

Chapter 1 : Being Psychic and the Art of Noticing Â« The Psychic Well

Psychic art is about contacting the creative source and thinking outside the box of our own limitations. This can lead to extraordinary results, the ability to paint portraits of people you don't know, indeed being able to draw and paint and compose without training.

Articles on Life and Psychism. Call for our Phone Psychics! Do you ignore the unusual things you experience or take a deeper look? A large majority of us have enhanced psychic abilities in some shape or form, and it is usually an adult, guardian or parent that first notices signs of our psychic behavior. Sometimes psychic people are thought of as evil or into black magic. This is simply not true. Check out these psychic symptoms and signs that may prove you have psychic abilities. Maybe you will come to a conclusion and realize you are psychic after all. Higher levels of intuition. If you have ever known who is calling on the phone before picking up, who a text is from before it chimes though, or if you have ever predicted an event before it occurred, you have a higher level of intuition. This is a step towards discovering a psychic gift within yourself. London Mums Magazine 2. Visions are normal for you. If you have had visions of future events, either of something happening in the next hour or three days from now, you have psychic abilities. If you have them in your dreams or within your daily awake life, you may have the psychic gift. A gut feeling that is always accurate. If you just "know" something before it happens, and you can sense the events of what is happening or what is about to happen, this is a strong sign of a psychic. Do you feel like you can send messages through your mind? Have you experienced a mind to mind connection? If you have experienced this from time to time, you have some form of telepathy, which is a psychic symptom. Grand scale predictions and premonitions. Have you ever written down events that you "know" will happen in the future? If you have taken the time to write premonitions down or tell someone about them before they actually happen, and then they occur, you have a psychic gift. Christian Voss on Google Plus 7. Psychometry is known as the psychic ability that allows an individual to sense or experience the history of a person or object by touching them or it. Psychics have knowledge and power because they "know" about people, places, objects and energies just by being somewhere or by simply touching something or someone. They may even see images or experience smells, sounds and tastes from that point in time. People with psychic abilities tend to have extremely vivid dreams and can remember detail for detail after they awake. Many people who have vivid dreams also have recurring dreams that tell a story and that are indicative of what is happening in real life. Dr Clare Johnson on Twitter 9. This is a very direct feeling where you just know someone you love is in trouble. It hits you with great impact and sometimes with a great feeling of intense fear. There is no explanation for it except that you know something is deeply wrong with someone you love. You tell the future. This is one of the obvious traits of a person with psychic abilities. Telling the future to your friends and family, then having it actually happen is one of the number one ways that proves you are psychic. Gary Terzza on Scoop. Have you ever laid your hands on someone who is suffering or ill? Did you then see a positive change in this sick individual? Many people that have psychic abilities can also heal others with their energy. Have you ever heard sounds that others do not? Do you constantly wonder why no one else is hearing rings, beeps and chimes? These sounds can actually be an indication of a near future event and they can tell you about certain events that will occur. You can sense two places at once. This is definitely one of the stronger psychic abilities and signs that you may be psychic. If you have ever been at home or in one place that is familiar to you, but sense events and experiences that are happening across the world in different countries you are most likely psychic. If you have visions of these events while they are happening and actually feel as though you have transported to the destination as it is taking place, you have heightened psychic abilities. Treasure these tools and skills as a unique gifts and try to learn more about each ability so you can use these to their full potential. Many psychics are extremely valuable to those who have not yet discovered their own psychic abilities. People turn to psychic individuals for a variety of reasons, whether it is for guidance and support or revealing mysteries and solving crimes. Get in touch with one of our experienced psychics to discover your hidden psychic talents.

Chapter 2 : The Art of Being Psychic | event | Durham

In The Art of Being Psychic June-Elleni Laine gives the reader a comprehensive guide to developing psychic abilities. This is a very enjoyable book that will also serve many in awakening the hidden powers within them. ~ Gary Renard, The best-selling author of The Disappearance of the Universe.

Noticing first that we are more than our physical bodies
Noticing that All has Purpose
Noticing that there is more to life than meets the eye, that all is in motion, changing, responding to our thoughts, feelings, the love we express and the actions we take..
Noticing that somehow all we think, feel, love and do somehow impacts a much larger world than we have known.
Noticing that we have more sources of input, more knowledge, available to us than we have been conditioned to believe. And noticing that when we choose to access all of the natural intelligence within us, we can manifest what we want in life, as if by Magic. To us magic is simply consciously directed energyâ€ the natural outcome of our ability to notice and then work with the raw energy of lifeâ€ Taken to its finest level, noticing is reflected as psychic sensitivity â€ the willingness to be open to all of the forces, physical and non-physical that affect and influence our lives. Being psychic, sensitive, requires that you be constantly aware of â€ noticing- the abundance of information that you collect in your own four-field intelligence system, in your minds, bodies, feelings and heart. We believe this finely honed noticing skill to be an essential first ingredient in the process of reclaiming our magical whole selves, and our personal power. God created us in the image of the Godessenceâ€ we are co creators with the Oneâ€we are one with the One. Conscious participants in the All That Is. Individually and collectively we must acknowledge and then claim our Godessence and with it, our responsibility for the active role we play in creating not only ourselves but also the reality of the world we live inâ€ Consciously creating â€ co creating â€ demands psychic sensitivity. By noticing what is around us, how the energy is moving, we can much more easily set a course for ourselves that minimizes obstacles and optimizes our chances of learning and loving and growing in life.
Noticing Makes Life Easier
Until now, you probably thought that all your smarts were in your brain, in the realm of the mind. In fact, in the first days of seeing the four primary energy fields, mind, body, will and heart, as unique entities, aspects of the Godessence, influencing all of creation, I immediately saw that one of the fields â€ the realm of will and feeling, was actually dumb, had no words with which to express itself. Will communicates in images and sensationsâ€. And then Will also immediately showed me that She had a mind of Her own. She could actually communicate very effectively with the other realms when we notice the images and allow ourselves to feel. Thought is not limited to the activity of the mindâ€. Your feelings also produce thought, as does your body and your heart. All of these thoughts contribute to your ability to create what you want in life. Probably because your mind and body were heading in one direction while your feelings and heart were thinking of something else. So, start noticing â€ it can put you in touch with your soul.
Noticing A Four-Field Intelligence System
There are four primary energy streams that permeate all of creation, these relate to what some schools of thought call the Four Parts of God: The Father â€ the Mind, the realm of thought. Everything you experience in life is registered in your bodyâ€ your feelings â€ what are you afraid of?
Noticing Produces Soul Connections
If you will accept that your five physical senses are also active in the inner realms and then begin to use your inner senses to actively notice the four primary energy fields, mind, body, will and heart within yourself, you will also immediately notice that you are activating your soul consciousness, enlivening spirit within you to move and communicateâ€ sometimes in phenomenal waysâ€ The process of co creation demands an alignment of mind, body, heart and will in order to manifest a balanced creation that reflects an alignment with our Oneness, the spirit within usâ€ this alignment is also required to make the spirit connections that can enrich our lives. The Art of Noticing is all about using more of your natural intelligence, learning to tap into each of the four primary Godessence fields within you to produce a balance and an alignment that not only makes it easier for you to get what you want out of life, but also to connect with your Higher Self and develop your psychic ability. Reclaiming our natural psychic abilities, enables us to easily access our natural intelligenceâ€ natural intelligence is much more than simple intellectâ€ In our system, we search for data, input, from a four-field multisensory

intelligence system, input from the mind, the body, the emotions, and our heartsâ€” and then we seek an alignment of these four fields within all that we do.

Chapter 3 : Mary Bogart on Being Psychic

Eventbrite - Tami Reagor - Soul Luminary Guide & Mentor presents The Art of Being Psychic - Tuesday, October 9, at The Red Barn in Durham, Durham, CT. Find event and ticket information.

Fakes, charlatans, or witchcraft practitioners. These perceptions are false, at least in my experience. True, some people claiming to be psychic may be fake or try to scam you to make a quick buck. The term psychic is over rated and misused quite a bit. Everyone that walks on this earth has some type of psychic ability whether they choose to recognize it or not. Kidding aside, I do take it as a compliment, because my children have witnessed the counsel I give others and my empathic ability to know what kind of trouble they are in before they have a chance to tell me. The information download I get from their energy gives me the ability to counsel others with their current situation. To the best of my ability, I try to translate the energy I am feeling into words of what spirit wants me to relay to them. The Holy Spirit is the messenger that is channeled through our physical bodies to relay the message. I sometimes refer to it as my inner GPS. The problem is that society and even our fellow Christians make us feel like misfits. Christianity has taught us that these gifts are wrong and evil. Can you believe it? Unfortunately, society seems to need labels. People get lost in labeling by trying to fit into something others can not recognize or be comfortable with. Instead of judging me for my so called sinful gifts, people need to focus on their own spirituality. Are they walking true and living in a honest way? Is the path they are on right for them? Because in the end, these are the only things that matter. To know yourself and live in a righteous manner, being true to your deepest self, is all that matters in your own relationship with God. There is too much focus on the material world and not enough focus on the spiritual plane. She is a native of North Carolina and has been writing for this space for four years. She currently works in state government finance and owns a graphic design business. Join the Conversation Popular Topics Tags.

Chapter 4 : The Sin Of Being Psychic: Spiritual Insights From A Psychic Christian

The Art of Being Psychic in Durham, The Red Barn in Durham, Tuesday, October - The mystery behind your Psychic Senses What are mine? What if I use them wrong?

Being Psychic What is it really like to be psychic? This is a question that Mary gets asked quite frequently. Contact Mary Bogart Today! Schedule a Reading Today! Terms like "spirit guide" or "psychic ability" never crossed my path in my youth. There was no where else for me to place this connection except in the only terms I knew, which were religious. It did not occur to me to ask who he was because the church taught that God hears all prayers and sometimes angels deliver the replies. I have never seen "my angel" with my physical eyes, only a mental image in my head I later learned that this is where your 3rd eye is located. The blond boy would tell me things about those around me that later turned out to be true. I recall once when I was about 8 years old standing in our formal living room listening to my parents and neighbors talk about another neighbor who was very sick. The blond boy showed up and said that the sick neighbor would die within 2 weeks. I noticed that none of the adults in the room seemed to notice him or what he was saying. That seemed weird and stupid to me. I repeated what I had heard about the sick friend only to have my parents immediately reprimand me for not having faith and for being pessimistic. That neighbor died 13 days later. I was fully aware by the age of 12 that living could not always be trusted to tell the truth. The same cannot be said for the dead. The blond boy seemed to age as I aged. He said, "I appeared to age as you aged because a fully grown man appearing to you as a child would have scared the day lights out of you. Spirit guides are people just like us who have lived at least one life on this planet, in this dimension, who helped us write our life path. Spirit guides help steer us towards or away from experiences we have placed in our path. They are the gentle whisper that tells you to go left instead of right. Spirit guides know how heavy and dark this reality can be and they are our never-ending cheerleader who wants us to keep plugging along. Another common experience I have had countless times with the other side happened during school. Well, during tests mainly. What would happen on every test regardless of the subject would be the appearance of what I termed my "homework angel". I called them that because they would appear on command as soon as the instructor would hand me an exam. The "homework angels" were always different and I never thought to ask any of them their names. They were also the reason I never really had to study for anything in school. The "homework angel" would appear after I read the first question and would show me a mental image of the exact spot in the textbook where the answer lies. First, I would see an image of the chapter, then the vision would zoom in on the page and finally the line containing the answer. I recall being given an I. I was pulled out of class only to find myself sitting in front of a graduate student who was to administer a verbal exam. The very first question was, "What is an octagon? After hearing the question, I looked slightly over the examiners right shoulder and saw one of my "homework angels" holding an octopus. I said, "Octagon sounds like octopus, which has 8 legs. Therefore, an octagon has something to do with the number 8. The grad student was visibly stunned and asked if I just figured that out right now. I responded in the affirmative and asked if I got it right. He quickly regained his composure and said that it was against the rules to tell me how I was doing during the test. I looked back at the "homework angel" who smiled brightly and said, "You got it right. Fast forward several decades and I now have a greater understanding of what I do and how I do it. I do all my readings by connecting with the entity I call Archangel Michael. Connecting with loved ones who have died is done by talking directly with the soul of the departed. Doing a medium reading is a lot like playing charades with people I do not know who want to impart their most important experiences in life. She came through and gave me her cause of death along with several other pieces of evidence to show that it was really her. She then kept showing me images of a crockpot with roast beef cooking with mashed potatoes and gravy. There were other images of what I call "comfort food" which I passed onto the family. I thought she was trying to say that she liked cooking, to which the family said was completely wrong. I kept repeating what I was seeing even though I knew it was falling on deaf ears. I finally asked for clarification and the family told me that she owned a restaurant that featured southern comfort food for most of her life! All I could do was laugh and shake my

head at how dense the living can be sometimes. My strongest gift is called clairvoyance, which means "clear seeing". That, for me, describes the visions that pop into my head. My next strongest gift is called clairsentience, which means "clear sensing". That is where I will feel many of the emotions the departed soul felt during their life. That comes through with both physical as well as mental issues suffered by the soul. My final ability is called clairaudience. That means "clear hearing" and it means hearing the words the departed are trying to say. The problem with clairaudience is that the dead no longer have a body which means no vocal cords, causing me to hear them in my own voice and in my own head. Hearing disembodied voices is a sign of severe mental illness. It is often hard to know if what I am hearing is coming from my own thoughts or from the other side. My ONLY intent in outlining how my abilities work is to hopefully help others who experience similar events to understand what is happening and how to gain control over it. This is just my understanding about my gift. Your gift may be very different and just as powerful. I once asked God which was the "right" religion to which He replied, "There are as many ways to Me as there are entities on the Earth. Everyone can connect if they only listen. Know you are worthy. Believe in yourself and the possibilities are endless!

Chapter 5 : Sarah-Jane Bow Psychic (Author of THE ART OF BEING PSYCHIC)

The Art of Being Psychic, The Red Barn in Durham, Main St, Durham, United States. Tue Oct 09 at pm, The mystery behind your Psychic Senses What are mine?

Fear and Your Psychic Abilities It is our attitude, our beliefs about ourselves and our world that makes or breaks us in life— when we are loving and positive, when we choose to see purpose in all that occurs, choose to take the lessons and to grow — as opposed to judging — we find ourselves making the right choices in life, no matter where we are. Choosing love over fear and judgment takes great courage and offers even greater freedom. Most of the visions I had were about pain and suffering. Does this have any connection with psychic ability? The psychic channels open as a way of protecting us from danger, but if we are paranoid in any way, just about anything and everything will trigger psychic visions and sensations— and if we are approaching life from a negative or fearful place, we will not only trigger the inner psychic self to produce input about any dangers that might be around— but we can also attract entities of a lower vibrational frequency to attach themselves to us, literally feeding off our fears. We believe that this dynamic explains a lot of the visions and voices that those with mental disorders experience. With their inner worlds in chaos, their protective mechanisms generate all kinds of images and insights to try to help the lost soul find their way back— But with fear and paranoia so strong, there is no way for the person to discern what is real— the mentally ill experience fear in the extreme which triggers all kinds of what might be called paranormal activity. I have always been drawn to psychic readings and stories since I was a kid. I can read tarot cards to people and do readings for people, not for myself though. But I keep having deja vu experiences. Every time I do something or mainly ride in the car I feel like I have done this before, and I am always feeling like I will have lots of money in the future or sometime. I also have a friend who died, we were very close, any time I am in some type of big turmoil he comes to me and says, I will always be here when you need me. He came to me a few times laughing and talking to me. I said to him he is not supposed to be here, and he just laughs. Why is this happening? Why do I feel like I will be rich someday and have done things already? I also have a father who died recently in April of , I was with him a few days before he died in the hospital, he looked at me strangely as if to make sure it was me. Now I think about him a lot, but I am scared of him. He was not always nice to me. But he always asked me to take care of him if he got sick. I was there in his last days. Why am I so afraid? Please help me with this. I really need these answers. They have been on my mind for years. Call on your angels and guides to protect you—.

Chapter 6 : The Art of Being Psychic : June-Elleni Laine :

We all have psychic ability, and can tap into the under-utilized areas of our brains. To most of us contacting the "creative source", thinking outside the box of our own limitations, in the style of artists as diverse as DaVinci and Mozart down to Einstein and George Lucas of today, doesn't come easily.

Chapter 7 : The Non-Scientific Art Of Being Psychic Medium | medium, psychic, science

Sarah-Jane Bow Psychic is the author of THE ART OF BEING PSYCHIC (avg rating, 0 ratings, 0 reviews).

Chapter 8 : June-Elleni Laine: The Art of Being Psychic - Danielle Lin Show

What are mine?What if I use them wrong?Could I connect to negative energies?Will I cause trouble unknowingly?These are all great questions, but we are going to bust through those myths, so you can use.

Chapter 9 : The Art Of Being Psychic by Ian Dale on Spotify

Being psychic, sensitive, requires that you be constantly aware of - noticing- the abundance of information that you collect in your own four-field intelligence system, in your minds, bodies, feelings and heart.