

Chapter 1 : Turning The Page To Begin A New Chapter In My Life! > DNN Software

The Chancellor's Family Center, and The Terrace at West University, involved in many diverse fitness aspects, helping others stay physically fit and live the best life that they possibly can. My hobbies include writing poetry, line dancing, sewing, reading and singing.

Share on Facebook I got into television for all the wrong reasons. I wanted to be wanted. In other words, I was being fired. For the previous two years I had soared in New York City on the high of live television. Every day I lived out a dream by mingling with celebrity guests, signing autographs for kids, and attending various awards shows. I had a purpose. When the Executive Producer broke the news that my tenure was complete, I felt paralyzed. It took everything in me to hold back a massive panic attack. I thought about the countless nights I would stay awake waiting for my mother to return home. This is where I first experienced abandonment and not feeling wanted. Fighting back the countless questions running through my brain, I thanked my boss for the opportunity he provided me to live out my wildest dreams. As I stumbled out of his office and into the sticky July heat of Times Square, my mind went into algorithm mode and I made a rash decision. Within two hours, four years of dreadlocks were on my apartment floor. A month later, I was living in Los Angeles. The book was still mine. It was during this time that I began to view my mother in a different light: For years the story I created was that she was someone who emotionally abandoned her child. I played the victim role all too well while ignoring what it must have been like for her to raise and provide for three kids on her own. Or, what it was like to survive a physically abusive relationship. I appreciate and love her for this. The experience of being fired, which I once viewed as tragic, actually allowed me to expand my vision of what is and what could be. It allowed me to reconnect with my mother, and myself, on another level. It was here that I would learn how to tell stories that matter. Many of these stories over the years have focused on the vulnerable and abandoned. Today, when I watch old videos of myself from my Nickelodeon days, I barely recognize that kid. But I am so thankful for that chapter, because that chapter is part of my book. Turn the page, exhale, be thankful for the things you do have in your life, and start writing. Your story is going to be a great one. Antonio Neves is a career coach, speaker and award-winning business journalist.

Chapter 2 : Turning The Pages

In the words of calendrierdelascience.comine, "The world is a book and those who do not travel only read one page." This statement is one that symbolically expresses traveling quite well. This can directly relate to the saying, "Don't Judge A Book by its Cover". It's just like simply reading the cover of an.

Ofcourse, you know what you like and want to do, but there is no harm with some free advice which you can follow if you feel like or discard with the choice being ultimately with you. Always remember a few simple principals to guide you through your life: You will excel in what you like doing and may not in what you force yourself to do. So look back on the last two years of your studies and think over which subject you really liked because you were naturally good at it and required minimum efforts on your part to do well. The great thing in this world is not where you stand but the direction in which you are moving. This you would know from your daily traffic experience. Your past is no indication of your future and you need to be clear on what you want to achieve in life. When you let go off what you are, you become what you might be. So you must not only know where you want to be in life, but need to plan right now to reach that. Also know that not all your plans will go as per plan and there will always be a mix of successes and failures. Now coming to higher studies, broadly the higher studies can be classified as below: While your choice of the stream of study you pursue will be based on your stream of study in school and your preference, the other point you need to keep in mind while choosing your undergraduate stream is your intended career option. While choosing your under graduation stream, a frequent conflict arises between a course of choice and a college of choice. In this respect, it is worth remembering that a course of choice should take precedence over college of choice, specially at the Under Graduation level, since excelling in your course of choice will be that much easier for any person and somebody really excelling in a course will have enough options to move onto greener pastures thereon. Finally, it is worth remembering that the real opportunity for success lies within the person and not in the qualification or the job. Best of luck and all the very best for the future to you at this critical juncture in your life. Subsequently, he launched Costa Coffee in India as its 1st C. He also held senior positions with S. Send us an email at info@mentoryes.com. Readers are advised to consider and evaluate the views presented here before implementing them in their preparation or otherwise. All rights to this article are reserved with MentorYes and its holding company.

Chapter 3 : Turn The Page Quotes, Quotations & Sayings

Turning the Pages of Life has been added to your Cart Add to Cart. Turn on 1-Click ordering. As you take a look inside at the colorful pictures, presented with.

Place a chair to sit on behind the table. Invite children to come participate in your lesson by telling them you have something to show them. Show each child where exactly to sit and once the children are seated, you sit so that you can see them all, they all can see you, and yet you are not in front of them. Call their attention to the book on the table and tell them that you are going to show them how to turn the pages of a book. Turning the pages Stand up and sit in the chair at the table. Open the cover of the book as describes in Opening a Book. Place your left hand in your lap. Place your right thumb on the top edge of the page at the top right corner. Lift the page just slightly and place your four right fingers under the edge of the page. Slide your right fingers down the edge of the page until you reach the median. Slide your right hand under the page still near the edge , so it is vertical with your fingertips pointing to the top of the book. Gently push the page to the left, thus turning the page. Slide your right hand over to the middle binding of the book and press down gently to make sure the page stays open and down. Remove your right hand. Tell the children that the page is now turned. Tell the children to watch again. Repeat once more perhaps another time if you feel the children need it. Offer each child the opportunity to turn the pages of the book. Once they have all had a turn excuse them one at a time, making sure each child has thought of what he would like to de next. Closing Tell the children that you will now close the book. Place your left thumb under the top left corner of the book cover. Lift the cover just a little and place your three other left fingers under the book cover. Slide your fingers down the edge of the book cover until you reach the median. Rotate your left hand to the right so the book cover is slowly closing. Rotate your two hands to the right until your right hand is laying flat on the first page of the book. Gently and slowly slide your right hand from under the book cover. Remove your left hand from on top of the book cover. Offer each child the opportunity to open and close the book. Care of the Environment: The child becomes aware of how to be gentle with books and is helped to respect his environment. Coordination and carefulness in movements. Points of Interests The gentleness needed when turning the pages so as not to leave a crease in the page of the book. Share your experiences in the Forum Send Lesson to a Friend:

Chapter 4 : Turning the Pages of Life: Part 2

Well, haven't made a post for a few days so I thought I'd catch up a bit. I had a nice little hunt with Sarah about a week ago. This is probably the last one at that refuge for this year, unless it warms way up again.

Two weeks ago, we watched our oldest graduate from high school, and next week, we leave for college. But, this week is all about another member of this clan. Sandwiched here amid all the craziness â€” much like his place as the middle child of our family â€” is a celebration for son number two, the incomparable, funny, compassionate, and socially conscious Braden. This week, we proudly watch as he ends his middle school chapter, and prepares to start a new journey as a high school student. Eighth grade promotion is also a symbolic moving on: As we look back across the first half of that bridge, there are countless moments that defined the person Braden is evolving into. His disappointments, triumphs, failures, and successes have all stewed together to create the life experience that is uniquely his. Of course, being who I am, at each moment, there has been a book close by. Whether learning to sound out his first words, reading together, or, on occasion, forcing him to read on his own, many meaningful journeys have been taken through the turning of the page. Here are some of his favorite volumes from his life thus farâ€”as the young readers in your life celebrate their own milestones, and inevitably begin their own new journeys, perhaps one of these will become one of their favorites as well. Through the magic of time travel, they are able to experience important points in history, such as the Civil War, or the eruption of Mt. This series, along with its accompanying information guides is a great way to expose kids to historically significant events, and is a mainstay in early independent reading, as the more than 50 books can heartily attest! The middle reading years brought books that taught important social lessons. Filled with beautiful illustrations, the book tells the story of a young orphan living in a train station in Paris. Determined to repair a mechanical man his father had built, in hopes of uncovering a secret message, he crosses paths with an old toymaker whom he has been stealing parts from. Palacio, taught about compassion. Auggie, born with severe craniofacial anomalies, has always been homeschooled, so as to shelter him from the cruelty of other children. In fifth grade, however, he finally dives into a mainstream school. Facing the stares, and fielding the barbs, he begins to make friends, and shows everyone that he is a lot more than his crooked face. Readers learn about kindness and acceptance, and that being different is not a detriment. I look forward to watching Braden cross the second half of this bridge, and hope that at each marker, there will be a good book at hand, ready to teach another important lesson.

Chapter 5 : to turn the page versus to turn over a new leaf | WordReference Forums

Life is a series of events strung together like a phrase of a sentence, forever chancing and forever adapting. Turn the page and read on. Read more quotes and sayings about Turn The Page.

Some chapters are sad, some are happy and some are exciting, but if you never turn the page, you will never know what the next chapter has in store for you. These endings may have occurred when you graduated from high school or college, changed jobs or careers, severed a relationship or relocated to a different place. Whatever the circumstances were, you had to bid adieu to an old and familiar way of being. You may have felt sentimental as you said your goodbyes while also feeling anxious about what could be in store for you in your upcoming destination. Many of us find it difficult to move on because of an inability to let go of the ways things were. We attempt to cling on to old habits, patterns and relationships, not realizing that it is draining our energy and blocking us from receiving the blessings that await us in the future. Having confronted this challenge several times in the past, I know that crossing the bridge of life transitions is not an easy feat. It was not until I enrolled in a World Religion course at university that I began shifting my perspective on this. To them, this recurring cycle is the very essence of life. This philosophy opened my eyes to one of the biggest realities of life: If we want to prosper and experience authentic joy, we have to be able to adapt to the constant state of flux that turns the wheel of life. Resisting change will only hurt us and interrupt the flow of abundance into our personal space. We have to be open to allowing new energies and influences to create shifts in our life so that we can continue to evolve and grow. In fact, taking a trip down memory lane can be fun and nourishing for the soul as it can elicit pleasant and joyful feelings. All of this necessitates the need for coping mechanisms that will enable us to make a smooth transition from the past into the new era that is knocking at our door. Here is a big-picture framework of the actions that you can take to successfully move through the passage of change: Leave the pain of the past: Whether you are leaving a job, city or a relationship, ensure that upon your departure, you leave with a sense of love and gratitude. Let go of any grudges, bitterness and pain and reframe your experience as a time of learning. Letting go of any toxicity and painful debris from the past will lighten your emotional baggage and allow you to travel light in the following chapters of your life. Hold on to the wisdom: It behooves us to be attuned to the deeper meaning and lessons from all our experiences, both good and bad, and not let it go to waste. I recommend writing in a journal or talking to someone you trust about this issue. Some of the questions that you can ask yourself are "what did I learn by going through this phase in my life? How did it change me as a person? Which accomplishments am I proud of? What are some things that I can change or do better next time? Re-connect with your vision and set some new goals: After you have turned the page over, you can direct your attention to filling out the pages of the new chapter in your life. The best source of guidance is your internal compass because it takes your purpose, values and vision for your future into consideration. Based on this self-knowledge, write down some goals that you would like to achieve in this new phase. Get excited because this is a brand new opportunity to start over "and this time you are armed with wisdom from your past experiences! Explore your new surroundings or circumstances: Stepping into any new terrain does require you to do your due diligence of getting to know who and what you are dealing with. Conduct your own personal orientation before jumping in and forging associations, and committing to tasks. At this point, you want to take on the role of an explorer and navigate your way through this unfamiliar ground. Whether you are starting a new relationship or career, take the time to ask the right questions to ensure that you easily acclimate to your surroundings, and find ways to manifest your goals within it. Know that what you are going through is not meant to be easy and will test your strength of character. Loosen your grip on the past and know that something exciting is awaiting you if you open yourself up to it. Like a snake that sheds its old skin or a bird molts its frayed feathers, you too can shed the old layers of pain in preparation for a new layer of growth and prosperity to grow in the near future. All my best on your journey, Seline Question for you: Have you ever found it challenging to turn the page over in your life circumstances? What has made it difficult for you to move on from those circumstances? Did you like this post?

Chapter 6 : Turning The Page Of Life Quotes, Quotations & Sayings

"There comes a day when you realize turning the page is the best feeling in the world, because you realize there is so much more to the book than the page you were stuck on."

Chapter 7 : ShieldSquare Block

Turning the pages of a Book. Material - A table and a chair - A Book. Presentation. Introduction. Prepare a child's table and place a book on it. Place a chair to sit on behind the table.

Chapter 8 : Quote: Turn The Page in Life

For example, if you choose to turn the page of your life story to a fresh chapter, a new adventure, you are setting yourself out on a quest. In describing this quest as a story to others, you may.

Chapter 9 : Turning the Next Page of Life - by Bhaskar Basu - MentorYes

In Turning Pages, Justice Sotomayor shares that love of books with a new generation of readers, and inspires them to read and puzzle and dream for themselves. Accompanied by Lulu Delacre's vibrant art, this story of the Justice's life shows readers that the world is full of promise and possibility--all they need to do is turn the page.