

DOWNLOAD PDF THE COMMUNITY MUST HELP VICTIMS FIGHT BACK AGAINST BULLIES LINDA STARR

Chapter 1 : Bullying - SAILS Library Network

-- Victims should fight back against bullies / Pat Morgan -- The community must help victims fight back against bullies / Linda Starr -- Anti-bullying laws can help prevent bullying / Brenda High -- Anti-bullying laws do not help prevent bullying / Kenneth Trump -- Regulating recess will help prevent bullying / Sandy Louey -- Regulating recess.

His head bleeding, his body aching, lying on a trail about a mile from his house. Why do bullies pick on me? Is bullying a bigger problem than it used to be, or are we just talking about it more? Kevin has put up with bullying since he was For him, it started with a few rubber bands fired at him or paper clips chucked at him from the back of a classroom. The snapping sound of the rubber band, followed by laughter from behind him. Later he was spit on, shoved up against a locker and kicked. It happened in the hallways. It happened during class. It escalated in P. Even my own team sorta was. One afternoon they surprised him as he was walking home from school. They had sawed-off shovel handles. They hit me once. Your friends that used to be your friends are now your enemies. He did ask them to stop. Teachers were aware of the problem. He says one in particular let him eat his lunch in her classroom, but that was the only help she could offer. Kevin and his father had enough. He moved to a different high school in the area to complete his senior year. We were so stressed.

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Chapter 2 : Summaries and Excerpts: Bullying / Beth Rosenthal, book editor.

Topics covered in this book range from the causes of bullying, what role society plays in encouraging bullying, the roles of TV and/or video games in violence and bullying, the responsibility of parents, the value of anti-bullying programs, and the ways that the behavior can be reduced.

Bully fighting when the opponent is at a disadvantage Source About Bullying Thinking that they are so clever, bullies continue their harangues against any and all people that get in their line of sight. Bullies work at being bullies. They research the cruelest things to say to people and say them with cruel intentions. Getting attention is what bullies are after. They want the power associated with knocking down the people they come in contact with. Some do this rather charmingly, others just come right out and taunt you. Attention is what bullies crave. They may have been ignored as children or abandoned by their parents. The only other friends they have are other bullies. Last year, about one in five school children were bullied. The number is increasing every year and the depression and suicide statistics may correlate with the frequency and amount of bullying. October is National Bully Prevention Month. Signs to look for if you suspect your child is being bullied: Unexplained injuries - children come home with cuts and bruises, they try to blame it on normal school injuries like children get while playing sports or just normal P. Your child keeps losing things like jewelry, books or clothing. Your child will fake an illness to stay home from school, a lot. Unusual hunger due to having to skip lunch at school. They may want a regular meal when they come home from school, even though dinner is only a couple of hours away. Your child may have difficulty sleeping and have nightmares or crying spells at night. Avoiding school and certain classes may cause a drop in grades. Lacking an interest in certain subjects or school in general may be a tip off. Your child will lose friends and may not want to participate in school activities. Expressions of low self esteem will be a clue that your child is buying into the hurtful remarks of a bully. Depression may lead to thoughts of suicide, running away from home and self-destructive behavior. What are the signs that they have become a bully? Your child may spend a lot of time on FaceBook or other social media and send out a lot of disparaging posts. Some may even be criminal. Getting into a lot of fights and being boastful about it or just trying to justify the fights may be a clue. The friends boast about their accomplishments as a bully. Your child may become aggressive and talk back to you. They may even extort money from their victims. They think they have rights beyond the usual privileges that other children have. Bullies are competitive and always want to come out on top of every situation, but if they fail to do so, they blame others for their situation. These things are also true of adults - substitute work for school and the list is the same. Bullies contribute an astounding amount of time to making people feel worthless. The bullied child or adult becomes unable to fight back. Their self image is destroyed. They wish they were never born. It takes years of psychotherapy to restore the self esteem that is destroyed by bullying. The more a bully practices the act of bullying, the more adept they become at it. They feel powerful and in control. They brag about how much better they are than so-and-so. A bully needs special counseling to get over their cruel practices. Attention in any form is what stimulates a bully. Follow best practices for dealing with bullies and their victims. Provide first aid if needed. Provide counseling if appropriate. Take a community interest in anti-bullying campaigns. Parenting is difficult, learn about parenting a bully or how to help your child if they are being bullied.

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Chapter 3 : A Look at Bullying: TV host wants to end bullying

--Victims should fight back against bullies / Pat Morgan --The community must help victims fight back against bullies / Linda Starr --Anti-bullying laws can help prevent bullying / Brenda High --Anti-bullying laws do not help prevent bullying / Kenneth Trump --Regulating recess will help prevent bullying / Sandy Louey --Regulating recess will.

These are some of the testimonies of those who had been bullied in their lives. Please note that most of these testimonies were from young children in Elementar Barrett Elementary School "I once was bullied. They keep on hitting me. I am in the 7th grade. And why i think kids bully other kids is because they need someone to take their anger out on. Also i think people should stop bullying other people because not only kids but college students are killing themselves because of humiliations and embarrassment. Monessen High School "I think it is important to prevent bullying because first of all, at this stage of our lives, high school students. And what they want you to do and how they think you should be, and going home dealing with your parents. I think alot of times, bullying is overlooked in school. One time i did prevent someone from being bullied, they were on the bus, they were younger child and the older child was messing with them and taking their phone. And I think the school should take actions against the bullies. The school has got to make sure that bullying is prevented and is stopped. Bullies may not realise this but when somebody says something to you, you take it to heart. Bullying is mostly name calling, or when people touch or hurt other people. Pittsburgh "Bullying is like bad stuff and you just mess around with other people. Well in my school, I saw some people bullying a friend. They told them to stop laughing and stop bullying. Barrett Elementary School "Once when i got bullied was when someone says i was ugly. People bully other people because they might be jealous. If I saw other people bully, I will tell the teacher. Cardale Elementary "Bullying is rude, it will not put you in a good mood. It is not cool, Especially in school. The bully is satisfied, but the victim feels cold inside. With bullying everyone inside, but without a people who are glad Bullies are coldhearted, noone wants to be a part of it.

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Chapter 4 : Bullying - Westchester Library System

Chapter 3: How Can Bullying Be Reduced? 1. Victims Should Fight Back Against Bullies 78 Pat Morgan 2. The Community Must Help Victims Fight Back Against Bullies

Only 26 percent of continued bullying passed their A grades! As you can see, there is a huge gap between the non bullied and the bullied. Stop school bullies Long term effects of bullying When you are bullied at school you never believe that it will change your life. School bullying is something that you have to put up with, once you leave school then its over. You can get on with your life and forget your past. What happens in those few years can totally change your path in life, and affect your relationships, careers and choices. Leaving behind the feeling of low self worth is not easy. You never ever forget those horrible words thrown at you, or the nasty deeds that are done to your mind and body. Teachers are supposed to be our protectors and helpers in the absence of our parents. There is always talk of helping children get an education when coming from a broken home, or having abusive parents, but where is the help for bullied children? Nobody seems to address the fact that, if a child comes from a stable warm loving home and then gets projected into an environment where they are totally overwhelmed by bitchiness, attacks and mental trauma how are they going to cope? How could a teacher be so stupid? I was bullied literally from the first day of school. I remember a boy kicking and spitting at me, so I told my parents and my mother took me to the classroom where we confronted the child and his parents. And this is where my life changed. Even at the age of five I had been brought up to believe in fair chances. I looked at the boy and told my parents that no, I had made it up. I believed that by lying for him he and others would think I was a good kid. But it was not to be. The other children began to bully me in their childish ways. I remember one girl a couple of years older constantly picking on me. By the time I had got to middle school, the bullying was in full force. I remember one incident that made me begin to realise that teachers were not only treating us with complete disregard but deliberately targeting the bullied child. We had to walk up behind the school to the end of the big playing field. I was on my own, others were in pairs. One pair kept talking. She shouted it out so loudly I ran back inside. I sat at my desk in bewilderment. How could she think it was me? Intelligent school kids get bullied through jealousy Intelligence gets a double helping of bullying! By the time I started the 11 to 16 year old school it just got worse and worse. I never bitched or bullied, and because of that I stood out like a sore thumb. I was intelligent for my age, far above the other kids in common sense and learning. I felt much older than my years, and looking back I realised that even at five years old I was learning about Planets and Dinosaurs at home, not playing like the other kids. I remember one incident that actually makes me laugh in a very ironic way. I remember to this day how horrified I felt when I realised that no, its not going to happen! And of course the teachers carried on totally ignoring my pain and humiliation. Two incidents really stand out among the hundreds of incidents. My sandwiches for dinner were in there, and the stamped on them too. Where was the teacher? Oh yeah, at the front of the class writing on the blackboard!! Was that all it was going to take? And still the teachers do not see! The next humiliating incident happened in Commerce class. The teacher was at the front writing on the blackboard, talking about how society used money and so on. Meanwhile I was sitting at my desk being bombarded with pens, ink and glue which stuck in my hair, went on my clothes and all over my face. The teacher just carried on teaching. I was too scared to move, and sat crying my eyes out. Where were the so called caring teachers who were supposed to be looking out for me and others like me for Christs sake? By this time my mother had been up that school so many times she had nearly worn a hole in the Headmasters carpet. But still it went on. School music teacher The total disregard of the teacher made me so sad But among all this heartbreak there was one incident that to this day makes me angry, sad and wanting to punch the teachers face. It was a good day. Nobody had picked on me and we had just got the exam results back for Music. For the exam we had to play the piano, listen to different tones, and read music. Then we had to sing. The teacher read out the results for each of the students. Some had 54 percent right, others higher or lower. Then he came to me. I smiled, I was so pleased, and even

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better all the other kids looked at me in amazement! This is the time for things to change, now the kids are looking at me in a different way. At the end of class the other kids looked at him expectantly. He just walked out the class and left me to it. The kids all turned to me and started laughing and shouting I hated him so much I left music and changed to art. He was the final nail that nearly drove me mad. So I did the only thing I could think of. I lost it completely. Girl fights back after bullying I take the law into my own hands and fight back In my fifth year at the age of 15, a girl who had constantly bullied me from day one ran in front of me, and stopped, put her leg behind her and kicked me. Next second I found myself throwing her against the Headmasters door. I hit her and hit her until four boys came over and dragged me off. She went off limping and shaking. The worm had turned. I was never bullied again. Apart from one incident where I tipped a girl into a pond because once again she kicked me. She obviously never got the memo! So I would like to say, a big Thank you to all those teachers. For being completely blind, deaf and dumb to my pain. And thanks for sticking up to the bullies, not. My life was dramatically changed because of school bullies. I met and married the wrong guy because I believed I was only worthy of him. I never pushed myself at work, just staying the same old me in the same old job. And I would have loved to study Physics or Science, and gone on to do the job I always wanted to do. But hey, thanks to the teachers I never had the chance. I loved Science, History, and Geography. And of course Music. So, lets ask that question again. I think you know the answer to that one. School bullies are taught at home, Ignored at School, then go on to beat others down through life People always talk about school bullying and how to stop it. I say it should start and end with the teachers taking notice of who is being targeted, get them away, and help them. Open your eyes, too many kids have taken their own lives because of school bullies. If your child is getting constantly bullied, then take the school to court. Sue them for every penny. If they ask on what ground, state the fact that teachers are supposed to be the carers of your children when at school. Maybe then the school system will change.

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Chapter 5 : Teachers Should Take The Blame For Bullying In School Here's Why! | HubPages

Bullying / Beth Rosenthal, book editor. 1 Victims Should Fight Back Against Bullies. p. Pat Morgan. 2 The Community Must Help Victims Fight Back Against Bullies.

It may also save lives! What Do You See? What types of things do you think bullies do? Why do you think some students engage in bullying behavior? What happens to students who are being bullied? What roles do bystanders play in watching the bullying behavior? How do bullying incidents affect the whole school? Children who grow up in homes where violence is present are: Life Skills Children who do not have adequate life skills, or coping skills, will use whatever means they have to deal with challenges and problems, whether social or not. These needed skills include: Bullying IS a form of violence. Sometimes referred to as on-line social cruelty or electronic bullying. Children and youth can cyberbully each other by: Traditional Bullying A cyberbully: Cyberbullying is harassment using technology, and can include social networking sites such as Myspace, Facebook, and Twitter. Bash Boards and voting or polling booths are also used to harm. Inspires a new degree of brutality. Instantly recruits a ready audience of bystanders. Sends messages that are global and are irretrievable. Makes tracking and responding more difficult. I can hide and be somebody else. Everybody is doing the same thing. It is all a gameâ€”a jokeâ€”no big deal. I am invisible and you are invisible. Online is just another world. I can do online what I cannot do in person. It is not my fault. I did not start it. I just passed it on. I am not big, popular, or strong, but I can use a computer. Sexting is sending nude or sexually suggestive pictures and accompanying text via cell phones. Even though the message may be meant for a person, it can be forwarded to anyone. Possible long-term consequences include: What is Cyber Sexting? Using built-in cameras or web cams to show live sexual activity. What Must School Districts Do? Refer to Oklahoma law. Look for age and gender trends. Collect detailed information in informal group discussions. Require signature and date reviewed. Youth involvement and leadership sends an important message. Peer-to-peer engagement is effective. Post information on school web site. This program is designed for schools and law enforcement agencies. School Bullying Prevention Act 70 O. The State Department of Education shall compile and distribute a list of research-based programs for prevention of bullying. Policy will include a procedure to investigate reported acts of harassment and bullying. Include cell phone use. Distribute the updated policy. Conduct a student survey. Offer educational resources to students, staff and parents. Or other computer misuse? Request the behavior be stopped. Are quick-tempered and prone to fight back. Get others charged up. May be clumsy, immature, or restless. Sometimes look as if they are bullies themselves. No one deserves to be bullied and harassed. Remind Students When you are talking about being bullied to an adult, be clear about: How often it has happened. Who saw what was happening. What you have done about it already. Childhood Bullying and Teasing: I need to talk with you a minute. You know our school rules. Protecting Students from Harassment and Hate Crime: A Guide for Schools U. If the bully is using physical force or there is more than one, find another adult to keep children safe and protect yourself. Using aggressive behaviors can escalate behavior. Student Form Name Who was involved? Date This is your opportunity to tell me your side of the incident. Write down all important points. Is there something I could have done differently? Help children critically evaluate media violence. Provide opportunities to learn and practice social skills and how to protect themselves from bullying. Establish a safe reporting procedure. Are there places or people where you feel unsafe? Has this type of incident happened to you before? Bullying hurts you, the victim, and the school. It sets a bad example for other children. It may cause you to lose friends and could restrict your opportunities. Every person deserves to be treated with respect. There are other ways to solve conflicts or get attention. Discuss how the bully could make amends â€” write an apology, do something positive for the target ask target first. Impose consequences appropriate for the offense that are consistent with school policy. Is it the same person or persons targeting you? How have you responded? Have you reported this to an adult? Do you fear retaliation? Are you documenting incidents? Did an adult intervene? What could the bully do to amend?

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Do you want an apology? This is NOT your fault. They may need assertiveness skills. Let them know you care. They may need peer support and inclusion. This is why students need to be made part of the effort. Use the Safe Call Hotline.

Chapter 6 : 'Why me? Why do bullies pick on me?'

Bullying, Beth Rosenthal, book editor Resource Information The item Bullying, Beth Rosenthal, book editor represents a specific, individual, material embodiment of a distinct intellectual or artistic creation found in Westchester Library System.

Chapter 7 : Bullying - Deakin University Library

Thank you, Sajid, for your support! We need to spread the message that there is help for victims of bullying, and there are solutions to bullying.

Chapter 8 : Anti Bullying Tips | HubPages

Video games contribute to bullying and violence / Barbara Meltz Video game violence does not contribute to bullying / Paul K. Masters Children learn to bully from parents / Kim Schafer.

Chapter 9 : Table of contents for Bullying

Daryl Gray stood up after his sentencing in Clayton County Juvenile Court and, with a single tear running down his cheek, declared that he was not a criminal. Gray, 13, said he has been and.