

Chapter 1 : 9 Essential Traits of Couples Who Thrive - Beliefnet

The 8 Essential Traits of Couples Who Thrive has 25 ratings and 6 reviews. Renee said: So, I read a lot of books in my quest to figure out what makes som.

There is always a him that is causing a something, or if there is no him or her then that is a problem as well. In our counseling library I came across a book by author Susan Page called The 8 essential traits of couples who thrive, and I started to thumb through it seeing what her take on successful relationships were. The first trait she lists is: Desire, Belief, and Commitment. Couples who thrive show no evidence of ambivalence. This boils down to something I call choosing your choice. When you choose your choice, you throw yourself into it, believing with the entirety of your being that this is the right decision. There has to to be a want, right? This does not just go for romantic relationship but this goes for any relationship. Both entities have to be committed to the success of it. Whether the person actually IS as committed as you perceive them to be is a different story altogether. Beliefâ€do you believe you can be happy with this person? As previously discussed, our emotions are tied to our thoughts. So much of relationships are based on faith. Not necessarily of the spiritual kind, but the essence of the word itself, belief without proof. If you do not believe in the success of your relationship, trust me, its days are numbered. Think about it in terms of work. All boil down to doubt and distrust. Having a doubt filled relationship where you think your needs are not being met, or could be better met elsewhere, or voicing hesitations are all disastrous. Often we can find commitment in bad habits quicker than we can in good relationships. Why is it easier to commit to disaster than to commit to happiness? There is no guarantee that that commitment will be reciprocated or everlasting, so we protect ourselves armed with doubt. Perhaps this is why love is an act of insanity, proof of the illogical. What are your thoughts on Desire Belief Commitment being the foundation of a successful relationship?

Chapter 2 : Relationship books by Susan Page

If you don't, or even if you do, you will find some helpful models and ideas in Page's Happily Married: The 8 Essential Traits of Couples Who Thrive. As an experienced marriage counselor, Page has interviewed, counseled, and been in group sessions with hundreds of couples.

Chapter 3 : calendrielascience.com:Customer reviews: The 8 Essential Traits of Couples Who Thrive

(), and The 8 Essential Traits of Couples Who Thrive (). Not that there's anything wrong with publishing the same content again; it happens all the time. It's just something to be aware of.

Chapter 4 : The 8 Essential Traits of Couples Who Thrive by Susan Page | calendrielascience.com

About The 8 Essential Traits of Couples Who Thrive. Formerly titled Now That I'm Married, Why Isn't Everything Perfect?, this wise and useful guide has gained extraordinary critical acclaim from the foremost experts in the relationship field, and has helped thousands of couples achieve more fulfilling relationships.

Chapter 5 : - The 8 Essential Traits of Couples Who Thrive by Susan Page

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Chapter 6 : 9 Essential Traits of Couples Who Thrive - Desire, Belief & Commitment - Beliefnet

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Chapter 7 : 8 Essential Traits of Couples Who Thrive pt. 1 | Black Girl, Cry

Drawing on more than twenty years of couples' counseling experience, Dr. Susan Page explains the eight essential traits of a thriving marriage: Desire, belief, and commitment Goodwill.

Chapter 8 : The 8 Essential Traits of Couples Who Thrive by Susan Page

Get this from a library! Happily married: the 8 essential traits of couples who thrive. [Susan Page] -- Universally acclaimed by the country's most prominent relationship experts, this warm, optimistic, and practical guide gives couples surprising tools to improve their marriages.