

Chapter 1 : The shared journey - Magazine - Jerusalem Post

(Remember to tap on the green header for easier reading on mobile devices!) Dear TSJ Friends, I am filled with enthusiasm this week for being part of so many of your journeys.

I think I was trying to be strong for her. It is an event that can assault your body, your spirit and your life as you know it. For a couple, a medical diagnosis of cancer is a traumatic event for both partners – the one diagnosed and the one standing by their side. Whether symptoms were present, denied or not even there, it is psychologically discrepant to go from the definition of self as new young mother, soccer coach, CEO, retired golfer, or school principal to that of cancer patient in the time it takes to hear a final diagnosis. Life has suddenly changed. The future is no longer as it was planned for self or partner. How could this happen? With feelings of heartache, fear and confusion there is often the self-imposed demand of making it better but not knowing how. Sometimes helplessness and anger are hidden in initial feelings of blame of the diagnosed patient. Often it ushers in guilt. Mostly it recedes behind the true worry and concern for the partner. One man came to see me because of panic and stress symptoms. Gay Lindquist reports that she really felt she could go to her chemotherapy alone but her husband insisted on going. Feeling that it might make him feel less helpless, she agreed only to find that the shared experience and the rose he brought her after each session – was invaluable to both. Partners have an advantage here. Once a path for treatment is set, most couples are at their best dealing with the concrete tasks of appointments, schedules, changes in roles and responsibilities. In some ways it is a reprieve from the emotional tasks. It offers the patient a feeling that the partner is taking care of them and maintaining their life. It offers the partner a feeling of some control – of being able to do something! The rest of the world may not account for the team effort. Looking back, Gay Lindquist felt that her husband would have benefited from receiving much more of the support and recognition offered to her – the patient. Stress Reducers and Separate Support Systems Traumatic events like cancer freeze time and absorb attention. It is difficult when you or someone you love is in danger to focus on anything else – but when partners make an effort and give themselves permission to return to their original individual stress reducers and networks of support – her piano, his bowling league, her friends, his golf games, etc. The Journey Perhaps the most effective thing that couples can do as they face a diagnosis of cancer is to take turns holding on to hope. Because partners have a bond, they are often the most devastated by the pain and suffering they see in the person they love.

Chapter 2 : SHARED JOURNEY FERTILITY PROGRAM – Expect a Miracle - A Women's Holistic Practi

As millions of God's children flee war, persecution and poverty, we invite you to share their journey by walking with them in prayer and support.

Now that is real focus. When things pile up inside us it can also become a crisis. For example, you may be in a concert – smack in the middle of the row – or you may be in a quiet museum on the top floor and the restroom is in the basement. Or how about in a traffic jam? So brace yourself here, I am a country girl at heart. I grew up on a farm. And I can be pretty blunt or maybe even sound crude. I have often heard a writer should write about what they know. And I know about needing restrooms. I know when my body is in a crisis. But who talks about that? Except maybe with your doctor. And oh the joy when everything works! More often, however, in public it feels like a crisis when my insides are about to explode. I need a restroom! And we all know the good feelings we get when we experience relief from the stuff our bodies have stored and seek to rid themselves of. Solomon warned you last week that there are stories – that hopefully will lead to some hidden wisdom. And I confess I could talk about bathroom stories all afternoon – almost. Yes, we learned well that the waste of animals is the fertilizer of the fields that will feed them. So that leads me to share with you some spiritual parallels. What does this have to do with wanting to know where the restroom is? True, but we do! When I travel, my biggest fear is not knowing where restrooms are! It is an experience of letting go. Letting go of all the stuff that is no longer useful to our bodies is a metaphor for our souls. Yes, when you walk through that door you find physical relief and comfort. Once again you can go to your activities with a smile and enjoy your shopping, your concert, your trip across the desert in your car or sit in rush hour traffic and sing or listen to the radio. A good restroom experience can be a reason to celebrate!! As it is where you cleanse your hands so you can touch others without spreading unnecessary germs, You have let go of all what needed letting go and you have washed your hands and can happily join others again. You can see, I learned from growing up on the farm things that are very earthy often have spiritual parallels. And that is frequently how God speaks to me. Solomon reminded me to tell you that we have crises of accumulation of smelly stuff emotionally and spiritually too. So what door should we look for every where we go? I know the feeling!

Chapter 3 : How Can I Share It – A Shared Journey

Bill Dogterom shares about mentoring and the shared journey on episode # of Teaching in Higher Ed. Quotes from the episode. If they know that you really do have their best interests at heart, they'll teach you how to teach them.

We highly recommend that you prepare your body properly prior to starting any medically assisted fertility cycle to help insure a successful first cycle. The Shared Journey can be completed in time for your stim start. As a stand alone cycle without medical assistance is what is most natural and primal for your body. You will be guided to monitor your own ovulatory cycle along with our help for up to one year after finishing your therapy with us. When scheduling your consult please make sure to allow minutes and bring any past medical records that may be helpful when discussing your history. During the consult a full medical history will be obtained as well as a pelvic organ mobility evaluation will be done. Mercier Therapy is a deep pelvic organ visceral manipulation modality. For women coming in from a state or country other than Illinois we can finish your therapy within an intensive 4 day weekend. There is a hotel close to our office which is very comfortable and this is usually where our guests stay during their weekend. We assist with the following: I mentioned it on my Hay House internet radio show. Expect A Miracle has information regarding Herbs, Homeopathics, Nutritional Supplements, Botanicals and Other Products, Services and therapies both conventional and holistic – it is for general health information only. Expect A Miracle is an education resource only. This Web site is not to be used as a substitute for medical advice, diagnosis or treatment of any health condition or problem. Users of this Web site should not rely on information provided on this Web site for their own health problems. Any questions regarding your own health should be addressed to your own physician or other health care provider. Expect A Miracle makes no warranties or express or implied representations whatsoever regarding the accuracy, completeness, timeliness, comparative or controversial nature, or usefulness of any information contained or referenced on this Web site. Expect A Miracle does not assume any risk whatsoever for your use of this website or the information or products contained herein. Health-related information changes frequently and therefore information contained on this Web site may be outdated, incomplete or incorrect. Use of this Web site does not create an expressed or implied physician-patient relationship. You are hereby advised to consult with a physician or other professional health-care provider prior to making any decisions, or undertaking any actions or not undertaking any actions related to any health care problem or issue you might have at any time, now or in the future. The entire contents of this website are based upon the opinions of Jennifer Mercier, unless otherwise noted. Individual articles are based upon the opinions of the respective author, who retains copyright as marked. The information on this website is not intended to replace a one-on-one relationship with a qualified health care professional and is not intended as medical advice. It is intended as a sharing of knowledge and information from the research and experience of Dr. Mercier and her community. Mercier strongly encourages you to make your own health care decisions based upon your research and in partnership with a qualified health care professional. These statements have not been evaluated by the Food and Drug Administration. The contents of this website are intended as a sharing of knowledge and information from the research and experience of Jennifer Mercier. They are not intended to replace the advice of a medical doctor. You are encouraged to make your own health care decisions based upon your research and partnership with your chosen qualified health care professional.

Chapter 4 : Valmet's way to serve

How Can I Share It - A Shared Journey.

Chapter 5 : The Shared Services & Outsourcing Network | The Maersk Shared Services Journey

Join Caritas to Share the Journey Caritas wants to take you on a journey to discover why so many people are migrating and to distinguish truth from myths around migration.

Chapter 6 : The shared journey | Open Library

The Shared Journey can be completed in time for your stim start. As a stand alone cycle without medical assistance is what is most natural and primal for your body. You will be guided to monitor your own ovulatory cycle along with our help for up to one year after finishing your therapy with us.

Chapter 7 : Blog - The Shared Journey

Welcome To Shared Journeys. Together we follow the shared journey of a unique life Shared Journeys is a nonprofit organization devoted to providing living services to developmentally disabled individuals in the greater Seattle area.

Chapter 8 : Shared Journeys - Home

That powerful sense of a shared journey is the fabric of our community. It is what has made us so unique and successful, and what unites us in the hardest of times for some and the most hopeful for others.

Chapter 9 : The Shared Journey

A Cancer Diagnosis: A Shared Couple Journey. Suzanne Phillips, Psy.D., ABPP. Suzanne B. Phillips, Psy.D., ABPP is a licensed psychologist. She is Adjunct Professor of Clinical Psychology in the.