

Chapter 1 : Top 10 Ways Men Destroy Their Marriage | PairedLife

Unfortunately, I can't tell you what to do about your boyfriend, but I can say that if you have feelings for other guys besides your boyfriend, and can see yourself marrying all of them well, then I'm guessing you may not be ready for a relationship.

Is it her, or the illicitness of the situation? I feel so alone—alone as a single solitary star in an otherwise cloudless night, alone yet surrounded by so many people who might as well not be there. It hurts me so bad. I felt betrayed and lied to. I wanted it all out on the table. She had told me that he knew everything about our relationship after he found the letter. Oh, and when I sent the letter—the husband called the police on me for stalking. I go from missing her to feeling deceived and wanting revenge. She lives in a lovely home with her husband and believes he would not cope with a break-up, as they have been married for over 30 years. They have two grown-up children and she is racked with guilt. Jealousy is a horrible condition which eats away at my heart. From time to time the most elaborate plans can come unstuck at the last minute. I am ready to leave my gf to be with her. I feel like she wants me and her husband; this is killing me; I just want to be with her more than anything. We exchanged numbers and subsequently I found out she was married from her. This is really about two people accidentally falling in love after one has been married. The problem is that I am now totally in love with her. I am sure that she feels the same way about me. She is my soul mate, and she says the same about me. We are so special together and I know in my heart that we are supposed to be with each other. The problem is that she says she is in so much pain over the whole affair. She says she does not have enough strength to end our affair and keeps begging me to end it. I have told her that I love her too much and that I could never end it. My life is being blown apart. I love this woman more than I ever though possible to love someone and just do not know what to do.

Chapter 2 : Are These Feelings Normal When in a Long Distance Relationship? - Ask Deb

Here is what to do when your girlfriend talks to other guys: Relax, and trust that her love and attraction for you is real. Understand that if you feel insecure over about, you will most likely say or do something that you will regret later on.

Send your question to Meredith here. I reconnected with a former co-worker about six years ago. We had a fling until she decided to begin a relationship with another man. I had feelings of dejection. But in the end, I wanted her to live her life and let this love bloom. We remained close friends. Her romantic relationship ended and she ran to me. I informed her I was not going to be her rebound. I decided to take a trip to Manhattan, and since it was around her birthday, I asked her to come. During this trip she brought up how she still thought about being more than friends. Being a hopeless romantic, I told her I was willing to give us a shot. Then she started seeing a co-worker she saw no future with. Why did she prioritize this guy over me? Just a few weeks ago, after things fizzled out with him, she came running back to me. Against my instincts, I gave us another shot. And, as they say, history repeats itself. I removed her from all of my social media. I even uninstalled Hulu from my phone because I was using her account. Why do people keep relationships with toxic people? Sign Up Thank you for signing up! Sign up for more newsletters here A.

Chapter 3 : 10 Things You Chicks Should Really Understand about Us Guys | PairedLife

Do not fret if you cannot understand your man's emotions, chances are he cannot either. People have the preconceived notion that men simply do not have feelings. This is far from the case.

Posted on by Deb in Love Dear Deb, My boyfriend and I have been in a relationship for 7 months, but he is visiting his dad in Minnesota. This is his first serious relationship and my second. Things were great before he left, but now I think my feelings have changed. I felt empty and lifeless. He calls almost everyday. I still miss him, but the idea of being single sounds kinda nice. I actually had a dream about another guy the other night not a sex dream, but a romantic kinda dream. It seems like my mind is kinda playing a trick on me though. Every night i find myself waiting for him to call. He sends letters and gifts. I have no idea what I should do. Break up with him or wait out the summer? Or are these feelings normal when in a long distance relationship? Any advice you can give me would be appreciated. Sincerely, Confused Dear Confused, Those are pretty common emotions to go through in a long-distance relationship. Your mind is playing tricks on you, because your life probably seems like it did back when you were single. So you have to weigh all the factors and decide what is best for you: You have two options that a loving girlfriend has. There are trade-offs for everything we do in life. No matter what you do, you could always be another place doing something different, having different experiences. But by going in one direction, you choose not to go in a number of other directions. By choosing any one boyfriend, you choose not to be with any number of other potential boyfriends. Trouble generally starts when you try to have everything. My point is, you have a choice to make. Separation and longing are timeless, while restlessness brought on by loneliness is just as timeless. There are other attractive guys around everywhere, so it seems like it might be better to just find another guy. No matter what people tell you, people who are happily in a serious relationship are still going to find other people they meet attractive. On the contrary, you decide to ignore that attraction because of the rewards that the relationship brings and your love for your boyfriend or girlfriend. So, Confused, you have a decision to make. In either case, be honest with yourself and understanding towards the feelings of your boyfriend. If you decide to break up, tell him your honest feelings. Make a decision and stick with the consequences of it. Heck, you can have guys around without giving into temptation. Assume whatever is said and done will get back to him, because it almost always does. Long distance relationships stink.

Chapter 4 : 17 ~Other Men™ Explain What It™s Like To Have An Affair With A Married Woman | T

You guys were pretty pissed at me for reporting this study, but even our Ask A Guy contributor Ethan Fixell agrees with me - he says that, given the opportunity, your guy friend would absolutely take things to the next level with you.

So, while this list below may seem daunting, always remember that. If life is stressful, then work on changing your perception. You can see peace instead of stress. You are only one thought away from a peaceful life. If you feel unhappy, seek the things that will fulfill you in life. The simplest route to something is to just be. The only person you can change is yourself. Also, while both the husband and wife should take responsibility for their part in a marriage, below are ten mistakes common to men. Read on to learn about the behaviors of men which can completely destroy a marriage.

Leaving Her Alone One of the quickest ways to destroy your marriage is to leave your wife alone. This means things like spending long hours at work and following it up by a beer or several afterward with the guys. Instead, you lose yourself in baseball or computer poker. One of the most miserable experiences for a wife is that feeling of isolation when her husband emotionally leaves the relationship. Yes, she has friends and a job. Yes, she spends a lot of time running the kids around and partaking in activities outside of her husband. Her desire is to spend time with you, the man she loves. To be left alone by her husband causes deep heartache for women. For most women, their largest fears boil down to isolation and deprivation. When she feels abandoned by you, she attacks with hurtful and disrespectful behavior. Her ability to verbally hurt you is her strongest weapon, and she uses it out of fear in an effort to try to get your attention. When a wife begins to nag because you never spend time at home, never hang out with her, and never engage with the kids, chances are she is feeling abandoned and isolated. When you stop spending time together, the emotional distance between you two grows quickly. Leaving your wife alone or not paying enough attention to her could create more distance than you realize.

Not Getting Close Enough Your wife feels energized when she feels close to you. Refusing to let her know you is destructive to her and your marriage. While you strive to keep your independence, she longs to connect with you. It is not fair to either of you if you are only affectionate and attentive on the days you want sex or something from her. Affection and closeness ought to be an end in themselves, not a means to a different end. Talking is not the only way women feel close, although it is an important one. Simple ways to fulfill your wife in this area are to hug her often, hold her hand, and to spend some time alone with her. When her need for closeness is met, she will be more inclined to respect your need for independence. When your wife feels close to you, she will also be more willing to engage with you on a more intimate, sexual level. The important thing to remember is to help her feel connected. Try talking to her about your day, your fears, hopes, and dreams. Hold her hand when you go out together. Kiss her unexpectedly in the kitchen while she makes dinner. Sit next to her. Ask her how she is doing, and for a few minutes, give her your undivided attention while she answers. A little bit will go a long way and mean everything to her and, in turn, your marriage.

Closing Yourself Off to Her Women exist as an integrated circuit. The mind, body, and soul are closely linked ~ so, hurt feelings affect the entire system. A wife whose spirit is crushed may suffer from fatigue and confusion. Like a strand of Christmas lights ~ when one light goes out, they all go dark. If one light goes out on his strand, all the other lights function properly, unaffected. Men are able to fully function when one area of their lives is not working properly. Your wife does not understand the closed-off and mysterious way you operate. You never want to talk to her. She wonders how you can even function. She simply wants you to be open. She wants to truly see you. She feels loved when you share your fears, worries, and troubles. She wants to be that person for you and committed to being so when you got married. Try talking to her about what is going on in your life. Women like to vent, without seeking a solution, and she wants to give you the freedom to share yourself verbally. Tell your wife what is going on. As the bearer of her burdens. When she comes to you for help to lighten the load from the weight of her world, it is a compliment. She knows you can handle it. Rather than trying to resolve and repair every issue, however, try to just listen to her. You might even ask if she needs a solution or just an ear. The refusal to apologize is a quick way to destroy yours. While conflict is not a pleasant thing, growth and closeness can increase as conflict is resolved. For your wife, an apology means she has moved forward

through the conflict, and she is now seeking peace. Many husbands see apologizing as a sure sign of weakness. Your small act of contrition soothes her spirit, and acts as a healing balm over her heart. When she sees you looking at other women, in the mall, on TV, on the computer, and in other places, she fears that you may be unfaithful and at the very least, it may make her uncomfortable and question your attraction to them, especially if she is solely just looking at you. Regardless, she is insecure and needs your reassurance, not any belittling, joking, or teasing. These activities all devalues her feelings, which are real. When you stare at a cute young thing as she saunters by, it may be a reminder to your wife of her many imperfections. She feels insecure because she wants to know that you still love her and you looking at other women may not be so reassuring of that. Your wife is motivated by your love and loyalty. She has committed her life to you, and wants to feel secure in the fact that you are equally committed to her. A big symbol of your loyalty to your wife is a wedding ring. For a woman, this is a sign of your fidelity. A married man without a ring seems to be trying to hide something. This requires very little effort, if any, on your part to reassure your wife in this way, and yet it would mean the world to her. Her peace of mind ought to be worth the cost of an inexpensive, outward expression of your fidelity. You have nothing to hide. A ring is a simple, outward expression of your devotion to your wife and to your marriage. This small gesture can have deep impact. When your wife feels insecure, she may ask if you still think she is pretty. She may ask if you love her. She may ask if you think someone else is more attractive. This is not a trap. She feels she is moving toward you, by asking a question and starting a conversation. Talking is how women feel close. She is seeking your assurance of love and loyalty. Rather than make light of the moment, look at her. No, really look at her. Tell her she is the most beautiful woman you have ever seen. Give her the assurance she seeks, and ease her troubled mind. Ignoring the Importance of Simple Gestures Your wife does not require fancy jewelry or expensive meals. Granted, those things are nice, and you like to treat your wife. She feels most loved by the small tokens of your love and appreciation. When you neglect the small things, it may feel to her like you are trying to buy her affection " or ease your own guilt " with the big things. Let your wife know that she is on your mind during the day. A single rose when you walk in the door speaks volumes to her language of love. Give her a call or send her a text during the day to let her know you are thinking of her. Offer to help with dinner, or wash the dishes.

Chapter 5 : If she has feelings for me, why does she keep dating other guys? - The Boston Globe

Love Letters. If she has feelings for me, why does she keep dating other guys? After being her rebound guy multiple times, he wonders if she'll ever take him seriously.

A Little Secret When you get together with your girlfriends over a scone and a cup of coffee, what do you talk about? The guys in your life, of course. More to the point, the "what the heck is he doing? The "I have no clue where that came from" things. Well, get a clue, gals. Instead of asking your girlfriends for advice, why not turn to what a guy has to say? Guys have feelings too Myth 1: In fact, we look to the women in our lives for validation, love, cuddling, and support. But a quick tip: Guys are, by and large, straightforward. We resent anything that feels like emotional manipulation. Bet you never did, because it happened so fast you missed it. A guy will only share his troubles with someone he really trusts. Your guy will "talk" about his feelings with you. At the same time, listen to him when he does talk like this. You dress like this, you get this kind of man. **Guys Are Just in it for the Sex** Wow, another ugly one. First off, some men are real skanks, and you want to stay away from them. But truly, not all men are like that. When guys hang out, guess who the hero is? How do you keep her happy? Imagine for a moment what it would be like to be a microwave instead of a Crock Pot, with your desire dangling outside of you. Now imagine that the bra you wear or the shape of your pants pushed the desire big time. Now you have an idea of what makes men do what they do. In other words, you get what you pay for. The trouble is, our culture has convinced everyone that sex is way, way more important to a relationship than it is. If you want us to understand something. We guys are episodic in nature. What makes you so sure your desires are more important than his career? What is also true is that a man has a hard time understanding you when you say that a relationship is more important than a career. Too many self-righteous women ask their men, "Why is this so much more important to you? You just push your man toward making the determination that the career is, in fact, more important. Too many women assume that their position is morally superior. A man puts a lot of work into building a career, and he feels entitled to some payback. When you met this man, you knew he was a guy with a lot of goals, ambition, and drive. Learn to celebrate and affirm that - not squelch it. See how much he wants to run away from this clingy, possessive woman? **Guys Are Afraid of Commitment** Baloney. Guys are afraid of entrapment. You see, most guys have a slightly different definition of commitment than you do. They need a lot more space. Like a guy told me the other day, "Oh, I was committed to her. To a guy, commitment is very simple: I choose you over every other girl in the world. Does your guy like you to dress sexy, be hot, and wear nice clothes? But he understands that not every woman looks like a supermodel. Heck, as tech-savvy as he is, he knows how to Photoshop you to look like Megan Fox anyway. Relax and ignore the occasional pimple, extra pound, or whatever. When he says, "Uh. **Guys Are Bad Listeners** This one is right up there with the old myth that all girls are good listeners. Guys are people, too. Remember, guys usually speak whatever is on their heart quickly and succinctly. If you want to keep our attention, learn to speak our language. Break it up into bullet points. We heard you the first time. We might need time to think about it. Looks like the school principal and one unlucky man who got dragged there by his wife. As I mentioned before, men are episodic in nature. We like to do something, finish it, and move onto the next thing. So he joined drama club to be with you? Why are church ministries, PTAs, social groups, 4-H, and school boards mostly run by women? Because women take comfort in continuity and busyness. And what about goals? A guy wants to be part of a thing that is going somewhere. A new color scheme for the cafeteria is not "somewhere. First off, he does care. Remember the old saw? So why not tell them?

Chapter 6 : 4 Ways to Tell if Your Girlfriend Likes Someone Else - wikiHow

In fact, many women said their feelings for the other guys even improved their relationships. "They might feel more aroused throughout the day, then go home and transfer that desire to their."

Control your jealousy today! Jealousy makes is hard for any relationship. Nevertheless, it is worth making effort to control it because it can become an obsession. Jealousy usually exists when we feel that somebody is superior to us. When we see our girlfriend talking with another guy, it can be hard to not get jealous. We subconsciously compare ourselves with the other man who is approaching our woman. If we feel less attractive than him at any point or just annoyed by him, then we can get jealous. In a relationship, this is especially dangerous because it reveals a lack of trust and can lead to fights. If the relationship is dominated by insecurity and irrational suspicions, it is usually started down a slippery slope to break up. Jealousy is not congenital. It is a behavioral pattern we acquire. Your jealousy can influence what you see. If your girlfriend is pretty, guys will want to talk with her. You cannot hide her in a cage. Women want to know that they are attractive to other man. Do you have a low opinion on her? Do you really think that you are not enough for her? Relax and play it cool. You cannot control the whole world and every single move of the people you love. You are even less able to control other people approaching your girlfriend. If you feel that your envy is sometimes irrational, it probably is. Fear is usually the source of the majority of our negative emotions. If you truly love her, then there is no place for fear. Look objectively if your partner is doing something wrong. These types of feelings come from insecurity, not from love. If there are suspicions, jealousy, or fears, we start to feel something unpleasant or embarrassed by our own behaviors. Accept that sometimes you feel a bit jealous when some nice guy is talking to your girlfriend. Keep yourself busy, but also talk to someone. Be honest to yourself Make a list of values you are bringing to the relationship. Ask yourself honestly if you would like to be with someone like you? Are you valuable partner? If you woul keep the answers honest you will see your self esteem. You thing that other guys have more to say than you? So start doing something interesting! Find hobby and follow your passions. Do whatever is needed to think of you as an attractive person everyone would love to be. About the author Thomas Thomas Davis is year old college student, passionate about computer science. After being a shy guy for most of his life, he realized that confidence is a learnable skill that anyone can possess with practice.

Chapter 7 : How to Choose Between Two Guys: 11 Steps (with Pictures) - wikiHow

There may be other signs that indicate your girlfriend likes someone else. Basically, trust your gut instinct if you feel suspicious and watch out for anything she does that is unusual around other guys (or girls).

I have feelings for my guy friend, ironically. The last thing I want to do is make a rash decision. I really believe in dating with intention. I could see myself marrying my boyfriend. But I could also see myself marrying a few other guys. Also, my boyfriend loves me. What do I do? But based on your interest in other guys, this seems to be the case. There is no perfect guy, but there is a perfect guy for you. No other man should fit the bill. Otherwise, the man you marry is just a guyâ€not your guy! Imagine if you were with a guy you loved, and you found out that he had feelings for you and other girlsâ€and he could see himself marrying you and those other girls? What would you want him to do? Would you want him to break up with you and make up his mind? Once you are ready for marriage, then you should go ahead and date. Determine the type of man you want to marry. Do all the guys you see yourself marrying fit the bill? Have you even decided on the kind of guy you want to marry? Would he have to be a devoted Christian, a family man, patient, kind, generous, loving, wholesome and so on? This is only the first stage of finding your husband, and during this process you should be just meeting a guy. You should be learning about him and whether he is someone you would marry. Does he have the character you want in a husband? The emotions should be saved for the courting stage. Everything you need to know about being a Christian, relationships and marriage is in the Good Book. Pray and then listen. He is specific in His design, and in order to fulfill His desire, we really need to proceed with prudence and temperance. Good luck and God bless!

Chapter 8 : How to Stop Being Jealous When my Girlfriend Is Talking To Other Guys

But also, guys, if your girl is feeling insecure about whether you love them or not, its probably a good idea to just reassure them and kiss them and make them feel like the only girl in the world for a second.