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Chapter 1 : Norway Cruise | Discover the Norwegian fjords from Bergen to Kirkenes | Hurtigruten

We would like to show you a description here but the site won't allow us.

OARS cannot accept responsibility for any loss or damage to vehicles or their contents. Weather permitting, you should arrive in time to make connecting flights that depart after 6: Pre- and Post-Trip Accommodations We recommend that you make reservations well in advance in order to guarantee lodging. Pre- and post-trip lodging is not included in the trip cost. The Red Lion has a lounge, restaurant, and access to an athletic club. It also provides a free airport shuttle. You can store extra luggage, while on the river, for no additional charge. A more economical choice, the Inn America is within walking distance of the Red Lion and offers family suites. Plenty of fun Class III rapids alternate with long stretches of calm, glassy water that provide the perfect opportunity to lean back, have a quiet conversation, and marvel at the gorgeous scenery. For the more adventurous, the Lower Salmon offers great conditions for inflatable kayaking and stand up paddleboarding. Please be aware that in doing so we will ask you to share boat time with your fellow travelers. The following boats may be a part of your experience: The oar rafts carry the bulk of the gear on most of our multi-day adventures. Your guide pilots with long oars from a center-mounted aluminum frame. Ample deck space allows for lounging in calm stretches, while the sturdy weight and width of the boat gives your guide confidence to hit the big waves head-on. Two to four passengers. Doryâ€”Dories are the kings of big volume rivers like the Colorado and the Salmon. Hard-hulled and ultra-buoyant, dories shoot through rapids and make wave trains feel like roller coasters. Your guide navigates from the center with two long oars. Four passengers Paddle Raft requires 13 or more trip passengers â€”The sportiest of crafts we put on the water, everybody handles a paddle while the guide gives directions and steers with oars from the stern. Paddling together is essential to finding the right run, and teamwork begets success. A thrilling way to brave the rapids! Ask an Adventure Consultant about this option, as it is not available on every trip. Four to seven passengers. Inflatable Kayakâ€”Also known as Duckies, inflatable kayaks float low in the water, putting you in touch with the pull of the current and splash of every wave. On most trips, double and single inflatable kayaks are available, depending on group size. One or two paddlers per Ducky. Stand Up Paddleboard SUP â€”Rigid like a surfboard, but inflatable like a raft, stand up paddleboards are feet long and surprisingly stable at close to three-feet wide. Hop on a SUP to turn stretches of calm, flat water into an active adventure! Our Craft Beer Tasting trips combine mouthwatering menus prepared by an executive chef and hand-selected micro brews. After each day of vigorous river rafting, enjoy gourmet meals and premium beer introduced by regional experts wine is also available. The beer is carefully chosen to complement the bill of fare each night. Intermediate Whitewater Kayak Clinic: We offer a 4-day instructional course on stand-up paddleboarding on the Lower Salmon River. Rigid like a surfboard, but inflatable like a raft, stand-up paddleboards are feet long and surprisingly stable at close to three-feet wide. Hop on a SUP to turn stretches of calm, flat water into an active adventure, and challenge yourself by learning to ride the rapids standing up Women Only trips: Bring a friend, your mom, your sister, or go solo. These trips also feature a talented cast of exclusively female guides to help even the most novice campers feel comfortable in the wild. Camp Life After each active day on the river, we pull ashore to camp for the night. Upon arrival, our first task is to unload the boats using a fire line of crew and passengers to expedite the process. Individuals then collect their waterproof bags and locate an area on the beach to camp for the night. They will also locate a secluded area away from camp to set up the portable toilet, where privacy is assured. You can fill your mug and grab a bite, then begin to pack up your personal belongings and sleep gear as the guides prepare breakfast. After breakfast is served, the entire camp will be broken down and packing will be completed. Meals The meals we serve are hearty and delicious, complete with fresh ingredients and a variety of foods. A typical morning on a multi-day trip might start with French toast, bacon, fruit, orange juice, and coffee or tea. Lunch might be a delicious spread of cold cuts and cheeses with several types of bread, or pitas stuffed with veggies and hummus. There are always cookies and a

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cooling drink to top it off. **Dietary Restrictions** We need to know as soon as possible about any dietary restrictions we should consider in planning your trip. If you have food allergies or restrictions, we will do our best to accommodate your needs. Beyond our standard menu, we can provide options for vegetarian, vegan and many allergy-restricted diets without applying a fee. However, we cannot always provide the same diversity or sophistication for restricted diets as we do for our regular menu. Similarly, certain allergen-free snack foods are difficult or impossible to source in our locations, so feel free to bring your own favorite snacks to supplement our provisions. Please let your Adventure Consultant know if you intend to do so. We cannot guarantee that cross-contamination from allergens will not occur during meal prep, and reserve the right to refuse service to anyone as it relates to safety, including the potential for a medical emergency caused by a severe food allergy. Also, due to the constraints of cooking for a large group in a wilderness setting, availability of ingredients or specialty items in remote locations, and limited packing space, we are unable to cater to dietary preferences likes or dislikes. You are welcome to bring your own favorite beverages, alcoholic or non-alcoholic, in non-glass containers. If you choose to bring additional drinks or alcoholic beverages, please let us know in advance. For those planning to buy hard liquor in Idaho, State Liquor Store hours vary. For information on where you can buy liquor in Idaho, please visit: Selection is likely to be limited. For your safety and the safety of others, the consumption of alcoholic beverages is limited to camp. **Cannabis** We are obligated to adhere to the regulations established by the managing agency with jurisdiction over the area in which our trip operates. **Drinking Water** Our drinking water comes from the river and is filtered through a purification system we provide. No iodine is used in the purification process. We store the purified water in large containers that are accessible in camp, at lunch time and before hikes for filling personal water bottles. Please let your trip leader know if you are an avid hiker and remember to bring extra water bottles and good shoes. Remember, however, that all hikes are optional and you can choose to lie on the beach and take in a few tanning rays or read a book instead. **Fishing** Salmon River fishing can be excellent, especially in side streams. On the Lower Salmon River you can fish for smallmouth bass and, in the fall, steelhead. We recommend collapsible poles for ease in packing, light spinning tackle with 4- to 6-pound test, and an assortment of spinning lures such as Mepps, Rooster tails, and Super-dupers. Fly anglers do quite well, especially in major tributaries. Please bring your rod protected in a hard case. Licenses are also available for purchase in Lewiston. Anyone 14 years and over needs to have a fishing license. Children under 14 years do not need to buy a license, but they must be accompanied by an adult from their party with a valid license. For more information, ask us to send you our flyer on fishing in Idaho. **The Portable Toilet** While the idea of a river trip is appealing to most people, many are inhibited or reluctant because of modesty or uncertainty. To minimize our impact, we carry out all solid human waste and use a portable toilet system that is set up each day at camp in a secluded location a discrete distance from tent sites. It is essentially a toilet without plumbing and is available from the time you pull into camp each afternoon until you leave camp the next day. Toilet paper and a convenient hand-washing station are provided. It is a personal disposable toilet, which includes an odor-proof transport bag, chemical solidifier and odor eliminator, toilet paper and oversized hand wipe. For use in camp at night we provide pee buckets so that urination can occur in a secluded location and then be dumped into the current where it will be carried downstream. **Bathing** Bathing is not allowed in the river or in any of the side streams that feed into the rivers. You may want to bring a solar shower or you can borrow a bailing bucket from one of the rafts to rinse off after soaping up. Both are to be used at least feet away from the water source in an area that will absorb the runoff. We recommend using a liquid biodegradable soap such as Campsuds or Dr. You may also find a good selection at your local health food store. Disposable anti-bacterial towelettes Coleman Swash Cloths, baby wipes, etc. You can use sandwich-sized Ziploc baggies during the day to store feminine products while you are on the river or hiking, and you can then discretely dispose of the baggies when you reach camp. When possible, we recommend o. If you use pads, be sure to bring extras. Many women suggest bringing a small supply of baby wipes. We provide some feminine products on most trips for emergencies. While these bags are designed to be waterproof, you may wish to

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place your camera in a zip-lock plastic bag or waterproof casing for additional protection. Make sure to bring additional memory cards, batteries and any other extras you will need. Disposable waterproof and panorama cameras are also a fun option. We ask that you be mindful of the impacts to others and respect the wilderness nature of the trip. Many of our guests travel with their smartphone even though there is no cell service.

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Chapter 2 : Roy Hargrove - Notable deaths in - Pictures - CBS News

A few alien races have had considerable "air time" in various Marvel Comics publications over the years, having a near-constant presence and/or major crossovers and storylines involving them. This includes.

Most post-apocalyptic movies are about zombies or aliens and all sorts of heroic struggles and explosions etc. Somebody had a great idea and it produced a handful of great tableaux and Dinklage brought them to life, but apparently no one could follow the great idea through to a complete story. Del was living in a small town of about sixteen hundred people and worked, apparently, in the local library when life as we know it came to an abrupt end. At least as it has ended in this particular small town. Ultimately, Del is all about having the postapocalypse arranged in the manner he prefers it because, as we come to understand, so much of the pre-apocalypse WAS NOT the way he liked it. Unfortunately, the sprucing up of the end of humankind is going along swimmingly, when, one evening, not far away from where Del has chosen to live, some fireworks suddenly appear in the evening sky. Evidently someone else is also still alive and THEIR view of the end of the human world involves fireworks. The next morning Del goes looking for the source of the fireworks celebration and finds a young woman either passed out or knocked out in her car on the side of a residential street. While still knocked out, he takes her to a bedroom in one of the vacant homes, patches her up, and leaves her unconscious and locked up on a bed. He has no weird intentions mind you, he just wants to control her options when she wakes up and hopefully help organize her swift departure so he can return to his pleasant, well structured and tidy routine. Grace is the embodiment of chaos, and, to Grace, the whole purpose of a postapocalypse is to be able to do anything you want without a lot of interference. As you might guess, a good chunk of the movie, which is definitely not a comedy no matter how much I may be making light of it, is about the conflict between these two diametrically opposed personalities. Suffice to say that the storyline takes a violent turn right off the rails from this point to the end. I will leave that part of the picture is an adventure of exploration for the reader. He is one of a handful of actors whose presence in a movie causes me to watch it for that reason alone. His screen presence is nothing short of spectacular. I typically find myself completely forgetting his dwarfism until some scene requires some physical activity from him that highlights it. Would you have been able to stay awake through the whole thing? Was this review helpful? Sign in to vote.

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Chapter 3 : McFarland, USA () - McFarland, USA () - User Reviews - IMDb

Its not the road, its not the survivalist, its not the omega man its good on its it own though yet different than calendrierdelascience.com slow to develop, well its slow.. but interesting to keep you watching. theres a twist at near end, that could easily become a second movie. i dont want to give spoilers, but if you like this type of genre, well just.

Must Try Experiences in Argentina Where to Go Backpacking in Argentina Argentina is an enormous country, one that you could spend months – if not years – exploring. Nearly every landscape known to man is represented here, from tundra to wetlands to rainforest. The cities are action-packed and constantly bustling and Buenos Aires is, arguably, the best one on the whole continent. Of course, the Argentinian people are just as captivating and interesting as any. The beginning of this budget travel guide for Argentina is meant to cover several locations in depth. Best Itineraries and Routes for Backpacking Argentina Below is a list of four travel itineraries for backpacking Argentina. They vary from one to four weeks in length and cover the majority of the top things to do in Argentina. Note that these itineraries are meant to build upon each other and that many locations will be recycled. Try to read each one in order to best understand where to go backpacking in Argentina next. Backpacking Argentina 7 Day Itinerary: Ocean and Waterfalls Map of Argentina not to scale. Both are among the most adored destinations in Argentina! Be sure to visit the charming neighborhoods of Recolecta, San Telmo, and Palermo. Backpacking Argentina 14 Day Itinerary 2: The Northern Cities Map of Argentina not to scale. The Northern Cities of Argentina An extra week will allow those backpacking Argentina to see its most culturally significant cities. Rosario is the epicenter of all things socially progressive in Argentina. People flock from all over the country to engage in liberal, open-minded activities here. The population, here, is either very young or very radical. Mendoza is the wine capital of Argentina. The Malbec grape is one of the most loved varieties in the world and is wonderfully delicious. Nature lovers can also enjoy skiing, hiking, and climbing in the nearby Andes mountains. Backpacking Argentina 3 Week Itinerary 3: The North of Argentina Map of Argentina not to scale. Here are some very significant sites like the Casa Historica, the house where the Declaration of Independence was signed, and the Casa de Gobinero. As we head further north, the landscape becomes more arid and desert-like until the scenery crescendos into surreal formations and colors at Cafayate. Slightly north of Salta is the state of Jujuy, which has some truly astonishing natural attractions. No trip to this part of the country is complete without a visit to Quebrada de Humahuaca or the Pucara of Tilcara. Backpacking Argentina 1 Month Itinerary 4: Be sure to visit the Tierra del Fuego and Ushuaia as well; this is the farthest south that you can travel before catching a boat to the Antarctic continent. Read on to discover more about my favorite destinations in Argentina. Buenos Aires is a marvel. For those backpacking Argentina, Buenos Aires is the perfect place to kick everything off. Most noticeable is the Obelisco that rises prominently in the middle of bustling Avenida 9 de Julio. Several cultural landmarks, like the Casa Rosada and Palacio Barolo, are around this area. San Telmo is an older, slightly grittier district that is best experienced on foot and at a leisurely pace. In San Telmo, there are lots of tango halls and cafes that get rowdy in the evening. La Boca is probably the most photographed place in Buenos Aires because of its multicolored houses. Palermo is the hippest district in the city. Quaint boutiques and amazing restaurants line the streets endlessly here. On the facades is some of the best street art in all of South America. The most interesting site here though is the Cemetery. This necropolis is massive and wandering amongst the tombs is one of the coolest things to do in Buenos Aires. Good airs in Buenos Aires. The Argentinian side traverses the top of the falls and gives a more up-close and personal experience. The Brazilian side is closer to the bottom of the falls but allows for a fuller panoramic view of them. I think that both have their own unique merits and are equally enjoyable. You can get check visa requirements for Brazil in our backpacking Brazil guide. The city pretty much exists solely as a means to visit the falls. Currently, the Wetlands are collectively in the process of becoming an officially recognized national park. There are over species of birds alone, most of which are threatened or endangered. In addition, visitors have the chance to see many other exotic fauna

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including capybara, giant anteaters, howler monkeys, anacondas, marsh deer, caimans, and more. Most travelers will end up staying in either Corrientes or Posadas, which are the two main cities in the area. These make good bases for entering the Wetlands. In addition, there are a number of small villages, like Colonia Carlos Pellegrini, spread throughout the marshes. These offer a variety of accommodations – hostels, ranches, etc – and for a good price. Getting to these remote settlements is a matter of waiting for an infrequent shuttle bus that can navigate the poor, muddy roads. The best way to find these buses is to talk with the staff of your own local lodge and have them check the schedules. Hiring a boat or kayak will give you the best odds of seeing wildlife as you can really penetrate deep into the swamps. Walking is totally acceptable as well though – there are several boardwalks and marked trails that offer decent views.

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Chapter 4 : List of alien races in Marvel Comics - Wikipedia

TabacÃ³n Hot Springs is ranked #10 out of 16 things to do in Costa Rica. See pictures and our review of TabacÃ³n Hot Springs. If you trek to Arenal Volcano to witness its looming presence for.

Spoilers Set in the late s, the film directed by Niko Caro, focus on the life trials of a downward spiraling career of high school football coach Jim White Kevin Costner , whom has been fired from so many jobs, that he eventually ends up, in the only town that would hire him, McFarland, California. He eventually turns, his attention from football to cross country, because he sees some potential in some of the students; despite having no experience in the sport. Ultimately, White is able to create a team of ragtag of runners, with high school, students: Centering on the concept of teamwork and cooperation. McFarland, USA is able to teach viewers on the values of solidarity, very well; not only when it comes to sports, but also when it comes to working together as a community. It also teach people, not to judge others by racial stereotypes. You see, this, with Coach White. While, he might be a little prejudiced at his Hispanic students at first; you really do see some character development from White toward the middle, despite Kevin Costner barely acting. You see him, warm up to them, and later helps the runners, run their best, realizing this is what makes them special. I have to somewhat agree with them, on that. The white savior rescuing people of color from their poor plight, trope has indeed been overdone to death. I just wish, the movie took more chances with the subject matter. Instead, he started teaching in the McFarland school district after graduating from Pepperdine University in During that time, white taught different subjects at numerous grade levels before starting his coaching career in , not with cross-country. Another thing, about that, is the fact that White did not create the cross-country team at the school, but instead restarted it after it had been dropped for a year. Regardless of that, all of the supporting actors playing the team members were very good in their limited role. I really got confused on, who is who, at parts. A good example is how they portrayed Danny Diaz Ramiro Rodriguez. He was in fact, one of the fastest people at McFarland High School. They portray him, a little too cartoony. Another thing, the film fails to notice, is how not all of the runners from the team were featured in the film. It would be nice to see, original runner, Luis Partida in the team, because he indeed help them, win. Despite that, David Diaz Rafael Martinez was a great replacement. She gets her own sub-plot, with her, trying to get along with the women in her neighborhood. Her absence from this film, is a bit jarring. It does save time. This poignant, uplifting tale is very heart-warming and inspirational. While, it might not stand out, much compare to other Disney sport films. Was this review helpful? Sign in to vote.

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Chapter 5 : Unite the Right rally - Wikipedia

Notable deaths in 1 / Back Next. Back. Next. They then penetrated the fortress-like heavy-water plant to blow up its production line. At Marvel Comics Stan Lee originally asked.

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Chapter 6 : Mickstape by Barstool Sports on Apple Podcasts

Stay near the water all weekend at the Blue Harbor Resort, where there are perks for the whole family, such as peaceful spas, an exciting waterpark and breathtaking views of Lake Michigan.

The Lofoten region is renowned for its natural beauty with steep mountains, wild nature and small, picturesque fishing villages. The daylight sailing route through the Lofoten Islands is a highlight for many of our guests. We then continue south via Sortland to Stokmarknes , where Hurtigruten was founded more than years ago. Go ashore and pay a visit to the Hurtigruten museum here. Continuing southwards, it looks like we are sailing straight into the mountain wall, but we inevitably slip through an opening leading to the narrow Raftsund. Trollfjord and the Lofoten islands Now we reach the spectacular Trollfjord , only 2 km long and metres wide, surrounded by majestic mountains. If the weather and time permit €” the captain makes a detour into the fjord. Trollfjord is also the realm of the sea eagle. Just north of the fjord, a smaller vessel awaits to take you out to see this magnificent bird up close on an optional sea eagle safari. To join the safari, you transfer to a smaller tour boat before we reach the Trollfjord. The Hurtigruten ship turns around in the narrow fjord, a magnificent sight in its own right! The eagle safari begins after leaving the Trollfjord, passing through narrow channels flanked by steep mountains where the sea eagles dwell and can be viewed. These beautiful, rare birds of prey circle the boat a few times before we toss fish into the sea for them to grab and devour. Be sure to bring a camera! Join our Lofoten Islands tour to learn more about the fishing communities, beautiful scenery and art from this area. You can join a horseback ride and experience a sunset trot through powdery white sand on a beach along the Norwegian Sea. If you want more of an adrenaline rush, join one of our high-octane excursions by RIB. If you prefer dry land, a guided fishing village walk provides in-depth insights into the history and culture. We leave Lofoten during the evening and set course for the mainland. Optional excursions on this day in the period 01 April - 31 May

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Chapter 7 : Free Things to Do This Winter in Washington, DC | calendrierdelascience.com

The Unite the Right rally, also known as the Charlottesville rally or Charlottesville riots, was a white supremacist rally that occurred in Charlottesville, Virginia, from August 11 to 12,

Members of the Old Believer community in the village of Tarbagatay, Russia. Two ways to read the story Quick Read By Fred Weir Correspondent Tarbagatay, Russia, is one of the largest surviving communities of Old Believers, religious dissenters who were violently repressed and twice exiled by the czars. They finally found refuge amid the wilds of Siberia years ago. Seventy years of communist repression nearly finished them off, but they have been reviving their unique medieval traditions and restoring their once-shattered communities. Most Old Believers can trace their family lineage back to those Russians who rejected religious reforms in Solid Siberian-style izba log houses are framed by large garden plots and dirt streets, with a small white Christian church at the center. The houses have brightly painted gables and fences, the gardens are laid out in military-straight rows, and everything looks freshly repaired. Tarbagatay , Russia, is one of the largest surviving communities of Old Believers, religious dissenters who were violently repressed and twice exiled by the czars. There were only Buryats here, the climate was ferocious, and those first years must have been really hard. Our cultures were too different. But we have managed, peacefully, for years now. Platinina, like most Old Believers, can trace her family lineage back to those Russians who rejected the religious reforms launched by Patriarch Nikon in The reforms were meant to modernize the rites and prayers of the Russian Orthodox Church by bringing them into line with those of the Greek Orthodox mother church. They included alterations that might seem minor to people today: But thousands of Russians fiercely resisted the reforms, labeling them as the work of the Antichrist. But Russia expanded westward into those territories in the next century, and the Old Believers were rounded up again, this time sent into permanent exile in distant Siberia. They were the first of many subsequent waves of Russian dissidents to suffer that fate. Some fled in different directions, and today communities of Old Believers can be found in over 20 countries. And they prosper for two reasons: Barred from state service, they became merchants, artisans, and farmers. But the Bolshevik Revolution brought a new wave of repression. Before it, there were 81 Old Believer churches in what is the present-day territory of Buryatia. All were subsequently destroyed, while many clergy and unbending believers disappeared in successive waves of Soviet persecution. Most blame the Soviet era for the destruction of their historic community. On a typical June afternoon, he is deep in conversation with a group of Russian tourists, who are quizzing him intensely over the nuances between the Orthodox faith with which they are familiar and the beliefs and practices of Old Believers. They seem curious, even fascinated, and not the least bit unfriendly. As they file out of the little church, many place donations in the collection box. Sergei Paly, the priest at a tiny church in Tarbagatay, Russia, shows a religious tome. The people found peace and safety in Siberia, even though the ruling church continued to persecute us. We were allowed to pay our taxes and serve in the army [in pre-Bolshevik times]. The Orthodox Church is in its place; we are in ours. I have no idea what they think of us. We live very well now. That has worked out very well for the Orthodox Church , which has seen much of the property nationalized by the Bolsheviks restored to it, and has enjoyed a massive boost in its public profile and influence. The Catholic Church, which had similar problems in Russia for several years, appears to have patched up its differences in a meeting in Cuba between the Russian patriarch and the pope. But, experts say, Old Believers are viewed as an indigenous faith, an offshoot of Russian Orthodoxy, and therefore to be embraced by political authorities. By smiling upon all of them, he enhances the legitimacy of the state. Indeed, her organization, the Center of Old Believers in Tarbagatay, is a cooperative venture between the local community and the Buryat government. By the time I finished, we were studying comparative religions. The one constant thing, through all of it, is that we always believed in God and kept our faith alive. Are these gators lost or just learning to get along? In South Carolina, alligators are showing how predators can adapt and thrive in surprising ways. The question now is: Will humans adapt, too? First they started to appear on

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saltwater beaches, something practically unheard of before. Then, more tragically, a woman was killed by an alligator while she was walking her dog. The attack underscores the potential for dire consequences when humans and wild predators come into conflict. And the appearance of alligators on saltwater beaches suggests that human-gator encounters may become more common. Whether based on fear, competition, or resource-harvesting, manifest destiny drove apex predators deeper into the wilds. It was thought that ever-diminishing resources would thus doom many species. But it appears that a generation of ecologists may have underestimated the adaptability of some of these species. It remains to be seen whether people will be willing to adapt to accommodate them as neighbors. Then, more tragically, a woman was killed by an alligator on Monday while she was walking her dog near a golf-course lagoon. Experts say any peace will come from the extent to which policymakers and denizens are willing to tolerate a gradual wilding of America. Florida panthers and bears were on the brink, and the American alligator was set to go the way of the stegosaurus by the mids. Bald eagles, too, nearly saw their reign end, victims of insecticide poisoning. Yes, apex predator populations were at a near-nadir, which built assumptions about habitat and population dynamics for a generation of scientists. But now, conservation efforts combined with a decline in hunting pressure appear to have lit an ancestral beacon for growing numbers of fearsome creatures. Yet when researchers started stumbling across them crunching on crabs in salt-water estuaries, they realized that something more profound was happening. Ecologists are also observing killer whales venturing far into freshwater creeks, sea otters moving from kelp beds to estuaries, and the Florida panther cautiously expanding its range. Wolves are descending into maritime environments and black bears becoming an urban demographic across the South. Sometimes such homecomings are intertwined, tooth and nail. Hot on the flippers of newly-arrived gray seals off Cape Cod? North Carolina had 2, black bears in the early s. There are now over 20, across the state, including several hundred living inside the city limits of Asheville, the Appalachian hippie outpost. An ongoing bear-tagging study shows that the city bears are fatter, healthier, and have more cubs per litter than their country cousins. But bears also seem to be embracing courtesy. There can be profound benefits. Large predators can accomplish major feats of ecological balancing, perhaps key amid climate change. Sea otters expanding into estuaries are dining on large numbers of Dungeness crabs, which allows a beneficial sea slug a sort of estuarine vacuum cleaner to flourish. But conflicts are also forcing the hands of natural resource managers. The return of the alligator has led to a large-scale commercial harvest in Louisiana. Florida added 1, more alligator permits in July, in addition to 5, usually handed out. South Carolina introduced a hunt in after years of complaints about large gators menacing people along canals, with some 5, hunters now harvesting up to two gators each. But at least one gator hunter says coexisting with large, fierce predators is ultimately less about control and more about common sense. Mother Nature is not nice. Now, through basketball, the sons are living out a dream and helping dissolve the bitterness of the past. But then again, they might cheer for his opponents, too. But to their basketball-loving sons and grandsons who grew up abroad, and have now gone pro in Vietnam, the country meant opportunity, more than bittersweet memories. He got onto a barge with hundreds of others fleeing their war-torn country, and disembarked at a Hong Kong refugee camp after three days at sea. It took two more months before he could send his parents a telegram to tell them he was alive. From Hong Kong he went to Washington, D. Nelson set up a hoop at home and cheered as his son played for the local rec league and travel teams, then his high school and university. A few months later, Horace was flying to join the Da Nang Dragons, in a coastal city not wholly unlike L. Key to its sales pitch are so-called heritage players like Horace: Many are children of refugees. A fluent Vietnamese speaker, he helps local players connect with American teammates and coaches, and spends spare time with his grandparents and aunts. Dancers perform between quarters, and fans grasp for t-shirts hurled into the stands. All of this a sports event as flashy entertainment from beginning to end arrived in Vietnam with the Saigon Heat in XLE Group founder Connor Nguyen, who was born in Vietnam and grew up in Kansas, says the company viewed fast-developing Vietnam as increasingly likely to embrace new entertainment trends. Isabelle Taft Players in the Da Nang Dragons, a Vietnamese professional basketball team, practice shooting at the end of a

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workout. Rather than recruit talent with no ties to Vietnam, they searched for heritage players, hoping potential fans would identify with them. Some assume Vietnamese players were too short to be good. Cap, who, like many Vietnamese, prefers to be referred to by his given name. In Hanoi, as the Dragons vs. Rules of the road Heritage players feel cultural differences on the court and off. The VBA plays other cultural differences for light-hearted laughs, inviting foreign players to eat traditional foods in a series of YouTube videos called Just Try It. In many ways, however, life in Vietnam is similar to life in the US. Zach Allmon, a so-called import player for the Dragons each team is allowed one athlete with no Vietnamese heritage , says he gets questions from home about culture shock.

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Chapter 8 : The 30 Best Peloponnese Hotels – Where To Stay in Peloponnese, Greece

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Best viewed from a distance – the surrounding half kilometer is soaked with water. Pierre At the highest point in the Old Town , [2]. The new Espace Saint Pierre pass includes entrance to all three sites of Cour Saint-Pierre, a noteworthy space of unique spiritual and cultural importance. The Cathedral and its towers, originally Catholic, both embody the high point of the Reformed tradition and explore the origins of Christianity with an extensive archaeological site and they are now complemented by the International Museum of the Reformation on the ground floor of the Maison Mallet. An underground passage, reopened when the Museum was created, connects the two buildings. Nearby, the Auditoire, where Calvin taught, completes a complex that is both representative of the past and open to current questions. Religious denominations aside, Espace Saint Pierre represents a spirit that continues to guide the city and citizens of Geneva today. For schedules and information about free live organ performances in the cathedral, go to the website [4] Adults CHF 16 Seniors, Disabled, Students aged , and groups of more than 15 qualify for a CHF 10 pass, children aged qualify for an CHF 8 pass. Entry to the church itself is free, of course, but donations are welcome. Aside of the cathedral the Old town in general is worth walking around in for a hour or two. A word of warning to people with physical disabilities: Originally built to house the League of Nations, the Palais is worth visiting just to take in the magnificent Assembly Hall, in addition to the large collection of public art, the library, and the landscaped grounds. CHF 12 each for adults. An area with interesting shops and most importantly, a series of residential buildings called "les Schtroumpfs" , where the architects tried to avoid all straight lines, leading to an unconventional Gaudi-like appearance. An impressive monument, constructed in as a Mausoleum for the Duke of Brunswick, as a replica of the tomb of the Scaligeri family in Verona 14th century. Also worth visiting for the 5 star hotels and the cars in front of them. Small island named after the famous philosopher Jean-Jacques Rousseau. Small garden at the lake where people like to spend their lunch break. See the famous Flower Clock. Another interesting attraction here is the Russian Orthodox Church built with its golden cupolas. A suburb of Geneva that once belonged to the Kingdom of Sardinia and hence retains a distinct Italian flavour. Closed on 24, 25 and 31 December and on 1 January. Access for disabled visitors.. Installed on the ground floor of the magnificent Maison Mallet next to Saint-Pierre Cathedral , this new Museum presents the main spiritual and cultural elements of the Reformation. Unique objects, manuscripts, rare books, engravings, and paintings illustrate the close ties between Geneva and the Reformation. State-of-the-art technology welcomes a modern audience: For another CHF 3, you can explore the archaeological site beneath the cathedral and climb the tower inside the cathedral, which has some amazing views of the city. The Museum of the I. The displays are striking and affecting, but somehow manage to avoid taking sides. CHF 10 for Adults. Occupying a big chunk of what would otherwise be the UN campus, the Ariana Museum offers a huge collection 16, pieces of ceramics from around Europe and the far East. Late modern, post-modern, and contemporary works by internationally known artists, as well as a special collection of Swiss conceptual work. Geneva has a wonderful natural history museum which is worth a visit, especially if you have youth and children. It has various sections: Extensive art and archaeological-historical collections. Painting gallery extends back to the early Renaissance, but is most extensive in Swiss-French and Impressionist works. Free, except special exhibits. The largest collections of Far Eastern art open to the public in Switzerland. Temporary exhibitions are regularly organized several times a year. Just over the French Border, this high alpine ridge has a stunning view of Mt. Blanc and the Lake Geneva area and miles of walking trails. Babel in Geneva [91] - takes place from January 15 to January 28 yearly. Caves Ouvertes [92] – Free annual event. For three days in June, the whole City of Geneva is a stage. Actually, there are on the order of 40 of them. There is also a wide assortment of international food and drink for sale, which can be a bit

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pricey, but highly worth it. The easiest way to get information is to just head to one of the parks listed above and find one of the free newspaper-style festival guides. It includes time-tables and maps. Additionally, be sure to wander around, as the festival is full of many excellent unofficial performances, including drums, juggling, and dance. Note in the music gathering portion is cancelled, but the fireworks continue. It is a somewhat rustic yet also chic place to byo or to buy wine, cheese and other appetizers in addition to farm-fresh produce [94]. There are a number of suggested promenades for which there are maps available at the tourist office on the Ile de la Machine. A view from Parc de la Grange overlooking Lake Geneva. Parc des Bastions, entrance at Place Neuve or just down rue St. This park offers promenades and views over the lake of the U. Geneva beach is at the end furthest from the city, on the lakefront. Parc de la Grange. Most of this woodsy bluff has been left in a more-or-less natural state, though there are walking trails around the edges. The trails connect eventually with a sidewalk which crosses a railroad bridge to the St. There is also a small zoo at the western edge of the woods. Language[edit] French language lessons are available, both through formal courses and informal arrangements, but in both cases they can be more expensive than other French-speaking countries. Geneva University also offers quite cheap classes and there are a number of the big language schools, including Berlitz and Inlingua. One well-known school is The Ecole Du Monde [95] located near the train station and near the lake of Geneva. Migros also offers language courses at rather decent prices.

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Chapter 9 : Norway Cruise | Experience the stunning Norwegian Coast from Bergen | Hurtigruten

Best of Peru, Argentina & Brazil Discover the delights of South America in Peru, Argentina and Brazil There are many sides to South America, from the energy of the cities, the beauty of the landscapes and the spirit of its people.

This hotel in Peloponnese has been booked times 7. Ancient Theatre of Epidaurus Built in the 4th century B. Ancient Olympia Marvel at ancient ruins of the Temple of Zeus and examine prehistoric remains from the site of the first Olympic Games. Ancient Mycenae Past the stone Lion Gates of this ancient city lies the fortified citadel of Mycenae that once hosted the legendary palace of King Agamemnon. Medieval Fortress Town of Monemvasia A visit to Monemvasia is like a journey through time where cobbled pathways, Byzantine churches and stone-built mansions recall the Middle Ages. Neda Waterfalls Nestled under lush plane trees, these tall waterfalls pour into an emerald pond creating a picture perfect spectacle for nature lovers. Voidokilia Beach Renowned for its curved coastline which forms a tranquil bay, this exquisite beach is made more enchanting by the presence of Nava Castle. Diros Cave A minute boat ride winds through a labyrinth of multi-coloured chambers in this fascinating lake cave with translucent waters. Get inspired by reviews of cities in Peloponnese 10 Nafplio, a Peloponnese Gem Nafplio is a beautiful renaissance-era town with a long history of importance to the Greeks. It is said to be one of the prettiest towns in Greece and I do think it is. Easily walkable, packed with good small restaurants and cafes, lovely squares, waterfront walks along the bay, and high quality shops. There is are three medieval castles guarding the town adding to the atmosphere. All in all, a terrific place to spend a few days. A good base for the Peloponnese. We stayed mostly in old town, which is beautiful. The ruins of Acronafplia are mysterious and open all day and night. Nafplio itself is a great place to relax and just take in the food, people, and scenery. It is an excellent base for touring part of the Peloponnese. It is also an excellent wine region. My advice is to rent a car and set up a base in Nafplio to explore. We stayed at Acronafplia pension on the hill, which was absolutely perfect for us as we were halfway between the beaches, the fortresses and the town. We opted for breakfast at our hotel which allowed us to get a nice leisurely start to the day. Great city for a relaxing weekend, or as a base to explore the peloponnese, Old pebble streets, full of shops and restaurants, Nafplio castle Palamidi impressive buildings, very Greek atmosphere, fewer foreign tourists than in other islands around. Very active in the evening, coffee shops, bars, tavernas with live music Show more Show less 10 What a wonderful small town with so much to offer! What a wonderful small town with so much to offer! We ended up there 3 times as we toured the Peloponnese. It has something for everyone. Great restaurants, good shopping, beautiful old city with classic buildings, narrow picturesque streets with stretches of steps, beautiful plazas, churches, museums, an amazing fortress to explore, and even a nice full service swimming area in town! Nafplio is a quaint seaside town with lots of great tavernas and small shops. Ideal for evening strolls and good food. It is a great base to explore the Peloponnese region as it is close to many archeological sites and to Tolo from where you can take daily trips to the islands of Hydra and Spetses. Show more Show less 10 Koroni is a beautiful seaside town with many tavernas and Koroni is a beautiful seaside town with many tavernas and cafes. It is situated on the southeast coast of the first of the three Peloponnese peninsulas. Zaga Beach is a very pretty spot with a restaurant right next door. Our favorite tavern was Bogris, in town opposite the high school. It is very easy to travel around the peninsula to many towns and tourist sites as well as back to Kalamata. Time is not an issue as all towns are within close proximity of each other and roads are pretty good compared to some Greek roads. Koroni itself is a little difficult getting around if you are not fit; many steep roads with many steps. Show more Show less 10 We wanted to explore somewhere off the beaten path in We wanted to explore somewhere off the beaten path in January, and to do some hiking. Dimitsana was very quiet. There was rain, fog and snow some of the time mid Jan , none of which took anything away from the amazing atmosphere of Dimitsana, the hills or the gorge. We felt like we were suspended in the air, sometimes above clouds, hanging over the Louisos Gorge. We only stayed one night and spent the next day visiting the incredible Prodromos and Philosophou monasteries. For

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active visitors interested in something extra besides than beaches and historic sites Dimitsana well repays the drive from Tripoli. The roads are good, but quite steep and windy. Perfect if you like that kind of thing. Plenty of nice places to eat, we enjoyed the Drimonas taverna, on the way out of Dimitsana after the Piraeus Bank. Wish we had longer to enjoy hiking the mountain trails. Show more Show less 10 Loved the old town with the cobbled, pedestrian streets, Wonderful assortment of tavernas tucked along the narrow lanes or facing the harbour. One of the prettiest towns in the Peloponnese. Show more Show less 10 Tolo is a fab holiday location which is ideal as a base for Tolo is a fab holiday location which is ideal as a base for exploring the Peloponnese including the old capital Napflio, Epidavros, Olympia and the islands Pros, Hydra and Sorted. There are many beach tavernas that serve food. I loved eating at the Barbarressa. The Greek night at the Aris Hotel was excellent with live music and dancing. Show more Show less 10 Nafplio is a pleasant town with lots of interesting Nafplio is a pleasant town with lots of interesting independent shops in the small streets and alleyways that make up the pretty old town. It is quite touristy and small cruise ships dock in the harbour so even in early October it was quite crowded on Sunday though much quieter on Monday. It has quite a cosmopolitan feel. We also visited the Folklore museum which is a charming snapshot of ages past. Show more Show less.