

Chapter 1 : CaregiverSolutions

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The patient can use their arms for lifting himself to a standing position while holding onto the rail for balance and stability. Portable bed rails are also helpful in re-positioning the user in a bed, and for preventing the user from rolling off the bed. They are convenient and easy to use, so a caregiver may not expect that there are safety risks in using a bed rail. Bed Rails on Hospital Beds Hospital beds usually come with bed rails attached and these are usually not removed from the bed, but simply slide down for convenience. Most hospital beds are regulated by the FDA Food and Drug Administration because they are considered as medical devices. Caregivers and patients should know how to use the rails on the bed safely moving them up and down as needed. Rails on hospital beds should not be used to restrain patients, and the use of a bed rail should be supervised by caregivers. Adult portable bed rails are sometimes known as bed handles, grab bars and assist bars. Usually portable bed rails are separate pieces which can attach to a regular adult bed usually by fitting under the mattress or standing on the floor beside the bed. They come in different sizes, materials, and styles. Portable rails can either be regulated by FDA as medical devices or by the U. Unfortunately, there have been deaths of patients reported from using portable bed rails at home over the years, so they should be used cautiously at home. Who Should Not Use a Bed Rail When using a portable bed rail for any patient, there is a risk that the patient could become entrapped, could fall because the rail is loose, or could injure themselves on the rail in some way. People who have seizures and who have mobility problems can be at risk when using bed rails. It may be safest to lower the bed to help the patient get in and get out of bed, and to assist the patient personally. Cautions When Using a Portable Rail If you are using a portable bed rail, make sure that the mattress, bed frame and bed rail will work together, so that there are no gaps between the rail and the mattress. If you have questions, call the manufacturer. Ask your nurse, physical therapist, or occupational therapist to show the patient and yourself how to use a portable bed rail safely. Check the bed rail regularly for safety. The rail may loosen over time and use. Caregivers should be watching and listening. Read this helpful advice from the FDA for more information.

Chapter 2 : Philips - IntelliVue Mobile Caregiver

The portable bedside commode is a convenience with safety in mind that is a real help to caregivers and patients. See our models of bedside commodes in our Bath Shop department. See our models of bedside commodes in our Bath Shop department.

Patients who may benefit from a portable commode include those with mobility problems, but are able to stand steadily for five minutes or so for toileting. Patients who are unable to walk to the bathroom independently on another floor of the house at night, but can safely get out of bed and use the bedside commode independently will also find this commode convenient. Whether the patient cleans himself or you have to do so, it is important to have products for the job. You might want to get our handy Storage Bag for Bathing and attach it to the sidearm of the commode. I found that Lantiseptic Skin Protectant cream was very helpful in treating reddened or cracked skin and preventing sores around the buttocks. I used it liberally and regularly on patients. It contains lanolin and petrolatum to maintain moisture and protect the skin. Wearing gloves may seem a little extreme to caregivers who have probably changed diapers before, but they do keep your hands clean and odor-free. The Attends washcloths are disposable and something less you would have to launder. Find these items in our Incontinence department of our website. Other Toileting Tips You might want to consider covering the floor under the commode, just to make sure that urine spills or drips do not stain the floor or cause a slip-hazard. The bathmat is not there for the patient to stand on, but to catch any urine spills. It is placed under the portable commode, not in front of the commode. It is so easy to get urine or feces on the back of gown or shirt when they are sitting on the toilet. Dress in Pajamas By wearing pajamas, they were able to avoid soiling the back of their night clothing. With a long nightgown, the caregiver had to move the back of gown out of the way when toileting. Dispose of the waste in a regular toilet, just flushing it away. I used a household disinfectant spray or a wipe on the bowl and seat to discourage germs and odors. The portable bedside commode is a convenience with safety in mind that is a real help to caregivers and patients. See our models of bedside commodes in our Bath Shop department.

Chapter 3 : 10 daily apps to help caregivers take care of their loved ones

Why caregivers should maintain a portable & up-to-date medication list One key reason to maintain an up-to-date medication list is so that you can make sure doctors and nurses have the right information, when you bring the older person in to see the doctor.

Being a caregiver for a family member can be as taxing as it is rewarding, and the role often goes underappreciated. While a support network of family and friends is crucial, apps can help alleviate some of the stresses that come with caregiving. From helping to keep track of appointments to assisting in health emergencies, apps are tackling all areas of caregiving. Here are 10 notable apps that can help support caregivers every day. AARP Caregiving is an app that empowers caregivers with information on how to effectively care for an aging loved one. The app allows users to monitor symptoms, coordinate care with other family or caregivers, and keep track of appointments and medications. It also features a help center, where caregivers can find answers to urgent or commonly asked questions. Through the app, caregivers can also create to-do lists to keep track of appointments and medication times. All features are private and secure, according to the company, meaning sensitive information stays private. CareZone is available for free on iPhone or Android. The app includes features like daily care tips for tasks related to hygiene and meal times, and fun activities that will stimulate the body and mind of someone living with dementia. It also covers how to cope with new and sometimes overwhelming behaviors, like aggression or hallucination. Users of the app can search resumes and applications of local professional caregivers to find the right fit for their families. Primary caregivers can even book interviews and facilitate payment through the app, making hiring a professional easy when needed. From safety in the home to communication tips, this app makes caregiving easier to navigate by starting with the basics. It even includes tips on how to manage stress as a caregiver. The First Aid app from the American Red Cross provides users with clear and concise first aid and CPR instructions to help in the event of an emergency. But keeping track of everything that comes with that can get difficult. CaringBridge connects several caregivers through one app, allowing several people to keep track of appointments, changes in health and other essential information. Users can also send each other inspiring messages and motivation through the app, which really helps pull together a team of caregivers in the toughest moments. CaringBridge is available for free on iPhone or Android. The app allows you to track up to 10 individual symptoms, recording how your loved one feels and documenting any possible contributing factors to mood or health shifts. Symple features an interactive graph and spreadsheet that a caregiver can use independently, or send to a doctor for evaluation. Users say the app is simple to use, making it easy to remember sometimes vital health information in between office visits. The app is available for free on iPhone. Caregivers have to navigate a lot of responsibility, which studies say sometimes leads to an increased risk of depression, stress and other health impacts. To best care for someone else, caregivers need to take care of themselves. Pacifica is a mindfulness app that aids in relief of anxiety, depression and stress. Users can track their moods and health, while also keeping track of moments during the day that trigger mood shifts. The app has in-app exercises, too, which help reduce stress and anxiety. Pacifica is available for free on iPhone or Android, with extra features available for a monthly or yearly subscription.

Chapter 4 : Portable Paging Systems | Fall Prevention and Anti-Wandering

(within the USA) (outside of the USA).

Assistive Technology for Caregivers By Alisa Brownlee Many caregivers can benefit from the advances in assistive technology and adaptive equipment. It can make life as a caregiver easier and less stressful both physically and mentally. From pill reminders to GPS coordinates so you always know where your loved one is, apps can help you provide care. Remember, the less stress on you, the better you can take care of yourself and your loved one. Adaptive clothing is designed for people who have difficulty dressing because of a disease or physical disability. Pants feature cut backs, which makes using a toilet easier, and shirts often offer Velcro in the front for easier dressing. Many web-based companies sell a variety of clothing options for people with disabilities. Sliding transfer systems for the bathroom are most often made of PVC piping that is used by simply rolling the bather into position next to the tub, interlocking to the tub frame, releasing the shuttle seat from the rolling chassis, and sliding the transfer over the tub. After the bather is positioned over the tub, the caregiver can remove the rolling chassis for unobstructed access to the bather. No permanent installation is required. Portable showers can be vital if a person with ALS does not have easy access to the bathroom, especially when the only bathroom is on a different floor. Portable showers can be attached to any faucet, have waterproof sides, allow enough room for a wheelchair to roll in, and have a pump to allow water to flow out and into a sink. Bidets offer people independence in the bathroom. Bidets can be added to any existing commode and can even be used if the person does not have hand function. Alert and Safety Systems: Personal pagers or alarms notify caregivers that a person with ALS needs attention. These devices allow the caregivers to be in other parts of the house or outside and receive an alert. These systems typically require a monthly subscription. The operators are given a chronological list of people to call: Some devices can also contact an operator if they detect that the person has fallen. Emergency alert devices are for home use only. This is especially useful if the caregiver works away from the home and wants to check on their loved one throughout the day. These systems can be used by those with limited or no hand function. Many cable companies now have full home automation packages that are accessed using a smart phone or tablet device. Portable ramps for thresholds or stairs can provide access for a person with ALS without permanently modifying the home.

Chapter 5 : Portable Bed Rails and What to Know About Them

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Chapter 6 : The ALS Association

This book is developed to be just that-an indispensable guide for the caregiver. The book is a planning and organizing guide for adult children caring for their aging family members. Information and organization suggestions are written with humor and compassion.

Chapter 7 : Using a Portable Bedside Commode - calendrierdelascience.com

Play-Doh Soft Spots Surprise Eggs Portable Puppy House Care Bears Blind Bags Huevos Sorpresa The Elder Scrolls Online (PS4) - The Elder Scrolls Online - The Three Fates Cinematic Trailer Supercut.

Chapter 8 : Portable Caregiver Alarm | Motion Sensors |Smart Caregiver

Increases caregiver freedom! This Portable Caregiver Alert package allows the caregiver to be in other parts of the house, attending to other activities, and still receive an alert when motion is detected.