

**Chapter 1 : The Ten Basic Principles of Good Parenting PDF**

*Concise and authoritative, written with warmth and compassion, The Ten Basic Principles of Good Parenting is an intelligent guide to raising a happy, healthy child and to becoming a happier, more confident parent in the process.*

My only complaint was that there were no references cited. The author often just said "Numerous studies have indicated A lot of what was written in this book was common sense, but it was still a good reminder. My favorite part is on page when it talks about the five elements of an effective punishment: Identify what the child did wrong 2. Describe the impact of the misbehavior 3. Suggest an alternative be This was a really good book. Suggest an alternative behavior that would have been more appropriate. A clear statement of what the punishment will be. An expectation that your child will do better next time. This book has wonderful suggestions about how to learn to be a better parent. I have loved reading it and I will be re reading it as my kids grow! Jan 13, Megan rated it it was amazing Best parenting book I have read. He goes through 10 principles, based on parenting research: What You Do Matters 2. You Cannot Be Too Loving 3. Establish Rules and Set Limits 6. Explain Your Rules and Decisions There are examples -- in fact, there Best parenting book I have read. There are examples -- in fact, there are always three examples: At first, I thought I wanted the book to have more examples, but I found that the principle-based approach has really stuck with me and influenced my parenting over the past few weeks. His advice was so obvious that it felt slightly condescending. I distinctly remember a few instances where I thought "no duh" after a paragraph he wrote as if it was some new, interesting information.

## Chapter 2 : The Ten Basic Principles of Good Parenting by Laurence Steinberg

*To ask other readers questions about The Ten Basic Principles of Good Parenting, please sign up. Be the first to ask a question about The Ten Basic Principles of Good Parenting This book comes highly recommended by a distinguished faculty member at Brigham Young University. He said that if there.*

We all can improve our batting average. This easy to follow how-to book uses the formula that works for golf to improve parenting. Here is a quick overview of the Ten Basic Principles: What you do matters. How you treat and respond to your child should come from a knowledgeable, deliberate sense of what you want to accomplish. What effect will my decision have on my child? You cannot be too loving. It is simply not possible to spoil a child with love. What we often think of as the product of spoiling a child is never the result of showing a child too much love. It frequently means sacrificing what you want to do for what your child needs you to do. Be there mentally as well as physically. Adapt your parenting to fit your child. You may be fighting getting older, but all he wants is to grow up. The same intellectual growth spurt that is making your year-old curious and inquisitive in the classroom also is making her argumentative at the dinner table. Establish and set rules. Any time of the day or night, you should always be able to answer these three questions: Where is my child? Who is with my child? What is my child doing? The rules your child has learned from you are going to shape the rules he applies to himself. Encouraging independence helps her develop a sense of self-direction. Accepting that it is normal for children to push for autonomy is absolutely key to effective parenting. Children push for independence because it is part of human nature to want to feel in control rather than to feel controlled by someone else. Your most important disciplinary tool is consistency. The more your authority is based on wisdom and not on power, the less your child will challenge it. Children who are spanked, hit or slapped are more prone to fighting with other children. They are more likely to be bullies and more likely to use aggression to solve disputes with others. Explain your rules and decisions. Generally, parents overexplain to young children and underexplain to adolescents. What is obvious to you may not be evident to a year-old. Treat your child with respect. You should give your child the same courtesies you would give to anyone else. Speak to him politely. Pay attention when he is speaking to you. Try to please him when you can. Children treat others the way their parents treat them. Your relationship with your child is the foundation for her relationships with others. It has been studied for 75 years, and the findings have remained remarkably consistent over time. It deters children from anti-social behavior, delinquency, and drug and alcohol use. And good parenting is parenting that helps protect children against the development of anxiety, depression, eating disorders and other types of psychological distress.

## Chapter 3 : The 10 Commandments For Good Parenting

*The basic principles of good parenting have been corroborated in studies done in different parts of the world, with different ethnic and racial groups, in poor as well as in rich families, and in.*

## Chapter 4 : The Ten Basic Principles of Good Parenting by Laurence Steinberg | Authentic Happiness

*In his new book, The Ten Basic Principles of Good Parenting, Laurence Steinberg, PhD, provides guidelines based on the top social science research -- some 75 years of studies.*

## Chapter 5 : NPR Choice page

*The basic principles of good parenting have been corroborated in studies done in different parts of the world, with different ethnic and racial groups, in poor as well as in rich families, and in families with divorced, separated, and married parents.*

**Chapter 6 : The Ten Basic Principles of Good Parenting - Laurence D. Steinberg - Google Books**

*MAIN Home Life Parenting. Ten Basic Principles of Good Parenting There Is A Science To Raising Children. Are you constantly searching the latest on parenting to make sure you are doing everything exactly right?*

**Chapter 7 : Laurence Steinberg - 10 Basic Principles of Good Parenting**

*Ten Basic Principles of Good Parenting. 1. What you do matters. "Tell yourself that every day. How you treat and respond to your child should come from a.*