracture As the body heals around a new breast implant, a scar is formed that surrounds the implant, sort of like a biological saran wrap covering. This is a normal process of healing. Sometimes, this healing becomes overly aggressive and a thickened scar capsule can form. This thick scar is referred to as capsular contracture. While capsular contracture is not health threatening, it can cause discomfort in the breast, firmness and changes in the way the breast looks. Aesthetic dissatisfaction Breasts and bodies change over time. Implant position can shift as breasts age, natural breasts can get larger as we get older, nipple position changes too. These shifts can lead to changes in the appearance of the augmented breasts. Implants may start to feel too big, or move to an unattractive position, causing the breasts to develop an unnatural shape and appearance. Second thoughts Sometimes, the surgery heals exactly as planned and the outcome is just what you thought you wanted prior to the procedure, but even with the best-made plans, women can experience second thoughts after undergoing breast augmentation. If you feel differently than you expected to after breast augmentation, removal of the implants may be indicated. Surgical options Implant Removal Dr. Lee specializes in removing implants by the easiest method possible. She takes great care to work with her patients to help them get back to their most comfortable selves. The most simple of procedures involve straightforward removal of the implant, often through the same incision used to place the implants initially. This form of explantation often provides for attractive and natural looking results after only a few weeks of healing time. Capsulectomy Scar capsules may need to be removed in some instances and are safe to leave behind in other circumstances. Soft, thin scar capsules will absorb on their own once the implant is removed. Thickened capsules often contain calcium deposits. Taking out these types of scars often helps with the overall healing. With Implant Exchange Replacement Some women want to explore the option of exchanging their old implants with new ones. This may be an opportunity to change size for a larger or smaller look. With Lift As gravity works on all of us, things may droop. Breasts augmented with large implants may be particularly prone to developing stretched out skin and low lying nipples. A breast lift may be the best option to move tissues around to provide a perkier, youthful look. Lee will come to understand your concerns and your goals. After you have scheduled your surgery, you will see Dr. Lee again for a preoperative visit. This is when you will have an opportunity to ask remaining questions and to get all the information you need to prepare for your procedure. Surgery Breast implant removal is usually performed under general anesthesia and as a come-and-go procedure. You will come into a fully accredited surgical facility and go home to your own bed that day, usually about an hour after surgery is completed. The procedure is relatively quick, generally taking about an hour for explantation without removal of the capsule. Lee removes implants through the pre-existing incision whenever possible, minimizing the chance of additional scarring. Once the implants are out, Dr. Lee will determine the need for scar capsule removal. If you have chosen to have implant replacement or breast lift, this procedure will be performed next. Drains will be placed to remove excess fluid, and all incisions will be closed. Recovery Most women state that their overall pain levels following breast implant removal surgery were minimal compared to their first augmentation. You will need to wear a support bra to wear at all times until Dr. Following the explant procedure, it is important to take care of yourself to ensure proper healing. Lee will give you specific post-operative instructions at your pre-operative visit. In general, though, she will want you to take a week off

of work to ensure that you really rest. She will help you plan for your return to work and return to your regular activities. Drains come out typically within several days after surgery. FAQs Do breast implants have to be exchanged when they reach a certain age? It is a misconception that all breast implants need to be removed after 10 years. This is not true, as some women with implants have had them and remained satisfied with no complications for 25 years, while some need to have them removed after 3 to 5 years. If you feel pain or notice deformity or asymmetry with your breast implants, it may be a sign of rupture or complications. Pay attention to your body and seek medical attention if you think something is wrong. What are the side effects of breast implant removal? All types of surgery come with some element of risk. Some include unpredicted adverse reactions to anesthesia, developing a blood clot, excessive bleeding and developing an infection. It is important to be realistic and weigh the risks with the benefits if you choose to undergo breast implant removal. How much does breast implant removal cost? Prices can vary depending on individual needs as well as whether you opt for breast implant replacement or breast lift following implant removal. During your consultation with Dr. Lee, you will be given a quote particular to your procedure. Are you required to go back to the same physician that performed your first augmentation for removal? You are absolutely not required to return to the same physician that performed your breast augmentation when you choose to have the implants removed. Often patients have moved, physicians have retired, or you may just want to have another surgeon care for you. You should have no concerns about choosing another surgeon. How soon after surgery can I travel? Lee will recommend that you stay close to home for about 2 weeks after your surgery. Most post-surgical issues arise during that time, and she takes her responsibility for your care very seriously, so stick around! Discuss your travel plans, if any to ensure that you heal as safely and as well as possible.

Chapter 4 : Breast Implant Removal - Should You Replace Your Breast Implants?

Breast implant removal surgery usually takes under an hour to perform, typically using general anesthesia or intravenous sedation. Your surgeon will start by removing scar tissue (the capsule) that surrounds the implant.

Do you have breast implants, but in recent months the idea of having them removed has been settling in the back of your mind? Breast Implant Removal Pros: Mammograms Depending on the placement of your breast implants, they can make your mammograms more difficult. The type of breast implant, such as silicone or saline, will also affect the results of your mammogram. Breast implants can be placed above the pectoral muscle or below it. Removing the implants means your mammogram results are clear, which is important if your family has a history of breast cancer. Larger implants lead to shoulder, back, and neck pain because of the weight your chest is supporting. Also, the surgery to get your breast implants may have caused capsular contractures around the implants. This stiffens the scar tissue causing pain, and hard, misshapen breasts. What a weight off of your shoulders! Implant removal will boost your confidence in yourself and your body just like it did when you got them. The cost gets even higher if a rupture is found. The most common reasons a breast implant ruptures are intense physical pressure, defective implants, aged implants that have weakened, and capsular contracture. We already know that capsular contracture occurs when the scar tissue around the implant hardens. If the condition is bad enough, it can rupture a weak implant. Breast implants are not lifetime devices, and the shell will weaken over the years. Without implants, you no longer need to worry about ruptures and the costs of fixing them. No More Replacements As we mentioned earlier, breast implants can and will age over time. However, you can always tell your co-workers you went on vacation in the meantime. Shopping Depending on the size of your breast implants, finding clothes that fit and looked good was probably a chore. Getting rid of those pesky implants will change the world of shopping for you. Breast Implant Removal Cons: Sagging Just as there are pros to breast implant removal, there are also cons, and sagging is one of them. Breast implants give your chest perkiness and a full look. Removing those implants will return your breast to their original shape, but now gravity has free reign. Your breasts will sag as they did before. However, they may even sag worse than they did before. Loose Skin Loose skin is the cousin to breast sagging and will happen for much the same reason. Like with sagging, the size of your implants and the length of time you had them will contribute to loose skin. Another factor is the elasticity of your skin. If a gel implant does rupture there will be leakage of the gel into the breast tissue. The more leakage there is, the more tissue your surgeon needs to remove along with the ruptured implants. Losing too much breast tissue will give your breasts a similar look to individuals who had a mastectomy or a partial mastectomy. Infection Breast implant removal is a major surgery, and like with any major surgery there is the risk of infection. The infection will likely occur around the incision site post surgery or in the cavity the implant was located. Infections will slow down recovery, and the severity of the infection may require drain tubes or antibiotics. More Scarring While techniques are developed to minimize as much scarring as possible, there will always be scarring at the incision site. You may even notice more scarring than before as well depending on how your body heals. The breast implant removal surgery will always use the incision sites from your original breast augmentation surgery. However, the scar will be visible and will take time to lessen. Loss of Feeling in the Nipples Most breast augmentation surgeries will use one of two incision sites, just under the breast an inframammary incision or around the bottom of the areola a periareolar incision. If your original breast augmentation surgery used the periareolar incision, then you may have already experienced loss of feeling in your nipples. The loss of feeling occurs because the nerves that send those signals to your nipple are accidentally cut during surgery. Anesthesia Complications As we mentioned, breast implant removal is a major surgery. With anesthesia, there come potential complications. Such complications may include pain, nausea, vomiting, backache, headache, and damage to your teeth. In more serious cases, you might experience hypothermia, anaphylaxis, hematoma formation, and more. Loss of Confidence Just like how the breast implant removal surgery can boost your confidence, it can also lower it too. You may even lose confidence in yourself if you have no choice in removing your implants because of a breast cancer diagnosis. Either way, the feeling that your body is wrong

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now will remain. In the meantime, contact us if you have any further questions! Breast Implant Removal
Schedule a Consultation.

Chapter 5 : Breast Implant Removal - Should You Remove Your Breast Implants?

Removal. Removal of the implant(s), with or without replacement, is one type of reoperation. As many as 20 percent of women who receive breast implants for augmentation have to have their implants.

They gained popularity in the decades to follow, becoming widely available in the 70s and 80s. This means that there are now a relatively large number of women who have had their implants for upwards of years! So, the women who had these early implants placed when they were in their twenties are now in their 40s, 50s or even 60s. Unfortunately, some women relate a history that they never liked their implants in the first place, or they always felt like they were too big. This may have happened for any number of reasons: If the breast is droopy in the first place, a breast implant will indeed fill the lax skin, but it will do very little to lift or re-shape sagging breasts that needed a lift in the first place. The decision whether or not to remove the implants altogether or to replace them with smaller implants depends largely on how much breast tissue a woman presently has and what size breasts she would like to have in the long run. In some cases, the breasts will look much more natural without the implants. A good rule of thumb is: If a patient has saline implants, they can be deflated in the office, under local anesthesia, which allows both surgeon and patient to accurately see what the breast will look like without an implant. This also allows the patient to live with her smaller breasts for a while. This way, they can dress around the new size before deciding whether they want them removed or downsized. If the patient decides to have implants removed and does not wish to have a lift at the same time, this can usually be completed in the office as well. If you think you are having trouble visualizing what your breast would look like without an implant, ask your surgeon to show you some pictures of what their best guess is. This will help you decide if that look meets your preferences. Our bodies change over time. What once was a nice addition and made us feel more proportional may no longer be working for us in later life. There are a number of options available. Removal of implants altogether, no lift Removal of implants with a simultaneous lift Removal of implants with the option of a lift later Downsizing implants, no lift Downsizing implants with a simultaneous lift Downsizing implants with the option of a lift or removal later Deflation of saline implants ahead of time, with all of above options Dr. Gingrass discusses how often should you replace your implants Dr. Haws discusses Silicone Implants Dr.

Chapter 6 : Breast Implant Removal & Revision Scottsdale & Phoenix

What is Breast Implant Removal? Having your breasts enlarged is a big, life-changing decision, regardless of the reasons for it. Many women who make that decision are very happy with the results, and never want to change the way their breasts look.

Breast Implant Removal Beverly Hills Explantation When you have a harmful breast implant condition, a timely and proper explant removal of your implants and the capsule tissue that grows around the breast implant is crucial. As soon as the explantation of the implants and capsule tissue are thoroughly removed, you will most defiantly feel a reduction or clearing of what is making you uncomfortable. There is a possibility that some symptoms may linger and even return until your body has been able to naturally detox everything out of the system and had time to heal. There are thousands of women who had major implant problems properly explanted that have recovered their health within one or two years after removal. This can vary from woman to woman and the convalescence can widely range between years. Unfortunately, there are some women who never fully recover their total health due to the breast implants and sadly some women who could develop deadly disease due to breast implants. More about Breast Implant Removal If you are reading this you are probably considering breast implant removal surgery. You may need to remedy a medical complication such as capsular contracture, or you may wish to increase or decrease the size your implants. Choosing the surgeon who will perform your breast implant removal is the most important decision you will make. Thousands of women are delighted that they chose leading Beverly Hills breast implant removal surgeon, Dr. You naturally want to engage a top Beverly Hills plastic and reconstructive surgeon to ensure you are happy with the outcome of your breast implant removal surgery. Brenner has all of the surgical qualifications but more importantly, he has a vast amount of experience performing thousands of surgeries during the course of his medical career. Double board certified as a general surgeon as well as a plastic and reconstructive surgeon, Dr. Brenner has the training and experience to perform the most delicate and complex breast surgery reconstruction. He has successfully performed thousands of breast implant removal surgeries at his state-of-the-art Surgical Center in Beverly Hills. He understands that you are concerned that your natural breasts will be attractive following implant removal should you decide not to have your implants replaced. In some cases, replacement is not an option for medical reasons. During your pre-surgery consultations he will outline the various procedures available to you, and suggest the best approach based on your goals and the medical realities. His goal is to bring you through the surgery safely and to ensure you are happy with your appearance going forward. Whether you are having new implants or other breast augmentation procedures, you want the result to be beautiful and natural looking. Check the testimonial section of the website to see a few of the many thank you letters and videos posted by his delighted and grateful patients. There are many reasons that breast implant removal surgery becomes necessary. Breast implant problems are not uncommon although risk factors have diminished greatly over the past 20 years. Still, over 23, women had their implants removed in Breast implant removal may be needed to relieve a condition called capsular contracture. This is a condition where the capsule, which naturally forms around the implant, begins to contract thereby squeezing the implant. This can be very painful depending on the severity of the contraction. There are four recognized degrees of this condition. The implant will be need to be removed it the breast has become distorted, hard or painful. Another common reason for breast revision surgery is dissatisfaction with the appearance of the breasts. The patient may wish to increase or decrease the size of the implant. The implants may have shifted and are now located in an area which is uncomfortable, such as the armpit. Or they may have shifted into a position that is unattractive. Sometimes there is a rippling effect and the implant can be seen. In this case, the surgeon will attempt to use the same incision created during the original process to remove the old implant and to reinsert the new one, or to perform other procedures to ensure the breast looks attractive and natural following the procedure. A ruptured implant must be removed. There may be no symptoms at all. These are detected during routine mammograms or when receiving an MRI. It is recommended that women with silicone breast implants have an MRI routinely to detect these types of ruptures. Saline implant ruptures are visible and

the breast will be noticeably smaller. Implants can rupture due to car accidents, mammograms or from being nicked by surgical instruments when undergoing a breast biopsy. During your consultations with Dr. Brenner, he will offer alternatives to implants if reinserting them is not an option. In some cases it is not possible for medical reasons. Some examples of this are in the case of swollen or enlarged lymph nodes, or if there is an infection that does not respond to antibiotics. Brenner has been praised for his clinical excellence by his peers. His patients consistently speak of his thorough communication and commitment to excellence in the level of care given by his entire staff. Set up your initial consultation appointment today. Additional information on breast implants.

Chapter 7 : The Pros and Cons of Breast Implant Removal - Tarola Plastic Surgery

Our highly experienced Surgeons perform Breast Implant Replacement, Removal of Breast Implants, Breast Lift Surgery and Breast Reduction Surgery. They are also highly respected for their expertise in other revision surgery and complex breast surgery for patients living in Victoria.

Still, as many as 40, women do undergo breast implant removal surgery each year. Their reasons for breast implant removal vary. Revision breast augmentation due to cosmetic dissatisfaction is common. The same procedure is often used to address complications such as capsular contracture. Other reasons for breast implant removal may include anaplastic large cell lymphoma ALCL , implant shifting, wrinkling, rupture, deflation or asymmetry. Some women may react adversely to the implant and develop an infection or bleed as a result. A breast cancer diagnosis can also necessitate breast implant removal, as can the presence of calcium deposits in the breasts. What Should You Expect? Breast implant removal may or may not involve replacing the implants. If the implants are not replaced, this surgery is often paired with a breast lift because the breasts will likely sag and droop after implant removal. These are factors you should discuss with your breast surgeon in advance of your breast implant removal. Start your search for a local surgeon [here](#). Breast implant removal surgery usually takes under an hour to perform, typically using general anesthesia or intravenous sedation. Your surgeon will start by removing scar tissue the capsule that surrounds the implant. Next, he or she will remove the implant. If you chose saline breast implants , your surgeon may deflate them before removal. Breast implants are usually removed through the same incisions that were used for your breast augmentation surgery. In some cases, the capsule may also be removed. This procedure is called a capsulectomy. It may be performed if: The implant is not being replaced A new implant is to be placed in a new position The new implant is larger The new implant is a different type or texture If you are not replacing the breast implants, the pocket where your original implants sat will seal with time. This will occur more quickly if you wear a breast support or compression garment, which also helps reduce the chances that the pocket will fill with fluid. Risks and Complications of Breast Implant Removal All surgeries have risks, including breast implant removal.

Chapter 8 : Breast Implant Removal Cost

There are times when breast implants should be removed. There is no question that the technology of implants and the techniques of augmentation have improved over time, but breast implants are rarely forever.

In most cases, the surgery can be performed at any time following the placement of implants. There are a variety of reasons why women choose to remove their implants, both functional and aesthetic. It is also possible for women to undergo breast revision , which allows women to replace old implants or fix issues they have with their current implants without removing them permanently. Why Women Choose to Remove Implants Breast implant removal, sometimes called explanting, has gained popularity over the past decade. While many women love their implants, others wish to return to their natural breast size for a variety of reasons. Many women chose to get implants during the reign of Pamela Anderson and Baywatch. Now, over a decade later, some women are due for a replacement of their implants and have decided that they no longer desire the larger breasts that they once did. Other reasons why women choose to remove their implants is due to cost of maintenance, neck and back pain, difficulty working out, or other health concerns. Good Candidates Feel free to request an appointment today if this surgery is something that interests you. In general, women with implants who wish to remove them must be in good health and have reasonable expectations for the outcome of their surgery. They should be nonsmokers, possess the proper ability to heal, and should not be allergic to anesthesia. One of these exceptions is for women who were previously small chested and have gotten significantly larger implants. In some cases, the skin around the implant may have thinned to a point that the nipple requires the implant for support. The only way to determine whether or not a patient is a good candidate for any cosmetic surgery is by meeting with a board certified plastic surgeon, such as Dr. Magge, who can help the patient make the right decision. Procedure Breast implant removal surgery is typically performed as an outpatient operation under IV sedation or general anesthesia. When possible, our doctors will try and remove the implant through the same incision as when it was originally placed as to avoid further scarring. The surgeon will then remove each implant. It is likely that the patient will require an additional procedure, such as a breast lift , depending on their individual case and aesthetic goals. If so, the doctor will perform that additional breast enhancing procedure before suturing the incisions. The patient will then be taken to a recovery room with attentive nurses until they wake up from the anesthesia. Additional Procedures At Cosmetic Surgery Associates, removing the implants is not the only goal of breast implant removal surgery. The ultimate goal is to leave the patient with a bust that they love. Breast Lift Over half of our breast implant removal patients find that they will need a breast lift in order to achieve their desired results. This is due to the fact that the skin around the breast has been stretched from the implant and without the implant now appears pendulous. A breast lift may require a slightly longer incision than the breast augmentation incision. Depending on the degree of ptosis, or sagging, that the breast has, the doctor will make one of the following incisions. Please feel free to look at some of our breast lift Before and After photos on our website to get a better understanding of what can be accomplished from the procedure, while keeping in mind that results will vary. Fat Transfer This kind of breast augmentation is incredibly natural looking and feeling. However, it will not yield the same volumizing results as an implant. A fat transfer will allow women to remove their implants without losing all of the volume provided by the implants. Then, the fat is cleaned and reinjected back into the breasts for a natural breast augmentation. Realistically, it can only help women increase their original breast size at most one cup size. A fat transfer has the added benefit of allowing the patient to sculpt their body through liposuction. The doctor will work with the patient to determine the best liposuction locations from which to harvest the fat for reinjection. These locations can be anywhere where the patient has localized deposits of excess fat, including but not limited to the abdomen, flanks, arms, thighs, and knees. Recovery In the days following the procedure, patients can expect to experience some bruising and swelling. They will be provided with a prescription to help ease any additional discomfort. In order to aid in good recovery, they will be placed in a compression garment. The patient should plan on taking a couple days off from work to ensure proper healing. During this time, they will be instructed to do some light stretching and walking. They should

avoid anti-inflammatory medications and smoking during this time. Following breast implant removal surgery, the breasts will not look like their original size and shape right away. Often, the breasts may appear deflated or pruned following the procedure as the skin readjusts to its initial shape. More than half of women will require an additional procedure to get their breasts back to looking like they did before their augmentation surgery. It can take up to a month for the breasts to return to their natural shape. All patients are required to return for a follow-up appointment about one week after their procedure. At this time, the doctor will ensure that the patient is healing according to plan and remove any non-dissolvable sutures. Most often, more than one follow-up appointment will be scheduled, as our relationship with the patient extends far beyond the procedure date. Consultation A consultation is necessary prior to performing any breast implant removal procedure. During the consultation, one of our experienced doctors – Dr. They will also ask the patient about their medical history, including but not limited to their breast augmentation procedure and maintenance record. In order to determine whether or not the patient is a good candidate for breast implant removal and the best techniques for their situation, the doctor will perform a physical examination and take measurements. They will also take photographs for further evaluation. There is no pressure for the patient to make a decision or schedule their appointment at the time of the consultation. We urge the patient to ask any questions they may have so that they leave the consultation feeling fully informed. Pricing The cost of breast implant removal is dependent on a number of factors specific to the individual. For this reason, it is important that the patient schedule a breast implant removal consultation at our Bethesda, Maryland or McLean, Virginia office and meet personally with one of our highly experienced doctors. Once the doctor has examined the individual case, our team will be able to provide the patient with a cost estimate for the procedure. Please call one of our offices today or fill out our online form in order to learn more about breast implant removal procedures and schedule a one-on-one consultation!

Chapter 9 : Explant Breast Implant Removal

Breast Implant Removal Beverly Hills Explanation When you have a harmful breast implant condition, a timely and proper explant (removal) of your implants and the capsule tissue that grows around the breast implant is crucial.

En Bloc means the surgeon leaves the capsule tissue intact on the breast implant and cuts around this intact unit without disrupting either the capsule or the implant so as to avoid contamination of the body. Proper removal of your breast implants is your best chance at recovering your health. If you are not symptomatic and you have smooth saline implants then Total Capsulectomy should be sufficient which means the surgeon will remove the breast implants and then go back in and remove all capsule tissue. In all cases of explanting all capsule tissue should be removed from the chest which is called Total Capsulectomy. In addition to breast implant illness, there are many other reasons that a Total Capsulectomy is recommended when removing or replacing breast implants and this is well known in plastic surgery schools and taught to plastic surgeons. If you would like a copy, please contact me and I will email it to you. Leaving capsule tissue in the chest can cause pain, inflammation, calcification, infections, interference with radiology, swollen lymph nodes, continuation of symptoms and continuation of autoimmune responses and toxicity. Many women in our community have had to undergo second surgeries to remove capsule tissue that was not removed when they explanted their breast implants in order to finally get well. In the case that your implants are only a couple weeks old, an En Bloc removal may not be necessary as there would be very little opportunity for contamination and very little capsule tissue built by your body in the couple weeks of having implants however any capsule tissue that is there should be removed by your surgeon and it is possible that capsule tissue can grow within a few weeks or a few months and we have documented that in the facebook group. Do not drain your implants before explanting. Draining saline implants before explanting is relatively new and being suggested by some plastic surgeons and we highly advise against this. Several women in the group have noted a marked health decline right after draining implants prior to explanting. Some surgeons suggest draining your implants a few weeks prior to surgery which will also cause contamination to you. A skilled and experienced explant surgeon will be able to avoid further disfigurement than the disfigurement already caused by implantation. Keep a copy of the signed document for your records. En Bloc means the surgeon leaves the capsule tissue intact on the breast implant and cuts around this intact unit without disrupting either the capsule or the implant so as to avoid contamination to the body. Total Capsulectomy usually means the surgeon will remove the implants and then go back in and remove any and all left over capsule tissue. Capsulotomy – there are two types of Capsulotomy: Closed Capsulotomy is not recommended due to risk of rupture of the implant and voids the warranty on most breast implants. If your implants are placed sub-muscularly and are stuck to your ribs in any area then a small part of the capsule may have to be left behind. This was true in my case. I had cohesive gel implants which were stuck to my rib in one spot which is not uncommon and my surgeon left a small piece of the capsule tissue on one side because removing it may have damaged my rib. Or you can click the Facebook button at the end of any page of this website which will also take you directly to the support group. Do not stimulate detoxification until about a month after explant as you do not want to spread anymore toxins than necessary through your system and organs. Your surgeon may request that all supplements be stopped at least two weeks prior to your surgery so as not to affect the actual surgery itself. However, please be aware that you may have to sign away your right to future legal proceedings if you accept warranty reimbursement. I suggest getting legal advice to protect your rights before considering signing anything from implant manufacturers. Secondly, another set of pictures of the implants them self without the capsule tissue and of the capsule. We have several pictures now of moldy and colonized implants taken right at the time of removal. Capsular contraction is known to be associated with microbial biofilms. You may want to request a sensitive broth culture if possible which may have more success culturing organisms. Pathology should be done on your implants and capsule tissue to look for atypical cells leading to cancer. Yes, breast implants do cause breast cancer and breast implant associated lymphoma which is different than breast cancer and is a cancer of the immune system. Saline fluid may be able to be cultured to check for fungus or microbes.

Your implants and saline fluid can be sent to Mycometrics and Real-Time labs to be checked for fungus or other microbes. Please ensure you get your implants and capsule tissue returned to you after pathology or other testing if you want to pursue a lawsuit. Your lawyer may have a specific protocol for the handling of your implants in order to preserve your case and if you are interested in legal then you should inquire about this with your lawyer. All tests may cost extra over and above your surgery so please inquire about their cost and which of these tests you may need to arrange for yourself. Lu Jean Feng is the best research on the subject of breast implants and lymph nodes: Silicone in the lymph nodes can be diagnosed by ultrasound and localized by needle localization for precise removal. The polyurethane covered gel filled breast implants are associated with extensive silicone lymphadenopathy in the axilla, retropectoral, internal mammary, and sometimes neck nodes, but never in nodes below the diaphragm. The saline implants are never associated with silicone lymphadenopathy. Ruptured gel implants are only sometimes associated with silicone lymphadenopathy. Silicone-laden lymph nodes, if they need to be removed, should only be removed after needle localization by a radiologist experienced with the technique. In addition, there are always risks of lymphedema of the arm, numbness in the arm, and seroma in the axilla. I am not aware of any medical literature showing benefit of lymph node removal in implant illness. The main symptoms of BIA-ALCL are persistent swelling or pain in the vicinity of the breast implant, seroma, breast mass, capsular contracture and usually are associated with textured implants. These symptoms may appear after the implant surgical incision has healed and often years after implant placement. If you have swelling, seroma, breast mass, or capsular contracture and especially if you have textured implants please push hard for BIA-ALCL testing. Surgeons should consider the possibility of ALCL when they have a patient with late onset, persistent fluid around the implant peri-implant seroma before and during explant or exhibit symptom after explant. When testing for ALCL at the time of explant, surgeons should collect fresh seroma fluid and representative portions of the capsule and send for pathology tests. Plastic surgeons are rewarded for returning breast implants to the manufacturers and so they make up all kind of excuses that implants cannot be returned to you. In Canada, some of the capsule tissue does have to go to pathology for cancer testing but the implants do not have to go to pathology. You will want to inspect your breast implants yourself after their removal. Mine smelled strongly of chemicals similar to wet silicone caulking and that is how I realized that those chemicals bleed through the shell and are poisoning us. You may want to send your implants to Dr. If you are interested in legal then please seek advice from your lawyer on how they recommend your implants be handled by your surgeon and pathology after explant in order to preserve them in a manner that serves your case. Blais request your capsule tissue back too after pathology is done testing it for cancer. Capsule tissue will be able to tell Dr. Again if your are interested in legal then please seek advice from your lawyer on how they recommend your capsule tissue be handled by your surgeon and pathology after explant in order to preserve them in a manner that serves your case. If you do not have an interest in legal action, contact the manufacturer to see what is available to you in regard to warranty or reimbursement for surgeon fees. Again, please be careful talking with and signing anything from the implant manufacturer so you do not sign your rights away. In general manufacturers make you give up the implants and your rights to legal proceedings in return for a little money. I wish you the very best in a speedy explant and full recovery of your health. If you have any questions or concerns, please contact us below. Leave a Reply Your email address will not be published.