

Chapter 1 : Bus Áireann to provide Cork City with free travel for Culture Night | Irish Examiner

Enter your mobile number or email address below and we'll send you a link to download the free Kindle App. Then you can start reading Kindle books on your smartphone, tablet, or computer - no Kindle device required.

Light carpet was a non-starter for us. Luckily we were able to get the house for a price that would allow us to squeeze just enough money out for replacing the carpet. As we thought about what we wanted in a floor we both knew we did not want new carpet. We both love the look and feel of hardwood floors and started out in that direction. Our needs were simple: Dog proof- Well, we have those 2 wieners. They are neurotic and any big changes to their schedule and they are pooping on the floor. Looks- We want something that is welcoming, informal, warm and natural. We are much more form follows function than high design. After checking out the sub floor during the home inspection we found out that the sub floor is particle board. That means that we had 4 options: Use a floating engineered floor. It just lays on top of the sub floor. Use a glue down floor. This is more work and messy. It also requires a more level and flat sub floor. The floating floor is more forgiving for imperfections in the sub floor. Lay down plywood over the particle board and then put nail down hardwood. This is expensive, and since we were also doing the kitchen presented problems with clearance for the kick space on the lower cabinets. Tear out all the particle board to see if there is a suitable substrate below and then nail down hardwood. This is also expensive and seemed like a lot of mess and time. I was really set on nail down solid hardwood but after looking at the options I conceded that it was probably just too expensive and time-consuming an option. As we wrote earlier, one of our guiding principles is Good enough is good enough. With that in mind we decided to look at engineered glue-less floating floors. This led us to examining cork as an option. We both liked the look and all the variety of colors and textures available. It did come in an engineered snap lock variety and the price point was right. As I wrote above, I tend to over-research things, so I went online and read everything there was about cork flooring. Cork Flooring- What is it? The cork is sustainably harvested. About every 10 years or so the bark can be harvested from the tree and then it grows back. The harvesting does not harm the tree. Most cork is grown in the area around the Mediterranean sea. The trees can be harvested after they are about 25 years old. Click Together Floating Floor Floating cork floors are a new product. They work much the same as other floating floors. They have an HDF high density fiberboard back and a thin layer of cork glued to the top. They click together with a snap together tongue and groove joint. No glue is required. More often than not they also have a thin layer of cork on the bottom that acts as an insulator. Image courtesy of- <http://www.clicktogetherflooring.com> Glue down tiles have been around for a long time. You can often find it in turn-of-the-century libraries and churches. In fact, the Library of Congress has a tile cork floor. Bathrooms would be a place that glue down cork would work well. Cork is naturally impervious to water so it holds up well in this environment. They go in fairly easy and can be easily cut with a pair of scissors or mat knife. Water based poly works fine. Even the tiles that come pre-finished require an extra coat after they go in to make them waterproof. The finish seeps into the gaps and seals everything nicely. Most specs indicate that glue down is not recommended below grade so install in basements may not work unless you get the floor tested for moisture content first. Cork glue down tiles. These require an adhesive to attach to sub-floor. They are better suited to bathrooms and other wet areas than the floating floor. They often come unfinished and need a polyurethane coating when installed. Whether or not to use cork in bathrooms and kitchens has been a matter of controversy. I think it probably largely comes down to the quality of the product and how you use your floor. Top What are the properties of cork? Antimicrobial- Cork resists growth of bacteria and other microorganisms. This makes it a healthy choice if there are allergy sufferers in the home. Insulation- Cork offers insulation qualities. This makes it a good choice in an upstairs room. It also has some heat insulating properties. It stays warm in the winter. Unlike hardwood floors that can be cold on bare feet cork is wonderfully warm. Ergonomics- Cork is great for your back! This is great in a kitchen if you spend a lot of time there. Much of these properties are due to the structure of the material. Cork has a very open cell pattern with micro air pockets. These pockets make the material spongy. What are some of the advantages of a cork floor? Bare feet just love it! It insulates both heat and noise. Cork floors are also very easy to clean. No

cleaning materials at all. Cork floors are also durable. The material tends to give instead of scratch like hardwood. They blend in with the material in such a way as to make them largely invisible. The floating floor can be a do it yourself project so you can save the big expense of installation. No fancy tools are needed and the skills can be quickly learned and mastered. Cork flooring can be refinished! Even the floating floors can be refinished. Because the material is so soft extra care has to be taken if using a commercial drum sander. Too much pressure can sand right through the cork layer. If you are a bit more diligent you can put a fresh layer of urethane on the floors before there is a need for a heavy sanding. You can find these at the big orange and blue home stores, in the rental section. Home Depot Floor Sander There seems to be some controversy around refinishing floating cork floors. Some reference material says no wayâ€™ that the wear layer is too thin and that cork is too soft. Others have said that they did it no problem. Top Types of Finish There are a few different types of finish available on the market. Most seem to fall into one of two broad categories. The finish either sits on top of the floor and bonds to it, or the finish penetrates the cork. A stain would be an example of this second type. Surface finishes are basically a combination of some type of resin suspended in a solvent. When you apply the finish to the floor the solvent evaporates and leaves the resin behind. The water based surface finishes work largely the same. The water evaporates leaving the resin. As the finish dries there is a chemical reaction that takes place that makes the finish impervious to the original solvent. This means that the water based finish is impervious to water once dry.

Chapter 2 : The Best Wooden Yoga Wheels - Charkas Artist Design

Unfortunately the floating cork hasn't been around long enough for many of them to need refinishing yet. I have a few scrap pieces that I'll use to test refinishing when the time comes. I'm thinking a light sanding to rough up the top coat and then a few thin coats of a water based poly should work just fine.

The main streets of Cork city, would you believe, were mostly covered by water at one time. The Grand Parade, St. The River Lee now splits the city center in two to create an island. The list below is comprised mostly of things to do in Cork City. Keep in mind that this list is written from the perspective of someone who grew up in Cork City me! After you finish reading this list, you may also want to check out my other posts about Cork. Things to do in Cork City 1. You can visit the tribute to Rory Gallagher, the Irish blues-rock multi-instrumentalist, songwriter, and bandleader at Rory Gallagher Place formerly St. Rory Gallagher Place, Cork image credit: Thursday through Sunday are probably the more livelier nights. You can walk all the ways around The Lough in a matter of minutes. Stop in to the Cork City Library to read up on historical and current information on Cork. You can view old photographs of the city, pull out some historical maps of Cork and even read past editions of local newspapers. Great deals in Cork Take a minute to stop by GrabOne. They both have really great deals for things to do in and around Cork. It really is a great place for a family picnic, a couple hours fishing, or for a romantic stroll with a loved one. Two birds, one stone. They have a night-time tour too, for those of you looking for something a little more spooky. I posted a whole host of pictures from the Gaol at the link above. You can catch a rugby match at Musgrave Park in Turners Cross. Take an afternoon walk in the Lee Fields. How many bridges traverse the River Lee? Try crossing as many of them as possible taking pictures as you go. Trading as a market since , it pre-dates most of the other markets in Europe like it. Need to burn off a few calories from that heavy lunch? Then a hike to the top of St. Cork is full of them. Flick a coin in their guitar box or hat if you can spare it. Looking for something nice to wear on your night out, or do you just want to grab a quick bite to eat? Do some haggling with the street traders in the Coal Quay a. Speaking of things to bring back home, I have some ideas for that here. Another popular Cork drink is also brewed in the city at the Beamish Brewery. Again, no tour info available. They need to do something about that! Take in a play at the Cork Opera House. The Opera House has been operating as a theater in Cork since it was built in Destinations include Cobh , Dublin , Limerick , Kerry and more. Sit back, relax and enjoy the scenery. An absolute must do! Pop on by St. The four clocks on the tower are renowned for never showing the same time. After many years of walking right past this amazing church, I finally ventured in last year. Check out my photos and video here. Catch a trad session Irish traditional music. Cork has some great spots to get an earful of great Irish music. Snap a photo of it, or better still, have someone take one of you with it. The museum offers a diverse collection of medieval artifacts found in Cork. The last time I was there, admission was free. Fin Barres image credit: Have you ever wanted to visit a Butter Museum? Looking for a round of golf? You might want to look into Mahon Golf Club. Join a Cork City Walking Tour with an emphasis on taking photos. There are a few guided options available, but if you want to do it yourself then try my Cork City Historic Walking Tour. Kinsale is a very famous town, particularly for its food, but be sure to get up to the Fort before you leave. Charles Fort, Kinsale Take a journey through history and see the old kilns, mills and malting, water wheel and old warehouses, with some buildings dating back as far as ! Visit the Ballincollig Gunpowder Mills. The visitor center closed a number of years ago, but you can still see some of the ruins of the old buildings. Fota Wildlife Park â€” get up close and personal with many of the animals at Fota. Kangaroos, Meercats, Monkeys and more will mingle with you as you stroll around the park. The island has had various other uses over time, including being a monastic settlement in the 7th century, and it was a favorite spot for smugglers to ply their trade for some time. I mentioned earlier you can get a train from Cork city at Kent station down to Cobh. Looking for a good place to do some fishing? Try the picturesque Inniscarra Reservoir. Visit the Blackrock Castle Observatory. Tons of fun, great for kids, educational, and perfect too for families, school groups and science enthusiasts. Cork has that too. Curraheen Park Greyhound track is just a short distance from the city center. If you want to add a few of your own, please feel free to do

so in the comments below.

Blackrock Castle, a 16th century castle located around 2km from the heart of Cork city - Source In a lot of cases, the idea of visiting an observatory while traveling might sound somewhat like doing something you could probably also do at home.

Reviews A simple circle with a surprising amount of ways to enhance your practice. A yoga wheel is an excellent tool for stretching and relieving pain in the spine and shoulders, assisting the safe advancement into deeper postures, and adding stability and versatility in balance poses, backbends and much more. Our cork yoga wheels are handcrafted locally by skilled woodworkers in the USA. The core is constructed from sustainably-sourced maple and poplar wood and sealed with furniture wax made from locally-sourced organic beeswax. Rounded interior edges making gripping comfortable. An outer layer of latex-free foam topped with cork provides cushion with the antimicrobial and non-slip benefits of cork. Each wheel is designed to hold up to pounds and last a lifetime. The seven chakras are the centers in our bodies through which energy flows. The brilliance of the chakra colors symbolizes our physical, spiritual and emotional state. High-quality, eco-friendly cork for a superior non-slip surface. Weight is just 2. Latex free soft foam padding is easy on your back and joints. Anti-microbial cork surface naturally kills bacteria and germs. Rounded interior edges make gripping comfortable. Heavy duty wood construction designed to hold up to lbs. Wood beautifully finished with a coat of our handmade beeswax. Handmade locally in the USA. Free yoga wheel guide included. Which wheel size is right for me? Spray the cork with our Detox Cleaning Spray or a natural cleaner and allow to air dry. Grip Tip The cork surface increases grip when wet. Family Guarantee We are a small family business that firmly believes and stands by all of our handmade yoga products. Any issues beyond the 60 days whether its a year or 20 years from now we will work with you one on one to make sure the products you use are helping your practice. Visit our returns page for more info. Cork is the outer bark of the Cork Oak Tree which grows in the Mediterranean area. Trees are not cut down to harvest cork, rather, the bark is harvested by hand every 9 years. Cork oak trees can live up to years! We never use plastic! All orders including personalized products ship within 24 hours during business days.

Your Cork City & Around Guide Steeped in history, Cork City is fast gaining a reputation as one of Europe's hippest cities. Like Venice, the city is built upon water, and the city centre is built on an island in the River Lee, just upstream of Cork Harbour.

The various different types of sheeting rubber in our inventory include: Each type of sheet rubber is unique and well suited for different applications. Sheet rubber made from SBR and recycled rubbers function well when used in general-purpose seals and gaskets. They are fairly durable and easy to fabricate into various different types of parts. SBR is known for being tough and durable and is particularly adept at handling physically abrasive conditions. This is why it is used to create vehicle tires which can stand up to the rigors of the road. SBR sheet rubber retains that high level of toughness, making it a valuable rubber sheet for many applications. Another form of sheet rubber which we carry at Rubber-Cal is natural gum rubber. Natural gum rubber, in particular, benefits from a superior degree of flexibility. It even has a unique color: Natural gum and recycled rubber are not synthetic elastomers. They enjoy the benefit of being eco-friendly sheeting rubber products. Natural gum rubber is eco-friendly because it is made using naturally occurring materials, mainly the sap of the *Hevea brasiliensis* tree. There are no industrial or synthetic methods or compounds added to this sheet rubber. This is a premium form of sheeting rubber and its superb level of flexibility is complemented by the fact that it is a non-marking rubber and is perfect for a range of uses. Gum rubber is environmentally friendly because it is all natural, but recycled rubber, on the other hand, is eco-friendly thanks to the materials that make it. Recycled sheet rubber rolls are made using old rubber harvested mainly from vehicle tires. The method of making recycled rubber sheets actually takes non-biodegradable material out of the environment. This helps consumers by both helping to reduce waste in our ecosystem and ridding our landfills of slow-wasting old tires, as well as by coming at more affordable rates than their synthetic counterparts. Sheet rubber rolls made of synthetic rubber may cost a little more, but they provide valuable physical and chemical properties that natural and recycled rubbers lack. EPDM, Neoprene, Nitrile, and Silicone sheet rubber should be used for the more industrial type of applications that see the presence of oils, chemicals, and temperatures of extreme degrees. Keep in mind that each particular type of synthetic rubber sheet has its own unique properties. For example, sheet rubber made of neoprene may be moderately resistant to outdoor factors such as ozone, but EPDM resists ozone at far superior levels. EPDM is in fact created for superior performance in outdoor applications. Sheet rubber rolls made from EPDM can sit outside and face harsh UV rays and moisture without quickly wearing or cracking. In contrast, sheeting rubber made of nitrile is designed for very different usage. Nitrile carries outstanding resistance to often harmful substances such as oils and greases. This means that it can be used to create the perfect rubber sheet for settings such as the automotive industry, as well as durable kitchen flooring products. Nitrile might be great in the kitchen, but silicone sheet rubber can comfortably handle temperatures up to degrees Fahrenheit, making it the ideal choice in a lot of demanding industrial applications. Each of these types of sheet rubber are super in different elements, and can cover every need and project. Synthetic rubber materials are also available as different color rubber sheets, with red, gray, and white being the most common. Fabricating rubber sheets is an important part of what we do. If you want a custom part fabricated from your sheet rubber rolls, we have several different fabrication options for you. We can custom fabricate products by hand, die, laser, or hydro-jet cutting methods. The type of method used can depend on factors such as budget, availability, and specifications. However, these methods allow us to meet the most critical of material tolerances and requirements. For the most accurate and high quality fabrication, we request that a drawing of the parts be sent to us. As you can see, our inventory of sheet rubber provides you with many options. Sheet rubber is often the unsung hero of many products and industries, but it is a vital one nonetheless. If you have a need for natural, recycled, or synthetic sheeting rubber, then consider the various options available. Provide us with your specifications and we will fabricate parts out of your sheet rubber. Or if you simply want a standard roll, we are happy to provide it for you. If you need a rubber sheet for an important project, chances are that we will have the right one for you!

Chapter 5 : The 8 Things You Have To Do In Cork, Ireland – AGreekAdventure World Travel Blog

Cork city, my hometown, is a wonderful place to spend a few days wandering around. It's a bustling little city, very compact, easy to walk, and has something to suit most tastes.

Roll Grinding Wheels "PM" resin bond for roughing; cork filled, rubber bond for finishing - a system approach to faster grinding of paper mill calender rolls. They are very long relative to diameter, hard, and have close tolerances. They require a good to excellent surface finish. Grinding of other types such as stainless sucker rolls also is no easy task. Historically, paper mill rolls have been time consuming to rough and more so to finish. Considerable operator skill has been required as well as attention to the machine and surroundings. Difficulties encountered may include roll deflection and sag, bearing induced effects, vibration, roll to wheel harmonics, wheel glazing, stainless steel loading and the like. Grinding, especially finish grinding, can be a sensitive process. One roll might grind with few problems. The next could take twice as long. A wheel that is too hard, soft, has hard spots or varies wheel to wheel can cause much time loss. The loss may be due to the operator having to compensate by: Time-held practice may seem satisfactory. For example, the wheel traditionally used may seem to be as aggressive as can be expected. Its abrasive action, however, could be considerably less than with another type wheel. Additionally, roughing and finishing with one wheel may take more time than with the best wheel for each. Particularly with chilled iron rolls, a wheel hard enough for roughing can be too hard for ease of finishing. The problem appears as chatter, spiral bands, heat buildup, grain pits and other such defects. Trying to finish these out requires more passes and at a slow pace. Typically, as a roll approaches the roughing depth required, gradual adjustments are made to wheel feeds and speeds. This transition, in effect, is preparation for finishing. It is necessary but has the disadvantage of lengthening both roughing and finishing phases. More efficient would be to reduce the transition phase. This would be possible if using a wheel better designed for finishing. The finishing wheel must be tough enough to remove grinding marks but resilient enough not to impart new ones. With this system, a very aggressive wheel would fast rough, a very smooth wheel would fast finish and little transition phase would be necessary. The abrasive generally used is silicon carbide. This black grain is sharp, hard and well suited for most rolls. The bond generally used in past decades has been shellac resin. A property of shellac resin is that it becomes somewhat soft during the heat of grinding. This makes the wheel more able to release dulled abrasive grains and expose sharp new ones. A roll wheel must wear or breakdown at the appropriate rate in order to grind effectively. Shellac resin has relatively low tensile strength. This limits the development of a more satisfactory aggressive wheel. In addition, shellac is a natural resin; thus, is affected by seasonal conditions at its region of origin. Shellac cured too soft or hard will cause too much or little wheel breakdown. Any hard spots cause problems. Pacer has developed and patented a new type of resin bond grinding wheel. A version was designed specifically for the paper industry. It now is making the above list more achievable. It is designated the "PM" Paper Mill resin bond. PM is the suffix in the wheel specification. Like shellac resin, the PM resin softens during the heat of grinding. Unlike shellac, however, its tensile strength is quite high. The bond strength holds the abrasive grains firmly. It is felt that the added strength keeps the sharp edge of an abrasive grain against the work rather than allowing it to deflect away. Also, the grains are less likely to release too early. Other wheels can act harder by increasing the amount of bond shellac in the wheel. The result often is increased wheel glazing. The amount of resin in a PM wheel is no more than with other wheels; actually is somewhat less. This increases the voids or pores available for carrying coolant. The abrasive is specially treated before combining with the bond. This promotes an extra strong adhesion between grain and bond during the curing process. Also, the bond contains a unique material for assisting the wheel to release grain at the proper time. It can rough grind rolls faster because it cuts more freely and does the job in fewer passes. There is less pressure; less change for roll deflection. An operator soon finds this to be a different wheel. Pacer has been well known for cork finishing wheels. Now it has developed a new generation roughing wheel. Operators find the PM, like the cork, to perform as claimed. The wheel can be an important tool in reducing grinding costs, whether used alone or followed by a Pacer cork wheel. They can have difficulty taking light cuts on hard, large diameter

rolls. Low grinding pressure causes abrasive grains to wear flat and the wheel to glaze. The following problems often have existed when finishing chilled iron rolls: A spiral line around the roll is a product of a hard wheel face burnishing the roll. Abrasive grain pits are the depressions caused by loose grains from wheel or coolant crushed by wheel into the surface. Variation of finish results from the changing condition of a glazed wheel face. Heat buildup is friction from flat grains rubbing on the hard roll. Finishing chilled iron rolls with standard wheels often takes much longer than roughing - especially considering transition time. Also, after hours of effort to approach the finish needed, chatter may appear. The only course is to start over again - to regrind; with no assurance the situation will not occur again. It can remove roughing marks and then produce a smooth, consistent surface from end to end. It is used most often for chilled iron but also is very effective on other rolls:

Chapter 6 : Top 10 Ferris Wheels - Listverse

â€¦Material:Cork calendrierdelascience.com coasters are made of cork material,Flexible & Reusable, Durable & Long Lasting,cork coasters don't slide around on the table and won't stick to the bottom of cup. they ca.

A 20 minute ride cost 50 cents. This list ranks the ten best that are currently in operation. Also, the environmental context in which the wheels are found plays an important role, and consideration was made to represent a fair variety of global locales. This list, in that regard, is intended to serve as a master checklist for enthusiasts of Ferris Wheels and of the complete Ferris Wheel experience. There, close to the site of the first Ferris Wheel, and surrounded by a variety of museums and theatres, proudly stands a majestic white Ferris wheel that represents everything a classic Ferris Wheel ought to be, providing breathtaking views of the cityâ€”from the wheelâ€”and vice versa. The modern marvel boasts 28 air-conditioned capsules, accommodating 28 passengers each, with full handicap accessibility, including restrooms, ramps and champagne and cocktail service. It is special among world Ferris Wheels for having no center axel, no spokes, and no internal support structure at all. Instead, the wheel is held up by two arrow-shaped side supports that honestly look like pairs of chopsticks. The stories-high wheel contains 44 gondolas, capable of carrying six each, and requires a operation staff of Prior to , the wheel was illuminated by 16, incandescent lights, but like the wheel at Santa Monica, the Texas Star underwent an energy-efficient upgrade and now implements an LED system. Attractions at the fair include concerts, auctions, an auto show and an assortment of unique culinary items such as deep-fried Twinkies, deep-fried Oreos, deep-fried butter, deep-fried banana splits, deep-fried beer and deep-fried Coke. And from what better view to take in all in than the top of the Star? It is ft. But the Wonder Wheel was the original. It seems as though one enduringly majestic figure deserved another. It was, however, seriously damaged during World War II, and after being restored it now only carries 15 passenger boxes, half of its original We are all grateful that it still stands, as it is such a beautiful symbol for Vienna, and one of the greatest Ferris wheels the world has ever seen, measuring 65 meters in height about a foot taller than the Texas Star. It contains 60 passenger boxes, each with a capacity of 8, and requires about fifteen minutes for one rotation. From an architectural standpoint, the wheel is technically a cantilever and is supported on only one of its two sides. This provides passengers with a continuously unobstructed view of the North Bank towards Westminster Palace and other landmarks. Also, the capsules are attached to the outside of the rim structure by rotating circular mountings as opposed to merely being suspended â€” the Southern Star in Melbourne also has this feature , ensuring a full degree panoramic view from the top. To this day it is the focal point for New Year celebrations in London, when fireworks are launched from the wheel itself. The wheel moves slowly, at about 0. One full rotation takes about 30 minutes, with about 8, rotations being made in one year, carrying more than 10, passengers a day, and more than 3 million annually. Constructed in , the Tianjin Eye is the only Ferris Wheel in the world, and in history, to stand on a bridge. Six of the ten tallest Ferris Wheels in the world are in China, including three equally towering wheels in Changsha, Suzhou and Zhengzhou, plus the even more gigantic Star of Nanchang, which is second only to the Singapore Flyer. So it is appropriate for a Chinese wheel to be given top honors on our list, and the Tianjin Eye especially, for its distinctively arresting beauty, not next to the river, but above it. Elegant and yet, accommodating up to passengers per hour in 48 capsules, she belongs to the same heavyweight class as London Eye and Cosmo Clock. Creating something so dizzyingly enormous, and at the same time so attractive, is a feat worthy of much admiration. It is the best Ferris Wheel in the world. But, without a doubt, it must be mentioned. There were two Sky Whirls, and by those who rode and remember these rides, they are sorely missed. Thus, like so many things in life, we have come full circle, again. I hope you enjoyed the ride.

Chapter 7 : PACER Roll Grinding Wheels

Or order mobile cork boards with two standing bulletin boards stacked one over the other to form a flat wall on wheels. Your freestanding bulletin boards conveniently unbolt from legs, to store flat or can hang on the wall without legs giving

rolling bulletin boards tremendous versatility.

Chapter 8 : Round Cork | eBay

Nothing beats a good Hot Wheels track. Perfecting the ultimate triple cork, sending cars full speed into a loop and watching them nail it (or not) time-and-time again is perfection. Now, imagine being able to see all that fast and furious fun from the car's perspective. What started as one.

Chapter 9 : Rolling Bulletin Boards | Rolling Cork Board

PM roughing wheels and cork finishing wheels are stocked at the factory. Next day air UPS delivery is possible for many sizes. The Pacer factory staff has considerable wheel/roll experience and would be pleased to answer any application questions.