

Chapter 1 : Tibb-e-Akbar Urdu ebooks by Mohammad Akbar | Rekhta

The ultimate efforts of the team resulted in the establishment of this unique Unani e-books Library for Z.V.M Unani Medical college staff and students. On behalf of all of them, I sincerely thank all the team members and hope that everybody will take the benefit of this excellent library of Unani e-books.

Use of extracts of plant, animal and mineral origin, either alone or in combination. Surgery Surgical intervention in treatment as the last resort. Research in Unani system of medicine Unani is unmatched in treating chronic diseases like arthritis, asthma, mental, cardiac and digestive disorders, urinal infections, and of course sexual diseases. However it was Hakim Abdul Hameed, who under the Hamdard enterprise set up a modern laboratory and subjected the various drugs to laboratory tests bringing the Unani system of medicine on modern scientific lines for the first time. He realized that the growth of Hamdard was heavily dependent on its constant research into new products and the enhancement of those products already in the market. Hamdard undertook extensive research, collected widely recognized formulations, standardized them and arranged them in proper order. This was subsequently published as the Hamdard pharmacopoeia Qarabadin-e-Hamdard. Deploying modern research tools and latest scientific methods to further the frontiers of natural medicine - especially Unani, Hamdard constantly undertakes pharmacological studies on herbs to revive, test and make old formulations more effective. The council today is engaged in multi-modal research activities including Clinical research, Drug Standardization research, Literary research, Survey and cultivation of medicinal plants and Information, Education and Communication programs. Postgraduate courses in Unani offer MD degrees in "Ilm-ul Advia" pharmacology , "Moalijat" medicine , "Kulliyat" basic principles , "Jarahat" surgery , "Amraz-e- Niswan" gynaecology , "Tahaffuz-i-wa-samaji-tibb" preventive and social medicine and "Amraz-e-Atfal" paediatrics. The understanding of the composition, regulation, safety, and efficacy of Unani medicines has been widely appreciated and accepted all over the globe now. Herbal Secrets Herb gardens, nursery of medicinal plants, experimental and field scale cultivation are the major initiatives taken by us at Hamdard for the improvement of medicine. Tremendous progress has been registered in the development of medicines. Yet, medicinal plants still continue to be an important source of drugs throughout the world. Pharmacognosy Hamdard is one of the largest users of diversified herbs, and the pharmacology department ensures the proper identity of raw materials by macroscopic and microscopic evaluation. Each herb is photo-documented and a reference herbarium is available for authentic identification. Research and Development department at Hamdard is also engaged in maintaining the Marker Compounds Library to enable the analysis by sophisticated instruments. New Product Development Formulation development at Hamdard starts with literature search. Proper rationale of ingredients is worked out and prototype formulation is developed. Standardization of analytical parameters for raw material and formulations established. Stability studies are conducted in accelerated and real conditions to ensure efficacy and safety Data evaluation for suitability of formulation for desired therapeutic uses. Technology transfer for manufacturing the product.

Chapter 2 : download Tib e unani books in urdu pdf

In this book the author tib e unani books in urdu narrated remedies of different type diseases in plain Urdu language. Kitab-Ut-Tibb is the title name of this book which means The Book of Medicine. Any one who want to become a Hakeem, should read this awesome Urdu book.

Mushahidah-e-bol-o-bazaz Stool and urine examination. Assessment of Mizaj Temperament. Four types of treatment lines are available: The regimental therapy includes procedures like venesection, cupping, Turkish bath, massage, exercise and leeching among others. These therapies involves working on specific body reflexes, most commonly by massage. But in case of musculoskeletal problems like arthritis and back pain, application of cold, heat or suction cups is also done. In rare instances, serious and acute diseases are treated by puncturing certain reflex points, during which a few drops of blood are released. Similarly, dietotherapy involves administration of specific diets or regulation of quantity and quality of food, where as pharmacotherapy deals with administration of drugs derived from plant and mineral sources. In unani system, single drugs or their combinations in raw form are preferred over compound formulations. He selects the drug according to the degree of variation from the normal healthy condition and observes the effect produced by the treatment. At the same time, he instructs the patient to observe some restrictions in diet and lifestyle. The examination of the urine is the next important step. Its colour, taste, viscosity, whether it has froth on its surface, if the bubbles formed are large, indicating balgham, or small, indicating safra are scrutinised. The stool is also examined in a similar way.

National Council for Tibb? National Council for Tube is a body corporate, having perpetual succession and a common seal established under the provisions of Unani, Ayurvedic and Homeopathic Practitioners Act, It consists of the following members, namely: Functions of the National Council for Tibb? To secure the maintenance of an adequate standard of education in recognized institutions. To make arrangements for the registration of duly qualified persons in accordance with the provision of UAH Act To appoint committees or sub-committees, each having due representation of all the Provinces, for a specific period, to perform any specified function connected with the functions of the Council. To provide for research in the system of medicine with which the Council is concerned. To do such other acts and things as it may be empowered or required to do by this Act or the Rules.

Facts regarding Tib-e-Y unani in Pakistan The duration of the course i. Fazil ut Tibb Wai Jarahat unrecognized institutions of Unani or Ayurvedic system of medicine shall be four years and the course shall include the subjects prescribed by regulations The minimum qualification required for admission to a recognized institution of Tibb-e-Unani for FTJ course shall be Matriculation with Science or equivalent examination of any University or Education Board in Pakistan established by or under any law but those with Intermediate or higher qualification with Science shall be preferred. There are 30 Tibbia Colleges in the private sector and 1 college in the public sector offering 4 years diploma course in Tibb-e-Unani that follow the prescribed curriculum and conditions laid down in the regulations. A five year degree program has been launched by the faculty of Eastern Medicine of Hamdard University, Karachi and the curricula are revised and standardized by the Higher Education Commission. In Pakistan about Tibbi Dispensaries and many private clinics provide medication to the public. About 95 Dispensaries have been established under provincial Governments. Pakistan is amongst the leading exporters of Medicinal Plants. This is mainly because the technology is not yet developed to export the processed form of herbal product which could be a major source of revenue. There are around species of wild plants in Pakistan. According to the National Institute of Health. April 09, ,

Chapter 3 : Herbal Medicines Urdu | Herbal Remedies Info

Islamic Books In Urdu, Encyclopedia Books, Reading Online, Books Online, To Read, Science Books, This Book, Muhammad, Health Remedies Find this Pin and more on Health Encyclopidai Book in Urdu Hakeem Muhammad Usman by Iqbal Kalmati.

Physical activity and retention Mental activity and rest This theory is indirectly having partial similarity with the accepted definition of health as a state of physical, mental and social wellness. Diagnosis Classical diagnosis in Unani system is based on examination of pulse, stool and urine in addition to routine physical checkup. Modes of treatment There are three modes of treatment in Unani system: Regimental therapy Ilajbil tadbeer " Use of exercise, climate change, massage, venesection, leaching, cupping, diet therapy etc. Pharmacotherapy Ilajbil dava " use of drugs of plant, animal and mineral origin, either alone or in combination. Surgery Ilajbil Yad " Surgical intervention in treatment as last resort. The BUMS courses are either affiliated to universities or are run by deemed university. BUMS course essentially involves a one year rotatory internship. BUMS can be followed by specialised courses in the form of house job training or post graduation. They work in government and private establishments as Unani medical officers, research officers, clinical registrars, teaching staff members, manufacturing chemists and as Unani drug inspectors with drug control authorities. Few of the graduates and post graduates serve in the funded-research projects as research fellows or research associates. A sizeable number opts to work as Unani general practitioners. A minority of the Unani postgraduates are able to get the coveted Lectureships in the teaching institutions. These academicians have the opportunities to become Readers Associate Professors and Professors in the academic hierarchy. Research The academic research is mostly undertaken by Post-Graduates-in-training under the supervision of Unani academicians; sometimes; in collaboration with experts from other fields such as pharmacy, modern medicine and science. The in-house research is undertaken by Central Research Council for Unani Medicine, New Delhi through its country-wide network of clinical, survey of medicinal plants and drug standardization units. Pharmacopoeial Laboratory of Indian Medicine, Ghaziabad under Central government is also involved in standardization of traditional remedies. Some Unani manufacturing companies also have their in-house research departments. A paper has been published discussing the impact of Unani medicine on the Western world in Middle ages. Clinical trials, standardization of drugs and manufacturing practices alongwith TKDL project are all aimed at getting global edge for this therapeutic system " the Unani medicine. Figure 1 Table 1: The Science of Greeco-Arabic Medicine. Impact of Arabian Medicine on the Western world in the middle ages. Hamdard Pharmacopoeia of Unani Medicine. Sri Satguru Publications, , pp.

Chapter 4 : Hakim Syed Zillur Rahman - Wikipedia

In this book the author described the uses of Unani medicines, and told that which medicines are generally used in this age of life. The author told the names of Unani medicines in detailed with English names too for the readers to easily understand and get the exact medicines.

The herbs are classified by the four natures of hot, cold, dry, or moist, and then by degrees, which can range from 1 to 4. Common foods and very mild herbs are usually classified as being in the first degree; the frequently used herbs of relatively mild nature such as those listed above are usually classed in the second degree, strong-acting herbs are classed in the third degree, and toxic herbs reach the fourth degree. These depictions, especially of hot and cold, differ from those used in the Chinese system, and refer to the effects on the four humors. One of the more extreme natured herbs is Ipomoea turpethum not commonly used, a powerful purgative, rated as 3rd degree hot and 3rd degree dry. The wet quality is usually attributed to things that are actually wet, such as fresh fruits and vegetables and beverages; cucumbers, for example, are both cold and wet. The herbs for which classification is available in the table above are all of dry nature. Most of the herbs are of hot nature; there are relatively few that are cold. An example of a cold natured herb is white sandalwood, which is classified as 3rd degree cold and 2nd degree dry; it is used for high fevers. The myrobalans fruits first two items in the table above are by far the most commonly used cooling herbs. The hot and dry natured herbs help to dispel excess of the phlegm humor, which is cold and moist. In the Ayurvedic system, it is common to use spicy herbs to stimulate the digestive system, and these same herbs, being hot and dry, are used extensively in the Unani medicine of India and Pakistan with a similar benefit attributed to them. The disorder of the humors is diagnosed through questioning, examination of pulse and tongue, and urine and stool analysis. Appropriate food preparation and selection is an important first step to correcting an imbalance in the humors. If the condition is more advanced, a series of herbal formulations are employed to "ripen" and then "purge" the offending humor. Sample Products of Hamdard Rooh Afza A popular summer drink that quenches thirst, maintains the water-electrolyte balance, and acts as an instant source of energy for the body. Citrus medica, Rosa damascena, Coriandrum sativum, Daucus carota, Portulaca oleracea, Citrullus vulgaris, Spinacea oleracea, Mentha arvensis, Luffa cylindrica, Cichorium intybus, Vitis vinefera, Vitiveria zizanioides. A year-old summer drink that is used effectively as an oral rehydration therapy in heat strokes, chronic diarrhea, etc. It provides instant energy and quenches the summer thirst. Mix 50 ml Rooh Afza with ice cold water and use as and when required. Joshina A remedy for catarrh, cough, cold, sore throat or nasal congestion. Viola odorata, Onosma bracteatum, Althea officinalis, Malva rotundifolia, Glycyrrhiza glabra, Zizyphus vulgaris, Cordia latifolia. Joshina is a ready-made convenient and more effective variation of Joshanda-the age old, tried and trusted remedy for cold, catarrh and sore throat. Blood Purifier A year-old famous blood purifier that improves complexion and removes skin troubles. Cassia angustifolia, Rheum emodi, Ipomoea turpethum, Nelumbo nucifera, Rosa damascena, Dalbergia sisoo, Pterocarpus santalinus, Tinospora cordifolia, Terminalia chebula, Curcuma cassia, Swertia chirata, Andrographis paniculata, Cassia occidentalis, Spaeranthus indicus, Chrozophora plicata, Fumaria parviflora, Bauhinia variegata, Azadirachta indica, Ocimum basilium, Clitoria ternata, Artemisia absinthum. The herbal remedy for skin diseases such as acne vulgaris, boils, skin rashes, blemishes. Checks nose bleeding, cures constipation, corrects indigestion, improves complexion. It strengthens the digestive juices and removes gastric troubles. Piper longum, potassium carbonate, Zingiber officinale, borax, Piper nigrum, Eugenia caryophyllata, Calotropis gigantea, Acacia arabica gum, sulphur, black salt, potassium nitrate, ammonium chloride, Ferula assafoetida, citric acid. Digestive tablets-strengthens digestive juices, aids in the digestion of rich food and relieves gastric troubles. Two tablets after meals. Hair Oil A multi purpose oil that prevents dandruff, premature greying and falling of hair and provides shine and gloss to the hair. Nardostachys jatamansi, Eclipta alba, Lawsonia alba, Sesamum indicum oil. A very useful oil that helps in all-round nourishment of the hair and stimulates the growth of the hair. It helps removing the split-ends in the hair, dandruff and provides strength to hair follicles. Massage gently on scalp, leave overnight, shampoo next morning with Zulamia. Hamdogon It is an ideal medicine for

sexual impotence and frigidity in men of all ages and acts as a powerful sex stimulant. *Allium cepa*, *Mesua ferrea*, *Myristica fragrans*, *Myrtus caryophyllus*, *Alpinia galanga*, *Piper longum*, *Zingiber officinale*, *Cinnamomum zeylanicum*, *Trigonella foenum-graeceum*, *Mucuna pruriens*, *Crocus sativus*. It acts as a restorative and recuperative for entire human body. It also removes debility, symptoms of fatigue and exhaustion and is the ideal tonic for improving sexual performance and increasing sexual desire. Two capsules once a day. Unani Medicine in India: Hakim Ajmal Khan Ajmal Khan was born in India in , and is generally acknowledged to be the most significant 20th Century contributor to Unani medicine in India. Ajmal Kahn established the Hindustani Dawakhana in Delhi in photo below right, as it was in the s to manufacture Unani and Ayurvedic medicines thus, it was founded at about the same time and in the same city as Hamdard was founded by Abdul Majid. The dispensary took out patents for 84 herbal formulas. From the s through s, the Dawakhana employed up to workers; today, it is in serious disrepair, and there are calls to preserve it as a magnificent historical structure. These organizations were partly funded by the proceeds from the Dawakhana. Ajmal Khan also worked politically in close association with Mahatma Gandhi as well as Motilal Nehru and many others and emerged to be a symbol of Hindu-Muslim unity. As a result, in he also rose to become the President of Indian National Congress. The herb *Rauwolfia serpentina*, which Ajmal Kahn had used extensively, was analyzed under his supervision, with the contribution of Dr. Salimuzzaman Siddiquil, the primary research scientist. This work eventually led to the production of modern drugs of great importance, such as reserpine a sedative and antihypertensive agent that was highly effective, though no longer available in North America. Another compound isolated that has anti-arrhythmia activity is named Ajmaline, in commemoration of Ajmal Khan, who died at the end of after having lived a life of great accomplishments. An Ajmal Khan Memorial Society has been established. A book about his life and works has been written in English by Zafar Ahmad. An award given to dedicated physicians of highest quality in Ayurvedic, Unani, or Allopathic medicines and for high quality manufacturers of Ayurvedic and Unani medicines in India is named after Ajmal Khan and awarded by the Memorial Society. *Nigella sativa* is the source of a black seed that has a unique reputation in Eastern medicine. It is sometimes simply called "black seed," and sometimes called black cumin. It is not botanically related to the common cumins *Cuminum* spp. They are also recognized for antioxidant effects and immune regulating activity. *Nigella sativa* The unusual flower of this plant in the Ranunculaceae family varies from white to light blue, to deep blue as pictured above. Extensive analysis has been done on the active constituents and pharmacological actions. There are two major groups of active ingredients, terpenes making up the essential oil and alkaloids. The seeds also contain small amounts of saponins and a significant amount of fixed oil rich in linolenic and linoleic acids. The terpenes are derivatives of thymol: These are volatile compounds. Recent studies of the steam distilled essential oil of black seed which makes up 0. In pharmacology tests, the essential oil was shown to have anti-inflammatory and analgesic effects, and thymoquinone was proposed to be the most significant contributor to that effect. Isolated thymoquinone was also shown to have anticonvulsant activity and antihypertensive action. In an evaluation of thymoquinone as a protective antioxidant, it was demonstrated that it could reduce the cardiotoxicity of the cancer drug doxorubicin also called adriamycin without impairing the antitumor activity of the drug. This component also has protective activity against toxic chemicals that affect the liver or kidneys. At least two patents have been granted for pharmaceutical preparations of black seed to be used as an adjunct to cancer therapy to protect against side effects, provide additional anti-tumor action, and enhance the immune responses. Other patents have been given for black seed as a component of complex herbal therapies for hepatitis and diabetes. The seed oil was evaluated for its immune regulating effects in a clinical trial of patients with various allergic conditions e. The main alkaloids of black seed are diterpene alkaloids called nigellamines. In pharmacology experiments, the isolated alkaloids have been shown to lower cholesterol and triglycerides to an extent comparable to the drug clofibrate.

Chapter 5 : Kitab-Ut-Tibb Pdf Urdu Book Free Download - Kutubistan

Tib e unani books in urdu pdf - trial K Sherwani lecturer, Dept of Community Medicine Unani, NIUM, Bangalore gave Valuable suggestions and excellent technical assistance. For help, or to report any issues you're currently having, please visit the.

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Chapter 6 : Unani and Herbal Medicine Education and History Book in Urdu

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Ibn Khaldun – Medical innovations introduced by unani-tibbi physicians included: Avicenna was the first to describe meningitis , so accurately and in such detail, that it has scarcely required additions after 1, years. Avicenna was the first to describe intubation surgical procedure to facilitate breathing –Western physicians began to use this method at the end of the eighteenth century. The use of plaster of Paris for fractures by the Arabs was standard practice –it was "rediscovered" in the West in Surgery was used by the Arabs to correct cataracts. Ibn Al Nafees discovered pulmonary blood circulation. A strict system of licensing for medical practitioners was introduced in Baghdad in , which included taking the Hippocratic oath, and specific periods of training for doctors. There was a system of inspection of drugs and pharmaceuticals –the equivalent of the Federal Drug Administration FDA –in Baghdad 1, years ago. The European system of medicine was based on the Arabic system, and even as recently as the early nineteenth century, students at the Sorbonne had to read the canon of Avicenna as a condition to graduating. Unani-tibbi hospitals were, from the beginning, free to all without discrimination on the basis of religion, sex, ethnicity, or social status. Their hospitals allocated different wards for each classification of disease. Hospitals had unlimited water supplies and bathing facilities. Before the advent of the printing press, there were extensive handwritten libraries in Baghdad, 80, volumes , Cordova, , volumes , Cairo , two million volumes , and Tripoli , three million volumes. All Unani-tibbi hospitals kept patient records. A hospital was established for lepers. In , nurses were brought from Sudan to work in the Qayrawan hospital in Tunisia. A system of fountain-cooled air was devised for the comfort of patients suffering from fever. Al Razi was the first to describe smallpox and measles. He was accurate to such a degree that nothing has been added since. Avicenna described tuberculosis as being a communicable disease. Avicenna devised the concept of anesthetics. The Arab surgeon, Al Zahrawi was the first to describe hemophilia. Al Zahrawi was also the first surgeon in history to use cotton, which is an Arabic word, as surgical dressings for the control of hemorrhage. Avicenna accurately described surgical treatment of cancer , saying that the excision must be radical and remove all diseased tissue, including amputation and the removal of veins running in the direction of the tumor. He also recommended cautery of the area if needed. This observation is relevant even today. Avicenna, Al Razi, and others formed a medical association for the purpose of holding conferences so that the latest developments and advancements in the field of medicine could be debated and passed on to others. Benefits What began as an advanced medical system that set world standards, has now come to be regarded as a system of folk medicine. This decline coincided with the decline of the Islamic Empire and the dissolution of the caliphate spiritual head of Islam , as these were directly responsible for the direction and impetus of Islamic scientific scholars in all fields. Unani-tibbi practitioners still treat people with herbal remedies and manipulation, for a variety of illnesses. In the Islamic world, many of the poorer people who cannot afford allopathic medicine still resort to this traditional medicine. There are also people who prefer unani-tibbi to allopathic medicine, as indeed, the traditional unani-tibbi remedies do not bring with them the side effects commonly experienced with allopathic drugs. Description Similar to Greek humoral theory, unani-tibbi considers the whole human being, spiritual, emotional, and physical. Basic to the theory is the concept of the "four humors. Each is further categorized as being hot and moist blood , cold and moist phlegm , hot and dry yellow bile , and cold and dry black bile. If the body becomes weak, and this harmony is disrupted, a physician can be called upon to help restore the balance. Herbs or substances used to treat a patient will be matched to his humor type. Unani-tibbi employs a detailed system of diagnosis, including observation of urine and stools, palpation of the body and pulse, and observation of the skin and eyes. It also employs a system of prophylactics in order to preserve health and ward off disease. This includes the adherence to strict hygiene rules, protection of air, food and water from contamination or pollution, sufficient rest and exercise , and attention to spiritual needs. Certain herbs are also taken on a prophylactic basis, such as black cumin and sage. In general, unani-tibbi treatment is not expensive, and it is certainly less

expensive than allopathic medicine. However, charges vary according to area and practitioner. Fees should be discussed with a practitioner before treatment begins. Preparations Remedies are often provided by the practitioner or are obtained from a specialized herbalist. The ingredients are mainly herbs and honey. It must be noted that the honey used will be raw and unadulterated, rather than the type found in supermarkets, which is usually heat-treated. A famous and widely used medicinal herb is black cumin *Nigella sativa*, also known as Hab Al Baraka in Arabic, which means blessed seed. Black cumin has been cultivated since Assyrian times and it is beneficial for a very long list of ailments. It is widely mixed with other herbs for greater beneficial effect and is said to strengthen the immune system when taken over a period of time. Research has proved that it has the ability to slow the division of cancer cells. Precautions The achievements of the unani-tibbi practitioners of today bear little resemblance to those of their illustrious predecessors, and some of those claiming to practice traditional medicine are woefully ill-equipped to practice. However, many Arab and Muslim doctors, after qualifying in allopathic medicine, are still treating their patients with traditional remedies and are taking the trouble to educate themselves in this ancient art. In India, where Islamic medicine is primarily known as unani-tibbi, the government has set up a Central Council for Research in Unani Medicine CCRUM, which also has a licensing system for these traditional practitioners. In the Arab countries, it is known as tibt-nabawi, or prophetic medicine, and mainly utilizes herbal remedies, honey, and other bee products. Side effects There are no known side effects of this form of treatment. Although unani-tibbi has not been the subject of a great deal of research by modern-day scientists, it still enjoys great popularity in Muslim countries. The records left by Islamic medical scholars become more remarkable in the light of modern medicine, when their achievements and theories still hold their own next to the latest in medical technology. The CCRUM in India is conducting research into aspects of unani-tibbi that are likely to be of particular benefit to modern society. To cite one example, an examination of the substances that were originally used as safe forms of contraception, with none of the side effects of present-day chemical contraception. There are the simple folk practitioners, dispensers of herbal remedies and so on, and the highly qualified doctors and scholars who are still conducting research. Research is currently being conducted at the King Abdul Azeez University in Riyadh, Saudi Arabia, and the Sultan Qaboos University in Oman, among others, into the efficacy of traditional herbal remedies. Unani Tibbi Herbal Healing. Patricia Skinner Pick a style below, and copy the text for your bibliography.

Chapter 7 : Tibb Books in Urdu, Best Tibb Books, Unani Tibb Books in Urdu

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Chapter 8 : Unani medicine - Wikipedia

"Unani" or "Yunani medicine" (Urdu: $\text{Ø}\cdot\text{Ø}\text{ } \hat{U}\hat{C}\hat{E}\hat{U}\text{ } \hat{U}\text{ } \hat{Ø}\hat{S}\hat{U}\text{ } \hat{U}\hat{C}\hat{E}$ tibb yÄ«nÄ•nÄ«) is the term for Perso-Arabic traditional medicine as practiced in Mughal India and in Muslim culture in South Asia and modern day Central Asia. The term YÄ«nÄ•nÄ« means "Greek", as the Perso-Arabic system of medicine was based on the teachings of the Greek physicians.

PDF downloading problem click here and Read First. This very important book for Hikmat and Herb student who want to study for herb Hikmat tibbi and Unani history. Unani dawa se ilaj, types, name and Usage of Unani and herbal remedies treatment for the deferent human disease, Tool, and Machine use in Unani an herbal industry for making and packing of the product. Hakim Syed Zillur Rahman Urdu. Ayurvedic and Unani medicine in Delhi in Today the Unani system of medicine with. Unani Medicine is a traditional medicine, practiced mostly in south-Asian and middle-east countries. Unani is based on the teachings of well-known Greek physician. Unani medicine - Wikipedia, the free encyclopedia. Yunani or Unani medicine Urdu: The medical tradition of medieval Islam was introduced to India by the 1. Delhi Sultanate and it took its own course of development during the Mughal Empire,[5][6] influenced by Indian medical teachings of Sushruta and Charaka. Hakims at his royal courts. According to Unani medicine, management of any disease depends upon the diagnosis of disease. In the diagnosis, clinical features, i. Any cause and or factor is countered by Quwwat- e- Mudabbira- e- Badan the power of body responsible to maintain health , the failing of which may lead to quantitatively or qualitatively derangement of the normal equilibrium of akhlat humors of body which constitute the tissues and organs. This abnormal humor leads to pathological changes in the tissues anatomically and physiologically at the affected site and exhibits the clinical manifestations. After diagnosing the disease, Usoole Ilaj principle of management of disease is determined on the basis of etiology in the following pattern: The disease may be treated by the modification of six essential pre- requisites of health Asbab- e- Sitta Zarooriya in Unani Tibbi terminology. Asbab- e- Sitta Zarooriya may be modified by the use of one or more regimens: According to the norms of C. Pdf unani medicine book urdu download. List of ebooks and manuels about Pdf unani medicine book urdu download. Ilaj- Bil- Tadbeer is synonym to Panchkarma in Ayurveda. Ilaj- Bil- Advia Pharmacotherapy. Unani practitioners can practice as qualified doctors in India, as the government approves their practice. Unani medicine has similarities to Ayurveda. Both are based on theory of the presence of the elements in Unani, they are considered to be fire, water, earth and air in the human body. The elements, attributed to the philosopher Empedocles, determined the way of thinking in Medieval Europe. According to followers of Unani medicine, these elements are present in different fluids and their balance leads to health and their imbalance leads to illness. The theory postulates the presence of blood, phlegm, yellow bile and black bile in the human body. Education and recognition[edit]In South Africa, University of the Western Cape offers a five years double bachelor degree. In India, there are 4. Unani medical colleges where the Unani system of medicine is taught. All these colleges are affiliated to reputed universities and recognized by the governments. To fight biopiracy and unethical patents, the Government of India, in 2. Traditional Knowledge Digital Library as repository of formulations of systems of Indian medicine, includes 9. AYUSH, aids and co- ordinates scientific research in the Unani system of medicine through a network of 2. Pakistan is awarding four years Fazil- ut- Tibb- wal- Jarahat B. Hamdard Foundation and Qarshi Foundation are prominent patrons of research and development in herbal medicines. The Department of Eastern Medicine and Surgery at Qarshi University, Pakistan offers education and training in a network of clinics and dispensaries across the country under Qarshi Foundation so that students acquire clinical skills under the guidance of experienced Hakeem during their academic training. Qarshi Industries, Pakistan is one of the leading pharmaceutical companies manufacturing products using Ayurveda and Unani system of medicines. Safety issues[edit]The Indian Journal of Pharmacology notes: According to WHO, "Pharmacovigilance activities are done to monitor detection, assessment, understanding and prevention of any obnoxious adverse reactions to drugs at therapeutic concentration that is used or is intended to be used to modify or explore physiological system or pathological states for the benefit of recipient. Unani or ayurvedic

system of medicine. In recent days, awareness has been created related to safety and adverse drug reaction monitoring of herbal drugs including Unani drugs. Government Unani Medical College, Bangalore. Hoshangabad", Gazetteer of India 1. Unani Medicine in India: The use of Chinese herbal drugs in Islamic medicine". Journal of Integrative Medicine. Unani Medicine in India during 1.

Chapter 9 : Online Unani Healthcare Medicine in India - Hamdard

The Urdu book is about the Making herbal medicine and his properties and side effects of various ailments and its treatment. The creator told about the careful steps moreover. He talked about the told about the extraordinary Unani solution for the patients.