

Chapter 1 : Materia Medica of Homoeopathic Medicines by S.R. Phatak

One of the best books to consult in modern homeopathic practice, this one has it all comprehensive and most updated. One of the most popular and frequently referred clinical repertory in modern day practice, it is a must have in any standard homeopathic library.

Every so often, someone offers us a review of one of our old standards. To give this its proper place the prescription should be the ideal of every prescriber. To this end is this book written. Boger begins his important little book. His foreword includes a brief, yet well laid out discussion of modalities, sensations, remedy differentiation, and general pointers. The book itself is divided into three parts: I guess you could say I cut my teeth on this special little book because it was one of the first to join my library as my homeopathic studies commenced some twenty years ago. Yes, because of its fascinating layout and concept. Each of the remedies is presented in outline form, diagrams, or is it graphic representation? Take for example, the remedy *Naja tripudans*. The left side of the body seems to be targeted and open air ameliorates. There, at a glance, you have it. All the remedies are depicted in a similar way and followed by a paragraph of text. As an example, the section on *Naja* is reproduced below. Unfortunately, the repertory is not as good. Nevertheless, it too is instructive in its own way and many hints can be gleaned from its unusual layout. This description can also be applied to the "supplemental reference table. That way I could put all the snake remedies together and place the spider remedies beside them, etc. That way one could get an enhanced appreciation for how all these "cousins" relate. One could place *Crataegus* next to *Strophanthus* or *Glonoine* or *Spigelia*. This is a great book and considering how inexpensive it is, everyone should have it. It is too bad that Boger is not around to update it.

Chapter 2 : Pocket Manual of Homeopathic Materia Medica by William Boericke

This is a complete textbook of Materia Medica for students and a reference book for practitioners. The book covers around drugs along with many rare ones such as Badiaga, Chimaphila umbilata, Duboisinum etc.

This may say a lot about the condition of the human heart and soul. A survey¹ done by Kaiser Permanente reported that the use of antidepressants by youth, mostly selective serotonin reuptake inhibitors, doubled in the decade between and There is growing concern and controversy regarding the use of such medications in children, with many physicians pointing out that the potential adverse effects have not been firmly established. There is obviously an enormous need for safe, nourishing, and tonifying ways to soothe and strengthen the psyche. This article aims to remind readers of valuable herbal therapies to treat anxiety and depression. Hypericum, of Course Hypericum is the most well-known and well-researched herb and is indeed effective for both anxiety and depression, in my clinical experience. Most readers will be aware that Hypericum has been shown to increase levels of dopamine, serotonin, and noradrenaline in the synapses. These enzyme systems and transporter proteins can be both promoted and inhibited by various herbs and their compounds. While there are numerous published articles hypothesizing the details of potential drug interactions between Hypericum and pharmaceuticals, I have not seen any adverse interactions with my own patients, though I would avoid using Hypericum for anyone managed on a drug with a narrow therapeutic window such as warfarin sodium and antiarrhythmics. I have often pondered whether an overlooked antidepressant mechanism of Hypericum is assisting the liver in removing a myriad of substances from the body. When you search the published literature, it is hard to find actual cases of Hypericum and drug failure or serious complications. There is a published case of a patient with schizophrenia who worsened after adding Hypericum, and as stated below herbs are rather unpredictable in psychoses; this case may be a poor response to the herb itself rather than a drug interaction. I choose Panax, Rhodiola, Bacopa, Eleutherococcus, or Glycyrrhiza, among other adaptogens, and include them in herbal formulas for mood disorders. These versatile adaptogenic herbs are so widely used, researched, and discussed by NDs that I will not go into the research here, assuming this is common knowledge. If in Doubt, Treat the Liver”Alteratives for Depression and Anxiety I also think that depression and anxiety can be a state of toxicity of the body that has leaked in to contaminate the mind. The spiritual and healing traditions that I have been studying in the Andes and Amazon for some years now emphasize purification by diet, herb, ceremony, and smoke and make offerings to the earth in order to rid ourselves of heavy energy to achieve both mental and physical health. Schizandra is reported to reduce stress-related elevations in cortisol and neurotransmitter levels in animal investigations, and researchers suggested a reduction in hypothalamic-pituitary-adrenal axis activation. When a patient has concomitant digestive difficulty, skin lesions, and a coated tongue, such alteratives might be featured more prominently in formulas, with the main antidepressant or antianxiety formula complemented with a separate alterative tea or lipotropic type of encapsulation. Herbs in Bipolar and Schizophrenic Disorders I have learned from personal experience that some of the most powerful herbal anxiolytics, kava Piper methysticum and valerian Valeriana officinalis and stichensis , can promote depression in some patients who are prone to biochemical depression and those with manic-depressive disorder, even if they do help insomnia and anxiety for a time. For patients with bipolar disorder, it is best to choose the more subtle tonifying nervines such as Matricaria, Avena, and Tilia. Herbs may also affect patients with schizophrenia and other psychoses in unpredictable ways due to the abnormal brain chemistry. It is best to use only a single herb at a time and to make your formulas increasingly complex over time once it has been determined that a patient tolerates and responds well to an herb. Drop dosages of herbs and homeopathics are sometimes a more suitable initial approach for patients with psychoses. Neuroendocrine Herbs in the Treatment of Anxiety and Depression Another category of herbs that I find helpful in herbal formulas for anxiety and depression are the reproductive hormone”balancing herbs. Of course, stabilizing reproductive hormones can improve emotional challenges occurring with premenstrual syndrome, menopause, and other emotional symptoms related to hormone fluctuations, but some of the primary reproductive herbs used in the United States, Vitex agnus-castus and Actaea Cimicifuga racemosa,

have been shown to affect brain neurotransmitters. A flavonoid glycoside from *Vitex agnus-castus*, vitexin, has been shown to increase catecholamine levels in the synaptic cleft, as well as to interact more directly with serotonin, noradrenaline, and dopaminergic receptors,¹⁶ particularly dopamine D2 receptor activity. I have found *Actaea* to be a very helpful herb for fibromyalgia, in addition to menopausal and hormonal imbalances. Compounds in *Actaea* have been shown to competitively bind to dopamine D2 and various serotonin receptors. There are a number of clinical trials involving the effect of *Actaea* and *Cimicifuga* on female reproductive and menopausal symptoms.

Nepeta cataria Review There are some species in the *Nepeta* genus, a member of the Lamiaceae family noted for its many nourishing and nontoxic plants. So safe in fact is *Nepeta cataria* catnip that it is a long-standing remedy for irritability and restless sleep in babies and toddlers. *Nepeta* is most well known for its profound effects on the nervous systems of cats, but it affects the nervous systems of humans as well, albeit in gentler ways. Despite *Nepeta* being a household staple at one time, there has been very little research on the plant. A terpene named nepetalactone is found in the volatile oil fraction of the plant and is known to act as an attractant to cats. The lascivious behavior displayed by some cats under the influence of catnip may be due to the fact that sexual responses involve dopamine, the pleasure neurotransmitter, and *Nepeta* promotes dopamine. Although the scientific research on *Nepeta* is very scant, the traditional literature is robust, and clinical herbalists report general efficacy as a nervine. The flavor of *Nepeta* is bland enough to use as a tea for young children or, as Mrs Greive suggests, as fresh juice if you care to make this yourself.

Rauwolfia serpentina Last, *Rauwolfia* deserves a mention as an extremely useful plant for anxiety states and even psychotic agitation. *Rauwolfia serpentina* is native to the tropical forests of India, Ceylon, Burma, and Malaysia, where it has been a traditional remedy for snakebites, hence the common name of Indian snake root. Other traditional uses in India include using the root for abdominal pain and colic in children, skeletal muscle pain and tension, insomnia, and even insanity and psychological disturbances. It is known that Gandhi regularly drank *Rauwolfia* tea as a calmative agent. *Rauwolfia* was introduced into the European herbal armamentarium as early as years ago as an anxiolytic agent. *Rauwolfia* contains numerous powerful alkaloids, including reserpine, one of the first drugs introduced into neuropharmacology in the s. Like valerian and kava, *Rauwolfia* is best for agitated, manic, and anxious states rather than depression because it is known to promote depression in some sensitive individuals. Animal studies have shown that very small amounts of reserpine will trigger the release of serotonin,²⁹ yet reserpine is noted to deplete dopamine and serotonin stores with long-term use. Avoid using *Rauwolfia* in patients with lethargy, impotence, and deep dark depression. Because many psychotic conditions involve abnormal elevations in catecholamine and indolamine neurotransmitters, or abnormal metabolism of these neurotransmitters, *Rauwolfia* may be a helpful therapy to reduce levels, particularly of serotonin and dopamine. Whole *Rauwolfia* is generally thought to overall promote parasympathetic nervous activity, allowing it to dominate over the sympathetic nervous system, therefore being useful in treating anxiety and hypertension. Consider *Rauwolfia* in formulas for panic, insomnia, stress and muscle tension, anxiety-related hypertension, and mania and psychosis.

She holds undergraduate degrees in medical illustration and medical assisting, and graduated with honors in both programs. Dr Stansbury also chaired the botanical medicine program at NCNM and has taught the core botanical curricula for more than 20 years. In addition, Dr Stansbury also writes and serves as a medical editor for numerous professional journals and lay publications, plus teaches natural products chemistry and herbal medicine around the country. At present she is working to set up a humanitarian service organization in Peru and studying South American ethnobotany. She is the mother of two adult children, and her hobbies include art, music, gardening, camping, international travel, and studying quantum and metaphysics.

Trends in use of antidepressants, lithium, and anticonvulsants in Kaiser Permanente's insured youths: *J Child Adolesc Psychopharmacol*. Potential for interaction of kava and St. Effects of herbal products on the metabolism and transport of anticancer agents. *Expert Opin Drug Metab Toxicol*. Rahimi R, Abdollahi M. An update on the ability of St. Evaluation of antidepressant-like activity of novel water-soluble curcumin formulations and St. Pharmacological studies on the anxiolytic effect of standardized *Schisandra* lignans extract on restraint-stressed mice. Pharmacological effects of *Cimicifuga racemosa*. The effects of *Vitex agnus castus* extract and its interaction with dopaminergic system on LH and testosterone in male mice. *Pak J Biol Sci*.

Pharmacological activities of Vitex agnus-castus extracts in vitro. Activation of the mu-opiate receptor by Vitex agnus-castus methanol extracts: In vitro effects of the Cimicifuga racemosa extract BNO Cimipronidine, a cyclic guanidine alkaloid from Cimicifuga racemosa. Guanidine alkaloids and Pictet-Spengler adducts from black cohosh Cimicifuga racemosa. First published in by Jonathan Cape Ltd, England. Tagawa M, Murai F. A new iridoid glucoside, nepetolglucosylester from Nepeta cataria. Behavioral effects of acute and long-term administration of catnip Nepeta cataria in mice. The effect of an ethanol extract of catnip Nepeta cataria on the behavior of the young chick. Cell Mol Life Sci. Evaluation of the anxiolytic effect of Nepeta persica Boiss. Evid Based Complement Alternat Med. Serotonin as a mediator of reserpine action in the brain. J Pharmacol Exp Ther. Frequency- and reserpine-dependent chemical coding of sympathetic transmission: Bioactivity guided isolation of antipsychotic constituents from the leaves of Rauwolfia tetraphylla L.

Chapter 3 : Materia Medica & Repertory Database | National Center for Homeopathy

The dearth of elementary works on the Materia Medica proper, adapted to the use of American students, has long been felt. The United States Dispensatory and Pereira's Materia Medica, which are recommended as text-books to the lectures on this branch, in many of our medical schools, are too.

Chapter 4 : Homeopathy Book Reviews - calendrierdelascience.com

Before we go into the review for Materia Medica, I like to start by giving compliments to one of the best game master we ever had. He's animated, energetic and super chatty.

Chapter 5 : Full text of "Review of materia medica, for the use of students"

Review of Materia Medica, for the Use of Students and millions of other books are available for Amazon Kindle. Learn more Enter your mobile number or email address below and we'll send you a link to download the free Kindle App.

Chapter 6 : Lectures on HOMOEOPATHIC MATERIA MEDICA - Materia Medica - Homeopathy

To create Materia Medica review we checked calendrierdelascience.com reputation at lots of sites, including Siteadvisor and MyWOT. Unfortunately, we did not find sufficient information whether Materiamedica is safe for children or does not look fraudulent.

Chapter 7 : A Synoptic Key of the Materia Medica - Homeopathy

Note: Citations are based on reference standards. However, formatting rules can vary widely between applications and fields of interest or study. The specific requirements or preferences of your reviewing publisher, classroom teacher, institution or organization should be applied.

Chapter 8 : Review Of Materia Medica: For The Use Of Students - \$

To create Materia Medica Bo review we checked calendrierdelascience.com reputation at lots of sites, including Siteadvisor and MyWOT. We found that Materia-medica-bo content is not safe for kids and looks fraudulent.

Chapter 9 : Is Materiamedica legit and safe? calendrierdelascience.com review.

Using Chinese Materia Medica (CM) as injections is an innovation that is proving effective in extensive clinical use in Mainland China. However, recent reports have focused on adverse reactions, ignoring the considerable successes of

these preparations.