

**Chapter 1 : Best Central & Eastern European Cookbooks (16 books)**

*The Eastern European Cookbook offers a fascinating mélange of recipes, representing the best national and regional culinary traditions of Czechoslovakia, Russia, Poland, East Germany, Hungary, Romania, Bulgaria, Yugoslavia, and Albania.*

However, where to draw that line is extremely controversial. Back in the good old Cold War days, defining Eastern Europe was easy: Eastern Europe had those backward, communist countries which were frozen in the Stone Age. Because the world had such a low opinion of Eastern Europe, nowadays nobody wants to admit that they live there. When pressed, Eastern Europeans admit that Eastern Europe exists, but they all believe that the region starts just east of whatever country they happen to live in. I like this definition. My father was French, so Eastern Europe, for me, starts in Germany. Any territory can be divided in a number of ways. If you like, you can create a central region. To have even more granularity, you can create a northeast region, a southeast region, and so on. They just want a simple binary division thereby eliminating the concept of a central region. For example, if you want to divide the US with a north-south split, you would probably use the old Civil War dividing lines. Chicago boys may dislike being called an Eastern American just as a Hungarian might dislike being called an Eastern European. However, if central and northern are not options and they are not, when you divide a territory with a simple east-west split, then you must choose a side. So get over it. However, we still have the challenge of deciding where that east-west line should be. Geologists agree that Eastern Europe ends at the Ural Mountains, which lie hundreds of kilometers east of Moscow. Only Slovenia would find itself on the west side of that dividing line you can hear the Slovenians cheering now. For example, about two-thirds of America rests on one side of the Mississippi River. Cities often have artificial and arbitrary east-west divisions that are hardly symmetrical. They might be based on a railway line or a river. History shapes who we are. Whether Eastern Europeans like it or not, the communist experience is still in their collective memory. I grew up with Western values! The legacy of slavery can still be felt in the southern regions of the US, even though slavery ended years ago. Communism, in contrast, ended less than 25 years ago. Communism may have left Eastern Europe, but its long shadow is still there. Of course, businesses and tourists have poured into the region ever since the Wall came down in However, the world is still far more familiar with Western Europe than Eastern Europe. In conclusion, for geological, historical, and even touristy reasons, I have defined Eastern Europe quite broadly. The Hidden Europe puts 25 countries in Eastern Europe. It also includes three countries that few consider part of traditional Eastern Europe: Finland, Greece, and Turkey. Finland is east of Poland and north of the Baltic, so geographically it certainly is in Eastern Europe. However, we will only examine the part of Greece that is most tied to the rest of Eastern Europe: Like Russia, most of Turkey is in Asia, so we will just look at its western side. In sum, I spent three years in 25 countries nearly 25 years after the Berlin Wall came down. If you want to make Eastern Europeans twitch and squirm, just tell them that they are from Eastern Europe.

## Chapter 2 : Eastern European cuisine - Wikipedia

*The Food and Cooking of Eastern Europe: Discover The Cuisine Of Russia, Poland, Ukraine, Germany, Austria, The Czech Republic, Hungary, Romania, Bulgaria And The Balkans Apr 7, by Lesley Chamberlain.*

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### Chapter 3 : Eastern European Recipes Archives - The Veggie Table

*To ask other readers questions about The Eastern European Cookbook, please sign up. Be the first to ask a question about The Eastern European Cookbook I don't generally review cookbooks on Goodreads, but I have to make an exception for this one. I've been reading it at my dining room table each.*

### Chapter 4 : The 14 Best Cookbooks for European Food

*Best Central & Eastern European Cookbooks Score A book's total score is based on multiple factors, including the number of people who have voted for it and how highly those voters ranked the book.*

### Chapter 5 : Where is Eastern Europe and what countries are in it | The Hidden Europe | Books | Work

*The Eastern European Cookbook: Traditional Recipes from Russia, Poland, East Germany, Czechoslovakia, Hungary, Bulgaria, Yugoslavia and Albania by Kay S. Nelson and a great selection of similar Used, New and Collectible Books available now at [calendrierdelascience.com](http://calendrierdelascience.com)*

### Chapter 6 : Chef Baba's Cookbook: Eastern European Cuisine

*Note: Citations are based on reference standards. However, formatting rules can vary widely between applications and fields of interest or study. The specific requirements or preferences of your reviewing publisher, classroom teacher, institution or organization should be applied.*

### Chapter 7 : QED Cooks: Eastern European - Google Books

*Mamushka: Recipes from Ukraine and Eastern Europe, by Olia Hercules (Weldon Owen, \$35) This book from Ukraine-born Hercules is a welcome reminder that Europe extends past Italy and France. She.*

Chapter 8 : Eastern European Recipes | Just A Pinch

*When pressed, Eastern Europeans admit that Eastern Europe exists, but they all believe that the region starts just east of whatever country they happen to live in. I like this definition. My father was French, so Eastern Europe, for me, starts in Germany.*

Chapter 9 : East European Recipes | PBS Food

*Looking for an interesting take on breakfast or a new salad? Try one of our Eastern European recipes, we promise you'll love it!*